



# NORTH BAY LEAGUE

Jan Smith Billing, Commissioner  
Jcoo1@aol.com  
(707) 975-1301



## ATHLETIC DIRECTORS MEETING MINUTES MONDAY, JANUARY 14, 2019

### ATTENDANCE

Joe Ellwood	Analy	Marc Anderson	Piner
Jerry Bonfigli	Cardinal Newman	Scott McKeon	Rancho Cotate
Jeff Nielsen	Cardinal Newman	Kenny Knowlton	Santa Rosa
Mike Roan	El Molino	Bryan Price	Santa Rosa
Gary Randall Packard	Elsie Allen	Ty Yanez	Ukiah
Dave Stine	Healdsburg	Jamie Williams	Windsor
Jerry Deakins	Maria Carrillo		
Dean Haskins	Montgomery	Jan Smith Billing	Commissioner

### I. APPROVAL OF AGENDA

Motion to support approval of the agenda as presented.

*Motion: Dean Haskins*

*Second: Ty Yanez*

*Motion approved unanimously*

### II. APPROVAL OF THE NBL CONSENT AGENDA

Motion to support approval of the NBL Consent Agenda as presented.

*Motion: Ty Yanez*

*Second: Kenny Knowlton*

*Motion approved unanimously*

1. Adoption of the NCS BOM Agenda
2. Adoption of the NCS Consent Agenda

### III. APPROVAL OF MINUTES FOR THE PREVIOUS MEETING

Previously emailed and available online at [www.northbayleague.org](http://www.northbayleague.org)

Motion to approve the minutes of the previous meeting

*Motion: Mike Roan*

*Second: Scotty McKeon*

*Motion approved unanimously*

### IV. PUBLIC COMMENT

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

### V. NCS BOARD OF MANAGERS AGENDA

#### I. Adoption of Agenda

Motion to support the adoption of the NCS BOM agenda via the NBL Consent Agenda

#### II. Consent Agenda

Motion to support the approval of the BOM Consent Agenda via the NBL Consent Agenda.

III. Minutes of the September 28, 2018 Board of Managers Meeting

IX.A NCS Qualifiers to CIF Nor-Cal Soccer

IX.B. NCS 3-year calendar

IX.C. Adjustment of qualifiers and scoring for girls' golf, Division 2 Championships

IX.F. Amend 19.101H

- IX.G. Amend Ejection Policy for water polo
- IX.H. Amend 29.501H—bracket size in boys' individual wrestling championships
- IX.I. Eliminate scores on automatic/.at-large applications
- X.B. Placement of Quarry Lane School in the BAC pending approval of league placement
- X.C. Request by Woodcreek HS (SJS) in lacrosse
- XIII.D. Revision of Bylaw 22.B.9 (f & i)
- XIII.F. Revision of CIF Bylaw 22.B.9 (j & k)

**III. Approval of the Minutes**

Minutes of the September 28, 2018 Board of Managers Meeting (Previously posted on the NCS website) supported by NCS Consent

**V. FINANCE ITEMS**

**A. December balance Statement** (Attachments A and B)

**B. Report on Fall Championship Income/Expense** (Attachment C will be added in January prior to the Board of Mangers Meeting). Currently \$125,000 deficit

**VI. EXECUTIVE COMMITTEE**

**A. Update on progress of the 2018-2019 targets**

	Goal	Steps to Accomplish	Responsible Entity	Status
1.	Promote sportsmanship at contests hosted by member schools, including all stake holders (school administration, coaches, student-athletes, spectators and community members)	Continue to promote a league sportsmanship program	Associate and Assistant Commissioners	In progress
2.	Continue to support inclusive sports offerings	Continue the track and field Unified teams competition and Paralympic swimming	Associate and Assistant Commissioners	In progress. Working on Facebook sportsmanship messages and additional handout for school prior to championships. Updated championship handbooks with cleaner information/bylaws
3.	Continue to support the professional growth opportunities for athletic directors and athletic administrators	Encourage attendance to the NCSADA Workshop in September, Section Sponsored Workshops and other online tools	Section Staff	Three workshops have been conducted in SR, Hayward and the NCS Office. Over 40 athletic administrators have attended.

**B. Executive Committee Representatives starting with the 2019-2020 school year**

Several representatives to the Executive Committee will finish their first term on the committee at the conclusion of the 2018-2019 school year. The EC is recommending that each candidate continue service with a second term. Region and at-large representatives are appointed by the President and approved by the Board of Managers. The Board of Managers will vote on representation of the Under-represented populations representative in March. Nominations for the Under-representative populations representative may be made at this meeting or forwarded to the Section Office, c/o Gil Lemmon.

