
NORTH BAY LEAGUE BOARD OF MANAGERS MEETING MINUTES

DATE OF MEETING: MONDAY, OCTOBER 14, 2013
LOCATION OF MEETING: WINDSOR HIGH SCHOOL
TIME OF MEETING: 3:30 PM

ARRIVAL

The meeting was called to order at 3:35 PM by NBL Principal Laurie Fong

Roll was taken by Commissioner Marie Sugiyama. Those in attendance are listed below:

Cardinal Newman: *Graham Rutherford, Principal; Jerry Bonfigli, Athletic Director; Dave Geoffron, Assistant A.D.*
Casa Grande: *Linda Scheele, Principal; Stephen Owens, Assistant Principal*
Maria Carrillo: *Rand Van Dyke, Principal; Randy Burbank, Assistant Principal; Kara Myers, Athletic Director*
Montgomery: *Laurie Fong, Principal*
Rancho Cotate: *Bob Steffan, Principal; Angie Scardina, Assistant Principal*
Santa Rosa: *Kathy Hower, Athletic Director; Danielle Valente, Assistant Principal*
Ukiah: *Gordon Oslin, Principal; Ty Yanez, Athletic Director*
Windsor: *Marc Elin, Principal; Chris Vetrano, Vice Principal; Jeff Hardie, Athletic Director*

I. ADOPTION OF NBL BOARD OF MANAGERS AGENDA

Motion to adopt the agenda as presented.

Motion: Rand Van Dyke
Second: Bob Steffan
Supported unanimously

II. APPROVE THE CONSENT AGENDA

Motion to recommend approval of the NBL consent agenda.

Motion: Bob Steffan
Second: Rand Van Dyke
Supported unanimously

Consent items include the following:

- III. Minutes of the September 4, 2013 meeting (posted at www.northbayleague.org)
- V.I. NCS Board of Managers Agenda
- IX. Adjournment at the conclusion of the meeting

III. APPROVAL OF MINUTES FOR THE PREVIOUS MEETING

Minutes of the September 4, 2013 meeting (posted at www.northbayleague.org)

IV. PUBLIC COMMENT

Pursuant to Education Code 33353.2 (C), any person wishing to speak on any item on the agenda, or comment on the policies and practices of the North Bay League, will be heard at this time. Persons wishing to speak concerning an item on the agenda may do so at the time the agenda item is considered.

There was no member of the public who wished to speak.

V. NCS BOARD OF MANAGERS AGENDA

I. NCS BOARD OF MANAGERS AGENDA

II. NCS CONSENT AGENDA

Motion to direct the NBL delegates to the NCS Board of Managers vote to approve the NCS Consent Agenda.

Motion: Danielle Valente
Second: Rand Van Dyke
Supported unanimously

The following items are on the consent agenda:

- III. Minutes of the April 26, 2013 NCS Board of Managers Meeting

- VI.A. NCS Representatives to the CIF Federated Council
- VII.(A) Badminton divisions adjustment
- VII.(B) NCS Bylaw 24.00H—tennis
- VII.(C) Change to Constitution and General Bylaws 1203, Guidelines for Officials
- VII.(E) Sports and General Rulings bylaw 504H(f)
- XI.(B) CIF Budget Adjustments for 2013 – 2014

III. MINUTES

Motion to approve the minutes of the April 26, 2013 meeting

V. FINANCIAL ITEMS

A. September Balance Statement

Review of the 2013 - 2014 September Balance Statement
Available on-line at www.cifncs.org, Board of Managers Meeting Attachment A

B. 2013 – 2014 Audit—Management Letter and Financial Statements

Review of the management letter and audit recently concluded by Regalia and Associates

Motion to direct the NBL delegates to the NCS Board of Managers vote to approve the audit.

Motion: Rand Van Dye

Second: Graham Rutherford

Supported unanimously

No Material Weakness

In planning and performing our audit of the financial statements of North Coast Section, CIF for the year ended July 31, 2013; we considered its internal control structure in order to determine our auditing procedures for the purpose of expressing our opinion on the financial statements and not to provide assurance on the internal control structure.

The management of North Coast Section - CIF is responsible for establishing and maintaining an internal control structure. In fulfilling this responsibility, estimates and judgments by management are required to assess the expected benefits and related costs of internal control structure policies and procedures. The objectives of an internal control structure are to provide management with reasonable, but not absolute, assurance that assets are safeguarded against loss from unauthorized use or disposition, and that transactions are executed in accordance with management's authorization and recorded properly to permit the preparation of financial statements in accordance with accounting principles generally accepted in the United States of America. Because of inherent limitations in any internal control structure, errors or irregularities may nevertheless occur and not be detected. Also, projection of any evaluation of the structure to future periods is subject to the risk that procedures may become inadequate because of changes in conditions or that the effectiveness of the design and operation of policies and procedures may deteriorate.

A material weakness is a significant deficiency in which the design or operation of the specific internal control structure elements does not reduce to a relatively low level the risk that errors or irregularities in amounts that would be material in relation to the financial statements being audited may occur and not be detected within a timely period by employees in the normal course of performing their assigned functions.

Our consideration of the internal control structure would not necessarily disclose all matters in the internal control structure that might be significant deficiencies and, accordingly, would not necessarily disclose all significant deficiencies that are also considered to be material weaknesses as defined above.

