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**ATHLETIC DIRECTOR MEETING MINUTES, WEDNESDAY, FEBRUARY 24, 2016**

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**ATTENDANCE**

Jerry Bonfigli	Cardinal Newman	Henri Sarlatte	Rancho Cotate
Rick O'Brien	Casa Grande	Kenny Knowlton	Santa Rosa
Jerry Deakins	Maria Carrillo	Bryan Price	Santa Rosa
Mike Mastin	Maria Carrillo	Ty Yanez	Ukiah
Chris Giovannini	Montgomery	Jeff Hardie	Windsor
Dean Haskins	Montgomery	Jan Smith Billing	NBL Commissioner
		Dean Haskins	NBL Assistant Commissioner

**I. APPROVAL OF AGENDA**

*Motion to recommend approval of the agenda as presented.*

*Motion: Chris Giovannini, Montgomery*

*Second: Ty Yanez, Ukiah*

*Motion approved unanimously*

**II. APPROVAL OF THE NBL CONSENT AGENDA**

*Motion to recommend approval of the NBL consent agenda, as listed below.*

*Motion: Henri Sarlatte, Rancho Cotate*

*Second: Kenny Knowlton, Santa Rosa*

*Motion approved unanimously*

1. Approval of minutes from the previous meeting. (Item III)
2. Approval of SAC Consent Agenda. (Item V.I.)
3. Proposed revision of bylaw 3103-Wrestling Weight Management Program (Item IV.A.)
4. Proposal to add a date to girls' volleyball championships (Item V.D.)
5. Proposal to add additional criterion to Elmer Brown Award (Item V.F.)
6. Proposal to begin boys' tennis at 3:30 PM, effective immediately (Item VI.A.)
7. Motion to adjourn the meeting

**III. APPROVAL OF MINUTES FROM THE PREVIOUS MEETING**

*Motion to approve the minutes of the previous meeting.*

*Motion approved by consent.*

**IV. PUBLIC COMMENT**

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

**V. NCS SAC AGENDA ITEMS**

**I. Consent Agenda**

*Motion to instruct the NBL representatives to the SAC vote to approve the SAC Consent Agenda.*

*Motion approved by consent.*

**II. Minutes of the previous SAC meeting**

*Motion to instruct the NBL representatives to the SAC vote to approve the minutes of the previous meeting.*

*Motion approved by consent.*

**IV. CIF Items**

**A. Proposed revision of bylaw 3103-Wrestling Weight Management Program**

*Motion to instruct the NBL representatives to the SAC vote to support the proposed revision of bylaw 3103.*

*Motion approved by consent.*

**Proposal Originated:** Commissioners Committee

**Summary:** The Commissioners Committee is forwarding a proposal for consideration by the Federated Council revising Bylaw 3103. The revision of the Bylaw does NOT remove the current requirements and mandates of the nationally recognized National Wrestling Coaches Association Weight Management program. It only moves the current standards, process(es), appeals and penalties to the "Blue Policy" pages to coincide with all other CIF sports. This change will allow NWCA national modifications to the Wrestling Weight Management Program to be completed without going through a CIF Bylaw Change/Modification process that can take up to 12 – 18 months to complete. The MANDATE for the program remains in place, the specific NWCA weight management specifications, process, and appeals moves to the policy pages.

**Background:** In 2006 the CIF Federated Council adopted and mandated the use of the National Wrestling Coaches Association Weight Management Program. The weight loss program, in its entirety, were included at that time in the CIF Bylaw. The purpose, today as in 2006, of the NWCA program is to minimize risks to participating students by mandating and monitoring the weight loss of students during the season.

**B. Proposed revision/addition to Bylaw 1901-Football**

*Motion to instruct the NBL representatives to the SAC vote to support the proposed revision to Bylaw 1901.*

*Motion: Ty Yanez, Ukiah*

*Second: Henri Sarlatte, Rancho Cotate*

*Motion approved unanimously*

**Proposal Originated:** Commissioners Committee

**Summary:** The Commissioners Committee is forwarding a proposal for consideration by the Federated Council revising Bylaw 1901 regarding the use of equipment at football "team camps" outside the season of sport. The Commissioners Committee has discussed this issue at past meetings and it is recommending additional language as an outcome of the January 11, 2016 Commissioner meeting.

**Background:** Education Code 35179.1 and 49475 and CIF Bylaw 1901.B prohibited "full contact" football camps outside the season of sport. This past summer there were several violations by school teams of state law and CIF Bylaws. This revision restricts and limits the use of equipment and is to help schools minimize future "full Contact" violations.

**1901. NUMBER OF FOOTBALL PRACTICE DAYS; NO SUNDAY PRACTICE**

- A. There shall be no football games until the team has had 14 days of practice before the first game. Each individual student on the team must have had at least 10 days of practice before being allowed to compete in a game. (The opening date of football practice may be determined by each Section.) No Sunday practice is permitted (See Bylaw 504.M. for exception).
- B. Football teams are limited to two days per week of full contact practice, with no more than 90 minutes of full contact on each of those days during the season of sport. For purposes of this Bylaw, each team's season of sport is defined as the first day of practice, as allowed by the Section, until the final contest for the team. All full contact practices are prohibited in the off-season which includes team camps. Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. For the purposes of this Bylaw, refer to the definition of "Live Action" as defined by USA Football.
- C. **Team camps are allowable with the following equipment only: footballs, bags, blocking sleds and football shoes.**

NOTE: For policies related to definition of full-contact and allowable in-season, off-season and team camp activities, please consult the football section in the blue pages **and local Section Bylaws**.

