

**MINUTES OF THE ATHLETIC DIRECTORS MEETING**  
**Thursday, August 29, 2013**  
**SRCS Board Room, 12:30 PM**

**I. ARRIVAL AND CALL TO ORDER**

**II. ADOPTION OF THE AGENDA**

*Motion to adopt the agenda as presented.*

*Motion: Henri Sarlatte, Rancho Cotate*

*Second: Chris Giovannini, Montgomery*

*Approved: 8 – 0*

**III. APPROVAL OF MINUTES**

*Motion to approve the minutes of the April 16, 2013 meeting (posted at [www.northbayleague.org](http://www.northbayleague.org)).*

*Motion: Chris Giovannini, Montgomery*

*Second: Henri Sarlatte, Rancho Cotate*

*Approved: 8 – 0*

**IV. PUBLIC COMMENT**

Pursuant to Education Code 33353.2 (C), any person wishing to speak on any item on the agenda, or comment on the policies and practices of the North Bay League, will be heard at this time.

**V. INFORMATIONAL ITEMS**

- A. The NBL is responsible for hosting the 2013-14 girls' and boys' Division 1 singles and doubles championships. The dates for this fall for the girls are Tuesday and Wednesday, November 19 and 20. Play should start at 10 AM on both days. NCS needs the location (in the past we have used the SRHS courts) and the site director contact information. Marie is working on the logistics. There is a possibility that the NBL may also host the Division 2 tournament.
- B. Updated information from Cardinal Newman, Casa Grande, Rancho Cotate, Santa Rosa, and Windsor has been received by Jan. Maria Carrillo, Montgomery, and Ukiah are requested to provide directory information to Jan by Tuesday, September 4.
- C. The 2013 – 2014 Governance Schedule and all league schedules are posted on the NBL website, [www.northbayleague.org](http://www.northbayleague.org).
- D. NBL Delegates: be sure to check the NCS website to make sure that the voting delegates for your school are current and correct.
- E. Rule books were distributed at the meeting. If you have not done so already, send your pass list to Marie and she will have Gene Brown will type them up. Finished passes are available at Ms. Brown's house.
- F. Sit-out dates for the 2013 – 2014 School Year
  - Fall Sports – Monday, October 7, 2013 for students who transfer and are enrolled prior to Monday, August 19, 2013
  - Winter Sports – Monday, January 6, 2014 for students who transfer and are enrolled prior to Monday, November 11, 2013
  - Spring Sports – Monday, April 7, 2014 for students who transfer and are enrolled prior to Monday, February 10, 2014
- G. Please fax or email the NCS Ejection Policy notification form to Marie as soon as possible.
- H. Spring fees bills were distributed at the meeting and are now due.
  - I. NBL Date of Determination—Remember: *grades cannot be changed following the grading period for purposes of addressing any deficiency in an individual student's scholastic eligibility*. In other words, no grade change can be made after the date of determination to affect eligibility, even due to an error on the part of the teacher. This is especially critical when choosing the last date of determination in June. **Be sure to provide Marie with your school's date of determination for 2013 – 2014.**
- J. Championship bulletins are contained on the NCS website—[www.cifnccs.org](http://www.cifnccs.org). An application to host is included in

each packet. It is recommended that you complete the application to host now to cover the entire school year.

**K. Current NCS Management Committee Members**

- Badminton: Mary Lehman            Montgomery
- Golf: Mike Jonas,            Cardinal Newman
- Golf: Russ Peterich        SRCS
- Tennis: Jim Devine            Retired
- Girls' Wrestling: Tim Bruce        Maria Carrillo
- Boys' Wrestling: Rich Carnation    Windsor

- L.** Let Marie know if you have any candidates in mind for any of the NCS awards, including the Phil Hempler Award, Honor Coach Awards, CIF Distinguished Service Award, and the NCS Distinguished Service Award.
- M.** Be sure to check the NCS website for information regarding transfer students; Marie has your school password if you forgot it or you can get it from the NCS.
- N.** Jan is looking for sports pictures to include in the NBL Constitution and Bylaws and to place on the NBL website. Please send her any that you would like to share. She is especially in need of pictures of female and male athletes in the sports of golf, badminton and tennis.

