## NORTH BAY LEAGUE

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## ATHLETIC DIRECTORS MEETING AGENDA, MONDAY, NOVEMBER 27, 2023, 10 AM Lewis Learning Center



|  |  |  | and place cannet attend the seeding meeting, then the varsity coach of the third-place team attend the seeding meeting. If only one of the varsity coaches from the first, second or thire e team can attend the seeding meeting, then the representative to the managementcommittee hant, the varsity coachos of the tiod toams will attond the soeding mooting. 3/27/2019 <br> osal: <br> NBL Wrestling representative and the coach of the first-place team from the qualifying league nament will represent the NBL at the NCS Seeding Meeting. If either the NBL representative or the place varsity coach cannot attend the seeding meeting or if they are the same person, the coach the second-place finisher in the league qualifying tournament shall attend the meeting. on supported by the wrestling coaches. |
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|  |  |  |  |
|  |  | .SAC betw | proposal developed by Rancho Cotate on changing NCS Bylaw 106.D. to allow movement veen the four Redwood Empire Football leagues every two years. (R/D/A) (Joe) |
|  |  |  |  |
|  | D. | Appro | roval of new RE Football Bylaws (R/D/A) (Joe) |
|  |  |  |  |
|  |  | Freshm | mman basketball team arrival times at away venues. (R/D) Joe |
|  |  |  |  |
|  |  | Winte | er Ejection Policy Verifications (R/D) Dean |
|  |  |  |  |
|  | G. | New | items (R/D) Joe |
|  |  |  |  |
|  | NCS S | SPORT | (TS ADVISORY COMMMITTEE (Full 12/4/23 SAC Agenda) |
|  |  | CONS | SENT AGENDA |
|  |  |  | There is no consent agenda for this meeting. |
|  |  |  |  |
|  | IV. | CIF IT | TEMS |
|  |  |  | HEAT ILLNESS AND AIR QUALITY INDEX (Information, Cruickshank) |
|  |  |  | Information regarding the amendment of CIF Bylaws 503.K. and 503.L. Attachment A (May be available at meeting) |
|  |  |  |  |
|  |  |  | FALL SPORT ACCLIMATIZATION POLICY (Information, Cruickshank) |
|  |  |  | Information regarding the establishment of a state-wide fall sport acclimatization policy. Attachment B (May be available at meeting) |
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|  |  |  | BOYS' VOLLEYBALL (Information, Cruickshank) Information regarding the establishment of a CIF Boys' Volleyball State Championship. Attachment C (May be available at meeting) |
|  |  |  |  |
|  |  |  | TRADITIONAL COMPETITIVE CHEER (Information, Cruickshank) Information regarding the establishment of a CIF Traditional Competitive Cheer Regional. Attachment D (May be available at meeting) |
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| V. NCS ITEMS |  |  |  |
|  |  |  | ATHREE-YEAR CALENDAR (R/D/A, Niemi) |



$\left.\begin{array}{|c|c|l|}\hline & & \begin{array}{l}\text { League Submitting Proposal: Swimming \& Diving Management Committee } \\ \text { Vote from Committee: 9-0 } \\ \text { Date of Requested Implementation: Spring 2024 } \\ \text { Description of Proposal: Proposal to adjust the 2024 NCS diving championship from its original } \\ \text { date (Thurs., May 2, 2024) to one day earlier (Wed., May 1, 2024). This would allow NCS to avoid a } \\ \text { USA Diving meet scheduled May 2-4, 2024. } \\ \text { Rationale in Support of Proposal: The key reason for this proposed change is to ensure we have } \\ \text { enough quality deck officials and meet management on site for the NCS championship. } \\ \text { Historically, NCS has moved swimming and diving championships by one full week when it } \\ \text { conflicted with the Santa Clara International meet on an Olympic year. } \\ \text { Concord Community Pool has informed NCS that the site is available for a Wednesday } \\ \text { championship meet. } \\ \text { Possible Objections to Proposal: Divers would have a shortened timeframe to register on } \\ \text { Divemeets and would be competing one day earlier than they have in the past meets. } \\ \text { Income/Expenses Related to Implementation: N/A. } \\ \text { Attachments: N/A. }\end{array} \\ \hline & \begin{array}{l}\text { E. WRESTLING (BOYS \& GIRLS) (R/D/A, Wrestling Management Committee) } \\ \text { Proposal to establish four divisional (sub-section) qualifying tournaments for the NCS Wrestling } \\ \text { Championships. Implementation beginning 2024-2025. (Attachment I below) }\end{array} \\ \hline \begin{array}{l}\text { League Submitting Proposal: Wrestling Management Committee } \\ \text { Vote from the League Regarding Proposal: 10-1-1 } \\ \text { Date of Requested Implementation: 2024/25 Season } \\ \text { Description of Proposal: (include bylaw revision, if appropriate) }\end{array} \\ \text { Boys and Girls Wrestling Divisional Qualifier } \\ \text { Four divisional (sub-section) qualifying tournaments to the NCS Wrestling Championship, which } \\ \text { would replace League tournaments as the qualifying tournament. These would be all comers } \\ \text { events with both boys and girls tournaments held at the same location. Each school will be } \\ \text { allowed one representative per weight class to their Divisional tournament. The projected } \\ \text { bracket size for all Divisional Tournaments based on current participation is } 8 \text { to } 24 \text { wrestlers. }\end{array}\right\}$