**C. CIF Calendar-data on proposed calendar changes**

**D. CIF—proposed calendar changes**

**V. NCS Items**

**A. NCS 3-year Championship Calendar (Attachment A)**

*Motion to send the NBL representatives to the NCS SAC uninstructed with regard to the new calendar.*

*Motion: Jerry Deakins, Maria Carrillo*

*Second: Byran Price, Santa Rosa*

*Motion approved unanimously.*

**B. Sport Divisions for 2016 - 2017 (Attachments B - S)**

*Motion to send the NBL representatives to the NCS SAC uninstructed with regard to the new sport divisions.*

*Motion: Ty Yanez, Ukiah*

*Second: Henri Sarlatte, Rancho Cotate*

*Motion approved unanimously.*

- Do champions move up?
- SRCS voted to cap enrollments after next year; when is the determination made?

**C. Additional playable date for girls' volleyball**

*Motion to instruct the NBL representatives to the SAC vote to support the additional playoff date for girls' volleyball.*

*Motion approved by consent.*

Proposal to adjust the 3-year calendar in girls' volleyball, adding Tuesday as an additional playable date in the first round. Divisions 1, 3, 5 will play on Tuesday and Division 2, 4, 6 will play on Wednesday.

*Rationale: There has been a trend in the last three years where our volleyball official's associations are getting closer and closer to be unable to provide 4 officials for each volleyball match in the first round. Adding an additional date in the first round will address this concern.*

Deadline for leagues to determine qualifiers	Oct. 29	Oct. 28	Oct. 27
Final date for competition	Oct. 29	Oct. 28	Oct. 27
Div. I-VI at-large and seeding meetings	Oct. 30	Oct. 29	Oct. 28
Div I – VI NCS Championships	Nov. 1,2,5,9,12	Oct. 31, 1,4,8, 11	Nov. Oct 30, 31, Nov. 3,7,10
Northern California Championships	Nov. 16.,17,19,22	Nov. 15,16,18,21	Nov. 14,15,17,20
State CIF Semifinals	Nov. 26	Nov. 25	Nov. 24
State CIF Championships	Dec. 2,3	Dec. 1, 2	Nov. 30, Dec. 1

**D. Competitive Divisions (Attachment T)**

*Motion to send the NBL representatives to the NCS SAC uninstructed with regard to the new competitive divisions.*

*Motion: Chris Giovannini, Montgomery*

*Second: Jerry Bonfigli, Cardinal Newman*

*Motion approved unanimously*

- The move would last for three years?
- Why not yearly?
- Is there a choice in moving up? No movement that the school could do on their own? Does it take away school choice?
- This is not a true competitive model?
- What is it based on?
- Is there going to be a formula?

**E. Open Division Proposal (Attachment U)**

*Motion to send the NBL representatives to the NCS SAC uninstructed with regard to the proposed competitive divisions.*

*Motion: Jerry Deakins, Maria Carrillo*

*Second: Kenny Knowlton, Santa Rosa*

*Motion approved unanimously*

- ADs like this concept because it allows teams to move further; teams don't get penalized for being in open division

## **DEVELOPMENT OF AN OPEN DIVISION IN THE SPORTS OF FOOTBALL, GIRLS VOLLEYBALL AND BASKETBALL**

### Proposal

Starting with the 2016-2017 school year CIF-North Coast Section will implement Open Division competition in the sports of girls' volleyball, football and boys and girls basketball. The following are the procedures for selection, bracketing, competition dates etc.:

1. Open Division competition will be implemented starting with the 2016-2017 school year.
2. Open Division competition will be conducted in girls' volleyball, football and boys and girls basketball.
3. In each sport in addition to the approved divisions of competition a four-team open division bracket will be developed. The brackets will be developed as follows:
  - a. Each Open Division will be limited to four teams;
  - b. The appointed NCS At-Large and Seeding Committee, prior to development of any of other division brackets, selects the top four most competitive teams within CIF-North Coast Section based on the currently established at-large and seeding criteria.
  - c. The Open Division Bracket will be pure seeded with #1 vs. #4 and #2 vs. #3.
  - d. Assignment of games will be according to the same established policy used in other brackets and approved by the NCS Board of Managers.
  - e. Competition will be conducted as follows:
    - i. On the quarterfinal and final round competition dates of a 24 team bracket.
    - ii. On the 2nd round and final round competition dates of any 12 or 16-team bracket
    - iii. On the semifinal and final round competition dates of any eight team bracket.
4. Any team selected to the Open Division bracket shall have the right to displace any originally assigned division champion for purposes of qualifying to the State CIF Championships. The following will also apply:
  - a. If the CIF State or Nor-Cal competition has an open division only teams from the Section Open Division Championship will be eligible to participate.
  - b. If the CIF State or Nor-Cal competition only allows one open entry, or allows more than one open entry but not all Section open entries have an opportunity to participate in the CIF State or Nor-Cal Open Division, the Section Open Division team is allowed to replace the originally assigned division champion for purposes of qualifying to the State CIF Championships. Any original division qualifiers who are allowed to proceed as entries to the CIF State or Nor-Cal Championships qualify in order of finish, or by seed if the team does not advance beyond the semifinals or quarterfinals.
  - c. If the CIF State or Nor-Cal competition allows for multiple entries then the Open Division teams are ranked and will be allowed to replace the originally assigned division championship, runner-up, semifinalist or quarterfinalist. Any original division qualifiers who are allowed to proceed as entries to the CIF State or Nor-Cal Championships qualify in order of finish, or by seed if the team does not advance beyond the semifinals or quarterfinals.