**VI. NCS SPORTS ADVISORY AGENDA ITEMS**

**IV. CIF Items**

**A. Statewide Practice Guidelines**

**INFORMATIO  
N**

- CIF began discussions about practice guidelines in Spring, 2013 (Executive committee, Federated Council, Section Commissioners, Athletic Director Advisory Committee)
- Issues: Appropriate acclimatization period, two practices per day, daily time limits
- Do we count film, weight training, and/or meetings?
- If practice is limited, it should be limited not only in duration but in time of day as well, i.e., no practice can go beyond 10 PM. Can also look at total hours per week.
- NCAA limits the time that college students can practice, although they have compliance officers. Just because there are no compliance officers in high school doesn't mean that it is okay to ignore a safety issue. We need to focus on what we can control.
- States with Policies: Alabama, Arizona, Georgia, Illinois, Iowa, Maryland, Texas, Virginia. Some are geared only toward football; some limit multiple practice sessions in a day (can't take place on back-to-back days); some limit number of contact practices per week, with more restrictive policies towards the end of the season.

**B. CIF Bylaw 600—revise, delete?**

**INFORMATIO  
N**

- Should the CIF be involved in what student-athletes do outside of their high school team?
- 26 states have a less restrictive rule than CA; 23 have a similar rule as CA and 2 are more restrictive

*Rationales:*

- *Academics and Commitment to Team—If this is a rationale, then why do we allow it if the outside activity is not in the same sport?*
- *May suffer injury (overuse)—if this is a rationale, then why can they practice on an outside team. Currently, only the San Diego Section limits practice; they are considering a rule change.*
- *Schools will start clubs to circumvent rules—may set policy on playing for the high school coach.*

**COMPETITION ON AN OUTSIDE TEAM**

A student on a high school team becomes ineligible if the student competes in a contest on an "outside" team, in the same sport, during the student's high school season of sport (see bylaw 511). The following exceptions apply:

- A.** If the outside team has half or more of the team members as stated in the National Federation rules book for that sport, it shall be considered the same sport. Examples: three-on-three basketball—outside team competition prohibited; two-on-two volleyball—outside competition permitted.

*Question:*

*May a student who competes at the freshman or junior varsity level compete on an outside team during his or her season of sport?*

*Answer:*

*No. The Outside Competition Rule pertains to all levels of competition. Thus, any individual participating at the varsity, junior varsity, sophomore and/or freshman levels may not compete on an outside team during his or her high school season of sport.*

*Question:*

*When does a student-athlete become a member of a high school team?*

*Answer:*

*Once a student-athlete competes in either a scrimmage or contest they become an official member of the team for the purposes of the application of competition on an outside team.*

*Question:*

*May a student-athlete currently on a high school team practice with an outside team?*

*Answer:*

*The CIF and NCS have never had a rule that prevented a current student-athlete on a high school team the opportunity to practice with an outside team. The only restriction is participation in a scrimmage or contest on an outside team while a member of a school team for the same sport. However, students and parents/guardians should take into consideration the potential for injury and are still obligated to attend all school team practices or team meetings, or other required functions, as a member of the school team. It is best to discuss this situation with the school coach to maintain compliance with school and team rules.*

- B. **Flag Football.** For purposes of this rule, touch football and flag football are considered to be a different sport than tackle football
- C. **Soccer.** In the sport of soccer, Bylaw 600 shall be in effect only during the winter high school soccer season. High school soccer programs that compete during the fall or spring season are not subject to Bylaw 600. Note: for the purposes of this section, indoor soccer and futsal are not considered the same sport.
- D. **Swimming and Diving.** Swimmers may compete for an amateur team during the season of sport in the USA Swimming Senior National Championship Meet, the USA Swimming Sectional Championship meets and the YMCA National Meet. Divers may compete for an amateur team during the season of sport in the USA National Diving Championships and the USA National Junior Diving Championships.
- E. Bylaw 600 shall not be in effect for those sports conducted outside the State-adopted season of sport.
- F. **Spontaneous Recreational Activity.** It is permissible for a high school team member to participate in a spontaneous recreational activity or game in which sides or teams are chosen without regard to players representing any group or organization. Such participation would not cause loss of eligibility. (Definition of spontaneous: no prior planning or notice; an unplanned part of another activity which has a primary focus other than the sport.)
- G. **Unattached Competition in Individual Sports.**
  - (1) An unattached athlete shall not represent any team. Points won by the athlete shall not be credited to any team. An unattached athlete shall not use a uniform which identifies a school or "outside" team. Any violation shall be considered an infraction of Bylaw 600.
  - (2) Unattached competition is permissible for a student in other than school contests during the season of sport provided the student enters in the individual sports of badminton (singles and doubles), cross country, golf, gymnastics, skiing, swimming and diving (including unattached entry on relays), tennis (singles and doubles), track and field (including unattached entry on relays) and wrestling.
  - (3) **Certification of Unattached Athletes.** No official recognition or certification on the part of the CIF-member school or personnel of the CIF-member school may be given in order that unattached athletes may participate in contests.