The current Masters tournament includes 868 male and female athletes generating income. The proposal for the new masters would include 560 male and female athletes generating income. The new Divisional tournament is proposed to have approximately 1300 male and female athletes generating income.

Total-current number of involved wrestlers is 1300 male and female athletes generating income. The new proposal for divisional tournaments would include approximately 1860 male and female athletes generating income.

Rationale in Support of Proposal:
Equality (Advantages to combined Boys and Girls tournaments) - Coaches will be able to coach both male and female athletes at the same venue as opposed to having split up their coaching staff and choosing which Masters tournament to attend. Teams will be able to travel together to the same venue reducing the cost of travel. NCS Officials will be condensed to one location at the Masters tournament improving the level of officiating and making it more equitable for female wrestlers. Girls wrestling in particular, will see an increase in visibility to the wrestling community with a combined Divisional and Masters event which will include combined, showcased, finals matches. With the current growth of girls wrestling, adding a Girls Subsection will help create sustainability for the number of entries for a girls Masters tournament. Currently, the size of girls' brackets is unsustainable, possibly even for the upcoming 2023/24 season. Implementation of this proposal will allow for continued growth.
Opportunity and Participation - The addition of Divisional Tournaments will provide opportunity for more wrestlers to compete in a NCS post season event. Divisionals will also increase the opportunity for more wrestlers to earn an NCS postseason medal. There are currently 112 NCS medalists in wrestling ( 8 medalists per weight x 14 weight classes). The addition of 4 Divisionals will increase the total number of NCS postseason medalists in wrestling to 448 ( 6 medalist per weight $x$ 14 weight classes $\times 4$ divisions +112 Masters medalists). We believe that the added opportunity to compete in a post season event and earn a NCS medal will provide incentive for wrestlers to stick with and invest more time in a demanding and difficult sport. Student-athletes that may have walked away from the sport in the past will continue to compete and improve. These would also provide balance and more competitive opportunities for a greater number of teams. The possibility of more accolades should theoretically raise the level of competition in every team's wrestling room. The Divisional events, increased medal count, and additional team Divisional Championships will increase the visibility of the sport. This should in turn increase participation as more student-athletes feel they can compete and be successful. This would allow the level of wrestling to increase in each league, which would then affect the quality of wrestling at the NCS Masters Tournament. It would also create fuller teams and help teams retain athletes throughout the season.
Accolades - Adding divisionals would increase the strength of wrestling in the section and would make it more relevant and competitive with the stronger sections in the state. We have a large number of schools that have great programs year in and year out with little chance of success past their league tournaments. Without a full team wrestling past the league tournament and into the postseason, these schools cannot compete against the schools with full lineups that continue to dominate the NCS Masters tournament. A divisional creates more opportunities for teams to win. We need to create more opportunities for athletes to earn accolades. We need to give coaches and wrestlers a reason to put more time into their sport and create a way to get kids and keep kids out for the team. We need to provide another avenue to build school/team pride and spirit.