### **F. Additional criteria for Elmer Brown Excellence Award**

*Motion to instruct the NBL representatives to the NCS SAC vote to support the additional criterion for the Elmer Brown Excellence Award.*

*Motion approved by consent.*

### Sportsmanship

In an attempt to bring good sportsmanship to the forefront of our schools efforts we would like to propose an additional criterion for the Elmer Brown Excellence Award. Currently schools are awarded 5 points for winning a NCS championship 3 points for 2nd place and 1 pt. for third

and fourth place in NCS championship events. Schools are also awarded 5 points for placing 1st in our scholastic team awards 3 points for placing 2nd in our scholastic team awards and 1 pt. for third and fourth place in our scholastic team awards. We would like to add the following criteria for consideration;

- 1) Each school that has "0" ejections for all sports is awarded 15 points.
- 2) Each school that has "1" ejection for all sports is awarded 10 points.
- 3) Each school that has "2-3" ejections for all sports is awarded 5 points.
- 4) Each school that has: "4-5" ejections for all sports are penalized (-5) points.
- 5) Each school that has "5-6" ejections for all sports is penalized (-10) points.
- 6) Each school that has "7+" ejections for all sports is penalized (-15) points.

Reviewing the past award winners of the Elmer Brown Excellence Award

School year	School	Ejections	Points
2011 – 2012	Mission San Jose	5	-10
2012 – 2013	Mission San Jose	3	+5
2013 – 2014	Dougherty Valley	0	+15
2014 - 2015	Cardinal Newman	2	+5

Note: Currently without the addition of the sportsmanship criterion, the difference between the first place school and the second place school is 4 points. Last year the award winner was within 6 points from second place.

**G. Cross Country Divisions (Attachment V and X)**

*Motion to send the NBL representatives to the NCS SAC uninstructed with regard to this item.*

*Motion: Henri Sarlatte, Rancho Cotate*

*Second: Ty Yanez, Ukiah*

*Motion approved unanimously*

**Cross Country Divisions 2016  
Proposal**

Rationale

- The current alignment puts the NCS at a disadvantage relative to most other state sections. NCS is sending teams to the state meet to compete against schools with significantly larger enrollments. Number of state meet berths are awarded based on the performance of a section in a specific division over previous 3 years. NCS will continue to lose (or not earn) berths without moving divisional enrollment numbers closer to other sections. Moreover, the more teams that the section is allotted into State, the more individuals could qualify as well as the qualifying placing standard is allows for an individual to finish lower and still qualify.
- Division 5 (0 – 600) The enrollment not exceeding 600 in D5 was set in 2014 by the CIF Federated Council. Our rationale was to align with this enrollment figure.
- Division 3 (12741849) & Division 4 (6011273)
  - ★ After using the cap of 600 from Division 5, we placed the next 29 largest schools in Division 4 then the next 29 largest schools in Division 3. We came up with 29 schools since that would be largest field of runners (203) we could put on the starting line comparatively to the largest field size at the CIF State Championships (208).
  - ★ The Central Section does this as well, capping Division 5 and then selecting the next largest schools in Divisions 3 and 4.
- Division 1 (2639+) & Division 2 (18502638)
  - ★ In order to maintain our two automatic entries into the CIF State Championships in Division 1, we have to have at least 8 eligible schools competing.
  - ★ The remaining schools were placed in Division 2.
  - ★ Again, the Central Section has a very similar divisional breakdown.
  - ★ If we were worried about only having 8 schools in one race, we could combine the Division 1 and Division 2 races (which would be 27 schools) and score them separately. The Central Coast Section already does this when they have divisions with a low number of competing teams.

Benefit

- This proposal keeps the integrity and competitive balance of the NCS without forcing it to

adhere to other sections just because they are doing it, especially in the new divisional alignment in 2, 3 and 4. And while Division 1 will only have 8 teams in it, three of those schools have represented NCS at the State Championships so NCS will still be represented by the appropriate schools.

- Again, the number of state meet berths are awarded based on the performance of a section in a specific division over previous 3 years. For example, if the Bishop O'Dowd boys team in 2014 were in Division 4 that year (which they would have been under this proposal), they would have taken 2nd place. Coupled with that of San Rafael's now 10<sup>th</sup> place finish (slide them one down from 9th since we added Bishop O'Dowd) would have given the NCS 12 points for their top 2 automatic entries versus 29 points from the San Diego Section's 2 auto entries. Prorate that over three years and NCS would be awarded the SDS's 3<sup>rd</sup> qualifier, giving NCS F qualifiers since we have had better performances.
- This has been having a reverse effect in our larger divisions. NCS Division 1 already has the minimum number of entries (2) allowed while we almost certain to lose the extra berth in Boys Division 2 after this year. However, had De La Salle been in Division 2 (which they would have been under this proposal), they would have placed 3rd in 2013, which would have helped maintain our 3 entries because of how well they performed.
- The NCS would have the following improved performances since 2004 if the proposed alignment had been in place:
  - ★ 3 extra podium finishes and 3 extra top-10 placings in Division 2
  - ★ 2 extra podium finishes and 5 extra top-10 placings in Division 3
  - ★ 18 extra podium finishes, 10 extra top-10 placings, and 13 additional state championships in Division 4.

Other Considerations

- We looked at other sections that were comparative to NCS and how they did their divisional alignment. For example, we looked at the comparison with the Southern Section and their enrollment numbers and here is how many schools we would have in each division:
  - ★ Division 1 - 10 schools
  - ★ Division 2 - 10 schools
  - ★ Division 3 - 28 schools
  - ★ Division 4 - 37 schools
- By just trying to align with the Southern Section and other sections enrollments, it did not fit the starting line caps we felt were safe and competitive that we wanted to have for NCS.
- We also looked at the enrollment gaps compared to what we had in place before with the understanding that there may be more of a gap once we add more schools in Divisions 3 and 4 (the most impacted divisions relating to the number of schools in the division). However, the enrollment gaps were not that significant:
  - ★ Division 3 only increased by 116.
  - ★ Division 4 only increased by 43.

