



NORTH BAY LEAGUE

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PRINCIPALS MEETING AGENDA, MONDAY, JANUARY 13, 2025, 3 PM

This meeting will be conducted [Zoom](#)

CALL TO ORDER AND ROLL CALL

I. APPROVAL OF AGENDA

Motion to approve the agenda as presented.

II. APPROVAL OF THE NBL CONSENT AGENDA

Note: There is no NBL Consent Agenda for this meeting

III. APPROVAL OF MINUTES FOR THE PREVIOUS MEETING

ACTION

Previously emailed and available online at www.northbayleague.org

Motion to approve the minutes of the previous meeting. [Minutes from 9/30/24 Meeting](#)

IV. PUBLIC COMMENT

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

V. NORTH BAY LEAGUE AGENDA ITEMS

A. AUTOMATIC QUALIFIERS FOR BASEBALL, BASKETBALL, SOCCER, SOFTBALL, AND BOYS' VOLLEYBALL

ACTION

Discuss and take action on the third automatic qualifier for basketball, soccer, baseball, and softball, as well as the second automatic qualifier for boys' volleyball.

[Attachment NBL 1](#)

B. PROPOSAL TO CHANGE TENNIS BYLAW 11.801 (F) SEEDING

ACTION

11.801(f) Seeding **by the coaches and player warm-ups** will be done by the coaches before the first match **at 12 PM, followed by a sportsmanship and rules meeting with all coaches and players prior to the start of** the first match.

ADs supported 12 – 0.

VI. NORTH COAST SECTION BOARD OF MANAGERS AGENDA ITEMS

II. ADOPTION OF AGENDA [NCS BOM Agenda 1-24-25](#)

ACTION (AN)

Motion to approve the agenda as presented.

III. CONSENT AGENDA

ACTION (AN)

Motion to approve the consent agenda.

- IV.A. Minutes of October 4, 2024 meeting
- X.A. Three-year NCS Calendar
- X.B. Swimming, NCS 26.403H, Alternates

IV APPROVAL OF MINUTES

CONSENT

Recommend approval of the minutes of the October 4, 2024 meeting as printed. Posted at the NCS website, Board of Managers home page.

V. PUBLIC COMMENTS/OTHER ORGANIZATION REPORTS

COMMENTS/INFORMATION (AN)

A. Public Comment

Pursuant to Education Code Section 54954.3 and Education Code 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard. There is a 2-minute limit per comment and a 30-minute limit for all general comments. These time limits may be extended at the meeting by a majority of the NCS Board of Managers.

- B. CSADA Report** (Anthony Thomas)
- C. California Coaches Association Report** (Mike Armstrong)
- D. NCSADA Report** (Elena DeSantis)

VI FINANCIAL ITEMS

A. 2024-2025 December Financials

INFORMATION (PC)

Review of the December 2024-2025 financials, Attachment A of the NCS BOM Agenda. All financial information is posted at the NCS website, including all monthly balance statements, audits, staff salary surveys, etc. Attachment A will be added after the original posting of the agenda to allow more time for accuracy.

B. Report on Fall Championship Income/Expense

INFORMATION (BN)

Associate Commissioner Niemi will provide a report of the up-to-date income and expense of the 2024 Fall Championships. Attachment B will be added after the original posting of the agenda to allow more time for accuracy.

C. Suspension of Membership

INFORMATION/ACTION (AN)

Stellar Prep has not paid their 2024-2025 NCS Dues. They have also not completed their October enrollment report in CIF home. The Commissioner proposes that the Board suspend membership immediately.

VII EXECUTIVE COMMITTEE

A. Executive Committee Representatives

INFORMATION (PC)

President Rocha will review the membership of the Executive Committee for the 2022-2023 school year. Review positions that are open for the 2022-2023 Executive Committee.

- President: Louie Rocha (second year of two years as president)
- Past-President: Jan Smith Billing (final year as past-president after being appointed to finish the term)

President-elect: Alton Nelson (second year of two years as president-elect)

B. Update on the 2024-2025 Targets

INFORMATION (PC)

Commissioner Cruickshank will review the status of the targets for the 2024-2025 school year.

