

ATHLETIC DIRECTORS MEETING AGENDA, WEDNESDAY, FEBRUARY 22, 2017

DATE OF NOTIFICATION: SATURDAY, FEBRUARY 18
DATE OF MEETING: WEDNESDAY, FEBRUARY 22
LOCATION OF MEETING: SRCS BOARD ROOM
TIME OF MEETING: 9:00 AM, SRCS BOARD OF EDUCATION ROOM

CALL TO ORDER AND ROLL CALL

Jerry Bonfigli	Cardinal Newman	Henri Sarlatte	Rancho Cotate
Dave Geoffiron	Cardinal Newman	Kenny Knowlton	Santa Rosa
Rick O'Brien	Casa Grande	Bryan Price	Santa Rosa
Jerry Deakins	Maria Carrillo	Ty Yanez	Ukiah
Mike Mastin	Maria Carrillo	Jeff Hardie	Windsor
Dean Haskins	Montgomery	Jan Smith Billing	NBL Commissioner

ACTION I. APPROVAL OF AGENDA

Motion to approve the agenda as presented.

ACTION II. APPROVAL OF THE NBL CONSENT AGENDA

Motion to approve the NBL consent agenda, as listed below:

1. Approval of minutes from the previous meeting. (Item III)
2. Approval of NCS SAC Consent Agenda
3. Support for addition of Competitive Sport Cheer as a CIF sport
4. Support for CIF Regional and State Competitive Equity Playoffs in Selected Sports
5. Additional playing dates for Girls' spring Soccer
6. BYLAW 400 Ejection Policy (Additional Q & E)

CONSENT III. APPROVAL OF MINUTES FOR THE PREVIOUS MEETING

IV. PUBLIC COMMENT

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

V. NCS SAC AGENDA

R, D, A

I. Consent Agenda

Motion to direct the NBL Representatives to the NCS Sports Advisory Committee Meeting vote to approve the NCS SAC Consent Agenda

CONSENT

II. Minutes of the Previous Meeting

Motion approved by consent.

IV CIF Items

A. Process and Development of Bylaws for AB 949 (Attachment A)

Review of the addition of Competitive Sport Cheer as a CIF sport.

Proposal Originated: State Legislature, Implementation of Bylaws for A.B. 949

Proposal reviewed beginning 10/1/2015 and will be voted on by the Federated Council on 4/7/2017.

Summary: A.B 949 directs the CIF to develop policies and procedures for competitive cheer.

Fiscal Impact: None

Background: This bill requires the California Interscholastic Federation, in consultation with the State Department of Education to, no later than July 1, 2017; develop guidelines, procedures, and safety standards for the purpose of classifying competition cheer as an interscholastic sport. The bill requires the CIF to seek a United States Department of Education Office for Civil Rights Title IX compliance designation for competition sport cheer and would specify that competition cheer shall not be counted toward a school's Title IX compliance unless the United States Department of

CONSENT
Previously
discussed
and
supported
by NBL
ADs and
principals

Education Office for Civil Rights deems competition cheer compliant with its definition of

The revision of Bylaw 1200 adds Competitive Sport Cheer to the CIF-Approved list of sports. The revision of Bylaw 504 adds Competitive Sport Cheer to the spring Season of Sport.

Article 170

COMPETITIVE CHEER

1700 COMPETITIVE CHEER DEFINITIONS

a. Traditional Competitive Cheer (TCC)

For all CIF Bylaws, Traditional Competitive Cheer (TCC) will be defined as any competition using or following the traditional competitive format. TCC coaches must meet education requirements and safety of Bylaws 22.B.9 and 1702. (CA Education Code 35179-35179.7, 49032 and 45125.01-45125.1)

b. Competitive Sport Cheer (CSC)

For all CIF Bylaws, Competitive Sport Cheer (CSC) will be defined as any competition that consists of four quarters of play (Partner Stunts, Pyramids & Tosses, Group Jumps & Tumbling, and Team Performance) with a halftime in between the second and third quarters. Competitive Sport Cheer will follow the rules of "Stunt" that focus only on the technical and athletic components of cheer. CSC Coaches must meet education and requirements and safety of Bylaws 22.B.9 and 1702. (CA Education Code 35179-35179.7, 49032 and 45125.01-45125.1).

c. Competitive Cheer (see a. and b. above) shall not be counted towards a

d. school Title IX compliance unless the US Department of Education Office for

e. Civil Rights deems Competition Cheer compliant with its definition of sport.

1701 OFFICIAL RULE BOOKS

As per Bylaw 1201A., the National Federation of High Schools (NFHS) Spirit Rules Book shall be the official rule book.

1702 SAFETY CERTIFICATION OF COACHES

Schools must ensure that all TCC and CSC coaches, paid and unpaid, will have completed a safety education program that emphasizes the following components:

- a. A philosophy of safety awareness.
- b. Understanding and assessing legal liability in cheerleading.
- c. Knowledge of cheerleading safety equipment, including apparel and training aids such as spotting belts and mats.
- d. Spotting techniques for tumbling and partner stunts.
- e. Skill progressions for tumbling, partner stunts, and pyramids.
- f. Physical and psychological performer readiness.
- g. Medical responsibilities, including injury prevention, the development of an emergency plan, and the assessment, treatment, and rehabilitation of injuries.

Competitive Cheer Q & A

Q.	Is sideline cheer considered a CIF sport?
A.	No. Only traditional competitive cheer and competitive sport cheer are considered CIF sport. Therefore, CIF Bylaws do not apply to sideline cheer. However, schools are strongly encouraged to ensure that their sideline coaches are certified in cheer safety issues.
Q.	Are sideline cheer squads allowed to go to competitions?
A.	No. Once a sideline cheer squad competes they are considered to be a traditional competitive cheer team and would be subject to CIF Bylaws as they relate to that sport.
Q.	Is there a CIF season of sport for traditional competitive cheer.
A.	No. At this time, traditional competitive cheer teams may operate and attend competitions throughout the school year. However, competitive cheer teams are restricted to the CIF spring season of sport.
Q.	Since there is not a CIF season of sport for traditional competitive cheer, does CIF Bylaw 600 (Outside Competition) apply?
A.	No. Since CIF Bylaw 600 only applies to outside competition during the student's high school season of sport, the rule would not apply as traditional competitive cheer does not currently have a season of sport. Bylaw 600 would apply to competitive sport cheer as that sport has the spring as its CIF season of sport.
Q.	Do transfer rules no apply to traditional competitive cheer and competitive sport cheer since they are considered CIF Sports?
A.	Yes. All CIF Bylaws related to transfers now apply to traditional competitive cheer and competitive sport cheer. The only exception would be the

	application of the "Sit Out Period" for traditional competitive cheer. Since there is not currently a CIF season of sport for traditional competitive cheer, the "Sit Out Period" would only apply to the first season of sport follow the transfer.
Q.	Does CIF Bylaw 504.M. (Sundays) apply to traditional competitive cheer and competitive sport cheer?
A.	Yes. Schools may not compete on Sundays in either sport unless they have been approved by their local CIF Section Office to select either Friday or Saturday as their alternate day of respite for religious purposes.
Q.	Does CIF Bylaw 506 (Practice Allowance) apply to traditional competitive cheer and competitive sport cheer?
A.	Yes. Traditional competitive cheer and competitive sport cheer must comply with CIF Bylaw 506 (Practice Allowance).

CONSENT

Previously discussed and supported by NBL ADs and principals

B. CIF Regional and State Competitive Equity Playoffs in Selected Sports

The committee reviewed the proposal to adopt a similar competitive equity playoff as used in football for the sports of volleyball, basketball and soccer.

Type: Bylaw Revision

Next: April 7, 2017—Action Item

Proposal: Revise Bylaws 1606. 2402. 2902, 2903 for Regional and State Playoff Entry for Basketball, Soccer and Volleyball to a Competitive Model.

Background: The 21st Century educational model of school choice and state mandated open enrollment has made a considerable impact in the athletic arena. Significant amounts of data validate that enrollment no longer plays the determining factor on a schools "competitive level or ability" of their athletic teams. The majority of schools (1,170) in the state participate in their local Section playoffs using various competitive playoff models. Competitive placement models were used in the 2015 State Football Bowl Championships and in the Southern California Regional and State Championship section entries for Basketball, Soccer and Volleyball during the 2015-2016 school year. **Sections still determine their own criteria for placement and seeding of schools within their local playoff system.**

BASKETBALL RULE 1606 STATE CHAMPIONSHIP DIVISION PLACEMENT OF SCHOOLS would be eliminated and replaced with the following:

Boys' and girls' regional and state championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament. Note: Sections still determine their own criteria for placement and seeding of schools within their local playoff system.

REGIONAL SOCCER RULE 2401 FOR REGIONAL CHAMPIONSHIPS would be eliminated and replaced with the following:

Boys' and girls' regional championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament. Note: Sections still determine their own criteria for placement and seeding of schools within their local playoff system.

VOLLEYBALL RULE 2902 GIRLS' STATE CHAMPIONSHIP DIVISIONAL PLACEMENT OF SCHOOLS would be eliminated and replaced with the following:

Girls' regional and state championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament. Note: Sections still determine their own criteria for placement and seeding of schools within their local playoff system.