School	Enrollment	Current NCS Division	Proposed Division
Cardinal Newman	607	4	4
Casa Grande	1725	2	3
Maria Carrillo	1601	2	3
Montgomery	1613	2	3
Rancho Cotate	1483	3	3
Santa Rosa	2040	1	2
Ukiah	1722	2	3
Windsor	1805	2	3

**H. Proposal to give the NCS Commissioner additional authority to investigate and potentially invoke additional penalties for unsporting-like behavior. IMMEDIATE IMPLEMENTATION**

*Motion to instruct Dean and Jan to vote to approve this proposal.*

*Motion: Bryan Price, Santa Rosa*

*Second: Kenny Knowlton, Santa Rosa*

*Motion approved unanimously.*

### **300H Sportsmanship**

#### **Sportsmanship Preamble**

The member schools of the North Coast Section, CIF are committed to providing a sportsmanlike environment for students, coaches, and spectators. To that end, the NCS Board of Managers has adopted sportsmanship and crowd control recommendations. Each member school is encouraged to implement these recommendations and commit to the enforcement of proper spectator behavior at all contests conducted at their home location and while visiting other contest locations.

~~Repeated violations of sportsmanship standards may result in loss of hosting NCS and CIF Championship events. All concerns regarding violations of sportsmanship standards should be reported to the NCS Office.~~

#### **Definition of Sportsmanship**

A person who can take a loss or defeat without complaint, or victory without gloating, and who treats his/her opponents with fairness, courtesy and respect.

- a. The following are expected to be role models demonstrating sportsmanship at all times:
  - 1) Principal/administrative staff
  - 2) Athletic directors
  - 3) Coaches, players and cheerleaders
  - 4) Faculty members
  - 5) Booster club members
  - 6) Band director
- b. Coaches, players, cheerleaders, parents and spectators will respect the integrity and judgment of sports officials.
- c. The conduct of coaches, players and cheerleaders generally sets the tone of NCS/CIF contests. They will be expected to maintain the highest level of decorum at all NCS/CIF contests.
- d. The following behavior is unacceptable at **all** NCS/CIF high school contests:
  - 1) Berating your opponent's school or mascot
  - 2) Berating, yelling, booing or chanting at opposing players or coaches before, during and after the game. Personal attacks will not be tolerated.
  - 3) Obscene cheers or gestures
  - 4) Negative signs. All signs must show only positive support. Those which direct negative comments towards opponents or are unsportsmanlike or vulgar are not permitted.
  - 5) Noisemakers (Artificial noisemakers shall not be used at any event. Artificial noisemakers are items such as, but not limited to, megaphones, air horns, bells, whistles, clickers, thunder sticks, explosive devices, tape/CD players, jars with pennies, drums, large water bottles, conch shells, plastic horns, and radios.
  - 6) Laser pointers
  - 7) Complaining about officials' calls (verbal or gestures)
  - 8) Throwing objects onto the playing area before, during, or after a contest.
  - 9) Entering the playing area before and during a contest, including the awards ceremony, if applicable.
- e. The following behavior is questionable behavior which schools may want to discourage and must be closely monitored by site administration.
  - 1) Demeaning acts such as actions, or gestures (ex: turning backward during introductions, holding up newspapers)
  - 2) Doing crowd initiated yells instead of following the lead of cheerleaders
  - 3) Yells such as "Air Ball" or "You, You, You".
  - 4) Spectators' attire, including shirtless with messages painted on their bare skin, should be closely monitored.
  - 5) Bringing objects, such as brooms, newspapers, etc., used to demean your opponent.
  - 6) Entering the playing area after a contest prior to team handshakes or the opponents' safe return to their team area.
- f. Student attendance is not a right, but a privilege. Site management/supervision has the right to remove any individual for not adhering to NCS and school rules/policies. (Penal Code 626.7)

- g. The following action plans are recommended:
- 1) Meet with student leaders prior to games where student attendance is expected to exceed regular attendance to review proper behavior at all games
  - 2) A script should be provided to the announcer including:
    - ★ Welcome
    - ★ Sportsmanlike expectations
    - ★ Acknowledgment and introduction of the game officials
 NOTE: There should be a short statement endorsing the officials as persons who have been accredited by the CIF.
  - 3) Include the CIF Code of Ethics in the game programs.
  - 4) Each participating school's administration is expected to emphasize sportsmanlike behavior at all CIF contests.
    - ★ This shall be directed to coaches, players, cheerleaders and spectators in the day(s) prior to the contest.
    - ★ Rallies, team meetings, faculty meetings, spirit club meetings, school bulletins and P.A. announcements are all appropriate venues.
    - ★ Contact the principal or administrator-in-charge of the opponent's school at least one day prior to basketball and football games and other contests as appropriate to promote practical applications of the sportsmanship and to ensure the proper environment for the contest.
  - 5) It is the responsibility of the administration of each participating school to designate an administrative representative who will:
    - ★ Check in with the site manager 30 minutes prior to the game time and establish where he/she will be throughout the contest, and
    - ★ Enforce the highest standards of sportsmanship with his/her own student body, and
    - ★ Contact the administrative representative of the opponent's school to report any violations of sportsmanship by either school's supporters.

### **Code of Ethics**

It is the duty of all concerned with high school athletics:

- 1) To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- 2) To eliminate all possibilities which tend to destroy the best values of the game.
- 3) To stress the values derived from playing the game fairly.
- 4) To show cordial courtesy to visiting teams and officials
- 5) To establish a happy relationship between visitors and hosts
- 6) To respect the integrity and judgment of sports officials.
- 7) To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- 8) To encourage leadership, use of initiative, and good-judgment by the players on a team.
- 9) To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players.
- 10) To remember that an athletic contest is only a game--not a matter of life and death for player, coach, school, officials, fan, community, state or nation

### **Board of Managers □ Policy Statement**

The Board of Managers recognizes that individual school administrators retain primary responsibility for the conduct of all interscholastic athletic activities in which NCS member schools participate. Such responsibility includes the behavior of all participants: players, coaches, representative student groups, and spectators.

The Board of Managers recognizes that each league within the Section, through the several league Boards of Managers, should provide leadership in the matter of upgrading the atmosphere in which all interscholastic athletic contests are conducted. The Board of Managers is appreciative and supportive of such leadership and the programs initiated at the league level.