- (4) **Representation in CIF Competition.** Unattached competition is not permitted in any CIF competition (See Bylaw 302). Individuals or teams entered in CIF Competition must represent a CIF-member school. No other form of representation shall be permitted in CIF competition.

*(Revised October 2008 Federated Council)*

- C. Energy drinks—Policy to discourage use (Power Point presentation)
- What is the difference between energy drinks and sports drinks?
  - Should we recommend that coaches and athletes go through an energy drink presentation?
  - Virginia has banned the use of energy drinks during games and practices. Should we have a position statement?

**INFORMATION**

**V. NCS Items**

- A. Badminton divisions adjustment **ACTION**  
 Division 1 (1401 and above)
- |               |                  |                 |
|---------------|------------------|-----------------|
| Alameda       | Dougherty Valley | Newark Memorial |
| American      | Hayward          | Pinole Valley   |
| Arroyo        | Irvington        | Richmond        |
| Berkeley      | James Logan      | San Leandro     |
| Carondelet    | Maria Carrillo   | Santa Rosa      |
| Casa Grande   | Mission San Jose | Washington      |
| Castro Valley | Montgomery       | Windsor         |
| De La Salle   | Mt. Eden         |                 |

Division 2 (1400 and below)

Analy	Encinal	Piedmont
Athenian School	Hercules	Piner
Chinese Christian	International	Quarry Lane
Covenant of the Sacred Heart	JF Kennedy, Fremont	Roseland University Prep
De Anza	JF Kennedy, Richmond	San Domenico
Drew School	Lick Wilmerding	SF University
El Cerrito	Moreau Catholic	Stuart Hall
Elsie Allen	Petaluma	Tennyson

***Motion to instruct the NBL representatives to the Sports Advisory Committee vote to approve the recommended Badminton Divisions.***

***Motion: Chris Giovannini, Montgomery***  
***Second: Ty Yanez, Ukiah***  
***Approved: 8 - 0***

- B. Motion to amend NCS Bylaw 24.00H **ACTION**  
 (CONSENT from Tennis Management Committee)

The United States Tennis Association (USTA) Rule Book is the governing authority for girls' and boys' tennis, with the exception of the Point Penalty System, in which the warning shall be reinstated for NCS tennis.

*Rationale: The tennis management committee felt that not having a warning under the USTA point penalty system was too severe for the high school level. With the addition of the warning, violations would be penalized as follows: warning, point, game, default. It should be noted that when teams advance to Nor-Cals, the warning would not be in effect.*

For immediate implementation.

***Motion to instruct the NBL representatives to the Sports Advisory Committee vote to approve the reinstatement of the Point Penalty Season for NCS tennis, effective immediately.***

**Motion: Chris Giovannini, Montgomery**  
**Second: Henri Sarlatte, Rancho Cotate**  
**Approved: 8 - 0**

- C. Recommendation from the SAC Sub-committee to Develop a Proposal for Competitive Divisions in the NCS Championships

**ACTION**

The SAC Sub-Committee to Develop a Proposal for Competitive Divisions in the NCS Championships is recommending competitive equity adjustments with the following parameters:

1. Competitive equity adjustments based on a five-year period of competition in the NCS Championships.
2. Requirement of teams to move up one division if their competitive equity average is equal to or greater than 8.0 over a five-year history.
3. Opportunity for teams to move down one division based on a set of criteria that balances the movement of teams.
4. Allowance of teams to petition to a division of higher enrollment.
5. Opportunity for a team required to move up a division to move down after one year based on the same criteria that determine the movement of other teams down a division.
6. Current proposal to only include the sport of basketball.
7. Movement of the petition process to the end of the basketball season.

**Motion to instruct the NBL representatives to the Sports Advisory Committee to vote to support the proposal for Competitive Divisions in the NCS Basketball Championships.**

**Motion: Henri Sarlatte, Rancho Cotate**  
**Second: Chris Giovannini, Montgomery**  
**Approved: 8 - 0**

- D. Recommendation to change Constitution and General Bylaws 1203 Guidelines for Officials to reflect current practices.

**ACTION**

A. Officials Associations

**1 Accredited Officials Associations**

- . The NCS shall forward names of the officials associations that have been accredited by the State Accreditation Team to its member leagues.