Based on the testwork we performed and the documents we examined, we are not aware of any material weaknesses in North Coast Section - CIF's operations.

**REGALIA & ASSOCIATES
CERTIFIED PUBLIC ACCOUNTANTS**

C. 2013 – 2014 Budget Adjustments

Review and possible adjustment of the North Coast Section 2013 – 2014 budget
Available on-line at www.cifncs.org, Board of Managers Meeting Attachment C

Motion to instruct NBL delegates to the NCS Board of Managers vote to listen carefully to any discussion regarding possible adjustment of the NCS Budget and vote in the best interests of the NBL.

Motion: Rand Van Dyke

Second: Bob Steffan

Supported unanimously

D. Nomination of Finance Chair and CSBA Representative to the Finance Committee

Motion to direct the NBL delegates to the NCS Board of Managers vote to support the nomination of Jan Smith Billing and Jerome Wiggins to the NCS Finance Committee.

Motion: Rand Van Dye
Second: Stephan Owens
Passed: Unanimously

Nomination of a Finance Chair and CSBA representative to the Finance Committee. The Finance Chair may not be a member of the Executive committee, but may be any other individuals ultimately approved by the Board of Managers. NCS staff is recommended the following nominations:

Chairperson: Jan Smith Billing, former NCS officer, retired administrator and current NBL Assistant Commissioner
CSBA Representative: Jerome Wiggins, former member of the Personnel Committee and longtime member of the Board of Managers, former Executive Committee

VI. NCS EXECUTIVE COMMITTEE

A. NCS Representatives to the CIF Federated Council

Motion to send the following individuals to the CIF Federated Council as the representatives of the NCS.

Wendell Greer- Representative of Under Represented Populations (member of the CIF Economic Viability Committee)
Amy McNamara- NCS Past President and current CIF Executive Committee member
Chris Heller- NCS President
Lars Christensen- NCS President-Elect

VII. SPORTS ADVISORY COMMITTEE

A. Badminton divisions adjustment

B. NCS Bylaw 24.00H—tennis

C. Recommendation to change Constitution and General Bylaws 1203—Guidelines for Officials—to reflect current practices

D. Penalty for non-compliance with NFHS soccer uniform rule

Motion to direct the NBL delegates to the NCS Board of Managers vote against this proposal and look for another way to ensure compliance with the uniform rule.

Motion: Rand Van Dyke
Second: Bob Steffan
Supported unanimously

To assess a fine of \$150 per team per championship series event for NFHS uniform rule violations
Rationale: There is no penalty at this time.

Discussion points:

- *Why \$150?*
- *Go back to NFHS to see if something is coming down the pike with regard to this issue*
- *Opposed to opening the door to fines for rules that NCS is frustrated about*
- *Support a penalty, not a fine*
- *Rule should support better officiating, why wait until a playoff to assess a penalty?*
- *Too late in the process; not uniform for all*
- *Investigate a more appropriate penalty*

E. Sports and General Rulings Bylaw 504H (f)

To amend Sports & General Rulings Bylaw 504H

In the sport of basketball, girls' and boys' volleyball, lacrosse, team tennis, water polo, softball and baseball, a team shall have compiled either an overall winning record for the season, or a winning record against teams in its own division/class, or a winning record in league competition in order to participate in the NCS/Les Schwab Tires Championships. In the sports of **BASEBALL, BASKETBALL, football, LACROSSE, and soccer, SOFTBALL, TEAM TENNIS, VOLLEYBALL, AND WATER POLO**, a team shall have compiled either an overall record of at least an equal number of wins and losses, or an overall record of at least an equal number of wins and losses against teams in its own classification, or an equal number of wins and losses against teams in league.

VIII. ALIGNMENT AND CLASSIFICATION COMMITTEE

A. Nomination of the following individuals to the Alignment Committee

- a. Richard Graey, Superintendent, Mattole Unified School district, Northern Administrative Representative

- b. Patrick Walsh, Principal, Liberty High School, Southern Administrative Representative

Motion to direct the NBL delegates to the NCS Board of Managers vote to support the nomination of Richard Graey and Patrick Walsh to the NCS Alignment and Classification Committee.

*Motion: Rand Van Dyke
Second: Gordon Oslin
Supported unanimously*

B. Report on the activities of the Alignment and Classification Committee

IX. ELIGIBILITY COMMITTEE

A. NCS Eligibility data for the 2013-2014 school year

Available on-line at www.cifnca.org, Board of Managers Meeting Attachment E

B. Report on the activities of the NCS Eligibility Committee

X. VALUES AND ETHICS COMMITTEE

A. Report on the Sportsmanship mailing

XI. CIF ITEMS

A. Rule 600 Proposals (First reading discussion)

Proposal Summary:

Plan A. Remove the restriction on participation on an “outside the school” team during the same season of sport.

Plan B. Remove the restriction on participation on an “outside the school” team during the same season of sport with local school site permission.

Fiscal Impact: None

Background: The origins of Article 60, Bylaws 600 – 605 began with the first implementation in restricting “outside the school” participation in 1929. There were further revisions and restrictions put in place in 1945, 1959, 1966, 1980 and the latest revision to the bylaw made in 1985. With the number of opportunities for participation in sports related activities outside the school site increasing, the question has been raised as to the appropriate role of the CIF in restricting a student’s desire to participate. Additionally, the application of the article is inconsistent for the CIF, most evident in soccer, due to the significant difference in seasons of sport throughout California.