|  |  | Alignment - The NCS is currently the only major section that does not have a subsection in wrestling. Parity with CIF Sections across the State-The addition of Divisionals will put the NCS post season in line with other sections around California opening up the possibility of more inter-section participation during the season. <br> Improved Officiating - This proposal would help to allow for quality officiating at our Divisional Qualifiers. The approximately 22 seasoned officials who now work the Masters will be spread equitably over the 4 Divisional events. The divisionals will each be run on 4-5 mats that would require 6-8 officials per venue. Currently our officiating crews are stretched thin at League Qualifying events which are traditionally both JV and Varsity boys' and girls' athletes using the same number of mats. The Divisional would be Varsity only, requiring fewer total referees on that weekend. This will allow for our more experienced crews to officiate the Divisionals, which will help decrease controversial calls and match outcomes that have detrimental consequences during Masters seeding. This will ensure that only our best referees are on the mat during the most important matches leading to the NCS Masters Championship. <br> Increased Revenue - There are currently 868 athletes generating revenue for the NCS in the Post Season. Implementing this proposal would bring that number to 1860 . It would also reduce the number of Masters tournaments by one, with the combination of the Boys and Girls event. Additionally, this would save the NCS a significant amount of money. |
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|  |  | LBAL Proposal to add an Open Division for Baseball (R/D/A) |
|  |  | League Submitting Proposal: East Bay Athletic League Vote from the League Regarding Proposal: <br> Date of Requested Implementation: 23-24 school year Description of Proposal: (include bylaw revision, if appropriate): <br> Add an open division for baseball that is equitable. Teams selected to the open division would get an automatic bid to NorCal. NCS gets nine Nor Cal bids so here is how the Open Division would work: it would be the top four teams as determined by committee regardless of division. The tourney would be a 4 -team single game elimination played in one week, preferably the second week of the NCS Playoffs. Divisions 1-6 would remain in their same format. <br> Rational in Support of Proposal: <br> Baseball usually has many different teams that have had successful years but they do not always come from one division. Having an open format would make other divisions more equitable and would give our section a chance to see w ho the best/top team is in NCS regardless of their division. There are years that a D2 or D3 team could very well have been an "Open Champ." It would also allow NCS to send three VERY strong teams to NorCal. <br> Possible Objections to Proposal: <br> This would eliminate one of the section winners from being able to advance because we only have nine NorCal bids. <br> Income/Expenses Related to Implementation: <br> The only foreseeable expenses related to this would be the addition of a few more games to the total number of NCS games because there would be an extra division. Essentially, it is adding three more games to the total number of NCS Playoff games. <br> Attachments <br> Attached you will find the data from 2016-2023 showing who were the top three and top five teams in Division 1 at the end of the year. This shows that many different teams would be in that |





|  | Division 5-200-419 <br> Division 6-199 and less <br> Petitioning up or down: Per existing NCS guidelines individual schools could petition to move up or <br> down enrollment divisions <br> Automatic Qualifiers: Per existing NCS guidelines <br> Qualifying: Per existing NCS guidelines <br> Hosting: Per existing NCS guidelines <br> Bracket Development: <br> Per existing NCS seeding committee guidelines taking into account overall record, league record <br> and place, division record, strength of schedule and head-to-head results. For the purposes of <br> the examples presented with this proposal we exclusively used the MaxPreps rankings for Open <br> selection and Division selection and seeding. <br> Open Division (maximized to include 11 teams) - The bracket development process begins with |
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| selecting the best 11 teams in the Section to play in the Open Division. These teams could be <br> pulled from any of the Base Divisions $1-6$. They would be seeded 1 -11 and play a traditional <br> bracket to determine a NCS Open Champion. (Note the CCS has recently used a pool play <br> format but with 11 teams a traditional bracket is a better solution). All 11 Open teams would get <br> a NorCal bid which would assure that the NCS's best teams are representing it in the NorCal <br> Tournament. <br> Divisions 1-6 - The seeding committee would then seed the remaining teams in each Base |  |
| Division in a bracket with up to 16 teams. The two finalists in each division (1-5) would earn a |  |
| NorCal bid. Division 6 would continue to receive 4 NorCal bids. |  |
| Staggered Brackets in Division Play - The brackets in division play would be staggered with the |  |