As the coordinating body for all interscholastic athletic activity conducted within the Section, the Board of Managers establishes the following policy concerning sportsmanship at all athletic events among member schools.

- 1) Players are expected to conduct themselves in a manner that shall bring credit to themselves, their schools, communities, coaches and families. They shall refrain from all conduct that tends to degrade, bait, intimidate, or otherwise discredit their opponent, officials, or interscholastic athletics.
- 2) Coaches are expected to maintain decorum consistent with the educational values of interscholastic athletics. By personal example, coaches are expected to demonstrate their awareness of these values by showing restraint and composure in the emotional climate of an athletic contest and to insist that players in their charge conduct themselves in a sportsmanlike manner.
- 3) Responsible member school personnel are expected to instruct and supervise the conduct of student spirit leaders, rooting sections, bands, other student groups and coaching personnel in order to achieve an atmosphere consistent with good sportsmanship. School administrators are expected to control or cause to be controlled spectators in such a manner that all athletic contests are conducted in an atmosphere that is consistent with the educational value of interscholastic athletics. *(Board of Managers 5/1/00)*
- 4) NCS leagues and schools should take necessary actions to insure that conduct, which is not in conformance with the above policy, is reviewed by schools and leagues and appropriate actions taken to insure that the ideals of good sportsmanship are fostered by NCS schools and leagues.
- 5) In the case of NCS/Les Schwab Tires Championship competitions, flagrant instances of unsportsmanlike behavior on the part of players, coaches, and/or fans should be reported by the school principal (s) to the Board of Managers through the Associate Commissioner, together with a description of action taken by member schools. The Associate Commissioner will contact offending schools regarding the school's deportment at NCS events.
- 6) The Sportsmanship Committee is the standing committee responsible for reviewing sportsmanship violations at championship events.

**Authority of the Commissioner of Athletics Concerning Sportsmanship Issues**

***The Commissioner, or his/her designee, shall, at his/her discretion, determine whether information about alleged violations of the NCS Board of Managers Policy Statement concerning Sportsmanship is sufficiently reliable to justify further investigation, and if a violation is determined to be present shall render remedies and penalties which in the judgment of the Commissioner, or his/her designee, address any unsportsmanlike activity, remedies and penalties that may apply to either student □ athletes, coaches and/or member schools. The Commissioner shall rely on procedures outlined in 1103.C to implement the review, investigation, possible penalties and outlined appeal process.***

***Factors to be considered by the Commissioner, or his/her designee, in making these determinations may include, but are not limited to:***

- a. ***The seriousness of the alleged violation;***
- b. ***Review of statements, video and interviews deemed relevant in making any decision.***

***Potential remedies/penalties are:***

- a. ***Forfeiture by one school or double forfeit of the contest in question.***
- b. ***Ejection of student □ athletes and coaches who are not identified by officials for disqualification.***
- c. ***Placement of the program on probation.***
- d. ***Loss of privilege to host in the NCS Championships.***
- e. ***Termination of the current season from the point of the infraction.***
- f. ***Elimination from the NCS Championships for the season of the infraction.***
- g. ***Disqualification of student □ athletes and coaches for additional contests based on the severity of the infractions.***

**XV. 301H Code of Ethics for Athletes**

- a. Athletes are expected to show the highest standards of sportsmanship during competition.
- b. Athletes are to share in the responsibility for the conduct of their teammates and supporters of their team by controlling their behavior.
- c. An athlete must accept the decision of an official. Any questions regarding a call or calls are to be directed to the official by the coach or team captain.
- d. An athlete must maintain his/her academic performance, so that he/she may continue to participate on a team.
- e. Any complaints that the athletes have should go to the coach, athletic director and then to the principal.
- f. An athlete shall be responsible for all equipment issued to him/her and will replace or pay for it if any of it is not returned.

**XVI. 302H Code of Ethics for Spectators**

- a. Spectators are required to maintain a high degree of sportsmanship during athletic contests.
- b. Spectators must, at all times, remain in the designated seating areas while a contest is in progress.
- c. No spectator is allowed to confront an official, coach, or player before, during or after an athletic contest.
- d. The actions of a spectator, detrimental to the playing of the game, may cause forfeiture of that contest.

**XVII. 303H Code of Ethics for Cheering Sections**

- a. All yells must emanate from the cheerleaders. (Cheerleaders should discourage impromptu yells, cheers, and comments from individuals or minor groups).
- b. Cheerleaders should especially discourage unsportsmanlike yells.
- c. Pompon debris must be kept off the gymnasium floor it is a hazard to the player.
- d. The pompon girls are responsible for removing the debris from the floor.
- e. There shall be no antagonistic or deprecating yells directed at the opposing school.

**XVIII. 304H Code of Ethics for Coaches**

- a. A coach will be expected to maintain high levels of sportsmanship, thus serving as an example to be emulated by players and spectators.
- b. A coach may be held responsible for the behavior of his/her personnel. Repeated misbehavior by team personnel may be considered a reflection of the coach's inability to control them.
- c. Coaches shall acknowledge officials' primary responsibility for conduct of contests, authority to make final decisions regarding rule interpretations during a contest, and authority to discontinue a contest and award a default for harassment or other unprofessional conduct by a coach.
- d. Questions and complaints regarding the conditions and procedures of a contest shall be directed to the hosting coach prior to the contest. Questions and complaints regarding conditions or procedures that arise or change during the course of a contest shall be directed to the officials.
- e. Proper behavior for a coach would preclude:
  - 1) Disrespectfully addressing an official,
  - 2) Disrespectfully addressing or baiting an opponent,
  - 3) Indicating his/her objection to an official's decision using gestures, or charging onto the playing field/court,
  - 4) Doing anything that might incite undesirable crowd reactions,
  - 5) Violating rules (particularly with regard to coaching decorum) listed in the official rule book of the sport in which he/she coaches.