- a. Region I Representative—Julie Parks
- b. Region II Representative—Louie Rocha

- c. Region III Representative—Casey Thornhill
- d. At-large Representative—Rachel Kahoalii
- e. Under-represented populations representative—Jerome Wiggins

**C. President-Elect Nominations—nominations from the floor**

The Board of Managers will accept nominations from the floor for President-Elect (2019-2021). The Clerks of Elections are nominating Louie Rocha, Principal of Antioch High School.

**D. Commissioner of Athletics Position**

The following process was adopted by the Board of Managers 9/28/2018

- a. Announcement of retirement to Board of Managers September 28, 2018
- b. Suggested Process of selection of the next commissioner
  - 1. Review and update the Commissioner's job description
  - 2. Review and update compensation
  - 3. Determine distribution channels for the job announcement
    - 1. Send to the National Federation, State CIF, Section offices, all NCS league commissioners, all principals of NCS member schools, all Athletic Director at NCS member schools, all district superintendents of NCS member schools, all county offices of education, all NCS media outlets and post on the NCS website
  - 4. Establish non - exclusionary qualifications for applicants
    - 1. Survey of principals, athletic directors and superintendents
    - 2. Experience in the administration of high school athletics
    - 3. Experience at high school sites
    - 4. Experience in the administration of an organization
    - 5. Identify paper screening and interviewing responsibilities
      - 1. Paper screening shall be conducted by an ad - hoc group consisting of one school board member, one district superintendent, two principals, one athletic director, two league commissioners, and NCS Administrative Assistant Suzette Livingston. The Executive Committee will select the members of the Ad - Hoc group outlined above.
      - 2. First interview shall be conducted by the Ad - Hoc group which conducts the paper screening plus the NCS President Eric Volta and CIF Executive Director Roger Blake.\*
      - 3. Second interview be conducted by the members of the 2018 - 2019 Executive Committee.\* \*Should a member(s) of the Executive Committee apply for the position of Commissioner, the NCS President shall make a temporary appointment of a person from the constituency represented by the applicant to the Executive Committee for the purpose of interviewing candidates and hiring the Commissioner. Rationale: This proposal calls for the ad - hoc group to conduct the paper screening and the first interview. The Executive Committee members, who will be serving during the new Commissioners first year, will conduct the second interview and make the offer of employment and hire the new commissioner. The development of the interview process, interview questions and interview schedule shall be the responsibility of the NCS Officers, President Volta, President - elect Pfaltzgraff, and Past - President Christensen.
- c. Schedule for selection of a new commissioner
  - i. December 10, 2018 – Complete review and update of job description
  - ii. December 12, 2018 – Distribute job announcement
  - iii. Monday, March 4, 2019 – Deadline for returning applications
  - iv. March 11-13, 2019 – Paper screening
  - v. March 18-22, 2019 – Interviews
  - vi. March 29, 2019 – Vote by Board of Managers to select the successful applicant
  - vii. April 1-4, 2019 – Offer the position to the successful applicant
  - viii. April 5, 2019 - Announcement of the new commissioner
  - ix. July, 2019 – Transition between former and new commissioner

**E. Update on Executive Committee Ad-Hoc Committee Concerning the NCS Championships/Calendar (Attachment D)**

Commissioner Lemmon will update the Board of Managers concerning the Executive Committee Ad-Hoc Championship Events/Calendar Committee established at the March 6, 2018 meeting.

Core Values:

1. Safety for athletes through competitive equity opportunities
2. Balanced and fair access for all divisions and schools, regardless of enrollment
3. Fiscal responsibility for NCS Championship series

Proposal:

1. Eliminate Open Division (Starting in the 2019 football season, the runner up in the Open Division will not be allowed to replace the Division Champion from the division of origin.)
2. Create 7 divisions (State CIF confirmed NCS can officially send 7 division champions to the Nor-Cal Championships)
3. Reduce division NCS Championship brackets to 8 teams. (Reduces time of play by 1 week)

Pros:

1. Allows all teams who qualify for NCS Championships an opportunity for extended playoff participation. (Keeping the current Open Division structure would eliminate 2 of the top four teams in the section after just one game)
2. Increasing to 7 Divisions would maximize the opportunities for NCS schools to participate in NorCals and would meet the State requirement that all Section Champions qualify for NorCals.
3. 8 team Championship brackets would create better competitive matchups in the first round of play and could potentially minimize lopsided scores and competitive mismatches of roster size and depth.
4. Doesn't hurt small schools. Current Division make-up would change slightly, but smaller schools in lower divisions would still have adequate opportunity to make the playoff series.
5. 1 week less of play. Season could start a week later for all teams (2019 starting date of Aug 12 rather than Aug 5) or build in a bye week during Thanksgiving for teams moving forward in the NCS Championships.