or CBIT in college basketball. The NCS's great history of Division Championships is being lost at all levels.
The CCS has been using its Open model for 8 years with great results that are well received by its members. The power teams are pulled out of the traditional Base Division brackets. The remaining teams compete for historically significant Division Championships and NorCal bids. With the power teams cleared out the remaining teams consistently have a fighting chance and are rewarded with success when they have good teams that play well. The history of CCS Division Champions since the addition of its Open Division is very diverse with public schools of all sizes regularly capturing Division Championships and earning NorCal bids. The CCS's best teams always represent it in NorCals. The CCS eliminated first round blow-outs with its staggered brackets.
The Open Division is the best version of Competitive Equity because it is based on current success and not past results. So often in the current NCS system teams are moved up based on past success but the reason for that success has graduated and the successor teams are left at a great competitive disadvantage.
Enrollment size still matters - We have done regression analyses that show enrollment is very significantly correlated to MaxPreps rankings. Also, historical results from the NorCal playoffs show small enrollment schools lose very disproportionally in the NorCal's version of competitive equity. Small schools are in a "lose-lose" situation in that they are either being moved up to play bigger schools or bigger schools are being moved down. This proposal preserves enrollment being a factor which protects smaller enrollment schools from being at a constant disadvantage.
Educational outcomes are vitally important to what we are all trying to accomplish with high school sports. For high school sports to be educational hard work and success needs to be rewarded with Championships and NorCal bids. Losing and falling just short is ok and a valuable part of learning too. The State's version of competitive equity punishes success and rewards failure which hurts educational outcomes. As a result, it is almost universally disliked by coaches and players. Do not confuse benefitting from the system with liking it. This CCS model proposal strikes the right balance with competitive equity in the form of pulling out the power schools via an Open Division and then allowing the rest of schools to compete for traditional and historically significant Division Championships.

## Possible Objections to Proposal:

Schools with socio-economic disadvantages are likely to still be left behind. That being said this is the case with all play-off systems including the current one. The solution is to adjust enrollments levels down for schools in lower socio-economic areas, but we have not added that to this proposal. It is a big issue and should be addressed on its own. If it is adopted, this proposal still works well with that adjustment.
Lower Division Relative "Power Teams" could remain even after the top 11 are pulled up to Open. The examples show that Power Teams are being pulled out of all 5 divisions and the CCS history shows this is an infrequent occurrence. But it could happen. No system can guarantee that it can get placement exactly right.
There is a reduction from 4 to 2 in NorCal slots for divisions 4 and 5 . This is balanced by the elimination of the block on D4 or D5 teams being allowed to go to Open. Last year, a D4 team in each of Boys and Girls BB would have been pulled up to Open had this new system been in place.

Income/Expenses Related to Implementation:





Proposed Amendments:
Revision of Evaluation Period:

507H Division, C1 - NCS Sports \& General Rulings Handbook
We propose a change in the evaluation period from the "most recent three-year period of competition in the NCS Championships" to the "most recent two-year period of competition in the NCS Championships."

Adjustment of Competitive Threshold:
507H Divisions, C2 - NCS Sports \& General Rulings Handbook
We suggest revising the competitive threshold for division movement from "any team accumulating 24 or more points during a two-year period of competition in the NCS championships or averaging 8.0 or higher during a three-year period of competition in the NCS Championships" to "any team averaging 7.0 or higher during a two-year period of competition in the NCS Championships."

## Rationale:

Timeliness and Relevance:
This modification ensures a more current and reflective assessment of team performance, taking into account recent developments and changes within the participating teams. Shortening the evaluation period to two years ensures that teams' recent performances are given more weight. This adjustment provides a more current and relevant perspective on a team's competitive prowess.

Inclusivity and Fairness:
Lowering the average requirement to 7.0 allows for a more inclusive approach. It acknowledges that a team consistently performing at a high level over a shorter duration is deserving of progression to a higher division. This change maintains a high standard for competitive excellence while allowing for a broader scope of evaluation. This adjustment will also allow for less competitive teams in higher divisions to move down more quickly as teams move up more quickly.

## Conclusion:

In summary, these proposed amendments address the need for a more responsive and equitable Competitive Equity Model within the North Coast Section. By incorporating a two-year evaluation period and adjusting the competitive threshold to 7.0, we strike a balance between recognizing consistent excellence and encouraging teams to strive for continuous improvement. It also allows Us to maintain a clear, and transparent NCS seeding process.