	Goal	Steps to Accomplish	Responsible Person	Status
1.	Implement and evaluate the new NCS Competitive Equity Championship system	Develop/implement application, bracketing, and seeding procedures. Adjust and update as needed. <i>Potential addition of Fall Soccer.</i>	Section Staff	Monitor process after each seeding day, each season, and throughout the year. Discussion in Winter Governance SAC Roundtable, Executive Committee, Board Roundtable.
2.	Develop the processes for and conduct two new NCS Championship events: Girls Flag Football and Traditional Competitive Cheer.	Develop Championship guides for both sports. Work with schools to conduct and host events. Evaluate events at the conclusion of the championships.	Section Staff	Guides developed. Girls Flag season complete, review. TCC planning, registration, and event implementation. Discussion in Winter Governance Spring proposal to expand GFF playoffs. SAC discussion.
3.	Continue to emphasize and promote positive sportsmanship with our school administrations and officials' associations.	Promote the beginning of year, beginning of season monthly reminders. Monthly sportsmanship tips and reminders to schools. Collaborate with Officials Associations on working together with schools. <i>When Action Plans come into play for a school, get school administration involved.</i> <i>Potential CIF Bylaw increasing penalties for adults, including coaches</i> <i>Sportsmanship Committee suggestions.</i>	Commissioner of Athletics Associate & Assistant Commissioners, Officials Liaison, NCS Members school administrations. NCS Sportsmanship Committee.	At the beginning of each season an email was sent out to all member schools. List of schools with no ejections. Met with leagues. Met with Officials Associations.

IIIX CLOSED SESSION

A. Closed Session is not anticipated at this time.

IX REPORT OF ACTION TAKEN IN CLOSED SESSION

INFORMATION (AN)

- A. Report of action taken during Closed Session, if necessary.

X. SPORTS ADVISORY COMMITTEE

- A. Three Year NCS Calendar (SAC 31-0) (EXEC Consent)**

NCS CONSENT

Proposal to adopt the next year of the three-year cycle.

[Attachment D](#)

- B. Swimming NCS 26.4023H (SAC 31-0) (EXEC Consent)**

NCS CONSENT

Proposal to amend NCS 26.4023H Alternates. Addition of two alternates to each swimming event based on submitted entry seed time.

[Attachment E](#)

- C. Wrestling (Boys & Girls) (SAC 32-0) (EXEC 12-0) (NBL ADs 12-0)**

INFORMATION/ACTION (SW)

Proposal to establish four divisional (sub-sectional) qualifying tournaments for the NCS Wrestling Championships.

[Attachment F](#)

- D. Wrestling (Girls) (SAC 30-1) (EXEC 12-0) (NBL ADs 12-0)**

INFORMATION/ACTION (SW)

Proposal to establish a Girls Dual Team Wrestling Championship

[Attachment G](#)

- E. Baseball & Softball (SAC 18-14) (EXEC 0-12) (NBL ADs 12-0)**

INFORMATION/ACTION (SW)

Proposal to establish an Open Division in baseball & softball.

See attachment H for a sample bracket.

Description of Proposal: Add an open division for baseball and softball that is equitable. Teams selected in the open division would get an automatic bid to NorCal. NCS gets nine NorCal bids, so here is how an open division would work: It would be the top three teams as determined by committee, regardless of division. The tourney would be a three-team double elimination bracket. Divisions 1-6 would remain the same in their format.

Rational in Support of Proposal: Baseball and softball usually have many different teams that have successful years, but they do not always come from one division. Having an open format would make other divisions more equitable and would give our section a chance to see who the best/top team is in NCS, regardless of their division. There are years that a D2 or D3 team could very well have been the "Open Champ". It would also allow NCS to send three VERY strong teams to NorCal.

Possible Objections to Proposal: There are really no downsides to this proposal. It does not lengthen the season nor add extra games.

Income/Expenses related to implementation: The only foreseeable expenses related to this would be the addition of a few more games to the total number of NCS games because there would be an extra division.