Cons:

1. Fewer teams participating in NCS Championships. Proposed 7 divisions of 8 team brackets (56 teams) vs. current divisions of Open and 1-5 (potentially 64 - 84 teams) - In 2018 69 schools participated in the NCS Football Championships
2. NCS has had a dominating program, De La Salle HS, which may impact the highest division.

**VII. CLOSED SESSION**

**A. Anticipated Litigation—California Government Code section 54956.9 (b)**

No action anticipated

**VIII REPORT OF ACTION TAKEN IN CLOSED SESSION**

**A. Report of action taken during closed session**

**IX. SPORTS ADVISORY COMMITTEE**

**A. WINTER SOCCER**

**Proposal to determine automatic qualifiers for CIF Nor-Cal Championships**

**22.2901H Nor Cal Championship**

**Qualifying to CIF State/regional championships IMMEDIATE IMPLEMENTATION**

**Proposal supported unanimously by consent**

Teams/Individuals must compete, and qualify through, their respective CIF Section Championships to participate in CIF State/Regional Championships. The NCS will determine it's 10 Qualifiers to the CIF Regional Soccer Championships in the following manner:

All Division Champions (4)

All Division runners-up (4)

The (2) remaining spots would be allocated to the highest seeded semifinal losing teams. In the event of a tie between highest seeded semifinal losing teams, NCS Staff would select the two teams based on the section's seeding criteria.

**B. 3-YEAR CALENDAR**

**Proposal to adopt remaining two years of 3-year calendar (2019-20 & 2020-21)**

Attachment E is available on-line at [www.cifnco.org](http://www.cifnco.org), governance, Sports Advisory Committee. A copy will also be provided at the meeting.

**Proposal supported unanimously by consent**

**C. GOLF**

**Proposal to adjust qualifiers and scoring for girls' golf, D 2 Championships**

**Division 2 Championship/Individual Qualifier**

**Proposal supported unanimously by consent**

Tournament Field=up to 144 total golfers (BOM 1/27/12)

Scoring: Play ~~6~~ **5** golfers top 4 will score. (Division 2 Tournament will use the double par plus 2)

D2 League Champions automatically qualify plus ~~4~~ **5** individuals not on qualifying teams from **all** leagues.

The remainder of the field will be selected from the At-large selection committee.

The top eighteen (18) scoring individuals will advance to play in the Division I Championship.

*Discussion/Rationale: To improve the quality of the competition by eliminating the #6 golfer on the team side and adding the 5th place golfer from each league. This would also improve the pace of play.*

**D. BASEBALL/SOFTBALL**

**Proposal to adjust 15.204H and 23.100H to include media pass holders, camera crew personnel and photographers IMMEDIATE IMPLEMENTATION**

**Proposal supported unanimously at the previous NBL AD meeting**

**15.204H Helmet Requirements (NCS)** – “In addition to NFHS Baseball rule requirements for the use of protective equipment by a player/student, and the State Adoption set forth in 15.203, the NCS requires adult coaches, adult team supervisors and adult bat/ball shaggers to wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.” **It is also mandatory that Media Pass Holders, camera crew personnel and photographers wear a protective helmet if they are in the field of play. Individuals who do not have a protective helmet will be required to watch or film the game from a location that is not within the field of play.**

**23.100H Helmet Requirements (NCS)** – “In addition to NFHS Softball rule requirements for the use of protective equipment by a player/student, and the State Adoption set forth in 22.100H g, the NCS requires adult coaches, adult team supervisors and adult bat/ball shaggers to wear a protective helmet. It is recommended that the helmet meet NOCSAE standards. Play will not continue until compliance with this rule is met.” **It is also mandatory that Media Pass Holders, camera crew personnel and photographers wear a protective helmet if they are in the field of play. Individuals who do not have a protective helmet will be required to watch or film the game from a location that is not within the field of play.**

**E. TENNIS**

**Proposal to amend 25.501H to establish competitive-equity based brackets**

**Proposal supported by NBL ADs unanimously**

To amend 25.500H TEAM TENNIS CHAMPIONSHIP SERIES INFORMATION

24.501H Divisions and Bracketing

The NCS/Les Schwab Tires Team Tennis Championships will be conducted in two divisions. All NCS member leagues or supplemental leagues are eligible to participate. (see Bylaw 507H)

Divisions are as follows:

a. ~~Division I (see website for current divisions)~~ \*Open Division (Teams 1-16 based on competitive equity)

b. ~~Division II (see website for current divisions)~~ Division 1 (Teams 17-32 based on competitive equity)

\*Nor-Cal eligible bracket

24.504H Minimum Qualifying Record

To be accepted as a participant in the NCS/Les Schwab Tires Team Tennis Championships, a team shall have compiled a .500 overall record, ~~or a .500 record against teams in its own division~~ or a .500 record in its own league.