## Scenarios:

Year 1 \& year 2 semi-final appearances:
Results in a total of 12 points for an average of 6 , team remains in current competitive division

Year 1 \& year 2 with one semifinal and one championship appearance
Results in a total of 16 points for an average of 8 , team moves up to a higher competitive division the following year

|  |  |  | Year 1 \& year 2 with 2 championship appearances <br> Results in a total of 20 points for an average of 10, team moves up to a higher competitive <br> division the following year <br> Year 1 - Win NCS Championship <br> Results in a total of 15 points for an average of 7.5, team moves up to a higher division the <br> following year <br> *This results in no back-back NCS champions in the same competitive division. <br> Year 1 - NCS Championship appearance |
| :---: | :---: | :--- | :--- |
| Results in a total of 10 points for an average of 5, team remains in current competitive division |  |  |  |
| With this model, more teams would move up each year, and teams would move up more |  |  |  |
| quickly. This model would also create more opportunities for more teams to move down and |  |  |  |
| move down more quickly |  |  |  |$|$


|  |  | back to their actual division (based on enrollment breaks) in accordance with the time schedule <br> set by the NCS Board of Managers. <br> g) In the Sport of football, where a conference has formed leagues for football only using the <br> realignment process outlined in NCS 106.D, there would be no minimum qualifying standard. All <br> teams regardless of record could apply for entry into the NCS football championships. <br> Rationale in Support of Proposal: <br> To encourage teams from the lower divisions to schedule teams in higher divisions in preseason. <br> In the newly established Redwood Empire Conference, teams in the top groups which are <br> normally top performers in section \& state play-offs are going to have really good teams with <br> losing records and not qualify for the playoffs. <br> Possible Objections to Proposal: <br> Removing the minimum standard rule for conference football might open up requests from other <br> sports to remove the .500 record rule. <br> To be in the play-offs, teams should be of a caliber of having a winning record. |
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| Income/Expenses Related to Implementation: |  |  |
| Teams that may not be able to qualify for the play-offs due to not meeting the minimal standard |  |  |
| because of the divisions they are assigned to for conference play, have transitionally been top |  |  |
| performers in the section. This might negatively result in lack of income for the section as top |  |  |
| contenders that have been opponents from three different leagues are now in the same division |  |  |
| for league play. |  |  |$|$


|  |  |  | Seeding will be determined by league rep voting. (REMOVE) <br> Rationale in Support of Proposal: <br> There needs to be a way to determine a consensus on who to move forward as seeded wrestlers. <br> Previously there was concern with the current language that too much weight was given to <br> "League rep voting" the way the language is currently written. |
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|  | X. STAFF REPORTS |  |  |
|  |  | A. Commissioner |  |
|  |  | B. Assistant Commissioner |  |

2024-2027 NORTH COAST SECTION CHAMPIONSHIP SCHEDULE
LASt updated: BN 10/13/23/approved bom:


WINTER
SPRING
Start of Summer Period

| FALL SOCCER |
| :--- |
| Deadline for leagues to determine qualifiers |
| Final date for competition other than NCS or CIF championships |
| NCS postseason applications due (automatic \& at-large) |
| At-Large \& Seeding Meeting |
| NCS Fall Soccer Championships |


| 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- |
| Aug. 12 | Aug. 11 | Aug. 10 |
| Nov. 4 | Nov. 3 | Nov. 2 |
| Feb. 10 | Feb. 9 | Feb. 8 |
| une 1 | June 1 | Une 1 |


| GIRLS' GOLF |
| :--- |
| Deadline for leagues to determine qualifiers |
| Final date for competition other than NCS or CIF Championships |
| NCS postseason applications due (automatic \& at-large) |
| At-Large meeting |
| NCS Division 2 Championship/Individual Qualifier (pending course |
| availability) |
| NCS Division 1 Championship (pending course availability) |
| Nor-Cal Golf Championships |
| CIF State Championships |


| WATER POLO | 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | Nov. 2 | Nov. 1 | Oct. 31 |
| Final date for competition other than NCS Championships | Nov. 2 | Nov. 1 | Oct. 31 |
| NCS postseason applications due (automatic \& at-large) | Nov. 2 (9 PM) | Nov. 1 (9 PM) | Oct. 31 (9 PM) |
| At-Large \& Seeding Meeting | Nov. 3 | Nov. 2 | Nov. 1 |
| NCS Water Polo Championships | Nov. 6, 7, 9, 13, 16 | Nov. 5, 6, 8, 12, 15 | Nov. 4, 5, 7, 11, 14 |
| Nor-Cal Championships | Nov. 20, 22-23 | Nov. 19, 21-22 | Nov. 18, 20-21 |


| CROSS COUNTRY | 20 |
| :--- | :--- |
| Final date for competition other than NCS or CIF Championships | No |
| NCS entries due | No |
| NCS Championships | No |
| CIF State Championships | No |