VOLLEYBALL RULE 2903 BOYS' STATE CHAMPIONSHIP DIVISIONAL PLACEMENT OF SCHOOLS would be eliminated and replaced with the following:

Boys' regional and state championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament. Note: Sections still determine their own criteria for placement and seeding of schools within their local playoff system.

R, D, A

C. Proposed Bylaw Uniform Penalty for Lack of Administrative Oversight

Type: Bylaw Revision

Next: 1/27/2017—Federated Council First Reading

Summary: Concerns continue to be expressed that students, schools and tams are being penalized for errors or omissions by school officials, adults, which cause student to be come ineligible and/ or forfeiture of contests and/or elimination or prohibition from section playoffs.

There is currently no uniformity in penalties for these types of school officials' errors or omissions. Subsequently, a school in one section forfeits contests and is prohibited from the

playoffs while a school in another section pays a financial penalty and faces probation for the adult with no playoff prohibition that impact the participating students and team.

In many instances, if the paperwork had been submitted correctly, without these errors by school officials, intentional or unintentional, would have allowed the student to be eligible or the team to be qualified for the playoffs as no other violations occurred.

Some CIF Section penalties have been viewed and called excessive by court judges. On numerous occasions California Legislators have become involved as they receive complaints from their constituents that have included school leaders and school board members.

The public perception of these types of adult errors and omissions and the subsequent penalties of the teams and students is that the "punishment far exceeds the crime."

The April 8, 2016 Federated Council Roundtable discussion gave input and direction to the CIF State Office to work with the Commissioners Committee to develop a uniformed proposal for consideration.

Fiscal Impact: Each year, legal counsel is involved in cases where school officials' errors have led to significant legal fees in preparation for anticipated lawsuits regarding section penalties.

Background: A major area identified by the "Governance Task Force" (2008 – 2011) was that the CIF needed to address adult errors and omissions that led to disqualification of students and teams. After almost three years of discussions, the Task Force forwarded a proposal for consideration that included a progressive 3-step penalty process.

503.B.1 Uniformed Administrative Oversight Penalty

In the case where it is determined by the CIF Section that an ineligible student competed due to the failure of the school administration to submit proper CIF Section transfer eligibility application or forms which would have, had it been submitted in a timely manner and reviewed by the section, would otherwise have been granted immediate eligibility in that sport(s) in which the student participated prior to the appropriate paperwork being submitted.

First Offense

- a. The school will forfeit only the initial game won or tied, regardless of the number of contests in which the ineligible student participated.
- b. The school will submit to the CIF Section a corrective action plan approved by the principal and the superintendent.
- c. The school will submit a report at the conclusion of the school year on the actions and corrections made under the action plan.

Second Offense

- a. The school will forfeit only the initial game won or tied, regardless of the number of contests in which the ineligible student participated.
- b. The school will submit to the CIF Section a corrective action plan approved by the principal and the superintendent.
- c. The school will submit a report at the conclusion of the school year on the actions and corrections made under the action plan.
- d. The school will be prohibited from "hosting" its first home playoff game in the sport where the forfeiture was applied.

Mistakes happen, no matter how experienced or thorough the athletic director may be in the performance of the job of AD. This is a minimal penalty for this type of error. As it is, the NCS Appeal Process is more lenient than half of the CIF sections, who have no appeal process at all.

INFO

D. Football tiebreaker starting on the 25-yard line

R, D, A

E. New Proposed Bylaw 1206—Standardized Number of Contests

Consideration of a standardized number of contest limitations that is consistent in all CIF member schools in sports that culminate in a State Regional or State Championship. (Attachment N)

Proposal Originated: Executive Director and Federated Council Roundtable

Type: New Bylaw

Next: 1/27/2017—Federated Council First Reading

Proposal Summary: The proposed new bylaw would create a standardized number of maximum contests that culminate in a Regional or State Championship. This proposal is an outcome of a Federated Council roundtable discussion and direction to the Commissioners Committee. It is anticipated that an updated revised proposal will be distributed at the meeting following the conclusion of the Commissioners Committee final revision on January 11, 2017.

Fiscal Impact: None

Background: A major area identified by the "Governance Task Force" (2008 – 2011) was that the CIF needed to standardize the number of contests and scrimmages in sports that culminated in a Regional or State Championship. After three years of study, work and compromise by numerous committees, a proposal was forwarded to the Federated Council for consideration.

April 2011 Federated Council vote:

65 yes, 70 no. Motion failed that defined a scrimmage and maximum number of scrimmages.

51 yes, 84 no. Motion failed that would have established maximum number of contest in Regional and State culminating contests.

Bylaw 1206
Maximum Contacts

1206. A. Starting Dates for Practice

Sections shall determine the first day of practice in all sports.

1206.B. Scrimmages

A scrimmage is defined as:

1. An activity involving teams or individual student-athletes from two or more different schools in a CIF approved sport; AND
2. Where no official score is kept; AND
3. Where regulation time is not kept; AND
4. Where substitute rules are set aside; AND
5. Where coaches may stop play for instructional purposes; AND
6. Where no score/results are released to the media

1206.C. Number of Scrimmages

A maximum of two scrimmages per sport are permissible prior to the first interscholastic contest (league or non-league) of the season, except in Football that is limited to one (1) scrimmage Scrimmages shall not count in the teams or individual maximum number of contacts, unless it is held after the team's first interscholastic contest.

1206 D Allowable Number of Contacts

Sections shall determine the maximum number of allowable contacts. Sections, however, for sports culminating in a regional or state championship, may not set a limit higher than:

Badminton	24
Basketball	28
Cross Country	14
Football	10
Golf	24
Soccer	28
Swimming	14
Tennis	24
Track & Field	14
Volleyball	28
Water Polo	28
Wrestling	40 (see bylaw 3101)

The maximum number of allowable contacts is in effect for teams during the regular season. The maximum number of allowable contacts does not include Section foundation or Scholarship Games, League culminating tournament, Regional or State Championships.

Tournaments count as the following:

Basketball	One contact for each game.
Golf	Tournaments count as one contact per day
Soccer	One contact for each match
Tennis	One contact for each match
Volleyball	1 day tournament counts as two contacts; 2-day tournament counts as three contacts.

Water Polo	One contact for each game
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R, D, A

F. Proposed Revision of Bylaw 900—All Star Competition

Consideration of a new Bylaw 900 that would clarify the intent of the All-Star Competition rule. (Attachment O)

Proposed Revision Bylaw 900—All Star Competition

Proposal Originated: Commissioners Committee

Type: Bylaw Revision

Next: Federated Council Action Item—April 7, 2017

Proposal Summary: The Commissioners Committee is recommending changes to Bylaw 900, All-Star Competition, to further clarify factors determining what an “All Star” competition is and who may participate.

Fiscal Impact: None

Background: The past decade has seen a significant increase in local community, regional and national “All Star” competitions in all sports. The CIF Bylaw was last reviewed and amended in 2003 and the Commissioners Committee is forwarding revisions for consideration.

NOTE: The proposed amendment to Article 90 would allow a student of any age to participate in an All-Star Event.

- **An All-Star Event can NOT be hosted by any CIF Member School**
- **CIF Member Schools may not sponsor these activities, provide equipment, financial support, etc.**
- **This recommendation was recommended by CIF Staff because it is a very old rule. Gets down to—Should the CIF tell parents what to do with their student with regard to all-star activities?**

**ARTICLE 90
ALL-STAR COMPETITION**

900	PARTICIPATION
A.	A graduating senior is any student who started his/her seventh semester of eligibility and completed the season of sport prior to the high school all-star competition in that sport.
B.	For graduating seniors only, High school all-star competition (including practices and/or tryouts) may not begin until the conclusion of the last Section or State contest in that sport.
C.	Undergraduates (grades 9-11) are prohibited from participating in high school all-star competition (including practices and/or tryouts) from September 1 through the completion of the last CIF scheduled, sanctioned, event for that year. NOTE: 2017—June 3; 2018—June 2
D.	For purposes of interpreting the CIF All-Star Bylaw, high school all-star competition in any game, contest, or exhibition (including practices and/or tryouts) in which teams compete and the team participants include students from CIF member schools selected on a basis that involves, but may not necessarily be limited to, their high school athletic accomplishments. The following guidelines are to be considered in determining whether the activity is high school all-star competition: <ol style="list-style-type: none"> 1. If the team name or activity includes “all-star” in its title, it shall be considered “all-star” competition unless it qualifies otherwise by these guidelines; 2. If a team includes high school participants and the team purports to represent outstanding players from any community, county, State or geographical region, it shall be considered “all-star” competition unless it qualifies otherwise by these guidelines; 3. If a team includes high school participants and the team represents itself in name, publicity, or programs as being composed of outstanding players from two (2) or more high schools, or from one (1) or more CIF leagues, or from one (1) or more Sections, it shall be considered “all-star” competition unless it qualifies otherwise by these guidelines; 4. If no admission charge is made nor donation solicited for the activity, it shall not be considered “all-star” competition; 5. If the team(s) represents an organized sports association, religious organization, or municipal recreation department and the team(s) is

		<p>comprised solely of current participants in ongoing leagues or divisions of that organization, it shall not be considered "all-star" competition;</p> <p>6. If the team(s) is comprised solely of current members of an incorporated athletic club, it shall not be considered "all-star" competition.</p> <p>(Revised May 2003 Federated Council)</p> <p>901. PENALTIES FOR VIOLATIONS OF BYLAW 900</p> <p>A. School</p>
901.	PENALTIES FOR VIOLATIONS OF BYLAW 900	
	A.	School
		Violations of Bylaw 900 may cause the school involved to be suspended from membership in the CIF. Participation by member schools, by their school officials, or by any employee of the school, directly or indirectly, in the furnishing of school facilities or equipment, management, organization, supervision, player selection, coaching, or promotion in connection with any prohibited contests shall be considered a violation of Bylaw 900. The period of suspension shall be determined by the Federated Council. Suspended schools shall apply to the Federated Council for reinstatement.
	B.	Student
		Any student taking part in a prohibited all-star contest or similar contest shall be barred from all CIF athletic contests for up to one (1) year following the date the infraction is verified.