In 1980, the vast majority of state athletic governance associations had similar prohibitions. As of 2011, twenty-six (26) states have eliminated this prohibition and now allow outside participation concurrent with the high school team. Other large states such as Texas (1995—legislative action), Florida (never had prohibition) and New York (1988—court ruling) have completely eliminated the rule and have seen their high school sports continue to flourish and expand in participation. Some states have made this change at the urging of their membership, legal action and some states at the direct demand/oversight of their legislature.

CIF ARTICLE 600

TALKING POINTS/RATIONALE FOR AND AGAINST RULE 600

POINT

1. High school athletic participation is time intensive. High school participants/ first priority should be academics. If high school participants play on their high school team and an outside team, their academics will suffer.

2. High school participants need to commit to the high school team. They should not have to miss a high school game for a club commitment. They should not be put in the position of having to make that decision. The high school expectation is that they will play for their high school team in every contest and participate in every practice. They can’t do that and

COUNTER POINT (if any)

1. Rule 600 allows for a high school basketball player to also play on her club softball team at the same time. Why is that okay, but not the “same” club sport as the high school?

Given that student traditionally perform better academically during their season of sport than outside of the season (many studies have shown this to be the case), the argument that Rule 600 is designed to protect the students’ academic emphasis (time) is not valid.

2. Same as 1 above—if they are playing on a different club sport team during high school, won’t the conflicts remain? Aren’t these decisions that should be made between the student, parents/guardians, and the coach?

Coaches can/do set standards and rules for their teams.

also play for a club team.

3. Academics should be first. We need to help student-athletes and their families by restricting them from too much activity during the high school season.
 4. During the season, having two different coaches may result in different or even conflicting coaching styles affecting the skill level of a high school player or the way a player executes a skill.
 5. While playing on an outside team, a high school athlete may suffer an injury that affects their ability to play for their high school team and meet their high school team commitment.
 6. Overuse injuries are more common when student-athletes play "too much." We need to control the time they are allowed to play so they don't suffer these injuries.
 7. If we didn't restrict student-athletes in individual sports, they would compete for their club prior to participating in high school competition at the end of the season in order to win a section championship.
 8. If we don't control club programs, they will take over our high school programs.
 9. We must have exceptions for certain Olympic Development programs and other unique circumstances for some sports.
 10. Rule 600 applies to all socioeconomic groups equally. Without 600, a greater division of athletic participation among/between socioeconomic groups/schools will occur. The athletic gap between "the haves" and the "have nots" will widen between our schools. Those families that can afford year-round club teams will benefit even more so than the
3. Don't families have the right to make those determinations in the best interest of their family? What about the student that CAN handle more commitments? Why is CIF acting on behalf of the family? Also see 1 and 2 above.
 4. This may also occur in the off season when student-athletes play for different coaches. When they return the next season they are executing a skill differently than their high school coach wants them to. Why is it just a problem during the season that we need to correct?
 5. Student-athletes can get hurt anywhere, doing anything. Accidents happen. They might even happen in practice which is allowed by Rule 600.
 6. Given that the argument that Rule 600 is designed to help reduce overuse injuries, then why does 600 make it allowable to play other sports at the same time or compete as an unattached individual? This refutes the argument to protect the students' safety.

Yes, overuse injuries are more common when playing too much of the same sport, which is what Rule 600 addresses. But similar sports activities can also cause such injuries and why is CIF again making decisions best left to the families and their medical practitioner.
 7. Individual sports athletes can do that now if the school, team, league or section doesn't restrict it. They can practice with the team throughout the season and continue to swim, run, etc., attached in outside competition and then join their high school team late in the season. They can also compete for their high school team and continue to compete "unattached" in outside competition during the season.
 8. The CIF legal mandate is to govern interscholastic athletics in grades 9 – 12 for CIF member schools who choose to participate.

School programs must be responsive to the interests and needs of their student population as it relates to education based athletics. We cannot control, nor do we have legal authority to govern, outside activities.
 9. CIF rules have made exceptions for the elite athlete to participate in national competitions.

Some question the appropriateness of this exception to the rule for only the elite athletes when our education based athletic philosophy is participation and inclusion of all students.
 10. The family who can afford their own professional coach (tennis, golf) or pay the membership fees in a country club or health club will always be able to give their child an advantage.

current status.

11. School teams can organize under club team status through AAU and then practice on Sunday (or the alternate day of rest) as well as exceed daily practice time limits (set by schools, districts and some sections) and the start and end dates (for those sections that define the season of sport).
11. Should the CIF consider a rule, similar to policies implemented in other states, which would prohibit the high school coach from coaching their school's student-athletes on an outside team in the same sport during the high school season?

B. 2013 – 2014 Budget Adjustments

Available on-line at www.cifncs.org, Board of Managers Meeting Attachment G

C. Statewide Practice and Contact Guidelines (first reading discussion)

Proposal Summary: It is being recommended that the CIF institute bylaws that govern the amount of practice and contact time that student-athletes have with their education based coaches/teams.