| 2024-25 | 2025-26 | 2026-27 |
| :---: | :---: | :---: |
| Nov. 16 | Nov. 15 | Nov. 14 |
| Nov. 17 (11:59 PM) | Nov. 16 (1:159 PM) | Nov. 15 (11:59 PM) |
| Nov. 23 | Nov. 22 | Nov. 21 |
| Nov. 30 | Nov. 29 | Nov. 28 |


| GIRLS' VOLLEYBALL |
| :--- |
| Deadline for leagues to determine qualifiers |
| Final date for competition other than NCS or CIF Championships |
| NCS postseason applications due (automatic \& at-large) |
| At-large \& Seeding Meeting |
| Division 1, 3, 5 NCS Championships |
| Division 2, 4, 6 NCS Championships |
| Nor-Cal Championships |
| CIF State Championships |


| 2O24-25 | 2O25-26 | 2026-27 |
| :--- | :--- | :--- |
| Oct. 26 | Oct. 25 | Oct. 24 |
| Oct. 26 | Oct. 25 | Oct. 24 |
| Oct. 26 (10 PM) | Oct. 25 (10 PM) | Oct. 24 (10 PM) |
| Oct. 27 | Oct. 26 | Oct. 25 |
| Oct. 29, Nov. 2, 6, 9 | Oct. 28, Nov. 1, 5, 8 | Oct. 27, 31, Nov. 4, 7 |
| Oct. 30, Nov. 2, 6, 9 | Oct. 29, Nov. 1, 5, 8 | Oct. 28, 31, Nov. 4, 7 |
| Nov. 12, 13, 14, 16, 19 | Nov. 11, 12, 13, 15, 18 | Nov. 10, 11, 12, 14, 17 |
| Nov. 22-23 | Nov. 21-22 | Nov. 20-21 |



| WINTER SOCCER | 2024-25 | 2025-26 | 2026-27 |
| :---: | :---: | :---: | :---: |
| Deadline for leagues to determine qualifiers | Feb. 15 | Feb. 14 | Feb. 13 |
| Final date for competition other than NCS or CIF Championships | Feb. 15 | Feb. 14 | Feb. 13 |
| NCS postseason applications due (automatic \& at-large) | Feb. 15 (10 PM) | Feb. 14 (10 PM) | Feb. 13 (10 PM) |
| At-Large \& Seeding Meeting | Feb. 16 | Feb. 15 | Feb. 14 |
| Division 1 \& 4 NCS Championships | Feb. 19, 22, 26, 28 or Mar. 1 | Feb. 18, 21, 25, 27 or 28 | Feb. 17, 20, 24, 26 or 27 |
| Division 2 \& 3 NCS Championships | Feb. 18, 21, 25, 28 or Mar. 1 | Feb. 17, 20, 24, 27 or 28 | Feb. 16, 19, 23, 26 or 27 |
| Nor-Cal Championships | Mar. 4, 6, 8 | Mar. 3, 5, 7 | Mar. 2, 4, 6 |
|  |  |  |  |
| WRESTLINC | 2024-25 | 2025-26 | 2026-27 |
| Final date for competition other than league individual qualifying tournament or NCS and CIF Championships | Feb. 5 | Feb. 4 | Feb. 3 |
| Deadline for leagues to determine dual team qualifiers \& at-large applications due | Feb. 5 (10 PM) | Feb. 4 (10 PM) | Feb. 3 (10 PM) |
| Dual Team Competition (student competition) | Feb. 8 | Feb. 7 | Feb. 6 |
| Deadline for leagues to determine individual qualifiers | Feb. 15 | Feb. 14 | Feb. 13 |
| NCS girls entries due | Feb. 15 (5 PM) | Feb. 14 (5 PM) | Feb. 13 (5 PM) |
| NCS boys entries due | Feb. 15 (11:59 PM) | Feb. 14 (11:59 PM) | Feb. 13 (11:59 PM) |
| Seeding Meeting | Feb. 16 | Feb. 15 | Feb. 14 |
| NCS Championships | Feb. 21-22 | Feb. 20-21 | Feb. 19-20 |
| CIF State Championships | Feb. 27-28, Mar. 1 | Feb. 26-28 | Feb. 25-27 |


