

**ATHLETIC DIRECTORS MEETING MINUTES, THURSDAY, MARCH 6, 2014**

**THE MEETING WAS CALLED TO ORDER AT 9:35 BY COMMISSIONER SUGIYAMA.  
THE FOLLOWING WERE IN ATTENDANCE:**

Jerry Bonfigli	Cardinal Newman	Henri Sarlatte	Rancho Cotate
Rick O'Brien	Casa Grande	Kris Bertsch	Santa Rosa
Jerry Deakins	Maria Carrillo	Kathy Hower	Santa Rosa
Kara Myers	Maria Carrillo	Ty Yanez	Ukiah
Chris Giovannini	Montgomery	Jeff Hardie	Windsor
Dean Haskins	Montgomery	Marie Sugiyama	Commissioner
		Jan Smith Billing	Assistant Commissioner

**I. APPROVAL OF AGENDA**

Motion to approve the agenda as presented  
**Motion: Chris Giovannini, Montgomery**  
**Second: Henri Sarlatte, Rancho Cotate**  
**Motion passed**

**II. APPROVAL OF THE CONSENT AGENDA**

Motion to approve the consent agenda, as listed below  
**Motion: Chris Giovannini, Montgomery**  
**Second: Ty Yanez, Ukiah**  
**Motion passed**

1.	Minutes for the February 5, 2014 meeting
2.	NCS Sports Advisory Consent Agenda
3.	CIF Item A: Northern Regional Division VI Basketball & Girls' Volleyball Championships
4.	CIF Item B: Southern Regional Division IV and V soccer expansion (2014-2015)
5.	CIF Item C: CIF Northern Regional and Southern Invitational Badminton Events
6.	CIF Item D: Proposed amendment to CIF Bylaw 1606, 1700, and 2902
7.	CIF Item E: Proposed CIF Articles 30 and 50 Revisions
8.	NCS New Business Item A: NCS 3-year Championship Calendar (Amended on 2/18/14)
9.	NCS New Business Item B: Sports Divisions for 2014-2015
10	SAC New Business Item C: Proposal for change in NCS Constitution and Bylaws 1203, Guidelines for officials
.	.
11	SAC New Business Item D: Proposal to add a Division 6 to NCS Football Championships (Tom Welsh)
.	.
12	SAC New Business Item E: Proposal to increase the Division 5 NCS Football bracket to 16 teams
.	.
13	SAC Old Business Item A: Proposal for Competitive divisions in the NCS Basketball Championships (This item was voted on and passed by the SAC. However, the BOM has returned the proposal for further review (Attachments D,E,F) THE NBL ATHLETIC DIRECTORS AND PRINCIPALS WERE IN SUPPORT OF THIS PROPOSAL AT THEIR LAST MEETINGS.
14	SAC Old Business Item B: Creating an Open Division in Basketball. NBL ATHLETIC DIRECTORS WERE OPPOSED TO THIS PROPOSAL AT THE December 4, 2013 meeting.
15	SAC Old Business Item C: Proposal: Use of advice by teammates with the same foursome during golf matches. NBL ATHLETIC DIRECTORS WERE OPPOSED TO THIS PROPOSAL AT THE December 4, 2013 meeting.
16	Adjournment of the meeting
.	.

**III. APPROVAL OF MINUTES FOR THE PREVIOUS MEETING**

Minutes of the February 5, 2014 meeting (previously emailed and posted at [www.northbayleague.org](http://www.northbayleague.org))  
**Approved by consent.**

**IV. PUBLIC COMMENT**

Pursuant to Education Code 33353.2 (C), any person wishing to speak on any item on the agenda, or comment on the policies and practices of the North Bay League, will be heard at this time.  
**No member of the public was present to speak.**

**V. NCS SPORTS ADVISORY COMMITTEE AGENDA**

**I. NCS SPORTS ADVISORY CONSENT AGENDA**

The following items are on the consent agenda:

1. Minutes of the previous meeting

**Approved by consent to direct the NBL representatives vote to approve the consent agenda at the NCS SAC Meeting.**

**Motion: Chris Giovannini, Montgomery**  
**Second: Kathy Hower, Santa Rosa**

## II. MINUTES OF THE PREVIOUS SPORTS ADVISORY COMMITTEE MEETING

Minutes of the previous meeting are available on line at [www.cifncs.org](http://www.cifncs.org).

**Approved by consent to direct the NBL representatives vote to support this minutes of the previous meeting at the NCS SAC Meeting.**

## IV. CIF ITEMS

### A. Northern Regional Division VI Basketball/Girls' Volleyball Championships

**Sports Advisory Committee Agenda Attachment V.B.4 (Available on-line at [www.cifncs.org](http://www.cifncs.org)).**

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

Proposal for consideration that would add a Northern California Regional Basketball Championship and Girls' Volleyball Championship in a newly created Division VI beginning in the 2014-2015 school year.

**Proposal Summary:** Create a Division VI Northern Regional Championship for the 2014-2015 school year for girls' volleyball and boys' and girls' basketball. The primary purpose of the expansion is to allow student-athletes the opportunity to participate in a Northern Regional Championship event regardless of the size of their school. Currently the North Coast Section, Northern Section and Sac-Joaquin Section all have section playoffs that include Division VI.

**Background:** State CIF does not currently have a Regional Division VI championship in either volleyball or basketball. The NCS and NC have proposed the championship event follow a model similar to the current Volleyball/Basketball Regional Championship model. NCS Council approved and passed this proposal in April, 2011.

#### **Rationale for North Regional Basketball:**

1. Currently the break-off for Division V is enrollment of 500 or less. There are many schools in the state with an enrollment less than 200 who are playing schools two and a half times bigger or more. We don't have schools of 1,000 playing schools of 2,500. Division V is the only division where this disparity takes place. The maximum enrollment is proposed to be 200 for Division VI, with sections having discretion to be more restrictive.
2. The Northern Section, North Coast Section, and Sac-Joaquin Section currently have Division VI championships that operate successfully both financially and competitively.
3. The Southern Section has a 32-team championship basketball bracket in Division VI, but no other sections have formal section championships at the D-VI level in basketball.
4. The proposal would be to develop a Northern Regional Division VI Basketball Championship for the 2014-2015 season.
5. The proposal is to develop an 8-team bracket that would be conducted entirely at home sites. The bracket will include the following automatic entry breakdown: NCS = 4; NS = 2, and SJS = 2

#### **Rationale for North Regional Volleyball:**

1. Currently the break-off for Division V is enrollment of 500 or less. There are many schools in the state with an enrollment less than 200 who are playing schools two and a half times bigger or more. We don't have schools of 1,000 playing schools of 2,500. Division V is the only division where this disparity takes place. The maximum enrollment is proposed to be 200 for Division VI, with sections having discretion to be more restrictive.
2. The Northern Section, North Coast Section, and Sac-Joaquin Section currently have Division VI championships that operate successfully both financially and competitively.
3. The proposal would be to develop a Northern Regional Division VI Basketball Championship for the 2014-2015 season.
4. The proposal is to develop an 8-team bracket that would be conducted entirely at home sites. The bracket will include the following automatic entry breakdown: NCS = 4; NS = 2, and SJS = 2

### B. Southern Regional Division IV and V soccer expansion (2014-2015)

**Sports Advisory Committee Agenda Attachment V.B.5 (Available on-line at [www.cifncs.org](http://www.cifncs.org)).**

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

**Proposal Summary:** Expand the existing Division Southern Regional Soccer Championship to include a Division IV & V beginning with the 2014-2015 season. The primary purpose of the expansion is to more closely align the soccer playoffs with existing section playoffs and other state and regional championship events that represent five divisions. State CIF event management will have discretion over site location for all games (home or neutral sites) at all divisions.

**Background:** State CIF does not currently have a Regional Division IV or V championship in soccer. Central Section Board of Managers approved and passed the proposal in May of 2013. All other CIF Regional and State Championships operate with five (5) or more divisions.

**Rationale:**

1. Currently there are three divisions (I, II, and III) in the Southern California Region Championship. By adding two additional divisions for each of the five sections, the championship format will more closely follow the existing sectional championships for Central Section (Division I – VI), San Diego Section (Divisions I – V) and Southern Section (Divisions I – V boys, Div I – VII). LA Section is the only southern section that currently has a Division I-III section format. In addition, the expansion will more closely align with other sports regional and state championships that consist of five divisions.
2. The Central Section, San Diego Section and Southern Section currently have Division IV & V championships that that operate successfully both financially and competitively.
3. The proposal would be to develop Southern Regional Division IV & V Soccer Championships for the 2015 season. The proposal is to hold games at home sites for all divisions with ultimate discretion of management in determining game sites.
4. The format would include an 8-team bracket for each division. The automatic entry and at-large entries would follow the existing model:

SOUTHERN REGIONAL	SECTION AUTOMATIC ENTRIES PER DIVISION
Central	1
Los Angeles	1
San Diego	1
Southern	4
At-large (from CS, LA or SD only)	1
Total	8

5. Feasibility study was conducted. The event is expected to be a fiscally viable event. Because this is an expansion event, the addition of Division IV & V are expected to have a fiscal outcome similar to the existing D I-III.
6. A proposal to expand the Southern California Soccer Regional Championship to include Division IV and V was passed by the Central Section Board of Managers in May, 2013.