**2 Use of Accredited Officials**

- a. All competition hosted by an NCS member school, league or the Section in the sports of baseball, basketball, football, soccer, softball, volleyball, water polo and wrestling shall be officiated by persons who have been certified and assigned by officials' associations that have been accredited in the respective sport by the State Accreditation Team.
- ~~b. NCS shall honor the terms of the current status of officials' associations that have received accreditation from the NCS. The State Accreditation Team must accredit associations at the end of the current terms.~~

~~Note: Officials' associations that were accredited by NCS, but have not been accredited by the State Accreditation Team, are not eligible to nominate officials for State C.I.F. regional or state championships.~~

**3 Identified Officials**

- . When there is not an officials association available to service a league in one or more of the above sports, the league will identify persons who have met the State Accreditation Team guidelines for certifying game officials in the respective sport. These identified persons may officiate contests hosted by member schools of the league.

**4 League Authorization**

- . The referee or primary event official for badminton, cross country, golf, gymnastics, swimming, tennis or track shall be authorized by the league for

intra-league competition.

5 **Criteria for League Authorization of Officials**

- . The criteria for certification of referees or primary event officials when there is no officials association available to service a league will be established by the league after input from individual officials and league representatives (e.g. league commissioner, athletic directors, and coaches).

6 **Survey of Officials Fees**

- . The NCS office shall distribute a survey of officials fees paid by NCS leagues and adjacent C.I.F. sections to NCS leagues and accredited officials associations which service NCS member schools for informational purposes. NCS will distribute the survey at the fall Board of Managers meeting. By December 1st, each association or league that wishes a change in its game official's fee structure for the following school year must submit in writing its proposal to the NCS commissioner and the respective official's association president or league commissioner(s).

7 **Coordinating Committee**

- ~~. There shall be an officials association coordinating committee for each sport composed of at least one representative from each officials association which services the sport. The committees are charged with addressing the following responsibilities:~~
  - ~~a. develop a common section-wide training program for officials of the respective sport,~~
  - ~~b. select a section rule interpreter for the respective sport,~~
  - ~~c. provide a method of funding the approved expenses of the interpreters,~~
  - ~~d. develop and update a model instrument for the evaluation of officials.~~
- B. 1 Any officials' association that does not send representation to its respective sport Coordinating Committee meetings will be ~~subject to disqualification~~ **disqualified** from participating in the respective NCS Championship series event during the respective school year. **These associations are also not eligible to nominate officials for State CIF Regional or State Championships.** ~~NCS staff will determine the eligibility of the officials association in question after considering the following criteria:~~
  - ~~a. Attendance at previous meetings~~
  - ~~b. Circumstances of missing a meeting. Example: Acts beyond the control of the representative from an officials association that did not allow a them to attend the meeting.~~
  - ~~c. Accreditation status with the State Accreditation Team.~~
  - ~~d. Distance and cost of traveling to the meeting.~~

***Motion to instruct the NBL representatives to the Sports Advisory Committee vote to change Constitution and General Bylaws 1203 Guidelines for Officials to reflect current practices.***

***Motion: Ty Yanez, Ukiah***

***Second: Chris Giovannini, Montgomery***

***Approved: 8 - 0***

VI. **New Business**

A. **To amend Sports & General Rulings Bylaw 504H(f)**

**ACTION**

~~In the sport of basketball, girls' and boys' volleyball, lacrosse, team tennis, water polo, softball and baseball, a team shall have compiled either an overall winning record for the season, or a winning record against teams in its own division/class, or a winning record in league competition in order to participate in the NCS/Les Schwab Tires Championships. In the sports of **baseball, basketball, football, lacrosse, and soccer, softball, team tennis, volleyball, and water polo**, a team shall have compiled either an overall record of at least an equal number of wins and losses, or an overall record of at least an equal number of wins and losses against teams in its own classification, or an equal number of wins and losses against teams in league competition in order to participate in the NCS/Les Schwab Tires Championships. (Board of Managers, 1/18/08)~~

Description of the Proposal:

See above: ~~strike through~~ eliminated, bold is added.

Date of Requested Implementation:

FOR IMMEDIATE IMPLEMENTATION

Rationale in Support of Proposal:

1. All sports should be treated equally. We have segregated out football because it plays fewer games; we have segregated out soccer because there are ties. We can probably make an argument for segregating out other sports for other reasons. This is simply not fair. All sports should be treated equally.
2. "Competitive equity" has increasingly become a factor in alignment. While it's always been listed as one of two factors in making alignment decisions, in reality geographic proximity was the primary factor. This past realignment however, a majority of the schools in both the Marin/Sonoma Conference and the Bayshore Conference realigned with an emphasis on competitive equity. This means more schools with tough league schedules. Many NCS leagues in many sports are extremely competitive and it's not unusual for quality teams to have losing records in their own league, making it also difficult to achieve an overall winning record (two Valley Conference leagues are composed almost entirely of D-I schools). Do we want to encourage schools to schedule "patsies" in preseason to ensure NCS qualification? The NCS should not be doing anything that would discourage schools from making scheduling decisions that emphasize challenging schedules.
3. The NCS is expecting teams to schedule challenging non-league opponents for their optional games as this is an important factor in committee seeding decision. I believe there was a team that went to the state basketball championships that had a losing record in its own league. I believe there was another basketball team ranked in the top 25 by local media in November and December that did not qualify for the NCS playoffs because it only had an "equal number of wins and losses." It had a challenging non-league schedule and challenging league schedule. We should not be encouraging teams to schedule easy opponents for non-league games just to qualify for NCS playoffs.
4. Some NCS brackets in many sports remain unfilled. There are frequently openings in the 16-team brackets, giving some top-rated NS teams a slight advantage over other top-rated NCS teams. This proposal would fill SOME of those openings.
5. The wording of #504 h (f) has changed frequently over the years as NCS playoffs have evolved. Originally the item mandated an overall winning record; then winning record in your division was added; then, even-stein record in football was added; then even-stein record in soccer was added; then winning record in your league was added. We need to continue to tweak the rule.

Income and Expenses Related to Implementation: NONE

Attachments: NONE

***Motion to instruct the NBL representatives to the Sports Advisory Committee to vote to support the amendments to Sports and General Rulings Bylaw 504(H)(f).***

***Motion: Jerry Deakins, Maria Carrillo***

***Second: Ty Yanez, Ukiah***

***Approved: 8 - 0***

**B. To reformat the NCS Track and Field Championships**

**ACTION**

Make the following adjustments to 25.400H QUALIFICATIONS TO THE NCS/Les Schwab Tires Class A and Area Championships.

1. 25.401H Class A Championships

The Class A meet will be held on ~~one~~ ***two days*** at a ~~single~~ ***site(s) to be determined by NCS staff*** and will conduct all running events as timed finals. ***Trials will be conducted on the first Saturday of the Class A***

***championships and the finals will be conducted on the succeeding Saturday of the Class A Championships.*** All Class A schools (which enter competitors) must provide personnel for officiating the meet and assist the Class A Track Committee/Meet Director with the conduct of the meet.

2. 25.404H ~~Area~~ ***Divisional*** Championships  
Authorize NCS staff and the Track and Field Advisory Committee to develop criteria that would change the area meets to divisional meetings that categorize team championships to be awarded by size of schools. The ~~Area~~ ***Divisional*** Championships would be a one-day format held on Saturday.
3. Authorize the NCS staff to change all sections and wordings of the Track General Sports Rulings to reflect these adjustments.

Purpose:

1. To change the North Coast Section Track & Field Championship Playoff Structure so that the Meet of Champions trials and finals are on separate weekends.
2. To change the NCS Track & Field Bayshore, Redwood Empire, and Tri-Valley meets to divisional championship meets.

Rational:

By reformatting the NCS playoff structure, athletes will:

1. have a greater change to achieve maximal results
2. have a greater change to qualify on to the state championships
3. achieve greater results while at the state meet
4. reduce risk of overuse injuries
5. more teams will be in contention for overall team championships
6. Athletes will no longer miss a day of class instruction because all championship meets will be held on Saturday

Currently, the NCS is one of the last sections to structure its playoffs to include a two-day, back-to-back final "Meet of Champions." This format, designed to mimic the CIF Championship Meet, is outdated and now hinders NCS teams and athletes from performing their best. Just recently, the NCS was stripped of one of its automatic state meet berths, going from four automatic bids to three. In essence, potentially 44 NS athletes [14 individual events, 8 relay members x 2 (boys and girls)] or 25% of athletes who formerly would have participated in the state championship meet now will not. The rationale used was that the performance of the fourth place NCS athlete was sub-par when compared to the first non-qualifier from the Southern Section. While this may be true, the fact that under the section's current two-day, back-to-back system, an NCS athlete must run the full compliment of his/her events on Friday and then, often less than 24 hours later, be prepared to equal or exceed those performances. The results are often that athletes suffer from fatigue (which leads to injury), athletes competing in multiple events cannot duplicate their performances and do not qualify, qualifying athletes performances suffer and they get disadvantageous lanes, flights, and heats at the state meet and/or athletes who may have been able to achieve an "at-large" standard do not because, again, they are too fatigued. Lastly, the current playoff format does not allow competitive equity amongst schools of similar sizes. Teams competing past their league meets are placed in geographic regions that do not account for school size. Thus, most of the team titles won in the Tri-Valley, Bayshore, and Redwood Empire meets have been won by larger schools.