**XIX. 305H Code of Ethics for Bands and Other Support Groups**

- a. A faculty member should supervise each performing group at every contest.

- b. Bands should play only before a game, during the time-outs, at half-time and after the game. The instruments should be used as musical instruments, not noisemakers.
- c. The band of one school should not play while the band of the other school is playing or performing.
- d. Bands should take turns performing their numbers. The host band director should contact the visiting director before the game to determine the playing order.
- e. Bands must terminate a number when a team breaks a huddle or the official indicates that play is to be resumed. This is extremely important.
- f. Bands, song girls, entertainment, etc., should never interfere with the officials, the practicing teams, or the playing of the game.

**XX. 306H Recommended School Responsibilities Relating to Game Officials**

It is recommended that:

- a. The host school have available someone who will handle the needs of the officials assigned to the contest. This should include, but not be limited to, facility orientation, dressing facility assignment, and parking.
- b. The officials dressing facilities be open at halftime and immediately after the contest.
- c. At the completion of the contest, the officials' dressing facilities remain secured for at least 30 minutes in football and 20 minutes in all other sports. Coaches and other school personnel should not enter an officials' dressing area for the purpose of complaints.
- d. Coaches publicly display respect and sportsmanship before, during, and after a contest.
- e. Coaches and school personnel not make public statements to the news media criticizing officials.
- f. School personnel be alert to potential problem situations and, when necessary, provide security for officials to and from their dressing facilities and to the parking area after the contest.
- g. Athletic administrators convey to their coaching staff that if there is a problem regarding the officiating, it should be referred first to the principal or designee who will be responsible for filing the proper forms according to section guidelines.
- h. School staff will assure that officials are able to proceed to dressing facilities after the contest without confrontation.

**VI. NCS SAC New Business**

**VII. NCS SAC Old Business**

- A. Proposal to move the baseball/softball season NCS Championship date back one week—NCS Board of Managers returned this proposal to the SAC for further review.

Motion to go uninstructed

Ty. Chris

- Issues to both sides; kids playing winter sports won't be out there. Graduation
- Why limit? Just play as many as you want, up to 24
- Will this be consistent with all sports?
- Could NCS make the last week on Monday, Wednesday and avoid games on Weekends.

*Rationale: Many schools have ended their school year and students have graduated. Since baseball and softball do not have a NorCal or State playoffs...not sure why we cannot end the Championships earlier.*

**The Board of Managers tabled this item and referred it back to the SAC for further review. They would like to look at moving the entire season for both sports earlier. Start date for Spring 2017 would be January 30, 2017.**

**The BOM also wanted the committee to discuss the possibility of having baseball/softball play a maximum number of 22 games with the season moved back one week and the start date remaining the same.**

<b>BASEBALL</b>	<b>2016-2017</b>	<b>2017-2018</b>
Deadline for Division I-VI to determine qualifiers	May <del>19</del> 12	May <del>18</del> 11

Final date for Division I-VI competition other than NCS Championships	May <del>19</del> <b>12</b>	May <del>18</del> <b>11</b>
Division I-VI At-large, Seeding, and Orientation meetings	May <del>20</del> <b>13</b>	May <del>19</del> <b>12</b>
Division I-VI first round games	May <del>23, 24</del> May <b>16, 17</b>	May <del>22, 23</del> May <b>15, 16</b>
Division I-V second round games; Division VI Semifinals	May <del>26, 27</del> May <b>19, 20</b>	May <del>25, 26</del> May <b>18, 19</b>
Division I-V Semifinal games	May <del>30, 31</del> May <b>16, 17</b>	May <del>29, 30</del> May <b>22, 23</b>
Division I-VI NCS Championships	June <del>2, 3</del> May <b>26, 27</b>	June <del>1, 2</del> May <b>25, 26</b>
<b>SOFTBALL</b>	<b>2016-2017</b>	<b>2017-2018</b>
Deadline for Division I-VI to determine qualifiers	May <del>19</del> <b>12</b>	May <del>18</del> <b>11</b>
Final date for Division I-VI competition other than NCS Championships	May <del>19</del> <b>12</b>	May <del>18</del> <b>11</b>
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Division I-VI NCS Championships	June <del>2, 3</del> May <b>26, 27</b>	June <del>1, 2</del> May <b>25, 26</b>

### VIII Round Table Discussion

#### IX. Staff Reports

- A. Commissioner
- B. Associate Commissioner
- C. Assistant Commissioner

#### VI. NBL NEW BUSINESS

##### A. Proposal by boys' tennis coaches to amend bylaw 11.113 as indicated below, EFFECTIVE IMMEDIATELY.

*Motion approved by consent.*

Boys' tennis shall be played as a spring sport. League matches shall be held on Tuesdays and Thursdays beginning at 3:00 PM **3:30 PM**. ~~After daylight savings time begins, league matches shall begin at 3:30 PM.~~

*Rationale: School is important! Coaches would like their student-athletes to remain in class as long as possible before having them dismissed for class.*

##### B. Proposal to amend tennis bylaw 11.311 as indicated below:

*Motion: Jerry Deakins, Maria Carrillo*

*Second: Ty Yanez, Ukiah*

*Motion approved unanimously*

Conduct penalties.

The following misconduct penalties (equipment abuse, language abuse, unsportsmanlike behavior, etc.) will be used in matches.