Discussion/Rationale: To create a true competitive equity model that balances both brackets, similar to the CIF model (in certain sports). The existing enrollment breaks would remain the same for the purposes of qualifying to the singles and doubles tournaments.

**F. FOOTBALL**

**Proposal to amend 19.101H NCS Tie Breaker System to mirror overtime procedures adopted for CIF state and regional games**

***Proposal approved by consent***

**19.100H STATE/SECTION MODIFICATIONS AND ADOPTIONS**

**19.101H Tie Breaker System**

- a. By State Association adoption, if, at the end of the fourth period, the teams have identical scores, the tie may be resolved, if authorized by its league, using the National Federation 10-yard line overtime procedures adopted by the CIF for Regional and State football championship bowl games. The National Federation 10- yard line overtime procedures are the only NCS approved overtime procedures.
- b. In the NCS/Les Schwab Tires Championships, the National Federation 10-yard line overtime procedures adopted by the CIF for Regional and State football championship bowl games will be used. In the CIF Regional and State Football Championship Bowl Games, the National Federation 25-yard line overtime procedures will be used.

**G. WATER POLO/SPORTSMANSHIP**

**Proposal to amend ejection policy for water polo**

***Proposal approved by consent***

To add the following language from the NFHS Water Polo Rule book to the NCS Ejection Policy for Water Polo. Any player found to be committing these acts would be ejected from the contest and the following contest.

ADD:

7 - 12 - 1 A player committing an act of misconduct engages in behavior such as:

- a. The use of profanity, obscene, abusive, threatening language or gestures
- e. Refusal to follow directive or show disrespect toward a referee or an official.

Does this rule apply to the NCS Ejection Policy? YES

**H. WRESTLING**

**Proposal to amend 29.501H—Boys bracket size IMMEDIATE IMPLEMENTATION**

***Proposal approved by consent***

Motion to reduce the boys' wrestling bracket to a 40-man bracket, with the following at-large changes:

**ENTRIES**

- BVAL (6) 3
- CMC (11) 3
- DAL (13) 5
- EBAL (10) 5
- HDNL (8) 3
- MCAL (8) 3
- MVAL (9) 3
- NBL (12) 5
- TCAL (8) 2
- VVAL (7) 3
- WACC (8) 3

**Total Entries 38**

**At - large Entries ~~4~~ 2**

**Total Entries ~~42~~ 40**

If any league does not fill their entry allotment in any given weight class, the open spot will become an at-large entry (as opposed to an alternate). The wrestling management

committee will evaluate this entry system on a 2-year basis.

*Rationale: When the wrestling management committee voted on this item in March, they did not have enough information regarding how complicated and problematic adding two qualifiers would be. Reducing the at-larges from 4 to 2, which reduces the total bracket from 42 to 40, allows existing league entries to remain the same, allows leagues to continue to be separated in the bracket, keeps the tournament staff in place, allows the existing brackets program to continue to be used and reduces tournament staff time in trying to fill brackets prior to the event.*

#### **I. NCS TEAM PLAYOFF APPLICATIONS**

**Proposal to eliminate final scores from NCS automatic/at-large playoff applications**

**Motion to propose that the NCS modify the application for automatic and at-large placement in NCS Championship Events to eliminate the final score of contests. Implementation date 2019 - 2020**

*Rationale: Win/loss is very important for both qualifying for NCS Championship events and for purposes of seeding. The final score is not to be considered and therefore is not necessary for inclusion on the application form. It only serves as an unintended distraction. For example if Team A defeats Team B 50 – 3 and Team C defeats Team B 6 – 3, it is human nature to then assume that team A must be much stronger than Team C because it defeated Team C by a higher score.*

#### **X. ALIGNMENT COMMITTEE**

##### **A. Alignment of a single sport during the regular alignment process (Attachment F)**

**Proposal is supported by ADs**

**PROCESS FOR A CONFERENCE TO ALIGN FOOTBALL ONLY A SINGLE SPORT DURING THE SCHEDULED ALIGNMENT CYCLE**

1. A conference may elect by, a majority of schools, to align a single sport **the sport of football** during the scheduled alignment cycle according to the established alignment calendar.
2. When conducting such process, no conference member school may be excluded. All conference schools are guaranteed placement in a league arrangement.
3. Any single sport league **The football** alignment must meet the following criteria:
  - a. A minimum of six schools in each established league.
  - b. Maintain current alignment criteria of competitive equity and geographical proximity.
  - c. Factors not to be considered by conferences, Alignment Committee or the Board of Managers in aligning schools would include, but not be limited to:
    - i. Aligning schools within the same district or diocese in the same league,
    - ii. Maintaining traditional rivalries, and
    - iii. Composing leagues exclusively of public or private schools.
    - iv. Using enrollment data as a measure of competitive equity.