Specifics:

The NCS should revamp its playoff system in order to address the above stated concerns. Essentially, the new system would add a week to the playoff structure, instead of a structure that looks like:

League meet t(week 1) to area meet (week 2) to two-day Meet of Champions (week 3)

The new structure would look like:

League meet (week 1) to divisional finals (week 2) to Meet of Champions trials (week 3) to Meet of Champions final week 4).

The new structure mimics the system employed by the Central Coast Section, Sand Diego



Section, and Southern Section. It essentially requires league meets to commence one week earlier than they currently do. For example, the TCAL meet is scheduled for May 9<sup>th</sup> and 11<sup>th</sup>. This new structure would require the TCAL meet to be contested May 2<sup>nd</sup> and 4<sup>th</sup>. Then, instead of an area meet based on geography, teams participate in a divisional meet based on school size. Week 3 is the Meet of Champions Trials, which is the same meet that we currently use except that instead of being contested one day before the finals, it is contested one week before. Lastly, the Meet of Champions Final does not change.

Example:

Under the current system, School "A"

- Participates in their league meet (week 1) where 6 – 8 athletes qualify to their area meet (which are based on geographic location).
- From their area meet (week 2), 7 athletes qualify to the Meet of Champions Trials (week 3, Friday).
- From the Meet of Champions Trials, the top 8 advance to the Meet of Champions Final (week 3, Saturday).

Under the proposed system, School "A"

- Participates in their league meet (week 1, held a week earlier) where a specific number of entries are awarded into divisional finals, which are based on school size.
- From the divisional finals (week 2), a specific number of entries are awarded into the Meet of Champions Trials (week 3).
- From the Meet of Champions Trials, 9 entries are awarded to the Meet of Champions Finals (week 4). The top 12 performances in the 800, 1600, 3200, and all field events will advance.

Note: All qualifying meets under both systems utilize "at-large" entries except the Meet of Champions Trials to Finals.

Conclusion:

The new system accomplishes several things:

1. It promotes competitive equity and allows schools to compete for a division championship against schools of similar sizes.
2. It allows athletes the time to recover and put forth their very best effort in the Meet of Champions final, which may mean preferred lanes, flights, and heats at the state meet.
3. It allows athletes the time to recover and put forth their very best effort in hopes of achieving an "at-large" entry into the state meet.
4. It allows athletes the time to recover. A reasonable conclusion to this is that athletes are less susceptible to injuries, especially over-use related injuries.
5. Athletes will no longer miss a day of class instruction because all championship meets will be held on Saturday.

***Motion to send the NBL representatives to the Sports Advisory Committee uninstructed with regard to this agenda item.***

***Motion: Chris Giovannini, Montgomery***

***Second: Kara Myers, Maria Carrillo***

***Approved: 8 -0***

- C. **A proposal to replace the present D I and D I badminton tournaments (14.301H) with badminton team tournaments, very much like the wrestling team tournaments (28.300H).**

**ACTION**

Schools would be represented by their entire teams, not by individuals who qualify through a league tournament. Automatic berths would be apportioned out as they are not in other sports; at-large berths would be selected as they are in other sports.

Description of the Proposal: replace the five individual tournaments with a team

tournament

Date of Requested Implementation: FOR IMMEDIATE IMPLEMENTATION

Rational in Support of Proposal: Badminton is a team sport; the NCS tournaments should be team competitions, emphasizing team play.

Income and Expenses Related to Implementation: None

***Motion to instruct the NBL representatives to the NCS Sports Advisory Committee to vote to support this proposal.***

***Motion: Chris Giovannini, Montgomery***

***Second: Kathy Hower, Santa Rosa***

***Approved: 8 - 0***

- D. **Proposal to move the starting date for baseball this year one week earlier. This would allow the season to be the same length as it was last year. (NBL)**

**ACTION**

**BASEBALL 2013-14**

Deadline for Division I □ VI to determine qualifiers May 17 24

Final date for Division I □ VI competition other than NCS/Les Schwab Tires Championships May 17 24

Division I □ VI At □ Large, Seeding, & Orientation meetings May 18 25

Division I □ VI first round games May 20 □ 21 27-28

Division I □ V second round games/Division VI Semifinals May 23 □ 24 30-31

Division I □ V Semifinal games May 27 □ 28 June 3-4

Division I □ VI NCS/Les Schwab Tires Championships May 30 □ 31 June 6-7

Note: May 24 □ 26 is Memorial Day weekend.