F. SAC & BOM Representatives (SAC 18-14) (EXEC 8-4) INFORMATION/ACTION (SW) (NBL ADs 12-0)

Proposal to restructure the representation on the Sports Advisory Committee and on the Board of Managers.

Description of Proposal: Restructure representation on the Sports Advisory Committee and the Board of Managers.

Part One - Amend Article 3-Management 30. Representatives to read:

The representatives from leagues in the Section shall be duly elected representatives from their leagues.

1. Two representatives from each of the following athletic leagues: Bay Counties Central, Bay Counties East, Bay Counties West, Bay Valley, ~~Diablo Athletic, East Bay, Humboldt-Del Norte~~, Marin County, Mission Valley, ~~North Bay~~, North Central I, North Central II, North Central III, ~~Tri County~~, Vine Valley, and ~~West Alameda County Conference~~.
2. Three representatives from each of the following athletic leagues: Diablo Athletic, East Bay, Humboldt-Del Norte, North Bay, Tri County, and West Alameda County Conference.

Part Two – Amend 110. Sports Advisory Committee; B. Composition

Each league will send its league commissioner and an additional representative of the opposite gender. The following athletic leagues shall have a third representative on the SAC: Diablo Athletic, East Bay, Humboldt-Del Norte, North Bay, Tri County, and West Alameda County Conference

Rationale in Support of the Proposal:

1. WACC AD's and school principals knew, in 2011 when the WACC and TCAL ("super- leagues") were being organized, that the 33 schools in the Bayshore Conference would be losing two votes at the NCS SAC and NCS BOM levels. Where once four leagues existed (HAAL, ACAL, BAL, MVAL), now only three, resulting in the loss of two votes, even while the number of schools in the conference expanded. The need for competitive equity at the league level far outweighed that loss of voting power and quite frankly, still does.
2. It has been eight years since our original request to realign representation on these two NCS bodies. In those eight years, in addition to the creation of the TCAL and the WACC: • 20+ schools in the Valley conference created the EBAL and DAL, ("super-leagues"); where there were once three leagues, and Valley Conference schools have lost two votes. • The NBL and SCL "combined" to form one "super-league" and lost two votes.
3. We have never understood why the HDNL which has always been composed of two distinct leagues gets only two representatives while the BAC (four distinct leagues) and the CMC (three distinct leagues), get two votes for each of their leagues.

4. The NCS works hard to encourage competitive equity. The new NCS playoff structure, the football combination of the WACC and the MVAL, and the North Bay's new football alignment are examples. All of these actions needed to be reviewed at the SAC level and approved at the BOM level where smaller schools now have an outsized voting weight as the larger schools have lost six votes.
5. Many smaller schools do not have football or wrestling programs; two long-time traditional sports. Nor do many of them offer water polo or lacrosse, two rapidly growing newer sports. As the SAC takes positions of these and other sports, it's crucial that leagues that offer those sports have full representation on NCS bodies.
6. This proposal does NOT take away any votes from any leagues or conferences. It simply adds back the six votes that were lost when the five "super-leagues" were created and treats the HDNL like the CMC and BAC.

Date of requested Implementation: the 2025-26 season

Income and Expenses Related to Implementation: There will be a slight increase in costs to the NCS as they will be paying travel expenses for six more delegates at the SAC and six more delegates at the BOM.

**G. Fall Soccer (Boys' & Girls) (SAC 24-8) (EXEC 12-0) INFORMATION/ACTION (SW)
(NBL ADs 12-0)**

Proposal to establish Fall Soccer as a competitive equity sport.

Description of proposal: We propose that the NCS fall boys' and girls' soccer playoffs are included in the new format for playoffs (which uses the ranking system with competitive equity). Currently, the fall soccer playoffs do not have any mode., they are purely enrollment-based divisions.

Rationale in support of proposal: All other NCS playoffs use the new playoff rationale. The old system allows strong, small schools to remain in a lower division and large, struggling schools are stuck in higher divisions, with no allowance for adjustments.

Possible objections to proposal: We suspect that some schools may be content with continually winning championships in a lower division that they reflect and would be subject to bumping up in divisions.

