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**NBL Boys' Tennis Coach Meeting Minutes**

Thursday, January 16, 2014, 6:30 PM  
Montgomery High School, Viking Room

I. Attendance

School	Representative	School	Representative
Cardinal Newman	Tony Greco	Rancho Cotate	Dustin St. John
Casa Grande	Lisa Schmitz	Santa Rosa	Corky Cramer
Maria Carrillo	George Deguchi	Ukiah	Brian Brown
Montgomery	Sean Benoit	Windsor	Xerxes Whitney

- II. Directory review/updates—the directory was updated and a current copy will be sent to all coaches and athletic directors
- III. League schedule
- a. First day of practice: Monday, February 10, 2014
  - b. Revisions of the schedule may ONLY be made with approval of the principals of all of the involved schools
  - c. All-league meeting date: April 25, 11:30 PM, Viking Room (unless tournament is moved to SRHS)
- IV. NFHS Information and application for membership—handout distributed and discussed
- V. Sexual Harassment and Hazing, sportsmanship, steroids—handouts distributed and discussed
- VI. Dehydration and Heat Illness—handout distributed and discussed
- VII. CIF and NCS rules—all handouts distributed and discussed
- a. Season of sport information (NCS 100 series handout)
  - b. Practice regulations(NCS 200 series handout)
  - c. Sportsmanship (NCS 300 series handout)
  - d. General rules and undue influence interpretations (NCS 500 series handout)
    - i. 500 (D) Exhibition competition
    - ii. 510 Undue influence
  - e. Ejection policy (handout)
  - f. NCS Golf regulations (NCS Section 19 handout)
- VIII. NBL rules (handouts)
- a. General rules reviewed for accuracy
  - b. Tennis rules reviewed for accuracy
  - c. NBL Tennis Tournament—will be hosted by Montgomery. Location still to be determined.
- IX. NCS Championships: Championship bulletin available at [www.cifncs.org](http://www.cifncs.org)
- X. NBL Sportsmanship Program
- a. Ballots distributed at the meeting
  - b. Ballots will be collected at the All-League Selection Meeting
- XI. CIF Sports Medicine: [www.cifstate.org](http://www.cifstate.org)
- XII. North Bay League web site: [www.northbayleague.org](http://www.northbayleague.org)

### XIII. New Business

- a. Coaches are encouraged to report their results on MaxPreps.
- b. The first two matches of the season will begin at 3:00 PM. After daylight savings time, the match start time will move to 3:30 PM.
- c. Jan will bring medals and pennants to the NBL tournament.
- d. Lisa Schmitz will be hosting the Redwood Empire Tournament and will send out information to all coaches shortly. Location of the tournament will probably be Santa Rosa High School.
- e. A copy of the energy drink vs. sports drink informational handout will be sent to all coaches.
- f. Congratulations to SRHS Tennis Coach Corky Cramer! Corky has been nominated for Positive Coaching Alliance's Double-Goal Coach Award presented by MaxPreps, given annually to youth and high school sports coaches who pursue both winning and the even more important goal of teaching life lessons through sports. PCA is a national non-profit developing "Better Athletes, Better People" by working to provide all youth and high school athletes a positive, character-building youth sports experience. One way we do this is by holding up as examples our nation's outstanding youth sports coaches.