**C. CIF Northern Regional and Southern Invitational Badminton Events**  
*Sports Advisory Committee Agenda Attachment V.B.6 (Available on-line at [www.cifnics.org](http://www.cifnics.org)).*

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

**Proposal Summary:** The San Francisco Section has forwarded a proposal to add Regional Championships in the sport of badminton to be implemented in the spring of 2016. This proposal follows the Federated Council approved timeline for adding new events. The proposal is to develop a CIF Northern Regional Championship and a Southern Invitational Championship.

**Background:** Currently there are no regional CIF championship events in badminton. It is believed this opportunity will draw from populace that does not currently receive state championship opportunities. The event will also represent the diversity of our state.

**PROPOSAL FOR NORTHERN CALIFORNIA BADMINTON CHAMPIONSHIP**

**Proposed Event Date:** The Saturday at the conclusion of week 46 on the NFHS Calendar. This would be May 21, 2016 in the inaugural year of the event.

**Entries-Qualifying Procedures:** Competition will be held in the following five classifications: girls’ singles, boys’ singles, girls’ doubles, boys’ doubles, and mixed doubles.

An individual may only be entered in one classification. Doubles teams must consist of participants who attend the same school. Section entries shall be based on the Section’s percentage of overall schools that field teams in the classification multiplied by the number of participants the event management opts to place in the championship bracket. Where a section has schools that field teams, but does not offer a section championship, an interscholastic tournament may be designated as the official means of qualifying for the Northern California Badminton Championship. No section shall receive more than 50% of the entries in a classification.

**Bracket:** In 2015-2016, this championship shall hold a 16-team, bracket in all categories. Sections shall receive the following entries:

Section	Girls' singles	Girls' doubles	Boys' singles	Boys' doubles	Mixed doubles
Central Coast	6	6	7	7	7
North Coast	6	6	7	7	7
Northern	0	0	0	0	0
Oakland	0	0	0	0	0
Sac Joaquin	2	2	0	0	0
San Francisco	2	2	2	2	2

**Financial Criteria and Feasibility for New Events Sponsored by the CIF:**

1. What travel, lodging and meal reimbursement will be provided to participating schools? *None. The proposed championship is similar to the cross country and track & field championships currently in place. At this time, the reimbursement of expenses is not offered to member schools.*
2. Will this event place any CIF Section event at risk financially? *This event will not place any CIF Section event at risk financially because it takes place after all section championships have been concluded?*
3. Will this event be a burden on any CIF Section budget or on the State CIF budget? *This event will not place any burden on any CIF Section budget because it takes place after all section finals have been completed. The State CIF will work with interested host communities to keep championship expenses in line with the projections below and use additional marketing opportunities to supplement the budget.*
4. Please provide a detailed, specific, feasible cost estimate for the operation of this event.

	Revenue	Expense
Programs	\$0	\$0
Gate Receipts	\$2500	
Entry Fees*		
Event Personnel & Facility Expenses		\$1200
Lines people**		\$250
Misc. Expenses***		\$408
Awards		\$800
Security		\$0
Credentials		\$25
Total	\$2500	\$2683.00

5. Please demonstrate using both costs in 4 above and anticipated event revenue how this event may be sustained economically over many years. *The financial report in item 4 should adequately address this. The goal will be to obtain sponsorships for the event to offset expenses.*
6. Is the current CIF State Office staff capable of managing this event? *Yes. In truth, this is not a difficult event to manage. We would need to have a nominal sum to cover a tournament director.*
7. Is there capable staff available to support the CIF State Office in the operation of this event? *Yes.*

**D. Proposed amendment to CIF Bylaw 1606, 1700, and 2902**

**Sports Advisory Committee Agenda Attachment V.B.7 (Available on-line at [www.cifnco.org](http://www.cifnco.org)).**

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

**Proposal Summary:** Creates an enrollment cap of 200 for Division VI. Changes wording to “as determined by section” and eliminates the enrollment cap for Division IV in State and Regional Championships in Basketball, Cross Country, Soccer and Volleyball.

**Fiscal Impact:** None

**Background:** Historically most CIF State and Regional Championship Divisions were enrollment based. Beginning in 2008, the CIF State and Regional Championships eliminated the enrollment based divisions for Divisions I, II, and III to allow sections more flexibility for the sections to conduct their section championships. This change allowed sections to better equalize their championship divisions without the primary concern for enrollment based divisions and allowed the continuing trend toward competitive based division championship playoffs at the section level. This proposal expands that philosophy but still has a maximum enrollment “cap” for Division V and Division VI.

**BASKETBALL**

**1606. STATE CHAMPIONSHIP DIVISION PLACEMENT OF SCHOOLS**

Each Section will determine the divisional placement for its schools who qualify for the state basketball championships and is required to submit the placement of schools into the five divisions to the State CIF Office no later than December 1.

1. CIF member schools will be required to participate in the division that has been established by their respective Section. Sections may use their own established criteria to determine placement of teams in the five divisions based on the following guidelines:

2013-14 Constitution and Bylaws 65

Division I As determined by Section

Division II As determined by Section

Division III As determined by Section

Division IV As determined by Section, but enrollment may not exceed 1,250

Division V As determined by Section, but enrollment may not exceed ~~500~~ 600

**Division VI As determined by the Section, but enrollment may not exceed 200**

**NOTE: The State Championship will include ~~the five~~ divisions I-V above and an Open Division. Division VI Regional Championship will be in Nor. Cal. Only.**

### **CROSS COUNTRY**

#### **1700. STATE CHAMPIONSHIP DIVISION PLACEMENT OF SCHOOLS**

Each Section will determine the divisional placement for its schools who qualify for the state cross country championships ~~and is required to submit the placement of schools into the five divisions to the State CIF Office no later than October 1.~~ CIF member schools will be required to participate in the division that has been established by their respective Section. Sections may use their own established criteria to determine placement of teams in the five divisions based on the following guidelines:

- Division I As determined by Section
- Division II As determined by Section
- Division III As determined by Section
- Division IV As determined by Section, ~~but enrollment may not exceed 1,250~~
- Division V As determined by Section, but enrollment may not exceed ~~500~~ 600

### **VOLLEYBALL**

#### **2902. STATE CHAMPIONSHIP DIVISION PLACEMENT OF SCHOOLS**

Each Section will determine the divisional placement for its schools that qualify for the state girls volleyball championships ~~and is required to submit the placement of schools into the five divisions to the State CIF Office no later than October 1.~~ CIF member schools will be required to participate in the division that has been established by their respective Section. Sections may use their own established criteria to determine placement of teams in the five divisions based on the following guidelines:

- Division I As determined by Section
- Division II As determined by Section
- Division III As determined by Section
- Division IV As determined by Section, ~~but enrollment may not exceed 1,250~~
- Division V As determined by Section, but enrollment may not exceed ~~500~~ 600

### **SO. CAL. REGIONAL SOCCER**

- Division I 2300+ **As determined by Section**
- Division II 1000-2200 **As determined by Section**
- Division III 11 - 999 **As determined by Section**
- Division IV **As determined by Section**
- Division V **As determined by Section, but enrollment may not exceed 600**

#### **E. Proposed CIF Articles 30 and 50 Revisions**

***Sports Advisory Committee Agenda Attachment V.B.8 (Available on-line at [www.cifncs.org](http://www.cifncs.org)).***

***Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.***

**Proposal Summary:** This proposal makes NO substantive change to any current bylaw but it restructures the current Article 30 School Regulations and Article 50 General Regulations in a better chronological order so that it is easier for member schools.

**Fiscal Impact:** None

**Background:** During the continuous evolution of the Constitution and Bylaws, new bylaws have been added and assigned number that upon further reflection may chronologically fit better in another area. This proposal for your consideration attempts to move all of the school site administrative oversight duties and responsibilities into Article 50 (500 series) and leave all of the General Rules under Article 30 (300 series).

#### **F. Statewide Practice and Contact Guidelines**

***Sports Advisory Committee Agenda Attachment V.B.11 (Available on-line at [www.cifncs.org](http://www.cifncs.org)).***

***Motion to direct the NBL representatives to the SAC to vote to support this proposal.***

***Motion: Ty Yanez, Ukiah***

***Second: Jerry Bonfigli, Cardinal Newman***

***Motion approved.***

**Proposal Summary:** It is being recommended that the CIF institute bylaws that govern the amount of practice and contact time that student-athletes have with their education based coaches/teams. The purpose of this bylaw is to

protect the emotional, academic, familial and physical health and well-being of student-athletes.