| CO-ED BADMINTON | 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | May 10 | May 9 | May 8 |
| Final date for competition other than NCS Championships | May 10 | May 9 | May 8 |
| NCS entries deadline | May 11 | May 10 | May 9 |
| NCS bracket development | May 11 | May 10 | May 9 |
| NCS Championships | May 17 | May 16 | May 15 |
| CIF Nor-Cal Championships | May 24 | May 23 | May 22 |


| BASEBALL | 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | May 17 | May 16 | May 15 |
| Final date for competition other than NCS Championships | May 17 | May 16 | May 15 |
| NCS postseason applications due (automatic \& at-large) | May 17 (10 PM) | May 16 (10 PM) | May 15 (10 PM) |
| At-Large \& Seeding Meeting | May 18 | May 17 | May 16 |
| Division 1, 3, 5 first round games | May 20 | May 19 | May 18 |
| Division 2, 4, 6 first round games | May 21 | May 20 | May 19 |
| Division 1, 3, quarterfinal games | May 23 | May 22 | May 21 |
| Division 2, 4 quarterfinal games, Division 6 semifinal games | May 24 | May 23 | May 22 |
| Division 1, 3, 5 semifinal games | May 27 | May 26 | May 25 |
| Division 2, 4 semifinal games | May 28 | May 27 | May 26 |
| Division 1-6 NCS Championships | May 30-31 | May 29-30 | May 28-29 |
| Nor-Cal Championships | lune 3, 5, 7 | June 2, 4, 6 | June 1, 3,5 |


| COMPETITIVE SPORT CHEER (STUNT) | 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | April 22 | April 21 | April 20 |
| Final date for competition other than NCS or CIF Championships | April 22 | April 21 | April 20 |
| NCS postseason applications due (automatic \& at-large) | April 22 (10 PM) | April 21 (10 PM) | April 20 |


| At-large \& Seeding Meeting | April 23 | April 22 | April 21 |
| :--- | :--- | :--- | :--- |
| NCS Championships | April 26 | April 25 | April 24 |
| CIF State Invitational Championship | May 2-3 | May 1-2 | April 30, May 1 |


| BOYS' COLF | $\underline{\mathbf{2 0 2 4 - 2 5}}$ | $\underline{2025-26}$ | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | April 29 | April 28 | April 27 |
| Final date for competition other than NCS or CIF Championships | April 29 | April 28 | April 27 |
| NCS postseason applications due (automatic \& at-large) | April 29 (8 PM) | April 28 (8 PM) | April 27 (10 PM) |
| At-large Meeting | April 30 | April 29 | April 28 |
| NCS Division 2 Championship/Individual Qualifier (pending course <br> availability) | May 5 | May 4 | May 3 |
| NCS Division 1 Championship (pending course availability) | May 12 | May 11 | May 10 |
| Nor-Cal Colf Championships | May 19 | May 18 | May 24 |
| CIF State Championships | June 3 | June 2 | June 1 |


| LACROSSE | 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | May 3 | May 2 | May 1 |
| Final date for competition other than NCS or CIF Championships | May 3 | May 2 | May 1 |
| NCS postseason applications due (automatic \& at-large) | May 3 (10 PM) | May 2 (10 PM) | May 1 (10 PM) |
| At-Large \& Seeding Meeting | May 4 | May 3 | May 2 |
| NCS Championships | May 6, 8, 13, 15 | May 5, 7,12,14 | May 4, 6, 11, 13 |


| SPRING SOCCER | 2024-25 | 2025-26 | 2026-27 |
| :--- | :--- | :--- | :--- |
| Deadline for leagues to determine qualifiers | May 3 | May 2 | May 1 |
| Final date for competition other than NCS or CIF Championships | May 3 | May 2 | May 1 |
| NCS postseason applications due (automatic \& at-large) | May 3 (10 PM) | May 2 (10 PM) | May 1 (10 PM) |
| At-Large \& Seeding Meeting | May 4 | May 3 | May 2 |
| NCS Championships | May 6, 8, 13, 15 | May 5, 7, 12, 14 | May 4, 6, 11, 13 |