Income/Expenses Related to Implementation: We do not foresee any additional expenses.

**H. Tennis (Boys & Girls) (SAC 23-9) (EXEC 12-0) INFORMATION/ACTION (SW)
(NBL ADs 12-0) (Tennis Mgt. Comm. 5-1)**

Proposal to establish team tennis as a competitive equity sport, with three divisions, including the addition of an Open Division.

[Attachment K](#)

XI ALIGNMENT COMMITTEE

A. Review of Alignment Committee Meeting

INFORMATION (PC)

1. Approval of EBAL Lacrosse Divisions
2. Reviewed Winter Petitions
3. Reviewed Supplemental League information
4. Reviewed Spring Petition information
5. Reviewed Multi-School Agreements

B. Alignment Committee Report

INFORMATION (PC)

Report on the Alignment Committee meeting of November 21, 2024

XII ELIGIBILITY COMMITTEE

A. Review of NCS Eligibility Data through December 24

INFORMATION (PC)

Eligibility Determination	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
206 Approved	24.5	31.6	19.1	12.1	13.1
206 Denied	0.44	0.9	1.6	1.3	0
207.B.3	18.1	34.1	27.3	26.7	26.1
207.B.3.e	0	0.7	2.1	1.9	1.6
207.B.5.an Approved	10.7	5.8	11.8	15.7	17.4
207.B.5.a Denied	0	0.1	0	0.1	0
207.B.5.b Approved	37.5	15.8	25.7	28.5	30.5
207.B.5.b Denied	0	0	0	0	0
Hardships Approved	80.0	89.1	64.3	59.7	100
Hardships Denied	20.0	10.9	35.7	40.3	0
Foreign Exchanged Approved	1.3	4.6	4.7	5.2	3.8
Foreign Exchange Denied	0	0.1	0	0	0
209 Disciplinary Denied	0.44	0	0.7	0.6	0.3
510 Denied	0	1.1	0.5	1.1	1.4
Total Transfers	224	893	912	930	1011

B. Eligibility Committee Report

INFORMATION (JE)

Commissioner Cruickshank will report on the recent meeting of the Eligibility Committee.

XIII. SPORTSMANSHIP COMMITTEE

INFORMATION (SP)

- A.** Assistant Commissioner Sonja Phillips will report on the recent meeting of the Sportsmanship Committee.

XIV. CIF ITEMS

A. CIF Unified Sports Video, Belong, Connect, Compete

INFORMATION (AN)

B. Cross Country Championships Division

INFORMATION (AN)

Information regarding proposed changes in the CIF Cross-Country divisions from the Sac-Joaquin Section.

Implementation: Fall, 2025

Proposal Summary: Addition of a sixth (6th) division at State CIF Cross Country Championships

Fiscal Impact: None

Rational: To ensure that member schools qualifying for the State CIF cross country championships compete against schools more closely aligned by enrollment, this proposal, submitted by the Trans Valley League, adds language to the State CIF Bylaw 1900 (Cross Country), adding a sixth (6th) division for state championships.

Proposed Divisions for State Championships:

Division I	As determined by Section	2400+
Division II	As determined by Section	2050-2399
Division III	As determined by Section	1700-2049
Division IV	As determined by Section	1200-1699
Division V	As determined by Section	600-1199
Division VI	As determined by Section, but enrollment may not exceed 6000	1-600

C. Bylaw 209.C—Disciplinary Transfer

INFORMATION (AN)

Information regarding additional language to be added to bylaw 209.C from the CCS.

Description of Proposal:

Bylaw 206(C)

1. If a student transfers from a public or private school when disciplinary action is in place or pending, **and the offense is specifically related to and/or listed in Education Code 48915**, that student shall be ineligible for competition in all sports for one (1) year from the date of the transfer to the new school.

Rationale for Proposal:

Our goal as a federation is to support having as many students as possible in education-based athletics, recognizing "the powerful potential of sports as a positive vehicle for personal growth". (CIF Constitution, Article 1)

When a child makes a mistake or a series of mistakes during a developmentally critical time of their life, often education-based athletics can be a place of consistency, redemption and purpose.