**Fiscal Impact: None**

**Background:** There has been significant discussion, both nationwide and within the CIF, regarding the amount of practice/contact time that students should have with their education based coaches. Many states across the U.S. have successfully implemented practice and contact time policies to benefit the health and welfare of their student-athletes. At both the NCAA and professional levels, protections have been in place for several years and the CIF Sports Medicine committee has again requested that the CIF put in place similar protections for our almost 800,000 student-athletes.

Anticipated Action: May 2, 2014

**506 Practice Time Allowance**

For the benefit of the physical and mental health of our student-athletes, all practices (as defined herein) under the auspices of the high school athletic program during the season of sport shall be conducted under the following conditions (See also Bylaw 310):

1.	All teams will be allowed no more than eighteen (18) hours of practice time per week and no more than four (4) hours in any single day.
a.	Multiple practice sessions:
i.	Double-day practices shall not be held on consecutive days.
ii.	Must include minimum of three hours rest between practices.
b.	Golf only
i.	In the sport of golf only, a team is allowed a maximum of two days per week of 18-hole practice rounds (Counts as four hours).
2.	Any competition day would count as three (3) hours toward the allowable weekly and daily hours no matter the length of the contest(s).
a.	No practice may be held following the conclusion of any contest.
3.	Definition of practice:
a.	Any school or team or individual activity organized by the coach that is intended to maintain or improve a student-athlete's skill proficiency in a sport; AND/OR
b.	Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, weight training, chalk talks, film review, meetings outside of school time (excluding parent meetings) that are implicitly/explicitly required by the coach; AND/OR
c.	Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction, etc.) AND/OR
d.	Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team, or school; AND
e.	Outside organizational activity (Club, etc.) shall not be used to circumvent these bylaws.
4.	Other mandatory activities (including, but not limited to study hall, tutorial sessions, team dinners), shall not be considered part of practice time. These activities must be approved by the principal. Activities that would be included herein are exclusive to any activity already covered in number 3, a – e above.
5.	This bylaw shall not supersede any school/district/section policies that may be more restrictive.
6.	Penalties: Following the determination of a violation of CIF Bylaw 506, a loss of practice day(s) and/or other sanctions for each practice session infraction, shall be imposed by the Section as deemed appropriate to the level, extent, and duration of the infraction(s).

**Frequently asked questions**

QUESTION:	Our football coach conducts a one-hour before school weight-lifting activity in the weight room for football players. Does this count in the three-hours per school day practice limitation?
ANSWER:	<i>Before school activities that are NOT part of the curricular day are subject to the practice limitations. If the activity is organized and/or directed and/or supervised by any of the football coaching staff and only open to football players, then YES, it is considered to be practice and counted in the daily limit.</i>
QUESTION:	Our football coach conducts a one-hour before school zero period weight-lifting activity in the weight room for football players. Does this count in the daily practice limitation?
ANSWER:	<i>If zero period is considered part of the curricular day, then it does NOT count against the practice duration limitations.</i>
QUESTION:	We have a one-hour (1) before school; (2) zero period; general weightlifting activity in the weight room, advertised to all the athletes in the school who wish to participate. The football supervises this activity. While it is advertised to everyone in the school, it is primarily utilized by the football players. Does this count as practice activity in the daily practice duration limitation?
ANSWER:	<i>1. Before school is not part of the curricular day so activities during this time are subject to practice duration limitations. However, if the activity is an on-sport specific strength program, open to all athletes, it would be considered general conditioning and would not count as part of the practice duration limitations. As long as the school has done their best to advertise and make it open to everyone, and it is not a non-football hostile environment, or is not located in an area where female or other sport athletes do not have access (i.e.</i>

	<p><i>access only through the boys' locker room), regardless of who attends or who is supervising, the activity would not be considered practice and would not, therefore, count in the daily practice limitation.</i></p> <p>2. <i>If zero period is considered part of the curricular day then it does not count against the practice duration limitations.</i></p>
QUESTION:	A (1) Volleyball or Football; (2) Cross Country; Coach tells their team members “just go for an hour run” as a team (or as individuals) and then meet back in the gym to begin practice. Does that hour of just running count towards the practice duration for that day?
ANSWER:	<i>Yes. This activity done as a team or as an individual and has been implicitly/explicitly required by the coach; directed and/or organized and/or supervised by the coach would count towards the daily practice duration limitations.</i>
QUESTION:	A basketball coach tells his/her team members that they are required to run a minimum number of miles each week on their own for conditioning. Does this count towards the practice duration limitations for any given day?
ANSWER:	<i>Yes. This would be considered an activity under 3(b) and 3(d) above because it was required and/or implied by the coach for his/her basketball team members to participate. If it was not implicitly or explicitly required by the coach, it would not count towards practice duration limitations.</i>
QUESTION:	The Water Polo Coach establishes a swimming conditioning session (1) before practice each day (2) in the morning before school; (3) during zero period. Does this count towards the practice duration limitations for that day?
ANSWER:	<p>1. <i>Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitations.</i></p> <p>2. <i>Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitation.</i></p> <p>3. <i>Zero period is considered part of the curricular day and does not count against the practice duration limitations.</i></p>
QUESTION:	A student plays volleyball in the fall and basketball in the winter. During the overlap time of those two seasons is a student allowed to practice for the full three hours per day for volleyball and then another three hours per day for basketball, for a total of six hours of practice on any given day?
ANSWER:	<i>No. During any season overlap period for any student-athlete, that student-athlete is still limited to a total practice time for both sports not to exceed the daily practice duration limitation.</i>

**G. Bylaw 600 Revision**

***Sports Advisory Committee Agenda Attachment V.B.12 (Available on-line at [www.cifnca.org](http://www.cifnca.org)).***

***Motion to direct the NBL representatives to the SAC vote to oppose this proposal.***

***Motion: Ty Yanez, Ukiah***

***Second: Henri Sarlatte, Rancho Cotate***

***Motion supported.***

**Proposal Summary:**

Remove the restriction on participation on an “outside the school” team during the same season of sport to all individuals and not just selected groups.

**COMPETITION ON AN OUTSIDE (non-interscholastic) TEAM**

During the individual high school student’s season of sport, the student is permitted to compete on an outside team in the same sport unless the outside team on which the student wishes to compete, is being coached by any member of that sport’s high school coaching staff.

- A. The season of sport for any individual high school student is that period of time which elapses between that student’s first participation in an interscholastic contest in that sport and that student’s final contest in that particular sport at any level, i.e. freshman, frosh/soph, JV or varsity. (See also CIF Bylaw 511)/
- B. Any school/team’s season of sport is that period of time which elapses between the first practice session for that team and the final contest or practice session for that same team during the established season of sport.
- C. Committed, comprehensive participation in all aspects (practice, competition, etc.) of educationally based high school team and individual sports experience throughout the school/team’s season of sport, provides for the maximum benefit to our student-athletes. As a result, the priority for interscholastic student-athletes must be practicing and competing with their high school team during the entire high school season of any sport.

**Fiscal Impact: None**

**Background:** The origins of Article 60, Bylaws 600 – 605 began with the first implementation in restricting “outside the school” participation in 1929. There were further revisions and restrictions put in place in 1945, 1959, 1966, 1980 and the latest revision to the bylaw made in 1985. With the number of opportunities for participation in sports related activities outside the school site increasing, the question has been raised as to the appropriate role of the CIF in restricting a student’s desire to participate. Additionally, the application of the article is inconsistent for the CIF, most evident in soccer, due to the significant difference in seasons of sport throughout California.

In 1980, the vast majority of state athletic governance associations had similar prohibitions. As of 2011, twenty-six (26) states have eliminated this prohibition and now allow outside participation concurrent with the high school team.

Other large states such as Texas (1995—legislative action), Florida (never had prohibition) and New York (1988—court ruling) have completely eliminated the rule and have seen their high school sports continue to flourish and expand in participation. Some states have made this change at the urging of their membership, legal action and some states at the direct demand/oversight of their legislature.