V. NCS ITEMS

R, D, A

A. Sports Divisions for 2017 – 18 (enrollment based sports) (Attachments G – R)

Review the divisions to make verify your school's placement is correct.

CONSENT

B. BYLAW 400 Ejection Policy (Additional Q & E)

Motion to support the addition of the additional Q & A for clarification.

400. D. Penalties

Coaches

Ejection of coaches, assistant coaches and/or coaching representatives for unsportsmanlike conduct as defined in sport specific NCS Ejection Policy rules summaries.

Penalty: The coach, assistant coach and/or coaching representative will immediately remove themselves from their coaching responsibilities in accordance with National Federation or sport governing rules for the respective sport. The coach, assistant coach and/or coaching representative must leave the vicinity of the playing area immediately and is prohibited from any contact, direct or indirect, with the team players and other team personnel during the remainder of the game. If there is no other coaching representative who is certified by the school in accordance to CIF bylaw 506, the game shall be terminated and declared a forfeit. The offending coach's school will be credited with a loss and the opposing school shall be credited with a win. The ejected coach, assistant coach and/or coaching representative will be prohibited from coaching or attending the next interscholastic contest for that team or any other team in the same sport prior to serving the penalty. Coaches also must meet with their respective Athletic Director and/or School Administrator and complete the online NFHS Sportsmanship course, located at NFHSlearn.org.

Question: *When a coach is ejected from a contest they are not allowed to coach in the next contest. Can the coach attend as a spectator and watch the contest?*

Answer: *No, the coach may not be present at the contest. Failure to adhere to the spirit of the ejection policy and abide by the penalty of not being allowed to attend the next contest would result in a forfeit and the requirement of the coach to serve the required ejection at the next contest.*

Question: *When a coach is ejected from a contest, they are not allowed to coach in the next contest at the same level. Can the coach attend another contest of a different level on the same day?*

Answer: *No. The coach may not be present at another contest of a different level on the same day until the penalty is served.*

NOTE: *A player ejected from a sub-varsity level contest must sit out ht next contest at that level. Additionally, if the player is moved up to the next level to participate, prior to serving the penalty, the player must sit-out the next game at the n ext level. The player*

will still need to sit-out at the sub-varsity if/when that player is moved back down.

CONSENT

**C. Additional playing dates for Girls' spring Soccer
Motion to support the additional playing**

Girls' Soccer	2016 – 17	2017 – 18	2018 -19
Deadline for leagues to determine qualifiers	May 6	May 5	May 4
Final date for competition other than NCS	May 6	May 5	May 4
At-large, Seeding & Orientation meetings	May 7	May 6	May 5
NCS/Les Schwab Tires Championships	May 9, 11, 12, 13	5/8,10,11, 12, 16, 18, 19	5/7, 9, 10, 11, 15, 17, 18

R, D, A

D. Adjustment for definition of sportsmanship

Motion to adjust the Definition of Sportsmanship, removing the noisemaker "thundersticks"

- l) The following behavior is unacceptable at **all** NCS/CIF high school contest:
1. Berating your opponent's school or mascot
 2. Berating, yelling, booing or chanting at opposing players or coaches before, during and after the game. Personal attacks will not be tolerated.
 3. Obscene cheers or gestures
 4. Negative signs. All signs must show only positive support. Those which direct negative comments towards opponents or are unsportsmanlike or vulgar are not permitted.
 5. Noisemakers (Artificial noisemakers shall not be used at any event. Artificial noisemakers are items such as, but not limited to, megaphones, air horns, bells, whistles, clickers, ~~thunder sticks~~, explosive devices, tape/CD players, jars with pennies, drums, large water bottles, conch shells, plastic horns and radios.
 6. Laser pointers
 7. Complaining about officials' calls (verbal or gestures)
 8. Throwing objects onto the playing area before, during, or after a contest.
 9. Entering the playing area before and during a contest, including the awards ceremony, if applicable.

VI. New Business

R, D, A

A. Change of football championship format; 8-team brackets (Attachment S)

Description: of the Proposal:

A.	Begin football practice a week later in the school calendar.
B.	Establish ten 8-team brackets in the following manner.
a.	Continue to divide NCS football programs into five divisions as we do now.
i.	The "best" eight teams in Division II-V would be selected for the "AA" bracket
ii.	The "next best" eight teams in Divisions II-V would be selected for the "A" bracket
iii.	Winners of the "AA" bracket would be AA bracket NCS Champions and would be eligible to move on to state bowl games.
iv	Winners of the "A" bracket would be A bracket NCS Champions, but would not be eligible to move on to state bowl games.
b.	Continue to use competitive equity to move teams from one division to another.
c.	Establish an 8-team open division
i.	The open division shall be composed of the best Division I teams with the following exception—Any d2-d5 school team could petition to move to the open division; petitions due by the NCS entry deadline.
ii.	The open division champion would be our D1 NorCal representative unless that team was chosen for the NCS open division, in which case the open division runner-up would be the D1 representative.
iii.	Division "IA" shall be composed of the eight next best Division I teams; the winner of this division would not be eligible to move on to state bowl games.
iv	A D2-D5 team that petition for, was accepted in, and won the open division would be able to replace the winner of their D2, D3, D4, or D5 in state bowl games. The open division runner-up would be the NCS D-1 representative to CIF competition.

To summarize:

- A. Football "Season of sport" starts one week later in the school year.
- B. Still eleven weeks to play ten games.
- C. Brackets limited to eight teams
- D. Open Division of 8 (best) D1 teams with D2-D5 able to petition to the open division. There would be an open division champion.
- E. Nine other NCS football champions in the following brackets: IA, IIA, IIAA, IIIAA, IVA, IVAA, VA, VAA
- F. Representatives for CIF competition would be Open Division (to DI unless that division was won by a DII – DV team); D IIAA, DIIIAA, DIVAA, and DVAA.

Date of requested implementation: July 1, 2017

Rationale in support of proposal—General to all playoff discussions

The WACC supports playoffs and feels that they are an important part of educational athletics. In recent years however, the CIF has expanded regional and statewide playoffs and has moved those playoffs earlier in the school calendar year. The calendar for the 2018-19 school year, published by the NCS staff on 5/18/16, did not reflect recent CIF expansions. The CIF then published its next adaptations/expansions in the sports of football, volleyball, basketball, boys' wrestling, baseball, softball, swimming, track, and volleyball, coming in the 2018-19 school year. NCS staff members then proposed a change to the three-year calendar, dated 11/8/16, based on those CIF adaptations/expansions. Football would begin one week earlier in the school year. Those "season of sport" start dates and ending dates and the movement of NCS championships earlier in the calendar year were of such concern to NCS member leagues that the proposed three-year calendar change (dated 11/8/16) was tabled at the December 2016 SAC meeting to allow SAC members to look at alternatives.

It is easy to be against something, but much harder to propose a change, to look at alternatives. This proposal is one of several alternatives that the WACC is putting forward to the NCS SAC for discussion/action at the late February SAC meeting. It allows for educationally sound playoffs but puts those playoffs in a timeline that more clearly supports our mission of educational athletics. Here are some of the WACC's concerns about the proposed three-year calendar:

1. Starting football in late July, before schools are even in session, is not **educational** athletics. It is especially difficult at the non-varsity level. Most site administrators are not yet back at work; most educational support staff is not yet back at work; most of the athletic administrative staff is not back at work. Games are scheduled and played before students are back in school. For example, the first football game would be scheduled before 10 of the 12 WACC schools are back in session. A generation ago, the first day of official football practice day in the fall was on August 23. It is now proposed to be on July 30, 2018. While traditionally very strong football programs might be able to get freshman programs going before school even starts, average athletic programs (the great majority of NCS schools) find it difficult to get freshmen involved in athletics until school actually starts.
2. There is an increased overlap between fall sports and winter sports. This is being caused by the earlier start dates at the beginning of the winter season and the expansion of playoffs at the back end of the fall season. This makes it very difficult for a student-athlete as they can't "try out" for a winter team until their fall sport is occluded. A football player wanting to wrestle, for example, would miss one week if his school was not in the NCS football playoffs (about 20 – 25 schools) but would miss three weeks of wrestling if his school made the football playoffs and won their first NCS game (about 45 – 50 schools).
3. While playoffs are an important part of educational athletics, they're not the reason NCS member high schools have chosen to have football or soccer or baseball or softball or basketball or other athletic teams. Playoffs have a place at the end of season as a reward for having a good season. Playoffs should not dictate the start of the season and certainly should not drive the season earlier in the school calendar. In recent years, the CIF has pushed seasons in many sports as much as four weeks earlier in the school calendar. The playoff tail should not wag the league season dog.
4. And, most importantly, we are playing too many playoff games over too many playoff weeks and missing too much class to do so.
 - a. Several NCS member schools played 16 football games this year; many played

13 or 14. This is too many games for a 16-year old. As a comparison, Cal Berkeley played 12 games and Stanford 13.