Fiscal Impact: None

Background: There has been significant discussion, both nationwide and within the CIF, regarding the amount of practice/contact time that students should have with their education based coaches. Many states across the U.S. have successfully implemented practice and contact time policies to benefit the health and welfare of their student-athletes. At both the NCAA and professional levels, protections have been in place for several years and the CIF Sports Medicine committee has again requested that the CIF put in place similar protections for our almost 800,000 student-athletes.

Anticipated Action: May 2, 2014

506 Practice Time Allowance

All practices (as defined herein) under the auspices of the high school athletic program during the season of sport shall be conducted under the following conditions (See also Bylaw 310):

On non-competition school days:

1. Single practice sessions shall not exceed three hours in duration.
2. Multiple practice sessions conducted in one day, shall not exceed a total of three hours for that day.

On non-competition, non-school days:

1. Single practice sessions shall not exceed three hours in duration.
2. Multiple practice sessions:
 - a. no single practice session shall exceed three hours; AND
 - b. a total of all practice sessions conducted in one day shall not exceed a total of five hours for that day; AND
 - c. must include a minimum rest period of three hours between any two practice sessions.
3. Double day practices shall not be held on consecutive days.

In the sport of golf only, a team is allowed a maximum of **two days** per week of 18-hole practice rounds that may exceed the three-hour practice limit. (*Should be one or two days?*)

A. Definition of Practice: Interscholastic practice during the school year, exclusive of the curricular school day, is defined as:

1. Any school or team or individual activity organized by the coach that is intended to maintain or improve a student-athletes skill proficiency in a sport; AND/OR
2. Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, ~~weight training~~, chalk talks, film review, meetings outside of school time (excluding parent meetings); AND/OR
3. Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction etc.); AND/OR
4. Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team or school; AND/OR
5. Other mandatory activities (included, but not limited to study hall, tutorial sessions, weight training, team dinners), shall not be considered part of practice time. These activities must be approved by the principal. Activities that would be included herein are exclusive to any activity already covered in number 1, 2, 3, and 4 above.
6. Outside organization activity (club, etc.), shall not be used to circumvent these bylaws.

B. This bylaw is not intended to supersede any School/District/Section policies that may be more restrictive.

C. **Penalties:** Following the determination of a violation of CIF Bylaw 506, a loss of practice day(s) and/or other sanctions, for each practice session infraction, shall be imposed by the Section as they deem appropriate to the level, extent, and duration of the infraction(s).

Frequently Asked Questions

QUESTION :	Is a school in-service day considered a school day?
ANSWER:	<i>For purposes of 506, an in-service day does not count as a school day.</i>
QUESTION :	We have a one-hour (1) before school; (2) zero period; general weight-lifting in the weight room, advertised to all the athletes in the school who wish to participate. The football coach supervises this activity. While it is advertised to everyone in the school, it is primarily utilized by the football players. Does this count as practice activity in the daily practice duration limitation?
ANSWER:	<i>(1) Before school is not part of the curricular day so activities during this time are subject to practice duration limitations. However, if the activity is a non-sport specific strength program, open to all athletes, it would be considered general conditioning and would not count as part of the practice duration limitations. As long as the school has done their best to advertise and make it open to everyone, and it is not a non-football hostile environment, or it is not located in an area where female or other sport athletes do not have access (i.e., access only through the boys' locker room), regardless of who attends or who is supervising, the activity would not be considered practice and would not, therefore, count in the daily practice limitation. (2) Zero period is considered part of the curricular day and does not count against the practice duration limitations.</i>
QUESTION :	A (1) Volleyball or Football; (2) Cross Country; Coach tells their team members "just go for an hour run" as a team (or as individuals) and then meet back in the gym to begin practice. Does that hour of just running count towards the practice duration limitation for that day?
ANSWER:	<i>(1) Volleyball or Football: Yes. This activity done as a team or as an individual directed and/or organized and/or supervised by the coach would count towards the daily practice duration limitations. (2) Cross Country: Yes. Obviously running is a primary practice activity specific to Cross Country as a sport this would count towards the practice limitations for that day.</i>
QUESTION :	A basketball coach tells their team members that they are required to run a minimum number of miles each week on their own for conditioning. Does this count towards the practice duration limitations for any given day?
ANSWER:	<i>Yes, this would be considered an activity under A. (3) above because it was required by the coach for his/her basketball team members. If it was not implicitly or explicitly required by the coach it would not count towards practice duration limitations.</i>
QUESTION :	The water polo coach establishes a swimming conditioning session (1) before practice each day; (2) in the morning before school; (3) during zero period. Does this count towards the practice duration limitations for that day?
ANSWER:	<i>(1) Yes, swimming conditioning is directly related to water polo development, so this would count towards the daily practice duration limitations. (2) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitations. (3) Zero period is considered part of the curricular day and does not count against the practice duration limitations.</i>
QUESTION :	A student plays volleyball in the fall and basketball in the winter. During the overlap time of those two seasons is a student allowed to practice for the full three hours per day for volleyball and then another three hours per day for basketball, for a total of six hours of practice on any given day?
ANSWER:	<i>No. During any season overlap period for any student-athlete, that student-athlete is still limited to a total practice time for both sports not to exceed the daily practice duration limitations.</i>

D. State Swim and Dive Championship Event (first reading discussion)

Proposal Summary: The CIF Southern Section is proposing the development of a CIF State Swim and Dive Championship to be implemented in the spring of 2015. The introduction of this proposal follows the approved State

Championships Master Schedule. Please refer to the following proposal for the number of section entries. The event would allow the most competitive swimmers in the state an opportunity to compete at the “state” level. The championship event is proposed as a two-day event on a Friday and Saturday.