#### **600. COMPETITION ON AN OUTSIDE (non-interscholastic) TEAM**

~~A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team, in the same sport, during the student’s high school season of sport (See Bylaw 511).~~

~~The following exceptions apply:~~

- ~~A. If the outside team has half or more of the team members as stated in the National Federation rules book for that sport, it shall be considered the same sport. Examples: three-on-three basketball—outside team competition prohibited; two-on-two volleyball—outside team competition permitted.~~
- ~~B. **Flag Football.** For purposes of this rule, touch football and flag football are considered to be a different sport than tackle football.~~
- ~~C. **Soccer.** In the sport of soccer, Bylaw 600 shall be in effect only during the winter high school soccer season. High school soccer programs that compete during the fall or spring season are not subject to Bylaw 600. NOTE: For purposes of this section, indoor soccer and futsal are not considered the same sport.~~
- ~~D. **Swimming & Diving.** Swimmers may compete for an amateur team during the season of sport in the USA Swimming Senior National Championship Meet, the USA Swimming Sectional Championship meets and the YMCA National Meet. Divers may compete for an amateur team during the season of sport in the USA National Diving Championships and the USA National Junior Diving Championships.~~
- ~~E. Bylaw 600 shall not be in effect for those sports conducted outside the State-adopted season of sport.~~
- ~~F. **Spontaneous Recreational Activity.** It is permissible for a high school team member to participate in a spontaneous recreational activity or game in which sides or teams are chosen without regard to players representing any group or organization. Such participation would not cause loss of eligibility. (Definition of spontaneous: no prior planning or notice; an unplanned part of another activity which has a primary focus other than the sport.)~~
- ~~G. **Unattached Competition in Individual Sports**~~
  - ~~1. An unattached athlete shall not represent any team. Points won by the athlete shall not be credited to any team. An unattached athlete shall not use a uniform which identifies a school or “outside” team. Any violation shall be considered an infraction of Bylaw 600.~~
  - ~~2. Unattached competition is permissible for a student in other than school contests during the season of sport provided the student enters in the individual sports of badminton (singles and doubles), cross country, golf, gymnastics, skiing, swimming and diving (including unattached entry on relays), tennis (singles and doubles), track and field (including unattached entry on relays) and wrestling.~~
  - ~~3. Certification of Unattached Athletes No official recognition or certification on the part of the CIF member school or personnel of the CIF member school may be given in order that unattached athletes may participate in contests.~~
  - ~~4. Representation in CIF Competition Unattached competition is not permitted in any CIF competition (See Bylaw 302). Individuals or teams entered in CIF competition must represent a CIF member school. No other form of representation shall be permitted in CIF competition.~~

#### **600. COMPETITION ON AN OUTSIDE (non-interscholastic) TEAM**

During the individual high school student’s season of sport, the student is permitted to compete on an outside team in the same sport unless the outside team, on which the student wishes to compete, is being coached by any member of that sport’s high school coaching staff.

- A. The season of sport for any individual high school student is that period of time which elapses between that student’s first participation in an interscholastic contest in that sport and that student’s final contest in that particular sport at any level, i.e., freshman, frosh/soph, JV, or varsity. See also CIF Bylaw 511.
- B. Any school/team’s season of sport is that period of time which elapses between the first practice session for that team and the final contest or practice session for that same team during the established season of sport.
- C. Committed, comprehensive participation in all aspects (practice, competition, etc.) of educationally based high school team and individual sports experience throughout the school/team/s season of sport provides for the maximum benefit to our student-athletes. As a result, the priority for interscholastic student-athletes must be practicing and competing with their high school team during the entire high school season of any sport.

Therefore, the following guidelines should be considered for the benefit of the student-athlete whenever the question of participation on an outside team during any high school sports season arises:

- 1. Students should attend school to receive an education first; athletic participation is secondary;
- 2. Student-athletes who practice or compete with an outside team in any sport during their high school season of sport should insure that such dual participation during the high school



season does not negatively affect their academic progress.

3. Student-athletes who practice or compete with an outside team in any sport during their high school season of sport should ensure their commitment to their high school team, teammates and coaches is not infringed upon by their outside sport activities.
4. The CIF and its member schools expect that the priority and loyalty of the high school student should be given to the high school program because of the benefits of participation in a high school (educationally-based) athletic program.
5. At all times, in all programs, the student's health and safety, including level and duration of practice times/activities and competitions should be everyone's highest priority.
6. Participation in high school athletics (educationally-based athletes) is considered a privilege. Therefore schools/districts have the authority to establish minimum requirements and expectations for participation in their high school programs, including restrictions on missing practice or games for outside/club participation.
7. This bylaw shall not supersede any school/district/section policies that may be more restrictive as per Article 2. (22).

#### **601. PENALTIES FOR VIOLATION OF BYLAW 600**

During the individual high school student's season of sport, if a student competes on an outside team that was coached by any member of that sport's high school coaching staff the following penalties will apply:

1. The student and the coach must sit out the number of contests equal to twice the number of contests of illegal outside competition in which the student and coach participated.
2. The contests impacted by the coach and student sit-out requirements must be the next regularly-scheduled contests for that team, following discovery of that infraction.
3. If necessary in order to meet this sit out requirement, these penalties shall be carried over to the next season of that sport for both the student and the coach.

##### **A. Individual**

1. ~~First Offense in High School Career in Any Sport The student becomes immediately ineligible for participation with his/her high school team for a number of contests equal to twice the number of contests of outside competition in which the student participated.~~
2. ~~Any Subsequent Offense in High School Career in Any Sport The student becomes immediately ineligible for one year (365 days) from the second infraction in all sports.~~
3. ~~Appeals Upon written appeal to the Section commissioner, the student may petition his/her Section for reinstatement of his/her eligibility status.~~

##### **B. Team**

1. ~~Games Forfeited. Games in which a student participated on his/her high school team after violation of Bylaw 600 shall be forfeited.~~
2. ~~Appeals. Sections may establish rules and procedures to consider requests for waivers of game forfeitures.~~

#### **~~602. PAN-AMERICAN, US PARALYMPICS OR OLYMPIC COMPETITION~~**

~~During the high school season of sport, a high school student who has been selected or qualified for participation on the United States team, which will engage in Pan-American, US Paralympics or Olympic competition, may participate on that team. (Revised October 2008 Federated Council)~~

#### **~~603. OLYMPIC DEVELOPMENT PROGRAMS~~**

~~During their high school season of sport, a high school student who has been selected or qualified for an Olympic development program by the respective National Governing Body for that sport, shall be permitted to participate in such a program without loss of interscholastic eligibility, if the following conditions are met:~~

~~A. The Olympic development program is:~~

~~(1) Verified as such by the State CIF; AND~~

~~(2) a. Conducted or sponsored by the United States Olympic Committee; OR~~

~~b. Directly funded and conducted by the U.S. national governing body for the sport on a national level; OR~~

~~c. Authorized by a national governing body for athletes having potential for future national team participation; AND~~

~~B. The student informs the high school principal at least 30 days prior to participating in the program; AND~~

~~C. The principal verifies the authenticity of the program; AND~~

~~D. The student makes prior arrangement to complete missed academic lessons, assignments and tests before the last day of classes of the semester in which the student's absence occurs.~~

~~E. This bylaw was written with the intent that only individual student-athletes that have been identified by the respective National Governing body for that sport, as having Olympic potential, would be eligible for this exemption of Bylaw 600. Individual student-athletes who are members of a club team(s) consisting in whole or part of high school age athletes, participating in any competitions (e.g. Super Y League events, championships, etc.), even if the competition itself is labeled as an O.D.P. event, that occur during the high school student's season of sport are not eligible for this exemption.~~

#### **~~604. INTERNATIONAL COMPETITION~~**

~~The Executive Director may grant approval, upon individual petition, for an athlete to travel to a foreign country to participate in international competition sanctioned by the governing body for that sport in the United States and the international governing body.~~

(Revised October 2008 Federated Council)

#### **605. PROFESSIONAL TRYOUT**

A student shall become ineligible for CIF competition if he/she participates in any tryout for a professional team in any CIF approved sport during the high school season of sport. The season of sport for a school is that period of time that elapses between the first interscholastic contest and the final contest in that particular sport.

NOTE: See Bylaw 1200 for CIF-approved sports.

(Revised May 2009 Federated Council)

### **V. NCS ITEMS**

#### **A. NCS 3-year Championship Calendar (Amended on 2/18/14)**

Available on-line at [www.cifnca.org](http://www.cifnca.org), Sports Advisory Committee Agenda, Attachment A

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

#### **B. Sports Divisions for 2014-2015**

Attachments B - P, available on-line at [www.cifnca.org](http://www.cifnca.org), Sports Advisory Committee Agenda

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

#### **C. Proposal for change in NCS Constitution and Bylaws 1203, Guidelines for officials**

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

##### **A. Officials Associations**

###### **1. Accredited Officials Associations**

The NCS shall forward names of the officials that have been accredited by the State Accreditation Team to its member leagues.