- b. These playoff games are scheduled over too many weeks and are disrupting the educational mission of NCS member schools. Football, with six weeks of playoffs, is especially impacted.
- c. Preseason games and league games are easy to plan for as they're scheduled many months in advance and other school activities can be scheduled around home football games. NCS playoff games are published well in advance; schools don't know whether and where they'll be playing, but they can make some educated guesses. Postseason regional and statewide playoffs, the CIF games, are very last-minute, most involve hours of travel and are expensive for the involved schools.
- d. Partially reimbursed travel expenses are a major drain on educational budgets as schools are playing an increasing number of last-minute games at some distance from their school sites. The realistic costs of participating in regional and statewide games are much greater than the reimbursement amount.

Rationale in Support of Proposal — Specific to This Proposal

1. Allows football to begin one week later in the school calendar year. This would reverse the encroachment that playoff football contests have had at both ends of the football season. FYI — the first week of NCS playoffs a generation ago was on November 22/23. Next year it is scheduled for November 11/12 (two weeks earlier). The following year it is scheduled for November 2/3 (three weeks earlier)
2. Many NCS teams would play one fewer game than they do now.
3. There would be no change in the number of NCS playoff spots; still 80.
4. Many teams selected for NCS playoff games would play one fewer football game every year.
5. The number of ~~is~~ around blowout games would be reduced exponentially
6. Average football programs which would be seeded somewhere between 12-16 would be encouraged to apply for NCS playoff consideration as they would have good shot at a 1st round victory; many don't apply now as they know they be playing highly- seeded teams, leaving open spots in brackets.
7. Outstanding D II — D V schools will be encouraged to challenge themselves by petitioning for the Open Division
8. There are 106 NCS member schools that have football programs. There are now 84 spots in the NCS playoff brackets for those 106 teams. 79% of NCS football teams make the playoffs.
9. Starting football practice so early in the summer conflicts with summer school as many schools schedule morning practices to avoid the heat of the day in late July/early August.
10. Starting football practice one week later allows more time for principals, AD's, and school support staff to do necessary academic and residential checking.

Possible Objections to the Proposal

1. Those who believe more is better will be disappointed with one fewer football game.
2. It's a change from what we're doing now. Change is threatening.

R, D, A

**B. Proposal to reduce number of allowable football contests in 101H from 10 + 1 to 9 + 1.
Date of Requested Implementation: July 1, 2018.**

Rationale in Support of Proposal

The WACC supports playoffs and feels that they are an important part of educational athletics. In recent years, however, the CIF has expanded regional and statewide playoffs and has moved those playoffs earlier in the school calendar year. The calendar for the 2018-19 school year, published by the NCS staff on 5/18/16, did not reflect recent CIF expansions. The CIF then published its next adaptations/expansion in the sport of football, coming in the 2018-19 school year. NCS staff members then proposed a change to the three-year calendar, dated 11/8/16, based on those CIF adaptations/expansions. Football would begin one week earlier in the school year. Those "season of sport" start dates and ending dates and the movement of NCS championships earlier in the calendar year were of such concern to NCS member leagues that the proposed three-year calendar change (dated 11/8/16) was tabled at the December 2016 SAC meeting to allow SAC members to look at alternatives.

It is easy to be against something, but much harder to propose a change, to look at alternatives. This proposal is one of several alternatives that the WACC is putting forward to the NCS SAC for discussion/action at the late February SAC meeting. It allows for educationally sound playoffs but puts those playoffs in a timeline that more clearly supports our mission of educational athletics. Here are some of the WACC's concerns about the proposed three-year calendar:

1. Starting football in late July before schools are even in session is not **educational** athletics. It is especially difficult at the non- varsity level. Most site administrators are not yet back at work; most educational support staff is not yet back at work; most of the athletic administrative staff is not back at work. Games are scheduled and played before students are back in school. For example, the 1st football game would be scheduled before 10 of the 12 WACC schools are back in session. (Please see Attachment # 1). A generation ago the "season-of-sport," the 1st day of official football practice in the fall, was on August 23. It is now proposed to be on July 30, 2018. Whilst traditionally very strong athletic programs might be able to get freshman programs going before school even starts, average athletic programs (the great majority of NCS schools) find it difficult to get freshmen involved in athletics until school actually starts.
2. The increase in the number of playoff teams and playoff games, both at the NCS and CIF levels, has meant that the average high school football team is playing in more football games than most D I university football programs. (Cal played 12 games this year.) A generation ago there were 24 spots for football teams in the three-week NCS playoffs; there are now 84 spots in four-week playoffs.
3. 84 of the 106 NCS member schools with football programs would still be playing ten football games; the last game would be an NCS playoff game.
4. In recent years the CIF had added two weeks of football games to a playoff schedule; football playoffs last six weeks. This has meant that football officially begins in late July and goes on until right before the winter break. This season of sport is too long.
5. #2 and #4 above have caused some NCS schools to play 16 football games; several NCS schools to play 15 football games, and many NCS schools to play 13 or 14 games. This is too many games.
6. This would allow football practice to begin one week later in the school calendar year, closer to the time when NCS member schools are actually in session. Football practice would begin when fall sports practice begins.
7. The first game for many schools now comes before school is in session. An NCS school has dropped its football program; others are looking at the possibility of doing so. Putting less emphasis on football and beginning it later in the school calendar year might help reverse this trend.

Possible Objections to the Proposal

1. The maximum number of football contests has been 10+ 1 forever. This would be a major change.
2. There would be one fewer non-league contest that the seeding committee uses to seed teams for playoffs.

Income and Expenses Related to Implementation:

1. This should have no effect on NCS income.
2. Individual NCS member schools would "lose" one home game gate every two years. Individual NCS member schools would save on one "travel" date every two years.

R, D, A

C. Change format of NCS Championships in volleyball, water polo, basketball, soccer, baseball, softball, and lacrosse (Attachment S)

Description of the Proposal:

- A. Begin the "season-of-sport"
 - a. a week later in the school calendar and finish at the same time we do now, OR,
 - b. two weeks later in the school calendar and finish a week later than we do now
 - c. The above would be dependent on the "season of sport" and whether the CIF conducts championship tournaments in those sports. If there are CIF regional championships, basketball for example, we would work backwards from the start date of those championships. If there are no CIF regional championships,

soccer for example, we would work forwards from the season-of-sport start date. The length of the season-of-sport would remain the same as it is now.

B.	Establish ten 8-team brackets in the following manner.	
	a.	Continue to divide NCS programs in the same number of divisions as we do now (no change)
	b.	Conduct NCS playoffs in the following manner (Change)
	i.	The best eight teams in each of the Divisions I – V would be selected for the AA bracket
	ii.	The next best eight teams in those five divisions, I – V, would be selected for the A bracket
	iii.	Winners of the AA bracket would be AA bracket NCS champions and, if applicable where the CIF conducts regional championships, would be eligible to move on to CIF regional championship playoffs.
	iv.	Winners of the A bracket would be A bracket NCS champions but would not be eligible to move on to CIF regional championship playoffs
	c.	Conduct NCS championship over one week instead of two weeks (change)
	a.	First round contests scheduled for Tuesday
	b.	Second round contests scheduled for Thursday
	c.	Championships scheduled for Saturday
To summarize:		
	A.	The length of the season of sport does not change.
	B.	The number of teams qualifying for NCS playoffs does not change
	C.	Brackets limited to eight teams
	D.	Twice the number of NCS Champions
	E.	One week for NCS Championships instead of two

Date of Requested Implementation: July 1, 2018.

Rationale in Support of Proposal — General to All Playoff Discussions

The WACC supports playoffs and feels that they are an important part of educational athletics. In recent years however, the CIF has expanded regional and statewide playoffs and has moved those playoffs earlier in the school calendar year. The calendar for the 2018-19 school year, published by the NCS staff on 5/18/16, did not reflect recent CIF expansions. The CIF then published its next adaptations/expansions in the sports of football, volleyball, basketball, boys' wrestling, baseball, softball, swimming, track, and volleyball, coming in the 2018-19 school year. NCS staff members then proposed a change to the three-year calendar, dated 11/8/16, based on those CIF adaptations/expansions. Football would begin one week earlier in the school year; all winter sports would begin two weeks earlier in the school year; all spring sports would begin one week earlier in the school calendar. NCS playoffs in the sports of football, volleyball, basketball, boys' wrestling, baseball, softball, swimming, track, and volleyball would all begin one or two weeks earlier in the school year. Those "season of sport" start dates and ending dates and the movement of NCS championships earlier in the calendar year were of such concern to NCS member leagues that the proposed three-year calendar change (dated 11/8/16) was tabled at the December 2016 SAC meeting to allow SAC members to look at alternatives.