***Motion to instruct the NBL representatives to the Sports Advisory Committee vote against this item as presented.***

***Motion: Henri Sarlatte, Rancho Cotate***

***Second: Ty Yanez***

***Approved: 8 - 0***

***Motion to instruct the NBL representatives to the Sports Advisory Committee amend this item to have all spring sports begin on February 3, 2014.***

***Motion: Henri Sarlatte, Rancho Cotate***

***Second: Ty Yanez, Ukiah***

***Failed: 0 - 8***

***Motion to instruct the NBL representative to the Sports Advisory Committee amend this proposal to have baseball and softball begin on February 3, 2014.***

***Motion: Henri Sarlatte, Rancho Cotate***

***Second: Ty Yanez, Ukiah***

***Approved: 8 - 0***

- E. **Proposal to change the criteria for selection of at-large teams for baseball only.**

**ACTION**

Rule 514H should be changed to eliminate any wording that requires teams to be over 500 over □ all, in their league, or in their division. In baseball, where our situation is unique by having pitchers/line □ ups change from game to game it creates an unfair tournament advantage for teams that receive a bye. Byes should be eliminated for all future NCS baseball tournaments.

Rational for the change:

1. Pitching changes from game to game. Giving an advantage to bye teams in round

two and four being able to throw their number one pitcher against another team's two. Baseball is unique and should be handled differently than other sports. Lineups in other sports remain the same throughout tournaments therefore keeping the playing field even.

2. Quality teams have been left out of the tournament by current criteria. For example in 2012 a quality Amador Valley team who was 12-12 and very capable was left out creating a bye and the one team with the bye won the tournament.
3. The criteria also allows for teams with a losing record to get in by virtue of the over 500 in their division. Teams have had big losing records overall in their league, but are two or three and one in their division and are playing
4. No other section plays baseball tournaments with byes. The pre-established 8 or 16 best teams in the Division are selected, regardless of record, and all teams must play every round using pitching to keep the playing field even.
5. All previous years where there have been byes the championship has been won by a team with a bye. When the tournament was filled, teams from many different seeds have won.
6. This is simply fixed by having the committee fill the tournaments with the 8 or 16 best teams in the division regardless of any records.

***Motion to instruct the NBL representatives to the NCS Sports Advisory Committee vote to support this motion and to recommend that the NCS staff will tournament brackets with the most worthy schools so that no brackets include byes.***

***Motion: Chris Giovannini, Montgomery  
Second: Kathy Hower, Santa Rosa  
Approved: Unanimous***

## VII. NBL OLD BUSINESS

None

## VIII. NBL NEW BUSINESS

- |    |  |                          |
|----|--|--------------------------|
| A. | NFHS Information and Application for membership was distributed and discussed. This is an excellent resource for athletic administrators: <a href="http://www.niaaa.org">www.niaaa.org</a>   | INFORMATIO<br>N          |
| B. | Sexual Harassment and Hazing, sportsmanship, and steroids brochures were distributed and discussed.  | INFORMATIO<br>N          |
| C. | NCS rules—100 series, 200 series, 300 series, Undue Influence: Handouts for these sections of the NCS Constitution were distributed and discussed.   |                          |
| D. | <b>NBL Constitution and Bylaws adoption (Jan Smith Billing)</b>  | <b>FIRST<br/>READING</b> |
|    | <p>ADs reported on any corrections/additions/deletions to their assigned sport in the bylaws.</p> <p>Cardinal Newman: Football—Jerry Bonfigli e-mailed corrections and clarifications</p> <p>Casa Grande: Boys' and girls' tennis—Rick O'Brien e-mailed corrections and clarifications</p> <p>Maria Carrillo: Swim and boys' and girls' basketball—Basketball information was e-mailed to Jan; the swim bylaws will be reviewed and information mailed to Jan.</p> <p>Montgomery: Baseball and boys' and girls' golf—no report from Montgomery</p> <p>Rancho Cotate: Volleyball and boys' and girls' soccer—No corrections or clarifications after review by Henri Sarlatte</p> <p>Santa Rosa: Cross Country and Track—No corrections or clarifications after review by Kathy and Kris</p> <p>Ukiah: Softball—No corrections or clarifications after review by Ty</p> <p>Windsor: Wrestling—No corrections or clarifications after review by Jeff</p> <p>Marie: Badminton—No corrections or clarifications after review by Marie</p> |                          |