###### **2. Use of Accredited Officials**

a. All competition hosted by an NCS member school, league or the section in the sports of baseball, basketball, football, **lacrosse**, soccer, softball, volleyball, water polo and wrestling shall be officiated by persons who have been certified and assigned by officials' associations that have been accredited in the respective sport by the State Accreditation Team.

b. ~~NCS shall honor the terms of the current status of officials' associations that have received accreditation from the NCS. The State Accreditation Team must accredit associations at the end of the current terms. Note: Officials' associations that were accredited by NCS but have not been accredited by the State Accreditation Team are not eligible to nominate officials for State C.I.F. regional or state championships.~~

###### **3. Identified Officials**

When there is not an officials' association available to service a league in one or more of the above sports, the league will identify persons who have met the State Accreditation Team guidelines for certifying game officials in the respective sport. These identified persons may officiate contests hosted by member schools of the league.

###### **4. League Authorization**

The referee or primary event official for badminton, cross country, golf, gymnastics, swimming, tennis or track shall be authorized by the league for intra-league competition.

###### **5. Criteria for League Authorization of Officials**

The criteria for certification of referees or primary event officials when there is no officials' association available to service a league will be established by the league after input from individual officials and league representatives (e.g., league commissioner, athletic directors, and coaches).

###### **6. Survey of Officials Fees**

The NCS office shall distribute a survey of officials' fees paid by NCS leagues and adjacent C.I.F. sections to NCS leagues and accredited officials' associations which service NCS member schools for informational purposes. NCS will distribute the survey at the fall Board of Managers' meeting. By December 1, each association or league that wishes a change in its game officials' fee structure for the following school year must submit in writing its proposal to the NCS commissioner and the respective officials' association president or league commissioner(s).

###### **7. Coordinating Committee**

There shall be an officials' association coordinating committee for each sport composed of at least one representative from each officials' association that services the sport. The committees are charged with addressing the following responsibilities:

- a. Develop a common section-wide training program for officials for the respective sport
- b. Select a section rule interpreter for the respective sport
- c. Provide a method of funding the approved expenses of the interpreters
- d. Develop and update a model instrument for the evaluation of officials.

**VI. SAC NEW BUSINESS**

**A. Proposal for an increase in number of contests in volleyball (Bud Beemer)**

The volleyball coaches of the Bay Valley Athletic League (BVAL) are proposing to increase the allowable schedule of contests from 24 matches and 2 scrimmages to 26 matches and 2 scrimmages for both girls' and boys' volleyball.

**Motion to direct the NBL representatives to the SAC vote to oppose this proposal.**

**Motion: Henri Sarlatte, Rancho Cotate**

**Second: Dean Haskins, Montgomery**

**Motion supported.**

Rationale:

The BVAL has only six schools (Antioch, Deer Valley, Freedom, Heritage, Liberty, and Pittsburg) and plays a double round robin schedule. BVAL competitions begin the first week of October. Most leagues begin 2-3 weeks earlier. There is a gap in competition between the start of the BVAL and the start of the other leagues. This gap can be bridged by increasing the contacts by two games to allow the BVAL teams to fill the competition gap with contacts through pre-season matches or an additional tournament. The increase of two matches will also keep volleyball in line with boys' and girls' basketball.

**B. Proposal for school day starting times for NCS competitions (TCAL)**

**Motion to direct the NBL representatives to the SAC vote to oppose this proposal.**

**Motion: Chris Giovannini, Montgomery**

**Second: Henri Sarlatte, Rancho Cotate**

**Second: Motion supported.**

Set the starting times at all NCS athletic contests on school days in the fall and spring during Daylight Savings Time so that the student-athletes' and teacher-coaches' absences from their academic classes are minimized.

Rationale:

Attendance in class is critical to student academic achievement. Interscholastic athletic competitions are offered to complement student learning. As such, interscholastic competitions should not, whenever possible, conflict with class time. An interscholastic athletics program that is designed to take students out of class is in conflict with the primary goal of secondary education: optimizing student academic achievement.

Discussion:

After-school athletic contests are commonly scheduled as early as 3:30 PM. For outdoor contests that are played without artificial lights, that last over three hours, or during the seasons when the sun sets before 6:45 PM—during Pacific Standard Time, October 10–November 6, March 1–April 15—3:30 PM start times are necessary to ensure student safety and to reasonably ensure the contests can be completed. In all other cases, however, starting contests this early—when the sun sets at 7 PM or later—is not justifiable in light of the educational mission of TCAL, NCS, and CIF schools. The loss of class time is more damaging to student academic achievement than any reduction of student study time after student-athletes arrive home after the completion of athletic contests.

Student-athletes—particularly those on teams that must travel to a contest—miss portions of afternoon classes and in sports that hold two contests a week—tennis, baseball, softball. The learning time lost to the students is significant and damaging to their academics.

Specifics of the Proposal:

For contests played without artificial lights:

Time of Year	Start Time	Sunset (Eureka, CA)
September	4:15 PM	7:51 PM Sept 1, 7-24, Sept. 30
October 1-15	4:00 PM	7:00 PM Oct 1, 6:38 PM October 15
October 16-31	3:30 PM	6:35 PM Oct 16; 6:15 PM October 31
November	3:30 PM	5:12 PM PST Nov. 3
December	3:30 PM	4:50 PM, PST Dec. 1
January	3:30 PM	5:03 PM PST Jan 5
February–March 8	3:30 PM	5:35 PM PST Feb. 3
March 10 -	4:15 PM	7:17 PM March 10
April	4:15 PM	7:40 PM April 1, 8:11 PM April 30
May & June	4:15 PM	8:12 PM May 1

Exceptions for those contests played at facilities without artificial lights:

Track and Field meets involving 3 or more teams: Start time 3:45 PM

Cross Country Championships: Start Time: 3:00 PM

League and Section Championships in Golf and Tennis: Times dependent on facility availability.

For all contest played indoors (volleyball, basketball, wrestling) or under artificial lights, contests will start no earlier than 4:30 PM. This includes basketball games when Frosh, Junior Varsity, and Varsity teams play consecutively.

- C. Proposal to allow schools that are playing in the Nor Cal Volleyball Championships to play their basketball foundation game on Wednesday of the same week. (Don Nelson)

**Motion to direct the NBL representatives to vote to support this proposal at the SAC meeting.**

**Motion: Chris Giovannini, Montgomery**  
**Second: Jerry Deakins, Maria Carrillo**  
**Motion supported.**

- D. Proposal to add a Division 6 to NCS Football Championships (Tom Welsh)  
(BAC vote: 11-4-10)

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

Rationale:

NS Football Playoff Brackets need to be revisited due to the result of a number of Division 4 teams going down to Division 5 in the NS Football Playoffs. Readjusting the Division numbers or limiting the bracket numbers would provide relief for the schools with 250 students or less to have to compete against schools with much larger enrollments. Also, the percentages of schools and entries into the NCS Championship Series would be more fair—currently only 36% (8 out of 22 schools) have access to the NCS Championships.

The 2014 NCS Football Divisions based on the updated list on November 11, 2013.

Division 1	21 teams in a bracket of 16 (2000+)	76%
Division 2	26 teams in a bracket of 16 (1450-1999)	61%
Division 3	24 teams in a bracket of 16 (1001-1449)	67%
Division 4	17 teams in a bracket of 16 (501-1000)	94%
<b>Division 5</b>	<b>12 teams in a bracket of 8 (251-500)</b> <b>recommended</b>	<b>67%</b>
<b>Division 6</b>	<b>10 teams in a bracket of 8 (0-250)</b> <b>recommended</b>	<b>80%</b>

- E. Proposal to increase the Division 5 NCS Football bracket to 16 teams (Gerri Giovannetti)

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

Currently, all of the brackets except Division 5 have 16 teams brackets, yet Division 5 has the same number of teams in their division as Division 4, 3 less than Division 3 and 1 less than Division 1. In order to make it equitable, the CMC would like to recommend that the Division 5 bracket be enlarged to 16 teams.

Rationale:

Division 1—21 teams 2013 bracket was a 16 team bracket with 15 teams participating  
Division 2—26 teams 2013 bracket was a 16 team bracket with 16 teams participating  
Division 3—23 teams 2013 bracket was a 16 team bracket with 14 teams participating  
Division 4—20 teams 2013 bracket was a 16 team bracket with 13 teams participating  
Division 5—20 teams 2013 bracket was an 8 team bracket with 8 teams participating and several good teams denied participation.

- F. Proposal to change the D II team tennis championships from an 8-team bracket to a 16-team bracket.

**Motion to direct the NBL representatives to the SAC vote to support this proposal.**

**Motion: Chris Giovannini, Montgomery**  
**Second: Kathy Hower, Santa Rosa**  
**Motion supported.**

The NCS team tennis championships are held in two divisions—a D I (large school division) and a D II (small school division). The D I bracket has 16 teams; the D II bracket has eight teams. This proposal would add eight teams to the D II bracket.

Date of Requested implementation: July 1, 2014, although immediate implementation would work.