##### **F. PROCESS FOR NON-LEAGUE AFFILIATE MEMBERS TO JOIN BASIC LEAGUES**

1. Non- league affiliate schools inform the NCS office of their intention
2. The Commissioner will recommend placement of the school in the most approximate Class A or geographical conference. The Alignment Committee will review and forward a final recommendation to the Board of Managers.
3. Non-league affiliate schools petition to the basic league of their choice.
4. The respective basic league will give consideration of the criteria listed above in Bylaw 106.E and make a recommendation to the Alignment Committee to approve or deny the request.
5. The Alignment Committee will render a decision on league placement, the non-league affiliate school or the league may appeal per the Appeal Procedures under Alignment Handbook Bylaw 106.H.

##### **G. SCHEDULE FOR 2024-2028 QUADRENNIAL ALIGNMENT CYCLE**

February 2022

The Alignment Committee will begin discussion at its regularly scheduled spring meeting

regarding the process for the 2024-2028 Quadrennial Cycle and alignment of member schools into basic leagues.

February 2022

The Alignment Committee will consider requests from schools or conferences to change conference membership, **and conduct a voting process for any conference that wishes to align the sport of football in additional to alignment of other conference member schools a single sport.** The Alignment Committee shall place schools into conferences **and announce any conference vote to align the sport of football a single sport.**

March 2022

The Board of Managers will approve the composition of the initial conferences.

May 2022

The NCS Commissioner will forward league alignment proposals to NCS league member schools and league commissioners. **For conferences who have elected by a majority vote to align the sport of football a single sport the NCS Commissioner will forward single sport football league alignment proposals at the same time as the league alignment proposals.** Leagues discuss **all** alignment **proposals.** A letter announcing the alignment function and requesting completion of the "School Result Form" will be sent from the NCS Commissioner to member schools. Principals will return the completed form to the NCS office by May 16, 2022. The NCS Office will compile survey data.

September 2022

Each conference will hold a Conference League Alignment Workshop to discuss league alignment, **and if necessary, football single sport alignment,** consider all proposals and develop recommendations for **basic, or football single sport,** league alignment. Schools may submit alignment proposals directly to the NCS office. The NCS Office will request Total enrollment report data from all member schools.

October 2022

Each conference will conduct a Conference League Alignment Meeting where principals and/or acting principals will vote on league alignment proposals, **and football single sport league alignment,** and forward to the Alignment Committee following all NCS alignment guidelines.

October-November 2022

Conference recommendations may be appealed to the Alignment Committee by any conference member school or the NCS Commissioner of Athletics. Alignment Committee will meet at its regular winter meeting to review conference recommendation, appeals and conduct the business of alignment of the section.

January 2023

Alignment Committee will review with the NCS Board of Managers the tentative alignment of NCS member schools into basic leagues for the 2024- 2028 Quadrennial Alignment Cycle.

January-February 2023

The Alignment Committee will conduct any Appeal Hearings.

February 2023

The Alignment Committee will vote to approve the final league alignment by conference, forwarding all committee recommendations to the Board of Managers for final approval in April-May.

March-April 2023

The Board of Managers will vote on the final placement of NCS member schools for the 2024-2028 Quadrennial Alignment Cycle.

August 2023 – June 2024

Leagues for the 2024-2028 Quadrennial Alignment Cycle will begin to meet in preparation for the start of the new cycle in the fall of 2024.

August 2024

The 2024-2028 Quadrennial Cycle commences.

- B. Placement of Quarry Lane School in the Bay Area Conference - Tentative Proposal supported by consent**
- C. Request by Woodcreek HS (SJS) to participate in the girls and boys NCS Lacrosse Championships**



**Proposal supported by consent**

**D. 2020-2024 Alignment Report**

- a. Humboldt-Del Norte Conference
- b. Bay Area Conference
- c. Coastal Mountain Conference
- d. Bay Shore Conference
- e. Redwood Empire Conference
- f. Valley Conference

**XI. ELIGIBILITY COMMITTEE**

**A. NCS & CIF Eligibility Data, 2018-2019** (Attachment G—three pages)

**B. Report on the activities of the Eligibility Committee**

- a. New SOP dates (Attachment H)

**XII. SPORTSMANSHIP COMMITTEE**

**A. Report/Information**

**XIII CIF ITEMS**

**A. Proposed Revisions of Bylaws 211 and 303—Continuation School** (Attachment I)

**Proposal Originated:**

CIF Commissioners Committee recommendations to the Federated Council Roundtable Discussion in January 2017 and April 2018

**Type:**

Bylaw Revision

**Proposal Summary:**

The Commissioners Committee is proposing revisions in Bylaws 211 and 303 that would change the opportunity of athletic eligibility of students attending a Continuation high school. This proposed change would grant the ability of a continuation student to gain athletic eligibility through a Multi-School agreement as long as the student's attendance at the Continuation school is NOT the result of discipline.