- E. Proposal to move boys' soccer to the winter season (Jerry Deakins)** **FIRST READING**
- Rationale:
1. *The MCAL boys' soccer schedule is moving to the winter season, so there will be 9 leagues or conferences playing in the winter.*
  2. *The move would eliminate the possibility of local teams playing against each other over and over again, as has happened in the past.*
  3. *More referees would be available as they would not all be concentrated in one season.*
  4. *Girls' soccer would remain in the fall, allowing them to move their games to Tuesday and Thursday to avoid conflicts with football games and dances.*
  5. *With the boys and girls having a different season of sport, more practice facilities would be available for the teams as there will be fewer teams sharing the available practice facilities.*
  6. *If the CIF establishes a State Soccer Championship, it would be played in the winter, which is the official CIF season of sport.*
  7. *Club soccer programs would adjust their break period from current fall season to the winter season.*
- Discussion by athletic directors indicated support for this proposal.***
- F. Should we start paying swim officials? (Kara Myers)** **DISCUSSION**
- Kara will try to get officials together to make a presentation at the next meeting. Swim coaches are in favor of having an officials association to assign officials to each school for league meets.
- G. NBL football coaches would like to move the start of the NCS season forward to allow all schools to have the opportunity to have double days. They feel that the NCS has not kept up with the typical start times for schools now. (Henri Sarlatte).** **ACTION**
- No action was taken by the athletic directors with regard to this motion.***
- H. Proposal to move the start of the 2013 – 2014 baseball season from February 10 to February 3 (Henri Sarlatte)** **ACTION**
- Rationale:
1. *The start date for baseball is based on the CIF State track championships date which this year is scheduled for June 6 and 7, 2014 in Clovis. The 2013 CIF State Track and Field Championships were held on May 31 and June 1, 2013.*
  2. *Last year the season began on February 4 and ended on June 1, which created a 17-week season.*
  3. *This year the NCS season of sport begins on February 10 and the NCS Championships will be held on May 31, which will result in a 16-week season.*
  4. *The start date for the baseball season should be based on when the NCS baseball championships are held so that the seasons are all the same length.*
- This item was discussed as an SAC Agenda item.***
- I. Proposal to move girls' league soccer matches from Wednesday and Friday to Tuesday and Thursday.(Jeff Hardie)** **FIRST READING**
- No action taken on this item pending final vote on moving boys' soccer to the winter season.***
- J. Girls' wrestling organization (Henri Sarlatte)** **ACTION**
- Jan will call a meeting of wrestling coaches to discuss the development of a league schedule for girls.***
- K. Should freshman football become an NBL sport now that 5 NBL schools field freshman football teams?** **DISCUSSION**

- L. How are coaches able to change game times at the coaches/officials meetings, which directly affect early release time for athletes and causing concern with teachers? (Kathy Hower) **DISCUSSION**
- M. Athletic paperwork—eligibility page of packet is confusing to parents. (Kathy Hower) **DISCUSSION**  
 Discussion of the change in entrance fee schedule and the change in policy for use of individual schools family pass for entrance at away games. (Kris Bertsch) **DISCUSSION**
- N. Discussion of use of Booster Cards by visiting teams for discounted admission at all NBL sites. (Jeff Hardie) **DISCUSSION**  
*The NBL Bylaws allow for a \$2 per ticket reduction in price for visiting Booster card holders.*
- O. 2013 – 2014 NBL Budget (Marie Sugiyama) **ACTION**  
*This item was not discussed by the athletic directors.*
- P. Rancho Cotate will NOT field a girls' golf team this year.

**IX. STAFF REPORTS**

- A. Commissioner
- B. Assistant Commissioner (distributed at the meeting)

**IX. ADJOURNMENT**

**ACTION**

**Motion to adjourn the meeting at 3:10 PM.**

*Motion: Ty Yanez, Ukiah  
 Second: Kara Myers, Maria Carrillo  
 Approved: 8 - 0*

The regular meeting of the North Bay League Athletic Directors was called to order at 12:40 PM by NBL Commissioner Marie Sugiyama on August 29, 2013 at Santa Rosa City Schools Boardroom. The meeting was adjourned at 3:10 PM.

**SCHOOLS AND REPRESENTATIVES**

**Cardinal Newman High School**  
 Jerry Bonfigli, Athletic Director

**Rancho Cotate High School**  
 Henri Sarlatte, Athletic Director

**Casa Grande High School**  
 Rick O'Brien, Athletic Director

**Santa Rosa High School**  
 Kris Bertsch, Athletic Director  
 Kathy Hower, Athletic Director

**Maria Carrillo High School**  
 Jerry Deakins, Athletic Director  
 Kara Myers, Athletic Director

**Ukiah High School**  
 Ty Yanez, Athletic Director  
 Chris Pedroncelli, Athletic Director

**Montgomery High School**  
 Chris Giovannini, Athletic Director

**Windsor High School**  
 Joe Stadum, Athletic Director

**STAFF:**  
 Marie Sugiyama, NBL Commissioner of Athletics  
 Jan Smith Billing, Assistant NBL Commissioner

**Guest:** Russ Peterich, SRCS Athletic Director