First offense: Warning

Second offense: Default of game

Third offense: Default of match—considered an ejection under the NCS ejection policy

##### C. Proposal to amend tennis rule 11.801 as indicated below:

*Motion: Jerry Deakins, Maria Carrillo*

*Second: Henri Sarlatte, Rancho Cotate*

*Motion approved unanimously*

NCS Qualifying Tournaments

Singles

- a. There shall be a singles tournament every year

- b. The tournament shall be a 16-team single elimination tournament with a consolation round.
- c. Each school is allowed to send two entries.
- d. If a school does not have entry, there will be a bye in the tournament bracket.
- e. The winner of the tournament shall be the automatic entry into the NCS Championships.
- f. The tournament must be played to third place.
- g. Seeding will be done by the coaches on the first day before the first match.
- h. In the girls' **and boys'** tournament, a minimum of four players will be seeded.
- i. ~~In the boys' tournament, the first two players will be seeded and then a blind draw will be used to finish the bracket.~~

Doubles:

- a. There shall be a doubles tournament to qualify for the NCS Championships. The winner of the tournament will be the automatic NBL entry into the NCS Championships.
- b. In the **boys' and girls'** tournament, there will be a 16-team single elimination tournament with a consolation round. Each school is allowed to send two entries. If a school does not send two entries, the team with the most wins may send three teams. If two schools do not send entries, the team in second, most wins may send three teams, etc.
- c. ~~In the boys' tournament, each school is allowed to send two entries. The hosting team may provide a doubles team to fill the bracket if a member school does not send two teams.~~
- d. The tournament must be played to third place.
- e. Seeding shall be done on the first day of the tournament by the coaches before the first match begins. In the boys' tournament, seed according to standings.
- f. The winner of the tournament shall be the automatic entry to the NCS tournament.

**D. Proposal to define the NBL swim all-league selection process, effective immediately:**

All-league selection process: first team finishes at the NBL Swim Championships will be designated as first-team all-league members.

*Motion: Jerry Deakins, Maria Carrillo*

*Second: Ty Yanez, Ukiah*

*Motion approved unanimously*

**E. Proposal to amend Track & Field bylaws to reflect current practice. EFFECTIVE IMMEDIATELY.**

*Motion: Jerry Bonfigli, Cardinal Newman*

*Second: Kenny Knowlton, Santa Rosa*

*Motion approved unanimously*

**12.101:**

Track shall be a spring sport in the NBL. There shall be ~~two~~ **four** classifications: Varsity boys', Varsity girls', **JV boys'** and **JV girls'**.

**12.307**

Athletes are allowed to leave the event in order to compete in another event at the discretion of the official. Athletes must be given a ~~ten-minute~~ **reasonable** recovery time, **at the discretion of the official**, after the conclusion of the other event. Officials need to make every attempt to inform the athletes if there is an unforeseen delay in starting other events and/or if the bar is to be raised.

**12.314**

Proposal to amend Track & Field bylaw 12.314 as indicated below (deletion of times for track events, with the exception of the 3:45 start time for the 4 x 100. Order of events for track events:

Time	Event	Running Order
3:45	4 x 100	JV girls; JV boys; V girls' V boys
4:00	1600 m	JV girls; JV boys; V girls' V boys
4:15	100/110 HH (39" VB; 36" JVB; 33"G)	Girls; JV boys; varsity boys
4:30	400 m	JV girls; JV boys; V girls' V boys
4:45	100 m	JV girls; JV boys; V girls' V boys
5:00	800 m	JV girls; JV boys; V girls' V boys
5:15	300 IMH (30" G; 36" B)	
5:30	200 m	JV girls; JV boys; V girls' V boys
5:45	3200 m	Girls; boys
6:05	4 x 400	JV girls; JV boys; V girls' V boys

Order of events for field events:

Time	Event	Order	
3:45	Shot put	Varsity girls; JV girls; varsity boys; JV boys	4= dual; 3=tri meet
3:45	Discus	Varsity boys; JV boys; varsity girls' JV girls	4= dual; 3=tri meet
3:45	High Jump	Varsity boys; JV boys; JV girls; varsity girls	5'; 4'6"; 3'6"; 4'
3:45	Pole Vault	JV girls; varsity girls; JV boys; varsity boys	6'; 7'; 7'6"; 9'
3:45	Long Jump	4 = dual 3 = tri meet	Open pit
End of 800 m	Triple Jump	4 = dual 3 = tri meet	Open pit

#### 12.404

~~Officials and coaches shall be given written instructions as to rules, etc., in regards to their events.~~

**Officials and coaches shall be given rules from the rule book on their event clipboard.**

#### 12.801

~~Seven places~~ **All team scores** shall count in scoring track and field events for the North Bay League Meet. Points shall be awarded as follows: first place, 8 points; second place, 6 points; third place, 5 points; fourth place, 4 points; fifth place, 3 points; sixth place, 2 points; and seventh place, 1 point. (NBL Board of Managers, April 20, 2015).

#### 12.802

~~All entries for the League meet must be made at least one week prior to the meet. Entries should be sent to the host school with a copy sent to the league commissioner.~~ **All entries for the NBL Championship Meet must be entered on EZ Meets no later than midnight on the Sunday prior to the trials.**

#### 12.804

In order to compete in the Redwood Empire Meet, a varsity athlete must earn his/her place. **If an athlete at the NBL Championship meet fails to make a qualifying mark in a field event, he/she can go on to the NCS Redwood Empire Meet if the athlete is approved by the majority of coaches at a vote take at the scratch meet. This would only occur in the event that there are not enough athletes who have met a qualifying mark.**

Proposal to delete current Track & Field bylaws **12.805, 12.807, and 12.808.**

**Proposal to add a new Track & Field bylaw, 12.805, to define student-athletes who will receive all-league distinction:**

- The first and second place finishers in boys' and girls' varsity competition at the NBL Championship meet will receive recognition as NBL First Team All-league.
- The third and fourth place finishers in boys' and girls' varsity competition at the NBL Championship meet will receive recognition as NBL Second Team All-league.
- The fifth and sixth place finishers in boys' and girls' varsity competition at the NBL Championship meet will be honored as Honorable Mention.