It is easy to be against something, but much harder to propose a change, to look at alternatives. This proposal is one of several alternatives that the WACC is putting forward to the NCS SAC for discussion/action at the late February SAC meeting. It allows for educationally sound playoffs but puts those playoffs in a timeline that more clearly supports our mission of educational athletics. Here are some of the WACC's concerns about the proposed three-year calendar:

1. Starting football in late July and the other fall sports in early/mid-August, before schools are even in session, is not educational athletics. It is especially difficult at the non-varsity level. Most site administrators are not yet back at work; most educational support staff is not yet back at work; most of the athletic administrative staff is not back at work. Games are scheduled and played before students are back in school. For example, the first football game would be scheduled before 10 of the 12 WACC schools are back in session. {Please see

Attachment # 1). A generation ago the "season-of-sport," the first day of official practice in the fall, was on August 23 for all fall sports. It is now proposed to be on July 30, 2018 for football and August 13, 2018 for other fall sports. While traditionally very strong athletic programs might be able to get freshman programs going before school even starts, average athletic programs (the great majority of NCS schools) find it difficult to get freshmen involved in athletics until school actually starts.

2. The winter sports start date is proposed for October 22, 2018. Starting winter sports in mid-October, two weeks earlier than at present; two months before winter actually starts, and ending them in early February causes a major disruption in the educational mission of NCS-member schools. League schedules will need to begin in early December instead of after the winter Break and holiday tournaments in basketball and soccer will be seriously affected. The two-week winter Break is when administrative staff and athletic staff have their much-needed break and there will be increased pressure to scheduled league contests during that time period. When soccer becomes a NorCal sport, as is scheduled, the soccer schedule will be moved even earlier in the school calendar. A generation ago the "season-of-sport," the 1st day of official practice in the winter, was on November 11. It has moved three to four weeks earlier in the school calendar.
3. The spring sports start date is proposed for January 28, 2019. When spring sports begin in late January, two months before spring begins, as is scheduled, and end in late April/early May, weather in many parts of the NCS becomes a major factor. Of the ten CIF sections, the NCS and Northern sections are most affected by weather concerns. Scheduling practice and games in the sports of baseball, golf, lacrosse, soccer, softball, swimming, tennis, and track in inclement weather is very difficult. The proposed calendar replaces May games with February games. Spring Break, now scheduled in the middle of the spring "season-of-sport" will be pushed more to the end of that season and there will be increased pressure to schedule league contests during the break. For example, those schools that traditionally take the week after Easter as their spring break week will be on spring Break the week of April 22-26, 2019, the week leagues will have their league championships in tennis and swimming and the week before their championships in several other spring sports. Spring break week is used for traditional tournaments and allows administrative and athletic staff at NCS member schools to get some time off. Spring break week will now need to be used for league games and weather-related make-up games. A generation ago the "season-of-sport," the 1st day of official practice in the spring, was on February 11. We have moved this start date two weeks earlier in the school calendar.
4. There is an increased overlap between fall sports and winter sports, then between winter and spring sports. This is being caused by the earlier start dates at the beginning of the winter and spring seasons and the expansion of playoffs at the back end of the fall and winter seasons. This makes it very difficult for a student-athlete as they can't "try out" for a winter team until their fall sport is concluded. (Please see Attachment # 2). Whilst some student-athletes at schools with very strong athletic programs concentrate on only one sport, the majority of average NCS athletes are still "experimenting" with more than one sport and increasing the overlap between seasons-of-sport makes this difficult. In addition, this increased overlap also causes a concomitant overlap in scheduling gym use between fall/winter sports and winter/spring sports. This is especially difficult in the winter months when basketball is still going on while spring sports need to use the gym because of weather.
5. WACC principals have been insistent about scheduling no more than two contests a week (ideally one home and one away) in all sports (except obviously football), unless there are unusual circumstances such as a traditional basketball tournament or a softball rainout that must be made up. The earlier end dates proposed for fall sports and a reluctance to schedule games before school starts means we'll need to cram the same number of games into fewer available "season-of-sport" weeks in many fall sports. The reluctance to schedule league contests during the two-week winter Break means we'll need to cram the same number of games into fewer available "season-of-sport" winter week. Weather issues in January, February and March means we'll need to cram the same number of games into fewer available "season-of-sport" spring weeks.
6. Whilst playoffs are an important part of educational athletics, they're not the reason NCS-member high schools have chosen to have soccer or baseball or

softball or basketball or other athletic teams. Playoffs have a place at the end of a season and should be a reward for having a good season. Playoffs should not dictate the start of the season and certainly should not drive the season earlier in the school calendar. In recent years, the CIF has pushed seasons in many sports as much as four weeks earlier in the school calendar. The playoff tail should not wag the league season dog.

7. And most importantly, we are playing too many playoffs games over too many playoff weeks and missing too much class to do so:
 - a. Several NCS member schools played 16 football games this year; many played 13 or 14. This is too many games for a 16-year-old. As a comparison, Cal Berkeley played 12 games; Stanford 13.
 - b. Basketball and volleyball might have as many as nine playoff games.
 - c. These playoff games are scheduled over too many weeks and are disrupting the educational mission of NCS member schools. Football {six weeks of playoffs}, basketball and volleyball {five weeks of playoffs}, golf and wrestling {four weeks of playoffs} are especially impacted.
 - d. Preseason games and league games are easy to plan for as they're scheduled many months in advance and can be easily rescheduled around other school activities. NCS playoff games are published well in advance; schools don't know whether and where they'll be playing but they can make some educated guesses. Postseason regional and statewide playoffs, the CIF games, are very last-minute, most involve hours of travel and are expensive for the involved schools.
 - e. Partially reimbursed travel expenses are a major drain on educational budgets as schools are playing an increasing number of last-minute games at some distance from their school sites. The realistic costs of participating in regional and statewide games are much greater than the reimbursement amount.

Rationale in Support of Proposal—Specific to this proposal

1. Allows the NCS to begin fall sports one week later in the school calendar year, closer to the time that school actually begins in August. This would reverse the encroachment that playoff games have had at both ends of the fall season. The only week of NCS volleyball playoffs a generation ago was November 19 – 23. Next year, the first week of two-week playoffs is scheduled for October 30 to November 4. The following year it is scheduled for October 24 – 28, four weeks earlier than a generation ago.
2. Allows the NCS to begin winter sports one week later in the school calendar year and adds a week in February for league games. The season of sport for basketball is scheduled to end on February 9 in the 2018 – 2019 season, leaving only five weeks for league games after the winter break. The NCS playoffs are scheduled for February 11 – 15. The only week of NCS basketball playoffs a generation ago was March 2 – 6. In 2017 – 2018, the first week of two week playoffs is scheduled for February 19 – 23. The following year the first week of NCS playoffs is scheduled for February 11 – 15.
3. Allows the NCS to begin spring sports a week later in the school calendar. We are now pushing the start date for spring sports to the middle of winter. Many of these sports are outside sports and the winter weather in the NCS geographical area makes practice and games difficult this early in the year. We'll have more games in May, fewer in February.
4. The NCS could make sport specific playoffs weeks for volleyball, water polo, basketball, soccer, baseball/softball and lacrosse while leaving the length of the seasons the same as they are now. There would be no change in the number of teams participating in NCS playoffs and no change in the number of games those teams play.

To review:

1. There would be no change in the number of playoff spots in any of the above sports.
2. Many teams selected for the NCS playoffs would play one fewer game every year.
3. The number of first round blowout games would be reduced exponentially.
4. Many average athletic programs that would now be seeded somewhere between 12 and 16 do not now apply for NCS playoffs, knowing that they'd be blown out of their first game and end the season on a downer. These schools would be encouraged to apply for NCS playoff consideration as they would have

a good shot at a first round victory. There will be fewer open spots in brackets.

Possible objections to the proposal.

1. Those who believe more is better will be disappointed with one fewer game.
2. It's a change from what we are doing now. Change is threatening.

Income and expenses related to implementation:

1. The NCS uses gate receipts from contests to offset the costs of running the NCS. The above proposal would keep about the same number of NCS playoff games as we have now, but each of those games would be more competitive and therefore might attract a greater crowd. An educated guess is that this proposal would increase NCS gate income.
2. Game expenses should remain approximately what they are now. There would be some slightly increased award expenses as there would be ten champions instead of five.

R, D, A

D. Motion to add a definition to geographical area for determining placement of playoff games. (CMC)

Description of the Proposal:

At present time, there is no definition of geographical area for determining where games are assigned for playoffs. Our proposal is to add a definition for geographical area in the Sport and General Ruling Handbook, rule 521H, Criteria for Determining Which Geographical Area Games are Assigned. We would therefore like to add a definition under rule 521H to read "Geographical area is defined as any field in your designated league".

Date of Requested Implementation:

2017-2018 school year.

Rationale in Support of Proposal

Allow schools to participate in a playoff game somewhere in their league if their own field is unable to host a playoff game. Leagues are assigned in geographical proximity and so should playoff games. It is unfair for rural teams to have to travel over three hours to play in a playoff game when another field in their league is available.