**Background:**

On January 27-29, 2017, members of the Federated Council were asked to discuss issues and concerns during roundtable discussion focusing on the future of Education Based Athletics and challenges that the CIF may face. The process concluded with the council prioritizing these future challenges and to offer strategies that might be implemented to address these issues. One of the top priority eligibility concerns were "Home School, Foreign and International Students and Alternative School Students." This proposal is a result of the direction from the Federated Council to seek alternative paths for eligibility for students who attend a continuation school that is not as a result of discipline.

**303.F Continuation Schools**

~~Continuation schools may not apply for multi-school team status as provided for under this provision. For continuation school eligibility, refer to Bylaw 211.~~

**CIF Member schools may apply for a change in membership status under the provision of this bylaw. Any CIF member school that wishes to allow participation on its team(s) by all the students who are currently enrolled in any non-CIF member continuation schools which do not offer any interscholastic athletic programs, may request approval to do so under the following conditions:**

- 1. Any such application submitted by a CIF member school must be with a non-CIF member continuation school that has a current California County-District-School Code (CDS Code) as prerequisite to applying for multi-school status.**
- 2. The administrative responsibility for all students involved in athletic shall rest with the principal of the CIF member school for which the student(s) is/are competing. Such responsibility shall include:**
  - a. Verification that the student(s) have completed, according to local school district policy, at least one semester in good standing at the continuation school; AND**

- b. **Students attending a continuation school due to disciplinary that is in place or pending are not eligible to participate under this provision; AND**
- c. **Verification that residential eligibility of the student(s) is/are limited to the public school in whose attendance area his/her parent(s)/guardian(s)/caregiver reside; or where the student most recently established his/her residential eligibility or a private school; AND**
- d. **Verification that students participating in the athletic program meet all scholastic eligibility requirements of the local school district; AND**
- e. **The regular grading period of the CIF member school shall be used to determine the scholastic eligibility of all students; AND**
- f. **Determination that students participating in the athletic program meet all other eligibility requirements of the CIF, its Section, its league, and the CIF member school; AND**
- g. **Determination that schools entering a multi-school agreement with a continuation school meet additional requirements set forth in Bylaw 303.A and 303.B. (3)(4)(5)(6)(7).**

**B. 2019-2020 CIF Budget** (Attachment J)—Will be presented at the BOM meeting

**C. 200.b—Football Age Requirement—Proposal to delete** (Attachment K)  
**ADs support the proposal and believe that the current rule is an archaic rule.**

**Proposal Originated:** CIF Sports Medicine Advisory Committee

**Proposal Summary:**

The CIF Sports Medicine Advisory Committee is recommending that Bylaw 2000.B—Varsity Football Age Requirement Medical Clearance be eliminated as there is no medical science or data that supports this additional medical requirement. The committee also states that there are no established medical criteria for a medical practitioner to follow or rely upon.

**Background:** In 1959, the CIF Constitution and Bylaws began publishing “Sport Specific Rulings.” That is the first appearance of an “age” requirement for participation in varsity football in the Constitution and Bylaws. The minutes of the Federated Council from 1950 – 1960 show no action by the Council on this matter.

In 1996, the Federated Council granted the Southern Section a three-year trial allowing a 14-year old to participate at the varsity level. According to the minutes of the Federated Council, 97% of principals stated they felt there were no additional injuries for 14-year old participants. In 2000, the Federated Council approved the bylaw revision that included an age criteria and an additional medical clearance for participation at the varsity level at age 14.

Given the fact that the CIF SMAC states there is no medical or scientific research to support the additional medical release and that 49 of 51 state associations have no age requirement for varsity football, the CIF SMAC is proposing elimination of Bylaw 2000.B.

**D. Revision of Bylaw 22.b.9 (f & i)** (Attachment L)

***When would current coaches have to comply with this rule?***

**Proposal Summary:** With the passage of A.B. 2800 (Chu) the CIF must revise Bylaw 22.B.9. (f & i) to include a heat illness training and education standards similar to that in the areas of concussions and sudden cardiac arrest.