Fiscal Impact: (See Proposal for Southern Section Analysis)

State CIF conducted a fiscal analysis and determined a revenue increase to approximately \$26,000 based on a two-day event. The expenses are expected to remain in the range of \$16,000. While not listed in the proposal, CIF anticipates the expenditures for the event would be in line with other CIF Championship Events currently coordinated by State CIF.

Background: State CIF does not currently have a state championship in either swimming or diving. The Southern Section has proposed the championship event follow a model similar to the current Track and Field Championship model. Southern Section Council has approved and passed this proposal.

**PROPOSAL FOR CALIFORNIA STATE SWIM & DIVE CHAMPIONSHIP
NEW CIF CHAMPIONSHIP EVENTS**

Name of Event: CIF State Swim and Dive Championship for school year 2014 – 2015

Proposed Event Dates: May 29 and 30, 2015

Entries—Qualifying procedures

Number of Competitors

Sections are allowed the following entries as per State Federated Council rule:

<i>Southern</i>	5	<i>Central Coast</i>	3	<i>Northern</i>	1
<i>North Coast</i>	3	<i>Central</i>	2	<i>San Francisco</i>	1
<i>San Diego</i>	3	<i>Los Angeles</i>	2	<i>Oakland</i>	1
<i>Sac-Joaquin</i>	3				

At-large Entries

Sections may enter additional competitors provided they have met or bettered the “At-Large” standard for their event in their Section Meet that qualifies athletes for the CIF State Swim and Dive Championships. In the swimming events, all times must be recorded on “Fully Automatic Timing” systems (FAT). No hand times will be accepted.

Financial Criteria and Feasibility for New Events Sponsored by CIF:

1. What travel, lodging, and meal reimbursement will be provided to participating schools?
None. The proposed championship is similar to the cross country and track & field championships currently in place. At this time, the reimbursement of expenses are not offered to member schools.
2. Will this event place any CIF Section event at risk financially?
This event will not place any CIF Section event at risk financially because it takes place after all section championships have been concluded. This event will possibly generate greater excitement in the sport of swimming and diving at the section level and generate additional profit due to bring a long-awaited state championship meet to California.
3. Will this event be a burden on any CIF Section budget or the State CIF budget?
This event will not place a burden on any CIF Section budget because it takes place after all sectional finals have been completed. The State CIF will work with interested host communities to keep championship expenses in line with the projections below and use additional marketing opportunities to supplement the budget.
4. Please provide a detailed, specific, feasible cost estimate for the operation of this event.
Projected State Swimming & Diving Championships based on Southern Section Championship historical revenue and expense figures

	Revenue	Expense
Programs	\$300	
Gate Receipts	1.5 x number of competitors	
Personnel Expenses		\$3000
Officials		\$2500
Miscellaneous Expense		\$2000
Awards		\$800
Entries		\$500
Security		\$1500
Announcers		\$200
Credentials		\$100
Clerk of Course		\$500
Timing System		\$800
Ticket Takers/Sellers		\$500
Facility		\$3000
Diving Entry System		\$200

Meet Manager		\$400
TOTAL	\$13,300	\$16,600

- Please demonstrate using both costs in #4 above and anticipated event revenue how this event may be sustained economically over many years.
CIF-SS predicts, using the projections above in 4 and data collected from other sections, that the event can be sustained economically over many years. Based on the historical returns at the CIF-SS championships, which will closely model in size and scope the proposed State swim championships, the individual section championships are financially sovereign; therefore, the CIF-SS projects revenue totals of the proposed state swim championships to be similar to the section championship.
- Is the current CIF State Office staff capable of managing this event?
The current CIF State Office staff is capable of managing this event and the event expenses cover the costs of a State Tournament Director to assist the State office staff.
- Is there capable staff available to support the CIF State Office in the operation of this event?
Yes. The State office staff currently has adequate resources to staff the event.

Philosophical Criteria for New Events:

- How does this event contribute to the goals of the CIF (i.e. a new event may enhance gender equity, economic stability and enhance the awareness of values taught through sport)?
This event would bring the best athletes from each section to compete in an even larger scale event than their own section championships. It's another opportunity for both boys and girls to have "state" level competition as other individual sports currently do (i.e. track & field, wrestling, and tennis).

Qualifying Participation Criterion for a Regional Championship

- Do 50% of all CIF sections participate in the sport in the same season?
Yes, with the exception of the Northern Section, which offers swimming & diving in the fall, all other CIF sections offer the sport in the spring season.

Other questions.