#### F. Proposal to amend Lacrosse bylaws indicated below. Effective immediately.

*Motion: Jerry Deakins, Maria Carrillo*

*Second: Chris Giovannini, Montgomery*

*Motion approved unanimously*

#### 7.104

~~Junior varsity league contests will begin at 5:30 PM. Varsity league contests will begin at 7 PM.~~

**In the first round of the double round robin the game times shall be: Girls' varsity: 4 PM, Boys' JV, 5:30 and Boys' varsity: 7 PM. In the second round the game times shall be: Boys' JV: 4 PM, Boys' varsity: 4:30 PM and Girls' varsity: 7 PM.**

#### 7.401

~~The Northern California Lacrosse Officials' Association is the organization contracted by the NBL to assign officials for boys' lacrosse contests. The Northern California Women's Lacrosse Umpires' Association is the organization contracted by the NBL to assign officials for girls' lacrosse.~~ **All lacrosse matches must be approved by lacrosse officials' associations that are accredited by the CIF and under contract to the North Bay League.**

#### 7.801

~~The team with the best league record (double-round robin contests) shall be the league champion. If two or more teams tie for the best league record, they shall be declared co-champions and each team shall receive a pennant.~~

**The league champion shall be the winner of the double round robin and shall be the automatic entry into the NCS Championships.**

1. **If there is a two-way tie for first place at the conclusion of the NBL Round Robin, the teams shall be declared co-champions and the automatic entry to the NCS Championships shall be determined as follows:**
  - a. **If one of the two tied teams wins the NBL postseason tournament, then this team shall be named as the NBL automatic entry to the NCS Championships.**
  - b. **If neither of the two tied teams wins the NBL postseason tournament, the team that advanced to the finals in the tournament shall be named the automatic entry to the NCS Championships.**
  - c. **If both of the tied teams are eliminated in the semi-finals, then the team with the lowest number in the winter draw shall be named the automatic entry to the NCS Championships.**
2. **If there is a three-way tie for first place at the conclusion of the NBL Round Robin, the three teams shall be declared co-champions and the automatic entry to the NCS Championships shall be determined as follows:**
  - a. **If one of the three tied teams wins the NBL postseason tournament, then that team shall be named the automatic entry to the NCS Championships.**
  - b. **If none of the three teams that tied for first place wins the postseason tournament, then the team that advanced to the finals shall be named the automatic entry to the NCS Championships.**
3. **If there is a four-way tie for first place at the conclusion of the NBL Round Robin, the team that wins the NBL postseason tournament shall be named the automatic entry to the NCS Championships.**

#### 7.802

~~The automatic representative to the North Coast Section Championships shall be the league champion. In the event of a tie for the league championship, the criteria for breaking that tie will be:~~

1. ~~Head-to-head competition~~

~~Team that won in the second round robin game~~

#### 7.803

~~There will be a four-team tournament following the conclusion of the double-round robin league schedule. The winner of this tournament will receive the automatic NBL entry into the North Coast Section Championships.~~

#### 7.804

Seeds will be determined based on total points earned during the league round-robin. **One point shall be awarded for each league win.** The team with the most points will be the #1 seed, the team with the second highest point total will be the second seed, etc. In case of a tie, the league tie-breaker system shall be used. In the first round, #1 vs. #4 at the site of #1, and #2 vs. #3 at the site of #2. The championship game shall be played at the site of the highest seed.

#### **A. Seeding for First Round Games**

The first-place team plays the fourth-place team at the site of the first place team and the second-place team plays the third-place team at the site of the second place team.

- B. Two Teams Tied for First Place**
1. If one team has defeated the other team twice in round-robin play, that team shall be designated the first-place team and the other team shall be the second-place team (for NBL tournament purposes).
  2. If the two teams split in the round-robin, the team with the greater number of wins against the third seed shall be seeded number one.
  3. If the tie still exists, the team with the greater number of wins against the fourth seed shall be seeded number one.
  4. If the tie still exists, the positions will be determined by the numbers drawn by the principals at the beginning of the school year.
- C. Three Teams Tied for First Place**
1. The team with the greatest number of wins within the tie shall be designated the number one seed and the team with the next greatest number of wins shall be designated as the number two seed. The remaining team will be designated as the number three seed.
  2. If a three-way tie still exists, then the positions will be determined by the numbers drawn by the principals at the beginning of the school year for the winter season, with the team with the lowest number getting the #1 seed and the team with the second lowest number getting the #2 seed. The remaining team shall be seeded #3.
- D. Four Teams Tie for First Place**
1. The team with the greatest number of wins within the tie shall be designated as the #1 seed. The team with the second greatest number of wins within the tie will be designated as the #2 seed. The team with the third greatest number of wins within the tie shall be designated #3 seed. The team with the least number of wins within the tie shall be designated the #4 seed.
  2. If a four-way tie still exists, the team with the lowest number in the winter draw shall be the #1 seed, the team with the next lowest number shall be the #2 seed, the team with the third lowest number shall be the #3 seed and the team with the highest number shall be the #4 seed.
  3. If a three-way tie still exists, the procedure in Item C noted above shall be used.
  4. If a two-way tie should exist, the procedure in Item B above shall be used.
- E. If more than four teams tie for first-place, the above procedure shall be used.**
- F. There are other ties in the seeding for the NBL tournament; the criteria above shall be used.**
- G.** Establishment of a rating system for soccer coaches (Jeff Hardie)  
This will be considered during the next round of negotiations.  
How many cards in FB?  
Officials being evaluated more frequently in BB by GGOB
- H.** NCS Bylaws--Appendix A discussion (Jan & Dean)  
Appendix A was reviewed and discussed in detail by Jan and Dean
- I.** NCS Eligibility Committee report (Jan)
- J.** NBL Sportsmanship Program (Jan)  
This discussion was postponed to the next meeting
- K.** NBL Basketball Tournament  
This discussion was postponed to the next meeting
- L.** Any discussion from the floor
- M.** Adjournment of the meeting approved by consent.