**Background:** When state statutes are added and/or amended, the CIF has developed corresponding Bylaws to ensure that its member schools are aware of the legislation and comply with its requirements.

**E. CIF Nominating Committee** (Attachment M)

As per the CIF Constitution and Bylaw 70.E (1) the following Federated Council Members were appointed to the CIF Nominating Committee to review and nominate candidates to serve for a one-year term on the CIF Executive Committee for the 2019-2020 school year.

Monica Colunga, President-Elect, Southern Section

Natalie Ayres, Central Coast Section

Steve Boyle, San Diego Section

Neil La Sala, Los Angeles Section  
Cris Oseguera, Northern Section  
Sara Wettland, Sac-Joaquin Section  
*Ex-Officio Members:*  
Jim Perry, President, Allied  
Executive Director Roger Blake

**F. Revision of CIF Bylaw 22.b.9 (j & k)**

**Emergency Action Plan & Automated External Defibrillators as per new Ed Code Section 35179.4 and 35179.6**

**Bylaw 503L Emergency Action Plan and Automated External Defibrillators Protocol as per new Ed. Code Section 35179.4 and 35179.6**

**Proposal Summary:** With the passage of A.B. 2009 (Maienschein) the CIF must revise Bylaw 22.B.9 to include Emergency Action Plans and A.E.D.s as part of a Condition of Membership and Education and Training.

**Background:** When state statutes are added and/or amended, the CIF has developed corresponding Bylaws to ensure that its member schools are aware of the legislation and comply with its requirements.

**Conditions of Membership 22.b(9)**

**A school shall ensure that there is a written emergency action plan in place that describes the location and procedures to be followed in the event of Sudden Cardiac Arrest and other medical emergencies related to the athletic program's activities or events.**

**The school shall have at least one automated external defibrillator (AED) for the purpose of rendering emergency care or treatment. The school shall ensure that the AED or AEDs are available to athletic trainers and coaches and authorized person at these activities or events.**

**503 Administrative Oversight**

**L. Emergency Action Plans and AED Protocol**

- 1. A school shall ensure that there is a written emergency action plan in place that describes the location and procedures to be followed in the event of Sudden Cardiac Arrest and other medical emergencies related to the athletic program's activities or events.**
- 2. The school shall have at least one automated external defibrillator (AED) for the purpose of rendering emergency care or treatment. The school shall ensure that the AED or AEDs are available to athletic trainers and coaches and authorized person at these activities or events.**

**G. Update on electronic sports—a handout will be provided at the meeting.**

**H. Article 7—Proposed revision of Bylaw 70.D—Term of Office  
Attachment P will be provided at the meeting or is available on line.**

**XIV NEW BUSINESS**

**A. No new business is scheduled**

**XV. OLD BUSINESS**

**A. There is no old business at this time.**

**XVI NCS AND CIF DISTINGUISHED SERVICE AWARD**

**A. NCS Distinguished Service Award**

a. Presentation to Mitch Stephens, Media, NCS Distinguished Service Award

**B. CIF Distinguished Service Award**

a. Presentation to Bill Stirnus, retired educator, former Montgomery High School Principal

**XVII STAFF REPORTS**

**A. Commissioner**

- B. Associate Commissioner
- C. Assistant Commissioner

## VI. NBL NEW BUSINESS

- A. Proposal to award a pennant to the winner of NCS qualifying tournaments.

**Motion to support: Dean Haskins**

**Second: Jamie Williams**

**Supported unanimously**

Proposal: A pennant will be awarded to the winner of qualifying tournaments in boys' and girls' wrestling; boys' and girls' swim & dive; and boys' and girls' track & field. **FOR IMMEDIATE IMPLEMENTATION**

- B. Modification of NBL Swim Bylaw 10.306. **FOR IMMEDIATE IMPLEMENTATION**

**Motion to support: Dean Haskins**

**Second: Jeff Nielson**

**Supported unanimously**

Points toward the league championships **in each division** shall be as follows:

1. One point for each dual meet win and one-half point for each tie.
- ~~2. In the league championship meet, the winning team will be awarded three points, the second place team two points, and the third place team one point.~~
- ~~3. The combination of dual meet points awarded in the regular season and the points awarded in the league championship meet shall determine the winning school.~~

*Rationale: Allows for one North Bay League swim event to qualify our best swimmers to the NCS swim championships.*

- C. NBL Qualifying wrestling tournament—amendment to NBL Rule 15.801. **FOR IMMEDIATE IMPLEMENTATION**