Rational in Support of Proposal:

The D II pool of teams participating in team tennis is slightly larger than the D I pool of teams. Yet the D I bracket for the NCS team tennis championships is twice the size of the D II bracket. This is unfair to the smaller schools.

Possible Objections to the Proposal:

This is yet another expansion of the NCS championships

Income and Expenses Relating to Implementation:

Any slight increase in costs would be balanced by another eight schools paying \$85.

**G. ROUND TABLE DISCUSSION**

- When does a school need to have an independent team versus having the right to join a league?
- When does the right of a league to say no override a school's right to have a team?

How do independent schools qualify for NCS competition?

Are financial considerations for leagues and league member schools considered?

What is the minimum number of teams needed to make a league?

**VII. SAC OLD BUSINESS**

- A. Proposal for Competitive divisions in the NCS Basketball Championships (This item was voted on and passed by the SAC. However, the BOM has returned the proposal for further review (Attachments D,E,F) THE NBL ATHLETIC DIRECTORS AND PRINCIPALS WERE IN SUPPORT OF THIS PROPOSAL AT THEIR LAST MEETINGS.**

**Approved by consent to direct the NBL representatives vote to support this proposal at the NCS SAC Meeting.**

The SAC Sub-committee to Develop a Proposal for Competition Divisions in the NCS Championships is recommending competitive equity adjustments with the following parameters:

1. Competitive equity adjustments based on a five-year period of competition in the NCS Championships.
2. Requirement of teams to move up one division if their competitive equity average is equal to or greater than **8.0 10** over a five-year history.
  - a. 5 points for winning a section championship
  - b. 4 points for playing in the section championship contest
  - c. 3 points for playing in a semifinal game
  - d. 2 points for playing in a quarterfinal game
  - e. 1 point for entering the section championship as a champion or at-large team.
3. Opportunity for teams to move down one division based on a set of criteria that balances the movement of teams.
4. Allowance of teams to petition to a division of higher enrollment.
5. Opportunity for a team required to move up a division to move down after one year based on the same criteria that determine the movement of other teams down a division.
6. Current proposal to only include the sport of basketball.
7. Movement of the petition process to the end of the basketball season.
- 8. If a team does not make the championship game after three years, that team will be allowed to move down one division.**

**COMPETITIVE EQUITY ADJUSTMENTS**

Competitive equity adjustments will be implemented during the 2014-15 school year in the sport of boys' and girls' basketball, including all divisions of competition. The parameters of the adjustments for purpose of competitive are as follows:

1.	Competitive equity adjustments will be based on a five-year period of competition in the NCS Championships. Competitive equity adjustments for the 2014-2014 school year will include the 2009-2010, 2010-2011, 2011-2012, 2012-2013, and 2013-2014 school years. a. In subsequent years a new year is added and the oldest year of competitive data is removed.
2.	Any team averaging 8.0 or higher during the five-year period of competition in the NCS Championships using the following scale would be required to move to the next higher division. f. 5 points for winning a section championship g. 4 points for playing in the section championship contest

	<ul style="list-style-type: none"> <li>h. 3 points for playing in a semifinal game</li> <li>i. 2 points for playing in a quarterfinal game</li> <li>j. 1 point for entering the section championship as a champion or at-large team.</li> </ul>
3.	<p>When a team is required to move to a higher division, another team in the higher division is moved down to the next lower division. The criteria to determine which team(s) to move down to the next lower division will be as follows:</p> <ul style="list-style-type: none"> <li>a. The school in the higher division with the lowest point total under 2 above will be moved one division lower.</li> <li>b. If there are teams tied with the lowest point total, the tie will be broken by the enrollment number of the school. The school with the lowest point total and smallest enrollment would be moved to the next lower division.</li> </ul>
4.	<p>Petitioning will be allowed to a higher division. The petitioning process will be conducted at the conclusion of the previous year's basketball season for the following year. NCS staff will conduct this process according to the current established procedures. The petitioning process for the 2013-2014 school year would be as follows:</p> <ul style="list-style-type: none"> <li>a. March 12, 2014—Petitions sent to school principals with division placement based on numbers two and three above.</li> <li>b. April 2, 2014—Petitions due to the NCS Office.</li> <li>c. April 3, 2014—Divisions for the 2014-2014 school year announced.</li> </ul>
5.	<p>When a team petitions to a higher division, another team in the higher division is moved down to the next lower division. The criteria to determine which team(s) to move will be as follows:</p> <ul style="list-style-type: none"> <li>a. The school in the higher division with the lowest point total under 2 above will be moved one division lower.</li> <li>b. If there are two teams tied with the lowest point total the tie will be broken by the enrollment number of the school. The school with the lowest point total and smallest enrollment would be moved to the next lower division.</li> <li>c. Teams may petition according to the petitioning process in 4 above. When a team petitions to a higher division the team in the higher division with the lowest point total under 2 above will be moved one division lower. If there are teams tied with the lowest point total the tie will be broken by the enrollment number of the school. The school with the lowest point total and smallest enrollment would be moved to the next lower division.</li> <li>d. A team required to move to a higher division is eligible to return to their actual division of enrollment after one year at the higher division according to the procedures under 3a and 3b above.</li> </ul>

**B. Creating an NCS open division in basketball (Dave Kiesel)**

**NOTE: NBL ATHLETIC DIRECTORS VOTED TO OPPOSE THIS PROPOSAL AT THE DECEMBER 4, 2013 MEETING.**

**Approved by consent to direct the NBL representatives vote to oppose this proposal at the NCS SAC Meeting.**

**Description of the Proposal:** The NCS shall have an open division in basketball.

**Option A** - The NCS committee selecting basketball at-large candidates, then seeding each division, shall select eight schools for an open division championship. No more than three teams from any one division may be selected.

**Option B** - The NCS committee selecting basketball at-large candidates, then seeding each division, shall select twelve schools for an open division championship. One team shall be selected from each of the five divisions and seven teams will be selected at-large with no more than three teams from any one division.

Teams selected for the NCS open division championships shall receive a guaranteed berth in the NorCal championships regardless of whether they lose in the 1<sup>st</sup> round or win the open division championship.

**Date of Requested Implementation:** 2014-15 school year

**Rationale in Support of Proposal:**

1. NorCals has an open division; the CIF championships have an open division; why not just immediately move to an open division at the section level.
2. Having a limited open division based on what you've done THIS YEAR is preferable to the slow movement up and down the division ladder.
3. The September committee proposal will result in stacking all the "good" teams at the D I level by 2017. This will make it tough for the "normal" D I teams to ever earn the right to participate in NCS championships.
4. The September committee proposal will eventually result in the diminution of the yearly accomplishments of schools in the D II-D V championships.
5. This proposal eliminates the possibility that teams that move up because they have a really competitive group of sophomores, then juniors, then seniors, are stuck at the higher division where they don't belong for several years. If every once in a while you're "good enough to compete" in the open division, good; otherwise you stay where you belong.

6. If indeed the NCS SAC feels the need for more competitive divisions in basketball, this proposal provides for immediate movement of the involved teams and therefore produces competitive equity immediately. While well-meaning, the proposal before the SAC in September was complex and convoluted; it allowed for movement of only one division a year (which would thus take five years to fully implement). In addition, for several years as our more competitive programs moved up the division from D V to D I, they would simply be impacted a different division. There may be a D IV or D V school that deserves to be in an open championship immediately.
7. If we need a more competitive division in basketball, let's do it now rather than in stages over five years.
8. It will be hugely embarrassing and counterproductive for D II School to be moved down to D IV or D V in 2016 because they have a basketball program that is struggling.

**Income and Expenses Related to Implementation: NONE**

- C. Proposal: Use of advice by teammates with the same foursome during matches (THIS ITEM WAS TABLED AT THE LAST MEETING). (Don Nelson)  
THE NBL ATHLETIC DIRECTORS WERE OPPOSED TO THIS PROPOSAL AT THEIR LAST MEETING.**

**Approved by consent to direct the NBL representatives vote to oppose this proposal at the NCS SAC Meeting.**

Teammates within the same foursome may give their teammate advice on: club selection, shot-making and putting as long as it does not hold up play.

Reasoning: To enhance the team experience and allow the competition to move from the traditional individual determination to a more team based. The pros and top amateurs are given advice from their caddies and we feel if you are going to crown a team champion for league, section and state that team advice should be allowed. The NCGA/USGA allows certain levels of advice during team four-ball matches and committees may have local rules determining partner's advice during other team events.

Rule 8:8-1. Advice

During a stipulated round, a player must not:

- a. give advice to anyone in the competition playing on the course **other than his partner** or
- b. ask for advice from anyone **other than his partner** or either of their caddies.