Possible Objections to the Proposal:

Longer commute for some teams.

Income and Expenses Related to Implementation:

Possible lower gate revenue. Unclear, as either way, teams need to travel.

CMC vote: Unanimous

R, D, A

E. Motion to adopt the following revision to 103H, penalty for violation of the NCS set starting date for practice.

103H Penalty for Violation of Sports and General Rulings Bylaws 101H (starting dates) and 202H

A team which violates NCS Bylaws 101H (starting dates) and 202H (related to earliest day practice may begin) shall:

- a. Forfeit **three** more days of practice **for every day** than it gained by exceeding the earliest starting date.

Violations which are self - reported according to NCS 1103.B are subject to the above penalty, a minimum penalty. Leagues are not allowed to reduce the penalty. Violations that are not self - reported are subject to NCS 1103.C.

- b. **If a school participates in scrimmages or games outside the approved season of sport the school shall:
Forfeit an equal number of scrimmages/games as gained by violation of the earliest starting date according to 101H. Leagues are not allowed to reduce the penalty. Violations that are not self-reported are subject to NCS 1103.C.**

VII. Old Business

R, D, A

A. 3-year Championship Calendar (Attachment T)

X. Staff Reports and Current Season Reports

- A. Commissioner
- B. Associate Commissioner
- C. Assistant Commissioner

XI. Spring season sports reports

XII. Fall season sports reports

VI. NBL NEW BUSINESS

R, D, A

A. Proposed boys' and girls' soccer schedules. (Jan & Dean)

The proposed schedules may be found at the end of this agenda.

R, D, A

B. Proposed boys' and girls' basketball schedules (Jan & Dean)

The proposed schedules may be found at the end of this agenda.

R, D, A

C. Honor Coach Nominations for 2017 – 2018 (Jan)

The NCS Honor Coach selection committee will be meeting following the Sports Advisory meeting on February 27. We will be selecting all of the honor coaches for the 2017 – 2018 school year. We would like some more nominations for the following sports: Boys and girls' tennis, volleyball, boys' and girls' golf, girls' basketball, boys' and girls' soccer, girls' wrestling and boys' and girls' lacrosse.

R, D, A

D. Pitch count form (Jan)

Forms are attached to the email. I developed two forms and the NCS developed two forms. I sent them out to all baseball coaches for review, but only two coaches responded. Thank you TJ and John. Both liked my forms, so if ADs approve, we will use those in the league this season.

Motion to recommend that the following information be added to the baseball bylaws, effective immediately:

At their preseason meeting, coaches agreed to the following:

- a. An adult scorekeeper will keep the pitch count.
- b. The form will be reviewed at the end of the inning by both scorekeepers.
- c. The form will be signed by both coaches at the end of the game.
- d. The forms will be kept in a binder and MUST be shown to the opposing coach at the beginning of each game.

R, D, A

E. Modification of current sportsmanship program (Jan)

NBL Board of Managers are in favor of this proposal, but want the total points per season divided by # of sports in which member schools participate and then the percentages used to determine the championship school. This amended proposal will then come forward for a vote in the spring.

This award is to honor the school that has had the greatest overall success in athletic and scholastic achievement as well as demonstrated good sportsmanship during each season of sport.

CRITERIA

- Schools will receive five points for first place, three points for second place and one point for third place in team athletic competition.
- Scholastically, schools will earn five points for first place, three points for second place and one point for third place. The NBL would use the same criteria as used for the NCS Scholastic Awards program, so no additional work would be required to determine the top three teams.
- Sportsmanship criteria
 1. Each school that has no ejections for all sports is awarded 15 points
 2. Each school that has 1 ejection for all sports is awarded 10 points
 3. Each school that has 2-3 ejections for all sports is awarded 5 points
 4. Each school that has 4-5 ejections for all sports is penalized -5 points
 5. Each school that has 6 ejections for all sports is penalized -10 points
 6. Each school that has 7+ ejections for all sports is penalized -15 points

The school earning the largest percentage of points after taking all points and dividing by the number of varsity teams that the school enters into NBL competition will be declared the sportsmanship winner. For example if a school fields 12 varsity teams and earns twenty-four points, their average is 2.0. If another school fields 10 varsity teams and earns twenty-four points, their average is 2.4. Therefore, the second team would be named the winner.

F. Proposed tennis bylaw revisions, effective immediately. (Dean)

11.309 Side-line coaching

Prior to each league tennis match, opposing coaches will meet and agree to the number of individuals who will be coaching during the match. A maximum of two coaches will be allowed ~~and the number of coaches from each team must be equal.~~ Only those coaches who are agreed upon prior to the match may coach during the match. If a school believes that this rule was violated by an opposing school, the aggrieved school is instructed to contact the opposing school's athletic director and/or administrator.

11.801 NCS Qualifying Tournaments

Singles

- a. There shall be a singles tournament every year.
 - b. The tournament shall be a 16-player single elimination tournament with a consolation round.
 - c. Each school is allowed to send two entries.
 - d. ~~If a school does not have an entry, there will be a bye in the tournament bracket.~~ **If a school does not have two entries for the tournament, that spot may be filled by the next available entry.**
 - e. The winner of the tournament shall be the automatic entry into the NCS Championships.
 - f. The tournament must be played to third place.
 - g. Seeding will be done by the coaches on the first day before the first match. In the girls' and boys' tournament, a minimum of four players will be seeded.
- a. The tournament must be played to third place.
 - b. Seeding will be done by the coaches on the first day before the first match. In the girls' and boys' tournament, a minimum of four players will be seeded.

R, D, A

G. Proposed badminton bylaw revisions, effective immediately. (Jan)

1.801 There will be an NBL qualifying tournament for qualification to the NCS Championships.

- a. **The seeding meeting for the NBL Tournaments and the all-league meeting will take place on the Monday following the NBL league round robin schedule.**
- b. **The singles tournament will take place on the Tuesday following the league round robin; the doubles tournament will take place on the Wednesday following the singles tournament, and the mixed doubles tournament will take place on the Friday of that same week. Warm-ups will begin at 3:30 PM and match play will begin at 4:00 PM.**
- c. All players must play in the NBL tournament to qualify for the NCS Championships.
- d. Participants in the tournament must have played in at least one-half of the NBL matches at the varsity or junior varsity level.
- e. All schools participating in the NBL tournament must provide workers to assist the site directors. Each school should secure 2 – 3 volunteers.

R, D, A

H. Proposed track bylaw revisions, effective immediately. (Jan)

In a hand-held timed event tri-meet, home schools get two lanes and the visiting teams get three lanes each. In the second heat, the fastest runner from the home team will be timed with two watches and compete for a position for a position in the top four.

Motion: Doug Hastings
Second: John Anderson
Motion approved 8 – 0

Individual event scoring for dual meets is 5 (first place), 3 (second place), and 1 (third place). In a relay in a dual meet, the winning team will be awarded 5 points for first place. Individual event scoring for tri-meets is 5 points for first place, three points for second place, and two points for third place. Scoring for a relay in a tri-meet will be five points for first place and three points for second place.

Motion supported unanimously

R, D, A

I. Proposed basketball revisions (Jan)

3.804(F) If there are other ties in the seeding for the NBL tournament the criteria above shall be used, with the following exception: If the tie still exists after using the existing format, the team with the greater number of wins within **and above** the tie shall be seeded higher.

Rationale: The formula that we use specifies ties for first place and uses ties within the tie or below the tie. Ties for other positions, such as second, third or fourth, should be broken using wins within and above the tie, rather than below the tie.

INFO

J. Eligibility Committee Report (Jan)

- NCS philosophy is to grant the least restrictive eligibility possible
 - There has been a decrease in waivers and appeals over the past three years
 - CIF Home—Electronic Eligibility Waiver Update
 1. Common Errors by Athletic Directors
 - a. Failure to send the “Former School URL” link to the former school if a school is not included in CIF Home.
 - b. Failure to let NCS staff know what eligibility the student is seeking.
 - c. Student is a second, third, fourth time transfer and the school request the SOP
 - d. Don't know how CIF defines a valid change of address on the part of the student and those individuals the student established residential eligibility at the former school.
 2. Inclusion of other features in the CIF Home System
 - a. Collection of dues
 - b. Collection of total school enrollment report
 - c. Due date reminders
 - d. Master Calendar
 - e. Revision of Scholastic Awards process to make it easier for school personnel to submit teams over 3.00 (just input GPA)
 - f. For eligibility, CIF Home is linked to every section in the state
- NOTE: CIF home may get stuck in your spam folder—check regularly
- The Sit out period day is NOT 30 days; it is a date, counting weeks from the NFHS calendar. Fall SOD is week fourteen; Winter SOD is week 27 and Spring SOD is week 40.
 - The sit out period must be long enough to be a deterrent to transferring (but also not too long) and not too short so as to be no big deal.
 - There is an interest in some sections to try to standardize the percentage of games missed, rather than look at weeks.