- How will this event benefit participating schools and students?
This event will give boys and girls the opportunity for post-section championship opportunities not currently available in swimming/diving.
- Do the proposed dates conflict with state mandated testing?
The proposed dates are not ones that are currently used for playoff opportunities in other sports. No conflict with state testing is anticipated.
- Does the event cause additional loss of instructional time? If so, has any thought been given to mitigating this loss (Saturdays, evenings, vacation time)?
The two-day event is planned for an evening prelim on a Friday and Saturday day, mitigating the loss of class time. Depending on travel, there may be some loss of instructional time, but minimized with the current time and date schedule.
- If the proposal is for a sport that is played now in more than one season in the state, what dates are selected and why?
With the exception of the Northern Section, the remaining nine sections all compete in the spring season. The proposed dates of the event coincide with the next available weekend after the completion of Section finals.
- How, specifically, will this event be a demonstration of the values of participation in high school athletics? In choosing teams or individuals for an event, is there any criterion such as demonstration of respect, sportsmanship, citizenship, achievement through effort and cooperation, full compliance to CIF code of ethics, rules, regulations, guidelines, etc.?
All CIF events are conducted with the above in mind. This event can give CIF member schools another opportunity to demonstrate that competition can be played fairly and with great sportsmanship. It is also an additional avenue for our member schools to promote the best values of educational athletics.
- Will the proposed event lend itself to a partnership between the State CIF and a CIF Section? If so, the nature of the partnership must be detailed. What are the duties and responsibilities of the State and Section entities? If there is to be a risk/profit sharing, what are the proposed financial details? If resources, other than financial, are to be used as part of a partnership, what are the anticipated resources?
Any proposal that considers a Section/State partnership should consider whether or not an event should be rotated, upon request, among Sections. The state office will assume financial responsibility of profit and/or loss of the event.
- Will there be any ancillary activities associated with the event to make it more attractive and reflective of the goals and mission of CIF (i.e., training for coaches, sportsmanship activities for schools)?

TBD

E. 2013 – 2014 Legal Costs

Information will be provided at the NCS Board of Managers meeting.
It is also available on-line at www.cifncs.org, Board of Managers Meeting Attachment J

F. Adjustment to the CIF Fall Sit-Out Provision Date

Motion to support action by the CIF Executive Committee under CIF Bylaw 1108 to allow sections to adjust the CIF Fall Sit-Out Provision Date based on gender equity of fall and spring sports of golf and tennis.

Motion to instruct the NBL delegates vote to instruct the NCS delegates to the CIF Federated Council vote to support this proposal for immediate implementation.

*Motion: Rand Van Dyke
Second: Bob Steffan
Supported unanimously*

Proposal Summary:

This action by the CIF Executive Committee under Bylaw 1108.B grants sections the immediate authority to modify their SOP date in the sports of Girls' Golf and Girls' Tennis to ensure participatory comparability with the boys' spring sports season.

1108 DELEGATED POWERS

- A. In emergency situations, the State CIF President or Executive Director or his/her authorized designee may act for the Federated Council in the best interest of the organization. This action will be reviewed by the Executive Committee as soon as possible.
- B. Between meetings of the Federated Council, the Executive Committee shall be empowered to act for the Federated Council when necessary. This action will be subject to the approval of the Federated Council at its next meeting.

Action Taken by Executive Committee:

In accordance with CIF Bylaw 1108.B, the CIF Executive Committee authorizes all CIF Sections to adjust their Sit Out Period eligibility date, as needed, for the sports of girls' golf and girls' tennis. This action is to promote gender equity and ensure participatory comparability for female athletes with respect to SOP dates.

Fiscal Impact: None to member schools, unknown savings to the CIF.

Background:

An unintended consequence of the Sit Out Period (SOP) is that it created an inequity in the comparable days of eligibility in the sports of girls' golf and girls' tennis in comparison with their opposite gender in the spring. Traditionally, the fall sport season is shorter in length than the other sports seasons as school academic schedules take winter and spring breaks.

Sections needed the flexibility on establishing their SOP date as a pre-determined statewide date would not solve the inequity due to the various beginning and ending dates of the "regular season" in each section.

XII. NEW BUSINESS

There is no new business

XIII. OLD BUSINESS

There is no old business

XIV. CLOSED SESSION

Pending legal matters

XV. REPORT OF ACTION TAKEN IN CLOSED SESSION

Report of action taken in closed session

XVI. PRESENTATION OF THE NCS DISTINGUISHED SERVICE AWARD

- A. Presentation to the family members of the late Mr. Jim Sperou
- B. Presentation to Mr. Bud Beemer, BVAL Commissioner

XVII. CELEBRATION OF THE 100 YEAR ANNIVERSARY OF NORTH COAST SECTION, CIF.

- A. Introduction of special guests
- B. Presentation of the California Senate Resolution of the 100 Year Anniversary of the North Coast Section, CIF.
- C. Presentation of the California Assembly Resolution of the 100 Year Anniversary of the North Coast Section, CIF.
- D. Guest Speaker (arrangements still being confirmed)
- E. Guest Speaker (arrangements still being confirmed)

VI. NBL NEW BUSINESS

A. 2013 – 2014 BUDGET (Marie Sugiyama)

Motion to approve the 2013 – 2014 NBL budget

Motion: Gordon Oslin
Second: Stephen Owens
Unanimously approved

- B. NBL BALANCE SHEET FOR SEPTEMBER (Marie Sugiyama)**
Marie will email copies of the September balance sheet to all members of the NCS Board of Managers.
- C. NBL CONSTITUTION ADOPTION (Jan Smith Billing)**
Draft 2 of the Constitution and Bylaws is available on-line at www.northbayleague.org

Motion to support the adoption of the NBL Constitution (pages 1 – 15).
Motion: Gordon Oslin
Second: Rand Van Dyke
Unanimously approved

- D. NBL BY-LAWS REVIEW (Jan Smith Billing)**
Draft 2 of the Constitution and Bylaws is available on-line at www.northbayleague.org
- E. Proposal to move boys' soccer to the winter season (Jerry Deakins)**
Motion to postpone a decision at this time and direct the NBL commissioner and assistant commissioner contact the OCR for guidance in this matter.