8-2. Indicating Line Of Play

a. Other Than on Putting Green

Except on the putting green, **a player may have the line of play indicated to him by anyone**, but no one may be positioned by the player on or close to the line or an extension of the line beyond the hole while the stroke is being made. Any mark placed by the player or with his knowledge to indicate the line must be removed before the stroke is made.

b. On the Putting Green

When the player's ball is on the putting green, the player, his partner or either of their caddies **may, before but not during the stroke, point out a line for putting**, but in so doing the putting green must not be touched. A mark must not be placed anywhere to indicate a line for putting.

**Southern California Section and San Diego Section both allow advice in dual match league play.**

"During the regular season, we do not regulate how leagues choose to conduct their dual matches. Many leagues allow players from the same team to communicate advice with each other as they are paired together. This is dealt with by each league individually, some allow it and others do not."

Jeffrey A. Evans,

Director of Golf □ Head Varsity Coach

Co-Director of Girls Athletics

**So-Cal Section Golf Advisory Member**

Long Beach Wilson Classical High School

Our rules follow your old policy, players within the same group may advise each other.

Chris Drake

Head Girls and Boys Golf Coach

Torrey Pines High School

San Diego Section

**The golf management committee opposes this proposal. (FAILED: 1-7)**

All the **MVAL** Coaches are **NOT** in favor of this proposal.

**BAC** □ The logic regarding the NCGA allowing advice is flawed. We do not play four-ball in leagues. Also I see where Marin Catholic is going to allow coaches to coach on their tournament. I have a problem with the attempts to turn high school golf into college golf. Individual play is the essence of high school golf and the ability to manage your own game so you can contribute to the team score is key. A player needs to weigh impacts of his or her course management decisions relative to the team. Having someone giving advice alters those decisions. Bad idea.

VI. NBL NEW BUSINESS

A. NBL BYLAW 3.802. (Marie Sugiyama and Jan Smith Billing)

Current Bylaw 3.802:

The league champion shall be the automatic entry into the NCS Championships.

**Proposal to amend Bylaw 3.802 to spell-out the process to determine the automatic entry to the NCS Championships if there is a 2-, 3-, or 4-way tie for first place.**

**Motion: Chris Giovannini, Montgomery**

**Second: Kris Bertsch, Santa Rosa**

**Motion passed.**

Proposal, based on past practice:

1. ***If there is a two-way tie for first place at the conclusion of the NBL Round Robin, the teams shall be declared co-champions. The automatic entry to the NCS Championships shall be determined as follows:***
  - a ***The team with the best record in head-to-head competition during the regular league schedule shall be declared the automatic entry.***
  - b ***If one of the two tied teams wins the NBL postseason tournament, then this team shall be named as the NBL automatic entry to the NCS Championships.***
  - c ***If neither of the two tied team wins the NBL postseason tournament, the team that advanced to the finals in the tournament shall be named the automatic entry to the NCS Championships.***
  - d ***If both of the tied teams are eliminated in the semi-finals, then the team with the lowest number in the winter draw shall be named the automatic entry to the NCS Championships.***
2. ***If there is a three-way tie for first place at the conclusion of the NBL Round Robin, the three teams shall be declared co-champions. The automatic entry to the NCS Championships shall be determined as follows:***
  - a ***The team with the most wins within and above the tie shall be declared the automatic entry to the NCS.***
  - b ***If one of the three tied teams wins the NBL postseason tournament, then that team shall be named the automatic entry to the NCS Championships.***
  - c ***If none of the three teams that tied for first place wins the postseason tournament, then the team that advanced to the finals shall be named the automatic entry to the NCS Championships.***
3. ***If there is a four-way tie for first place at the conclusion of the NBL Round Robin, the team that wins the NBL postseason tournament shall be named the automatic entry to the NCS Championships.***

B. PROPOSAL TO AMEND BYLAW 3.804 (Jan Smith Billing)

**Motion to support the proposed amendments to Bylaw 3.804.**

**Motion: Chris Giovannini, Montgomery**

**Second: Ty Yanez, Ukiah**

**Motion approved**

NBL Bylaw 3.804:

NBL Tournament Format

- A. Team 1 will play team 4 at the site of team 1 and team 2 will play team 3 at the site of team 3.
- B. Two teams tied for first place
  1. If one team has defeated the other team twice in round-robin play, that team shall be seeded as the first place team and the other team shall be seeded as the second place team in the NBL Tournament.
  2. ~~If the two teams split in the round robin, the team with the greater number of wins within the other two playoff teams shall be seeded #1.~~  
***If the two teams split in the round robin, the team with the greater number of wins against the third seed shall be seeded #1.***
  3. ***If the tie still exists, the team with the greater number of wins against the fourth seed shall be seeded #1.***
  4. If the tie still exists, the positions will be determined by the numbers drawn by the NBL principals for the winter season.
- C. Three teams tied for first place
  1. The team with the greatest number of wins within the tie shall be designated as the #1 seed and the team with the next greatest number of wins shall be designated the #2 seed and the remaining team will be designated as the #3 seed.



2. If a three-way tie still exists, then the seeding will be determined by the numbers drawn by the principals for the winter season, with the team with the lowest number getting the #1 seed and the team with the second lowest number getting the #2 seed. The remaining team shall be seeded #3.
- D. Four teams tied for first place
1. The team with the greatest number of wins within the tie shall be designated the #1 seed. **The team with the second greatest number of wins within the tie will be designated the #2 seed. The team with the third greatest number of wins within the tie will be designated the #3 seed.** The team with the least number of teams within the tie shall be designated the #4 seed.
  2. ~~If a four-way tie still exists, the teams shall draw for opponents.~~  
**If a four-way tie still exists, the team with the lowest number in the winter draw shall be the #1 seed, the team with the next lowest number shall be the #2 seed, the team with the third lowest number shall be the #3 seed and the team with the highest number shall be the #4 team.**
  3. If a three way tie still exists, the procedure in Item C above shall be used.
  4. If a two-way tie exists, the procedure outlined in Item B above shall be used.
- E. If more than four teams tie for first-place, the above procedure shall be used
- D. If there are other ties in the seeding for the NBL Tournament, the above criteria shall be used.

**C. PROPOSAL TO ELIMINATE OR RESTRICT THE DISTRIBUTION OF COMP PASSES IN BOYS' AND GIRLS' BASKETBALL (Jan Smith Billing)**

**Motion to modify the gate list for participating schools to include five "guest" slots. Issue three (3) complimentary admission tickets to each non-participating league school. Eliminate all other comp passes.**

**Motion: Chris Giovannini, Montgomery  
Second: Henri Sarlatte, Rancho Cotate  
Motion approved**

Rationale:

- Fifteen complimentary passes per participating team were distributed for the 2013 NBL Basketball Championships. If all of these passes were used, this amounted to giving away \$1440 in potential NBL revenue (180 passes at \$8 each).
- In 2014, the number of passes given to participating teams was cut to 10. Because admission prices were lowered for home sites, the financial cost for this practice was potentially \$560 during the semifinals and \$320 for the finals, for a total of a potential \$880 loss of revenue.
- Revenues from the NBL Basketball Tournament are expected to be lower this season than last season because of the reduced admission costs for games played at home sites.
- The net gate receipts from the NBL Basketball Championships are the primary revenue source for the operation of the North Bay League.
- Each participating school uses a gate list for admission into the tournament. This gate list provides free admission to 15 players, 5 coaches, 1 trainer, 1 scorekeeper, 2 statisticians, 2 administrators, and 3 staff members, for a total of 15 student-athletes and 13 support personnel for each contest per team. In addition, cheerleaders in uniform and their advisors are admitted at no charge. Add five (5) guest slots to the gate list.
- The North Bay League has the lowest dues of any league in our area, at just \$500 per school. The SCL charges each member school \$1500 and the MCAL charges each member school \$3500. If we want to keep the dues for each member school at such a low amount, can we keep giving away free admissions to our largest fund-raiser?
- Discussion questions: What support personnel are not included on the gate list and therefore need to be added to the list or given complimentary tickets? Who is using the complimentary tickets? Should all NBL basketball coaches be given comp tickets to the finals, even if they are not participating?

**D. PROPOSAL TO PLAY A COMBINED NBL/SCL SCHEDULE IN GIRLS' FRESHMAN BASKETBALL (Jeff Hardie)**

**Discussion only.**

Rationale:

1. This interlock schedule would help fill gaps in our league schedule (which occur when schools do not fill a freshman girls' team)
2. The schedule would fill in pre-season gaps, as seen this season.
3. This schedule would help stabilize the freshman girls' program. The uncertainty of schools having a program or not and finding out at the last minute causes a lot of scheduling headaches.