INFO

K. Status of negotiations with officials' groups servicing our league schools. (Dean)

VII. INFORMATION FROM NCS COMMISSIONERS

FROM THE DESK OF KAREN SMITH

NCS/LES SCHWAB TIRES CHAMPIONSHIPS

Volleyball Champions- D1-Monte Vista, D2-Campolindo, D3- Marin Catholic, D4- Branson, D5-Head-Royce, D6-Mendocino
 Girls' Golf- Division 1-Dougherty Valley, Division 2 – St. Patrick/St. Vincent
 Water Polo Champions-Division 1 Girls' -San Ramon Valley, Boys'-Miramonte, Division 2-Girls' Acalanes, Boys' - Tamalpais
 Girls' Team Tennis Champions-Division 1- Monte Vista, Division 2-Piedmont
 Fall Soccer Champions- Division 1 Girls'-Montgomery, Division 3 Girls'-Sonoma Academy, Division 1-Boys' Fortuna, Division 2 Boys'-Drew, Division 3 Boys'-Tomales
 Cross Country Champions- Girls'- D1-Castro Valley, D2-Granada, D3- Campolindo, D4-Miramonte, D5-St. Joseph Notre Dame; Boys'- D1-Dougherty Valley, D2-Dublin, D3-Campolindo, D4-Bishop O'Dowd, D5-Lick Wilmerding
 Football – Open-De La Salle, D1-Monte Vista, D2-Campolindo, D3-Bishop O'Dowd, D4-Cardinal Newman, D5-St. Patrick/St. Vincent

NCS/LES SCHWAB TIRES BASKETBALL CHAMPIONSHIPS

NCS staff is making final arrangements on sites to be used during the NCS/Les Schwab Tires Basketball Championships. Arrangements include the use of the St. Mary's College and several other high schools with facilities with larger seating capacities and locations approximate to potential higher seeded teams in the championship round. Neither the Oakland Oracle Arena nor the University of California is available for the NCS/ Les Schwab Tires Basketball Finals this year. Championship dates are as follows:

<u>Divisions</u>	<u>Dates (Tues., Wed., Fri., Sat., Wed. and Sat.)</u>
Divisions I-III	Feb. 21, 24, Mar. 1, Mar. 3 or 3* Depending on availability of facilities
Divisions IV-VI	Feb. 22, Feb. 25, Mar.1, Mar. 3 or 4* Depending on availability of facilities

NFHS Network selection show

NCS has partnered with NFHS Network to broadcast a selection show on seeding Sundays for the following sports; football, girls and boys basketball. This is an exciting way to create even more interest in the NCS championships. Brackets for the above mentioned sports will be announced live through an online selection show.

NCS WINTER SOCCER and BASKETBALL AT-LARGE & SEEDING COMMITTEE

Committee members are already working hard studying teams in the process of selection of at-large and seeding of teams for the NCS Winter Soccer and Basketball Championships. Each participant has been sent information concerning their responsibilities, meeting date and internet locations where they can track potential teams, review records, head to head competition, common opponents, etc.

ELMER BROWN AWARD

Current fall standings for the Elmer Brown Award of Excellence are as follows; (Football, and scholastic awards are not recorded yet)

- 1 Cardinal Newman- 39
- 2- Monte Vista- 29
- 3- Campolindo/Granada-27

OFFICIAL BALL PROGRAM

NCS is currently reviewing proposals for securing official ball contracts in the sports of baseball, volleyball, softball, and basketball

FROM THE DESK OF BRI NIEMI

GIRLS WRESTLING

The Girls NCS/OS wrestling championships will take place at Albany HS once again this year. The North Coast Section will have three qualifiers for state in each weight class. The Girls Wrestling tournament dates are Fri.-Sat., Feb. 10-11 (time schedule TBD). Albany HS will be in session on Friday – coaches should adhere to the posted time schedule and access the gym from the adjacent streets, limiting visitors on campus.

Please remind your schools that sponsor girls' wrestling that the CIF rule of one entry, per weight class, per school is in effect. All girls must declare their weight class by the entry deadline and must make weight at the weigh-ins in order to compete. Finally, please note that **girls may compete in their league tournaments, following the NCS qualifier.**

BOYS WRESTLING

NCS boys wrestling will take place again at James Logan HS. Coaches are encouraged to make hotel arrangements early – the headquarters hotel, with a reduced rate, is listed in the NCS bulletin. The North Coast Section will have three qualifiers for state in each weight class. The Boys Wrestling tournament dates are Fri.-Sat., Feb. 24-25.

The boys' wrestling seeding meeting will be at College Park HS on Sun., Feb. 19. As a reminder, only two representatives per league shall be present to seed the tournament, with only one representative speaking on behalf of the league. Leagues will be required to submit their representatives to the NCS.

IMPORTANT REMINDER FOR PRE-MATCH WEIGH-IN FORMS FOR WRESTLING

It is very explicit that at every wrestling dual meet and every tournament, a pre-match weigh-in form is to be presented to the other coach or the tournament director prior to weigh-ins. This form is to be generated by the coach from the TrackWrestling website. It shows the roster of wrestlers that will be weighed-in for that event, their minimum weight they can be for that date, as well as a spot to put the exact weight and a slot for the official to check off the skin checks. There are also places for the signatures of the coaches and officials conducting the weigh-ins and skin checks. As a reminder, this is a requirement, not a request. Please remind your coaches they **MUST** present their pre-match weigh-in forms at all wrestling meets.

LATE WRESTLING ASSESSMENTS

As a reminder, the deadline for wrestling assessments was January 15, 2017, however the CIF does have two hardship exceptions for any student-athlete that did not get assessed before the deadline. Athletic directors can contact the NCS for the hardship definitions as well as the late certification form, which must be signed off by the NCS prior to assessment.

VIII. DISCUSSION FROM THE FLOOR

IX. ADJOURNMENT

NORTH BAY LEAGUE

Boys' and Girls' Soccer Schedule, 2017 – 2018

(First Year of Rotation)

VARSITY BOYS AND GIRLS AT THE SAME SITE; JVs AT OPPOSITE SITE (Proposal #1)

GIRLS AT 4:00 & BOYS AT 6 IN THE FIRST ROUND; BOYS AT 4:00 AND GIRLS AT 6 IN THE SECOND ROUND

First Day of Practice: November 6, 2017

Number of Contests: 24 Games & 2 Scrimmages

Each contest in a tournament counts as one contest.

Game times: First game: 4:00 PM, Second game: 6:00 PM

FRIDAY, DECEMBER 8, 2017

Santa Rosa at Montgomery
Maria Carrillo at Ukiah
Rancho Cotate at Casa Grande
Windsor at Cardinal Newman

FRIDAY, DECEMBER 15, 2017

Casa Grande at Windsor
Ukiah at Rancho Cotate
Montgomery at Maria Carrillo
Cardinal Newman at Santa Rosa

WEDNESDAY, DECEMBER 20, 2017

Windsor at Rancho Cotate
Maria Carrillo at Casa Grande
Ukiah at Santa Rosa
Cardinal Newman at Montgomery

FRIDAY, DECEMBER 22, 2017

Santa Rosa at Windsor
Rancho Cotate at Maria Carrillo
Montgomery at Ukiah
Casa Grande at Cardinal Newman

WEDNESDAY, JANUARY 10, 2018

Windsor at Montgomery
Maria Carrillo at Santa Rosa
Casa Grande at Ukiah
Cardinal Newman at Rancho Cotate

FRIDAY, JANUARY 12, 2018

Maria Carrillo at Windsor
Santa Rosa at Rancho Cotate
Montgomery at Casa Grande
Ukiah at Cardinal Newman

WEDNESDAY, JANUARY 17, 2018

Windsor at Ukiah
Casa Grande at Santa Rosa
Rancho Cotate at Montgomery
Cardinal Newman at Maria Carrillo

FRIDAY, JANUARY 19, 2018

Montgomery at Santa Rosa
Ukiah at Maria Carrillo
Casa Grande at Rancho Cotate
Cardinal at Windsor

WEDNESDAY, JANUARY 24, 2018

Windsor at Casa Grande
Rancho Cotate at Ukiah
Maria Carrillo at Montgomery
Santa Rosa at Cardinal Newman

FRIDAY, JANUARY 26, 2018

Rancho Cotate at Windsor
Casa Grande at Maria Carrillo
Santa Rosa at Ukiah
Montgomery at Cardinal Newman

WEDNESDAY, JANUARY 31, 2018

Windsor at Santa Rosa
Maria Carrillo at Rancho Cotate
Ukiah at Montgomery
Cardinal Newman at Casa Grande

FRIDAY, FEBRUARY 2, 2018

Montgomery at Windsor
Santa Rosa at Maria Carrillo
Ukiah at Casa Grande
Rancho Cotate at Cardinal Newman

WEDNESDAY, FEBRUARY 7, 2018

Windsor at Maria Carrillo
Rancho Cotate at Santa Rosa
Casa Grande at Montgomery
Cardinal Newman at Ukiah

FRIDAY, FEBRUARY 9, 2018

Ukiah at Windsor
Santa Rosa at Casa Grande
Montgomery at Rancho Cotate
Maria Carrillo at Cardinal Newman

NBL All-league Meeting: Monday, February 12, 2017, 4:30 PM at site TBD by the coach of the league champion

Deadline for Leagues to Determine Qualifiers: February 10, 2017

Final date for competition other than NCS Championships: February 10, 2017

Winter Soccer At-Large and Seeding Meeting: February 11, 2017

Winter Soccer Championships: February 14, 17, 21, 24, 2017

PROPOSED SOCCER SCHEDULE (#1)

Schedule #1 would work for JV/V double headers or JV/JV and V/V double headers

- Boys' and girls' varsity would play a double header at one site and while the JV teams would play at the opposite site.
- Or, JV and Varsity boys' would play at one site while JV and varsity girls would play at the opposite site.
- Note: the boys' would like to play on Tuesday and Friday instead of Wednesday and Friday.
- This schedule could be adjusted to have two games in the first round to allow SR to enter a D1 tournament.