| SOFTBALL | 2024-25 | 2025-26 | 2026-27 |
| :---: | :---: | :---: | :---: |
| Deadline for leagues to determine qualifiers | May 17 | May 16 | May 15 |
| Final date for competition other than NCS Championships | May 17 | May 16 | May 15 |
| NCS postseason applications due (automatic \& at-large) | May 17 (10 PM) | May 16 (10 PM) | May 15 (10 PM) |
| At-Large \& Seeding Meeting | May 18 | May 17 | May 16 |
| Division 1-6 first round games | May 20-21 | May 19-20 | May 18-19 |
| Division 1-5 quartertınal games/Division 6 semitınal games | May 23-24 | May 22-23 | May 21-22 |
| Division I- 5 semifinal games | May 27-28 | May 26-27 | May 25-26 |
| Division 1-6 NCS Championship games | May 30-31 | May 29-30 | May 28-29 |
| Nor-Cal Championships | \|une 3, 5, 7 | June 2, 4, 6 | June 1, 3, 5 |
| SWIMMINC \& DIVINC | 2024-25 | 2025-26 | 2026-27 |
| Deadline for leagues to determine qualifiers | May 3 | May 2 | May 1 |
| Final date for competition other than NCS Championships | May 3 | May 2 | May 1 |
| NCS entries due | May 4 (1:15 PM) | May 3 (1:15 PM) | May 2 (1:15 PM) |
| Seeding Meeting | May 5 | May 4 | May 3 |
| *Diving Championships | May 8 | May 7 | May 6 |
| *Swimming trials | May 9 | May 8 | May 7 |
| Swimming Championships | May 10 | May 9 | May 8 |
| CIF State Championships | May 15-17 | May 14-16 | May 13-15 |
| *When the venue for the swimming and diving championship allows both activities to be held in the same location, the diving championships will be held on the same day as the swimming trials. |  |  |  |


| BOYS' TENNIS | 2024-25 | 2025-26 | 2026-27 |
| :---: | :---: | :---: | :---: |
| Deadline for leagues to determine qualifiers | May 7 | May 6 | May 5 |
| Final date for competition other than NCS Championships | May 7 | May 6 | May 5 |
| NCS postseason singles/doubles applications due | May 7 (9 PM) | May 6 (9 PM) | May 5 (9 PM) |
| At-large Meeting (Singles) | May 8 | May 7 | May 6 |
| Singles/Doubles Championships | May 9-10 | May 8-9 | May 7-8 |
| NCS postseason team applications due (automatic \& at-large) | May 7 (9 PM) | May 6 (9 PM) | May 5 (9 PM) |
| At-Large \& Seeding Meeting (Team Tennis) | May 10 | May 9 | May 8 |
| Team Tennis Championships - Division 1 \& 2 | May 13, 15, 17 | May 12, 14, 16 | May 11, 13, 15 |
| Nor-Cal Team Tennis Championships (*play-in dates for Oak/SF) | May 20*, 23-24 | May 19*, 22-23 | May 18*, 21-22 |
| CIF State Championships | May 31 | May 30 | May 29 |
| TRACK AND FIELD | 2024-25 | 2025-26 | 2026-27 |
| Deadline for leagues to determine qualifiers | May 10 | May 9 | May 8 |
| Final date for competition other than NCS or CIF Championships | May 10 | May 9 | May 8 |
| Class A Championships | May 17 | May 16 | May 15 |
| Area Meets (Redwood Empire, Bay Shore \& Tri-Valley) | May 17 | May 16 | May 15 |
| NCS Meet of Champions | May 23-24 | May 22-23 | May 21-22 |
| CIF State Championships | May 30-31 | May 29-30 | May 28-29 |
| BOYS' VOLLEYBALL | 2024-25 | 2025-26 | 2026-27 |
| Deadline for leagues to determine qualifiers | May 3 | May 2 | May 1 |
| Final date for competition other than NCS or CIF Championships | May 3 | May 2 | May 1 |
| NCS postseason applications due (automatic \& at-large) | May 3 (10 PM) | May 2 (10 PM) | May 1 (10 PM) |
| At-Large \& Seeding Meeting | May 4 | May 3 | May 2 |
| NCS Championships | May 6, 8, 13, 15 | May 5, 7, 12, 14 | May 4, 6, 11, 13 |
| Nor-Cal Championships | May 20, 22, 24 | May 19, 21, 23 | May 18, 20, 22 |

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[^0]:    *2025 Mother's Day is on May $11^{\text {th }}$. For this weekend the seeding meeting will be on May $10^{\text {th }}$.
    *2026 Mother's Day is on May $10^{\text {th }}$. For this weekend the seeding meeting will be on May $9^{\text {th }}$.
    *2027 Mother's Day is on May $9^{\text {th }}$. For this weekend the seeding meeting will be on May $8^{\text {th }}$.