**E. PROPOSAL FOR A NEW BOYS' AND GIRLS' BASKETBALL SCHEDULE (Henri Sarlatte)**

**Discussion only.**

First half of season	
Tuesday & Thursday	Wednesday & Friday
Frosh boys	JV boys
Frosh girls	Varsity boys
JV girls	Varsity girls

Second half of season	
Tuesday & Thursday	Wednesday & Friday
Frosh girls	JV girls
Frosh boys	Varsity girls
JV boys	Varsity boys

Rationale:

- Increased attendance

- *Easier to schedule*
- *Everyone hosts one varsity night and one frosh night each week*
- *Build school spirit for boys and girls*
- *Allow freshman parents/guardians who work to potentially see more games due to some 6 PM start times*
- *Title IX*

**F. AMENDMENTS TO WRESTLING BYLAWS TO ACCOMMODATE GIRLS' WRESTLING TEAMS (Jan Smith Billing)**  
***Motion to approve the amendments as written below.***

***Motion: Ty Yanez, Ukiah***  
***Second: Henri Sarlatte, Rancho Cotate***  
***Motion approved.***

**13.302**

The following order will be followed for all NBL wrestling matches: Junior varsity, Varsity girls, and varsity boys. The first round, junior varsity, will begin at 6:00 PM.

**13.305**

Girls will wrestle at their own weights and will NOT wrestle in boys' competition.

**13.804**

At the conclusion of the regular dual meet season, the North Bay League shall have a league tournament to qualify male wrestlers to the NCS Boys' Wrestling Championships. Female wrestlers currently can enter the NCS Girls' Wrestling Championships on an application basis. Female wrestlers are eligible to participate in the NBL tournament, but may only wrestle against other girls.

**G. AMENDMENTS/UPDATES TO NBL TRACK & FIELD BYLAWS (Marie Sugiyama)**  
 No proposals were presented.

**H. A.D. DISCUSSION/SHARING OF IDEAS**

1. How do you monitor student-athlete attendance at your school?
2. Does your school have a cut-off date for athletic participation in any given season?
3. How many school districts award PE credit for athletic participation? Is there a limit?
4. If you pay your athletic contest personnel (ticket sellers, ticket takers, announcers, score keepers, clock operators, etc.), what is your pay scale? Does anyone pay workers out of the gate receipts or are checks cut by the Business Manager or school district?

**I. Proposed amendment to bylaw 6.802, BOYS' GOLF (for immediate implementation)**

***Motion to approve the proposed amendment to bylaw 6.802, for immediate implementation.***

***Motion: Henri Sarlatte, Rancho Cotate***  
***Second: Ty Yanez, Ukiah***  
***Motion approved.***

~~In boys golf: The points earned in the NBL boys' golf tournament will be included in determining the NBL boys' golf championship team. (1/14/2013)~~

**IN BOYS' GOLF:**

- Stroke play will be used during the NBL season. The lowest five scores will count as the team score.
- The team with the lowest cumulative stroke total of the eight league mini-tournament rounds AND the NBL post-season tournament will be the NBL Champion.
- In case of a tie, all tied teams will be considered NBL co-champions and each shall receive a pennant. The team with the lowest spring season number (drawn by NBL principals) will be the automatic qualifier to the NCS Championships.
- NBL matches hosted by Casa Grande, Cardinal Newman, Montgomery, and Santa Rosa will begin at 1:00 PM. Matches hosted by Maria Carrillo, Rancho Cotate, Ukiah and Windsor will begin at 2:00 PM.

**INFORMATION ITEMS**

- The State CIF has changed the date of the CIF State Boys' Golf Championship to June 4, 2014. The state meet will be held at San Gabriel Country Club in Pasadena.
- SRHS was unable to find a coach for their boys' golf team and will not be participating in boys' golf this season.
- Final wrestling records:

	<b>Girls' Team</b>	<b>Record</b>
1.	Ukiah	6 - 0
2.	Rancho Cotate	5 - 1
3.	Maria Carrillo	4 - 2
4.	Windsor	3 - 3
5.	Casa Grande	3 - 4

	<b>Boys' Team</b>	<b>Record</b>
1.	Windsor	7 - 0
2.	Ukiah	5 - 2
2.	Montgomery	5 - 2
4.	Cardinal Newman	4 - 3
5.	Maria Carrillo	3 - 4

6.	Santa Rosa	0 - 5
7.	Montgomery	0 - 1

6.	Rancho Cotate	2 - 5
6.	Casa Grande	2 - 5
8.	Santa Rosa	0 - 7

- Thank you to Jeff Hardie, Windsor High Rich Carnation and the Windsor Wrestling Parents and Boosters for hosting the NBL Wrestling Tournament. It was a very organized event and exciting to watch.
- Thank you to Henri Sarlatte and his excellent staff of workers for their fine work at the NBL Basketball Tournament held last Saturday night at SRJC. Congratulations to all participating student-athletes and spectators for contributing to such a wonderful event.
- Final standings for the winter season sportsmanship award:

BOYS			GIRLS		
Standing	School	Points	Standing	School	Points
First	Casa Grande	53	First	Rancho Cotate	39
Second	Santa Rosa	43	Second	Casa Grande	37
Third	Rancho Cotate	34	Third	Ukiah	29
Fourth	Windsor	30	Fourth	Maria Carrillo	28
Fifth	Ukiah	26	Fifth	Santa Rosa	27
Sixth	Montgomery	24	Sixth	Montgomery	19
Seventh	Cardinal Newman	14	Seventh	Windsor	17
Eighth	Maria Carrillo	10	Eighth	Cardinal Newman	8

- Montgomery played an ineligible player at the girls' basketball game with SRHS on January 28, 2014. At issue was that the student was sick on January 27, came to school for the first two block periods of January 28. She went home the last period of the day and then returned for the game. The MHS athletic directors and coaches have reviewed attendance rules with their athletes previously: this player was in error and there was no exception to the rule. The player admitted her mistake. To avoid this recurring in the future, Montgomery will review the attendance rules again with all winter coaches and the coaches will then review the attendance rules with all of their players. Montgomery sincerely apologizes for this lapse and the principal, Laurie Fong, is confident that this incident is a good reminder to continue their diligence.
- NCS Commissioner Gil Lemmon reviewed the facts surrounding a request by Santa Rosa High School to change the grade and GPA for a current SRHS student, for purposes of establishing academic eligibility for participation in athletic competition. One of the student's instructors discovered a mistake in the student's grade, requiring a change in grade after the date of determination. The teacher took responsibility for the error and Santa Rosa High School has confirmed that the grade change was not the result of additional coursework being completed after the conclusion of the first semester and after the date of determination. The error was not the fault of the student. CIF Bylaws 205.B.(b) and (c) do not allow changes in grades beyond the date of determination for purposes of determination of athletic eligibility. However, based on authority outlined by the State CIF Office, Section Commissioners may waive the application of the above bylaws when it can be demonstrated that the error is clerical and based on human error of the teacher, counselor or administrative staff at the school. Santa Rosa High School has demonstrated that such an error has occurred concerning the academic schedule of this student. Therefore, based on the above I hereby grant permission for Santa Rosa High School to immediately alter the grade in question and recalculate the GPA of this student for purposes of establishment of athletic eligibility.
- Cardinal Newman played an ineligible JV baseball player, Nolan Highland, in two pre-season baseball games, a loss to Justin Sienna High School, 5-2, on Thursday, February 27, and a win against Piner High School, 11-2, on Tuesday, February 25. The issue is playing a player with a grade point average below 2.00 without the player applying for an academic exception. This was discovered on Tuesday, March 4, as I double checked spring sports final team rosters. The player was overlooked earlier when we first checked the team rosters. The coach and player were notified yesterday and the player will apply for an academic exception. To insure this does not occur in the future, I will provide a list of all students on academic probation to all the coaches in every season of sport and I will provide the list to my assistant AD to double-check all team rosters. We apologize for our error and regret any inconvenience it has caused. Cardinal Newman has reviewed the incident and will take steps to avoid this from occurring in the future by strengthening our communication between the athletic office and coaches regarding academic eligibility.
- **SUPPLEMENTAL LEAGUE PLACEMENTS**
  1. NCS Commissioner Gil Lemmon is proposing moving Willits out of the NBL and into the CMC for **swimming**. With Windsor, six CMC teams will be participating in swimming, which will allow them the opportunity to have their own league.
  2. The following schools have been placed in the NBL for **badminton**: Analy, Elsie Allen, Piner, Roseland University Prep, and Petaluma. They will join with the current NBL schools that field badminton teams: Casa Grande, Maria Carrillo, Montgomery, Santa Rosa, and Windsor.
  3. The following schools will be participating in **lacrosse** (boys and girls) in the North Bay League: Cardinal Newman, Casa Grande, Petaluma and Sonoma Academy.

#### ADJOURNMENT

The meeting adjourned at 12 PM by Commissioner Sugiyama.