PROS	CONS
<ul style="list-style-type: none"> • Would allow three school days of open field usage for practice 	<ul style="list-style-type: none"> • Would split crowds between JV and varsity teams
<ul style="list-style-type: none"> • Would lessen the number of nights an administrator would be out to supervise soccer to just two nights per week. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Prior to winter break, teams would play one game per week for two weeks, then two games per week for the remainder of the season. This allows time to schedule non-league games. 	<ul style="list-style-type: none"> • Santa Rosa (Division 1) and Cardinal Newman (Division 3) would like to schedule teams in their own bracket during December.
<ul style="list-style-type: none"> • This schedule has teams out just one school night per week and just two nights per week, total. 	<ul style="list-style-type: none"> •
<ul style="list-style-type: none"> • Each varsity team would get one "premier" night (Friday) per week. 	<ul style="list-style-type: none"> • Could impact gate receipts as both varsity teams are playing one night, with one gate, instead of two nights with two gates. Some coaches think that this would enhance the gate.
<ul style="list-style-type: none"> • If we play the regular JV/V schedule, coaches could watch their other teams play at the same site. 	<ul style="list-style-type: none"> • If we play the double varsity schedule, varsity coaches would not be able to see their JV teams throughout the league season
<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Student-athletes would miss some basketball games throughout the season. No one gets to do everything they want; choices need to be made throughout one's life.

NORTH BAY LEAGUE BOYS' BASKETBALL SCHEDULE
2017 – 2018 (second year)—Reverse of 2016 – 2017 schedule, two games per week,
START BEFORE WINTER BREAK

First day of practice: November 6, 2017
 Maximum number of contests: 26 games and two scrimmages
 Game times: frosh—4:30 PM; JV—6:00 PM; Varsity—7:30 PM

FRIDAY, DECEMBER 22

Casa Grande at Windsor
 Santa Rosa at Maria Carrillo
 Ukiah at Montgomery
 Rancho Cotate at Cardinal Newman

WEDNESDAY, JANUARY 3

Windsor at Santa Rosa
 Maria Carrillo at Casa Grande
 Cardinal Newman at Ukiah
 Montgomery at Rancho Cotate

FRIDAY, JANUARY 5

Santa Rosa at Cardinal Newman
 Windsor at Rancho Cotate
 Casa Grande at Montgomery
 Ukiah at Maria Carrillo

TUESDAY, JANUARY 9

Casa Grande at Santa Rosa
 Maria Carrillo at Windsor
 Rancho Cotate at Ukiah
 Cardinal Newman at Montgomery

THURSDAY, JANUARY 11

Ukiah at Casa Grande
 Maria Carrillo at Cardinal Newman
 Santa Rosa at Rancho Cotate
 Montgomery at Windsor

SATURDAY, JANUARY 13

Casa Grande at Rancho Cotate
 Ukiah at Santa Rosa
 Windsor at Cardinal Newman
 Montgomery at Maria Carrillo

TUESDAY, JANUARY 16

Cardinal Newman at Casa Grande
 Rancho Cotate at Maria Carrillo
 Windsor at Ukiah
 Santa Rosa at Montgomery

THURSDAY, JANUARY 18

Windsor at Casa Grande
 Maria Carrillo at Santa Rosa
 Montgomery at Ukiah
 Cardinal Newman at Rancho Cotate

WEDNESDAY, JANUARY 24

Santa Rosa at Windsor
 Casa Grande at Maria Carrillo
 Ukiah at Cardinal Newman
 Rancho Cotate at Montgomery

FRIDAY, JANUARY 26

Cardinal Newman at Santa Rosa
 Rancho Cotate at Windsor
 Montgomery at Casa Grande
 Maria Carrillo at Ukiah

TUESDAY, JANUARY 30

Santa Rosa at Casa Grande
 Windsor at Maria Carrillo
 Ukiah at Rancho Cotate
 Montgomery at Cardinal Newman

THURSDAY, FEBRUARY 1

Casa Grande at Ukiah
 Cardinal Newman at Maria Carrillo
 Rancho Cotate at Santa Rosa
 Windsor at Montgomery

WEDNESDAY, FEBRUARY 7

Rancho Cotate at Casa Grande
 Santa Rosa at Ukiah
 Cardinal Newman at Windsor
 Maria Carrillo at Montgomery

FRIDAY, FEBRUARY 9

Casa Grande at Cardinal Newman
 Maria Carrillo at Rancho Cotate
 Ukiah at Windsor
 Montgomery at Santa Rosa

NBL Tournament	February 13,, 14, 16 or 17
Foundation games	November 21
NBL All-league meeting	February 19
Deadline for NBL to determine qualifiers	February 17
Division I-VI at-large and seeding meetings	February 18
Division I-III first round games	February 20
Division IV-VI first round games	February 21
Division I-III quarterfinal round games	February 23
Division IV-VI quarterfinal round games	February 24
Division I-VI semifinal games	February 28
Division I-VI championship games	March 2, 3
Nor Cal Championships, Division I-VI	March 7, 8, 10, 13
CIF Regional BB Championship Finals	March 17
CIF Championships, Division I-V	March 23, 24

NORTH BAY LEAGUE GIRLS' BASKETBALL SCHEDULE

2017 – 2018 (second year)
START BEFORE WINTER BREAK

First day of practice: November 7, 2016
Maximum number of contests: 26
Game times: frosh—4:30 PM; JV—6:00 PM; Varsity—7:30 PM

FRIDAY, DECEMBER 22

Windsor at Casa Grande
Maria Carrillo at Santa Rosa
Montgomery at Ukiah
Cardinal Newman at Rancho Cotate

TUESDAY, JANUARY 2

Santa Rosa at Windsor
Casa Grande at Maria Carrillo
Ukiah at Cardinal Newman
Rancho Cotate at Montgomery

THURSDAY, JANUARY 4

Cardinal Newman at Santa Rosa
Rancho Cotate at Windsor
Montgomery at Casa Grande
Maria Carrillo at Ukiah

MONDAY, JANUARY 8

Santa Rosa at Casa Grande
Windsor at Maria Carrillo
Ukiah at Rancho Cotate
Montgomery at Cardinal Newman

WEDNESDAY, JANUARY 10

Casa Grande at Ukiah
Cardinal Newman at Maria Carrillo
Rancho Cotate at Santa Rosa
Windsor at Montgomery

FRIDAY, JANUARY 12

Rancho Cotate at Casa Grande
Santa Rosa at Ukiah
Cardinal Newman at Windsor
Maria Carrillo at Montgomery

WEDNESDAY, JANUARY 17

Casa Grande at Cardinal Newman
Maria Carrillo at Rancho Cotate
Ukiah at Windsor
Montgomery at Santa Rosa

FRIDAY, JANUARY 19

Casa Grande at Windsor
Santa Rosa at Maria Carrillo
Ukiah at Montgomery
Rancho Cotate at Cardinal Newman

TUESDAY, JANUARY 23

Windsor at Santa Rosa
Maria Carrillo at Casa Grande
Cardinal Newman at Ukiah
Montgomery at Rancho Cotate

THURSDAY, JANUARY 25

Santa Rosa at Cardinal Newman
Windsor at Rancho Cotate
Casa Grande at Montgomery
Ukiah at Maria Carrillo

WEDNESDAY, JANUARY 31

Casa Grande at Santa Rosa
Maria Carrillo at Windsor
Rancho Cotate at Ukiah
Cardinal Newman at Montgomery

FRIDAY, FEBRUARY 2

Ukiah at Casa Grande
Maria Carrillo at Cardinal Newman
Santa Rosa at Rancho Cotate
Montgomery at Windsor

TUESDAY, FEBRUARY 6

Casa Grande at Rancho Cotate
Ukiah at Santa Rosa
Windsor at Cardinal Newman
Montgomery at Maria Carrillo

THURSDAY, FEBRUARY 8

Cardinal Newman at Casa Grande
Rancho Cotate at Maria Carrillo
Windsor at Ukiah
Santa Rosa at Montgomery

All-league meeting
NBL Tournament
Foundation games
NBL All-league meeting
Deadline for NBL to determine qualifiers
Division I-VI at-large and seeding meetings
Division I-III first round games
Division IV-VI first round games
Division I-III quarterfinal round games
Division IV-VI quarterfinal round games
Division I-VI semifinal games
Division I-VI championship games
Nor Cal Championships, Division I-VI
CIF Regional BB Championship Finals
CIF Championships, Division I-V

February 12
February 13, 14, 16 or 17
November 21
February 19
February 17
February 18
February 20
February 21
February 23
February 24
February 28
March 2, 3
March 7, 8, 10, 13
March 17
March 23, 24