When student-athletes are in a position where they have been expelled or voluntarily withdraw in response to pending disciplinary action, they currently not

only lose their school community but also the opportunity to start fresh somewhere else. In essence, they are doubly punished, and by a body that operates from very different rules and circumstances than individual schools.

Recognizing there may yet be a desire to on the part of the federation to have some disciplinary consequence on the athletic level in place when expulsions occur, our request is to amend the language of the bylaw to convey those circumstances that would result in expulsion from **any** high school—private or public—to ensure consistency in enforcement of both the language and spirit of the rule. Ed Code section 48915 covers code of conduct violations requiring mandatory expulsion.

D. Bylaw 503.M—Statewide Sportsmanship & Ejection Policy INFORMATION (AN)
Information regarding additional language increasing the sanctions for adults who are ejected from contests.

Proposal Summary: The CIF Commissioners Committee is proposing an amendment to Bylaw 503.M. which would increase the sanctions for adults (coaches and spectators) who are ejected from contests. Please see the attached proposal for specific information regarding the increases in sanctions for adult ejections.

Fiscal Impact: None

Background: We continue to see inappropriate behavior from adult coaches and spectators at CIF contests. The current level of sanctions to not appear to be having enough of an impact. This proposal is to increase those sanctions will hopefully gain the attention of those adults who feel it is acceptable to act inappropriately at high school sporting events.

503.M.

Coach:

A coach who is ejected from a contest (for reasons other than fighting) shall be disqualified from participating in the remainder of that contest and his or her team's future contest(s) as outlined below:

- (6) First ejection: Coach is disqualified from participating in the team's next **one (1) to three (3) contests as determined by the CIF Section Commissioner with jurisdiction in the matter.** Coach must immediately vacate the playing area and the vicinity in and around the contest and refrain from having any communication with the team or other coaches for the remainder of that contest and for the team's next contest. If the ejection occurs in the last game of the season, the coach would be ineligible for the team's first **one (1) to three (3) contest(s)** of the following season, **as determined by the CIF Section Commissioner with jurisdiction in the matter.**
- (7) Second Ejection: Coach is disqualified from participating in the team's next ~~three (3)~~ to six (6) contests as determined by the CIF Section Commissioner with jurisdiction in the matter. Coach must immediately vacate the playing area and the vicinity in and around the contest and refrain from having

any communication with the team or other coaches for the remainder of that contest and for the team's next ~~three (3)~~ **six (6) contests**. If the ejection occurs in the last game of the season, the coach would be ineligible for the team's ~~three (3) contests~~ **six (6) contests** of the following season.

- (8) Third ejection: Coach is disqualified from participating in the remaining contests of that season. Coach must immediately vacate the playing area and the vicinity of in and around the contest and refrain from having any communication with the team or other coaches for the remainder of that contest and for the remaining contests of that season. If there are six (6) or fewer contests remaining in the season, the coach would be disqualified from participating for up to six (6) contests in the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter.

Spectator:

If a spectator is ejected from a contest, it is the responsibility of the school to ensure that person does not attend the teams next **three (3)** contests. If the same spectator is ejected a second time, it is the responsibility of the school to ensure that person does not attend any of the remaining contests for that season.

- E. CIF Boys & Girls Soccer Championships** **INFORMATION (AN)**
Information regarding the establishment of a CIF State Soccer Championship following the regional championships.
[Attachment P](#)

XV. NEW BUSINESS

- A. Roundtable Discussion on Fall NCS Championships and format** **INFORMATION (AN/PC)**
[Attachment Q](#) (This is information gathered from the SAC Roundtable and score differential in the fall playoffs)

XVI. STAFF REPORTS

- A. Commissioner Report**
- B. Assistant Commissioner Report**
- C. Assistant Commissioner Report**

XVII CIF DISTINGUISHED SERVICE AWARD

Rianne Pfaltzgraff

XVIII ADJOURNMENT/LUNCH

Next North Coast Section Board of Mangers Meeting: Friday, March 28, 2025

The next North Bay League Principals Meeting will be held on Monday, March 10 at Healdsburg High School at 3:00 PM