Motion: Rand Van Dyke
Second: Bob Steffan
Supported unanimously

Rationale:

1. *The MCAL boys' soccer schedule is moving to the winter season, so there will be 9 leagues or conferences playing in the winter.*
 2. *The move would eliminate the possibility of local teams playing against each other over and over again, as has happened in the past.*
 3. *More referees would be available as they would not all be concentrated in one season.*
 4. *Girls' soccer would remain in the fall, allowing them to move their games to Tuesday and Thursday to avoid conflicts with football games and dances.*
 5. *With the boys and girls having a different season of sport, more practice facilities would be available for the teams as there will be fewer teams sharing the available practice facilities.*
 6. *If the CIF establishes a State Soccer Championship, it would be played in the winter, which is the official CIF season of sport.*
- F. Discussion of issues involving high school coaches who are also coaches of a local club team. Discussion points included:**
- Is there a conflict of interest? How do you avoid a conflict of interest?
 - How do you deal with allegations that a coach may provide preference to his/her club players?
 - It was suggested that high school coaches that also coach club teams document justification for playing or not playing students.
- G. Fall Draw (in case of ties). The winter and spring season draws will be conducted at the next meeting.**

Cardinal Newman	5
Casa Grande	1
Maria Carrillo	7
Montgomery	8
Rancho Cotate	2
Santa Rosa	6
Ukiah	4
Windsor	3

INFORMATION ITEMS

- A. NCS Information**
- **Scholarship opportunity for student-athletes.** NCS and Touchstone Golf Foundation increased the scholarship amount for student-athletes for the 2013 – 2014 school year to \$1,000. Each year, beginning with the 2013 – 2014 school year, one boy and one girl will be awarded a \$1,000 scholarship. The money is to be used toward tuition, fees and/or books at the college/university of the student's choice. For more information and application go to www.cifncs.org/sports/golf.

- **Soccer Uniforms.** As a reminder, uniform requirements changed this fall. The requirement for home games is all white jerseys and socks. Shorts can be any color. The requirement for away games is dark jerseys and socks. Shorts can be any color. Solid white means exactly that. Thin tradition non-white stripes along the shoulders or sleeves will not be permitted even though the jersey is predominately white. The rule does not allow “predominately white” jerseys; it allows only solid white jerseys for the home team. The rule does NOT allow a single thin stripe, or 4 thin stripes, or one fat stripe. ONLY solid white jerseys for the home team.
- **Cross Country.** Entries for the 2013 NCS cross country championships are due by Sunday, November 17 (11:59 PM). THERE ARE NO EXCEPTIONS. Coaches need to request a password at ezmeets.com in ADVANCE of the above date to have time to receive their password and enter their student-athletes before the deadline. Please remind your coaches of this important process. More information can be found in the bulletin. In addition, NCS will again use chip timing at the cross country championships. Last year they had some difficulty in getting non-used chips returned to the timing company. Schools that do not return their chips (used and non-used) will be imposed a \$50 fine (\$25 per chip). Please remind your coaches that chips MUST be turned in or they will be fined.
- **Wrestling Assessors Recertification.** Wrestling assessor recertification will be done online this year through the CIF website. In order for any certified assessor to be eligible to assess for 2013 – 2014, they must complete and pass the test at 80% or better. Assessors will be emailed in September to complete the test prior to beginning school assessments. Any new assessor must complete an in-person training.
- **Playoff Tickets.** In order for coaches to receive their complimentary playoff tickets, they must comply with submission of THREE items: roster via the NCS website, schedule/results via MaxPreps website and Form B, via fax or email. Deadlines are listed in the respective bulletin. Note that the MaxPreps schedule/results are new this year.
- **Insurance Requirements.** As CIF Insurance requirements went into effect during the 2013 winter championships, the NCS fall championships (final round/championship only) will be subject to volunteer background checks for the first time. The sex offender record checks apply to those individuals who are not employed by the school or school district. Therefore, certified coaches approved by a school or school district, teachers, administrators, clerical, custodial, aides, trainers, current students, etc., are not required to complete the check. All others must comply with the quick online test. If they have completed the check in winter or spring, they do not need to resubmit.
- **NEW! NFHS Network Selection Show.** NCS has partnered with NFHS Network to broadcast a selection show on seeding Sundays for the following sports: football, girls’ and boys’ basketball and softball. This is an exciting way to create even more interest in the NCS Championships. Brackets for the above mentioned sports will be announced live through an on-line selection show. More information to follow.
- **Open gyms and open fields.** Open gyms and open fields may be sponsored by NCS member schools during the period of the first NCS authorized conditioning or practice date of the fall season through the last NCS/CIF athletic competition (CIF Boys’ golf Championships) under the following conditions:
 1. The open gym or open field is open to all community members regardless of age or gender.
 2. The school must, at the very least, advertise in its daily bulletin, an invitation for participation of all community members.
 3. During open gym or open field, attendees may work on individual skills.
 4. During the open gym or open field there cannot be any coaching or practice as defined by NCS Sports & General Rulings Bylaw 200H, 201H(a), 202H, 203H, 205H and 206H. School personnel, including paid and volunteer coaches, may supervise a facility and may participate in activities (i.e. pick-up games) as long as they do not instruct students in the skills and/or strategies of the game.

For more information, see NCS Appendix A—Practice and Conditioning Guidelines.
- **Special Reminders for the NCS/Les Schwab Tires Fall Championship Series Events.** Coaches do not have to attend the meetings. Once the brackets are posted on the website the host school is request to come to the NCS office to pick up materials to host their respective game.

2013 NCS Fall At-large and Seeding		
Girls’ Golf	Wednesday, October 16	Site: NCS Office
Soccer	Sunday, November 3	Site: NCS Office
Water Polo	Sunday, November 3	Site: NCS Office
Volleyball	Sunday, November 10	Site: NCS Office
Football	Sunday, November 10	Site: NCS Office
Team Tennis	Sunday, November 10	Site: NCS Office
Tennis	Thursday, November 14	Site: NCS Office
2013 NCS Fall Championship Sites		
Girls’ Golf Division 1 Qualifier	October 21	Diablo Creek GC, Concord
Girls’ Golf D 2 Championship	October 21	Beau Pre GC, McKinleyville
Girls Golf Division 1 TOC	October 28	Peacock Gap, San Rafael
Soccer	November 6,9,13,16	Sites: TBA
Team Tennis—Division 1	November 12,14,16	Sites: TBA
Team Tennis—Division 2	November 12,14,16	Sites: Home Sites

Tennis—Division 1	November 19, 20	Sites: Santa Rosa High
Tennis—Division 2	November 19, 20	Sites: Cardinal Newman High
Water Polo	November 6,7,9,13,16	Sites: Nov. 16 TBA
Volleyball	November 13,16,20,23	Sites: Home Sites
Cross Country	November 23	Site: Hayward HS

B. NBL Information

- Girls' wrestling will be conducted as a Winter Sport. JV boys, varsity girls, and varsity boys wrestling will be held on the same day, with the first matches (JV boys) beginning at 6 PM. Girls wrestling teams will adhere to the same rules as boys' wrestling. Girls will no longer wrestle against boys; they will only wrestle against other girls. There will be a pennant awarded to the NBL Champion and medals will be awarded to the top three finishers in each weight class at the NBL Wrestling Championships on February 22.
- At the October 3 wrestling coach meeting, a few coaches expressed interest in joining the California USA Wrestling as a school club. This is illegal. Here is NCS Commissioner Gil Lemmon's response to my query regarding this program: Schools are not allowed to have club teams in CIF approved sports. Therefore, the school paying a fee to have a wrestling club membership with USA Wrestling and practicing and participating in competition year round is illegal. Many wrestling coaches are involved in wrestling club activities, which they are allowed to do. But these memberships or involvement cannot be school sponsored in any way. Outside clubs must have their own schedule, are open to the community, different age groups, use facilities no differently than other outside school groups, provide insurance, are possibly registered with the City as a business, may have a 501(c)3, registered with the feds and state, etc. If club activities limit their club to school members it is a school team. If the coach pressures the wrestlers to join the club program they are violating NCS 100 and 200H rules. If a club wrestler transfers schools there is the possibility that the wrestler may be deemed ineligible if there is pre-enrollment contact, and this contact may be considered prima facie, making the athlete ineligible for one calendar year.
- Please review NBL Bylaw 13.203: *During winter break, there will be a minimum of five (5) calendar days during which there is to be no practice, scrimmage, dual meet, or tournament.* In actuality, because Sundays are calendar days (there are three Sundays during winter break) and because practice is not allowed on Christmas Day, this rule only prohibits one day of practice during the winter break. Do we still need this rule? Should it be modified? If so, how?
- Basketball coaches will meet on October 16, 2014, beginning at 6:30 PM. The girls' coaches will meet in the Viking Room (formerly the Teachers' Dining Room) and the boys' coaches will meet in Room 80. The league meetings will be followed by a meeting with the Golden Gate Officials Association, which will be held in the Cafeteria.
- Golden Gate Basketball Officials Association will be given six (6) passes to be used by Golden Gate Officials Association Evaluators of Officials. These passes will only be valid for basketball contests.
- Low Cost Health Examinations at SSU, Oct. 16-Dec. 15
Services include a complete medical and health history, identification of health risk factors, complete physical examinations and screening tests such as blood pressure checks, vision testing, audiology testing, urinalysis, hematocrit (for anemia), cholesterol testing, and Pap smears for cervical cancer.

These services can be utilized for annual exams, sports physicals, pre-employment physicals, camp physicals and Class II DMV licensing physicals. The cost of a physical examination is \$30, Pap test \$45, cholesterol check \$25, hearing tests are free and a DMV physical examination is \$60. Copies of records are given to clients upon request as well as mailed to private physicians or agencies.

Appointments may be made by calling SSU's Nursing Department at 707.664.2466, Monday through Friday, 9 am – 5 pm.

ADJOURNMENT

The meeting was adjourned at 5:05 PM by President Laurie Fong