**Motion to support: Dean Haskins**

**Second: Bryan Price**

**Supported unanimously**

At the conclusion of the regular dual meet season, the North Bay League shall have a league tournament to qualify male wrestlers to the NCS Boys' Wrestling Championships. ~~The tournament will be a two day tournament, taking place on a Friday and Saturday.~~ **Matches for male wrestlers will take place on Friday, with any necessary extra matches taking place on Saturday.** Female wrestlers currently can enter the NCS Girls' Wrestling Championships on an application basis which qualifies them for the CIF Girls' State Meet. ~~Wrestlers must enter the championship series designated for their particular gender.~~ **Matches for girls will take place on Saturday, following the boys' competition. On both Friday and Saturday, weigh-ins will take place beginning at 9 AM and matches will begin at 11 AM.**

- D. Amendment to NBL Rule 15.807—NBL Wrestling Championship. **FOR IMMEDIATE IMPLEMENTATION**

**Motion to support: Dave Stine**

**Second: Jeff Nielson**

**Supported unanimously**

~~The NBL wrestling championship shall be awarded to the team earning the most points in the league season. Points shall be awarded as follows:~~

- ~~1. One point for each dual meet win.~~
- ~~2. Three points for the first place team in the league tournament; two points for the second place team in the league tournament; one point for the third place team in the league tournament.~~

~~The league champion will be the team with the most number of points.~~

The NBL wrestling championship shall be awarded to the team earning the most points in the league season. There will be one point awarded to the winner of each league dual meet.

E. Player eligibility violation and proposed remedy. (Kenny and Bryan)  
A copy of the letter is attached. I have also asked Kenny and Bryan to bring additional copies.  
**Motion to support was supported unanimously**

F. The NCS Fall Entry Fees assessments were distributed to schools at the meeting. These bills are not due and payable to the NCS.

G. This grading period is the grading period that I use for the Elmer Brown Sportsmanship Awards points tally for the winter season of sport. I need your unweighted team GPA for: varsity boys' basketball, varsity girls' basketball, varsity boys' soccer, varsity girls' soccer, varsity boys' wrestling and varsity girls' wrestling. In order to qualify for the academic portion of this award, you must have the following minimal number of varsity participants to submit an average GPA:

<b>WINTER</b>
Basketball (5)
Soccer (11)
Boys' wrestling (6)
Girls' wrestling (3)

H. Girls' wrestling concerns from Coreena Christensen, Ukiah girls' wrestling coach. An email Jan received on Friday morning is copied below. I have not developed a schedule, pending our discussion.

Good morning,

Our dual against Maria Carrillo last night didn't go as smoothly as I would have liked.

I have 36 girls on my roster and Thomas Fragoza has more than 40 boys on his. We are no longer able to run a dual meet together in an efficient manner, due to our team sizes. Not to mention last night was my teams senior night. Had Coach Fragoza and I tried to combine weigh-ins, the girls dual, J.V boys dual, varsity boys dual and our senior night all in the small gym there's a good chance it would have been done around midnight.

With all due respect to everyone involved, we must move forward with girls wrestling. Coaches need to understand that the girls teams will be wrestling in separate gyms and eventually on separate dates.

I welcome your feedback regarding this matter.

Thank you,  
Coreena Christensen

**Suggestions:**

- Communicate with opposing coaches prior to the event to get an idea of how many wrestlers will be competing
- When a full slate of wrestlers is going to be competing, change the date of the meet to accommodate the event—girls on one night, boys on another
- ADs will make a concerted effort to try to build the girls' program, but many are constrained by lack of ability to hire another head coach

I. Please remind your coaches to enter their results on MaxPreps. Right now, the entries are pretty random. This is an NBL rule and is reviewed at all preseason coaches meetings.

J. Basketball tournament locations. It is difficult to secure a championship site when I cannot determine who is winning. Remember that we agreed to play the championship games at the largest available gym of the opposite division. I will also need site directors at these locations. I can offer Don as a timer, the announcer that we always at the JC and some ticket takers. But, I really need someone to step up here, and it has to be the AD of a non-participating team and his/her regular crew. The position of site director is a paid position and we pay all of the game workers.

- K. Review of dates for 2019 – 2020 basketball, soccer and wrestling schedules. Schedules were reviewed and are attached to the email to ADs, who can forward them to their coaches.
- L. Gil will be attending the track coach meeting on Monday to discuss Unified Track and Field. I have attached the Unified Track and Field Guide that he will be presenting to the coaches.
- M. Information regarding sharing of pools during swim practice (from Bri Niemi).  
Yes, this is allowed, per 205H, as long as the **principals agree** (see exception 2 below):

205H Multi School Practice

Multi school practices for members of individual sport teams are allowed (i.e. badminton, cross country, swimming, diving, tennis, golf, track, and wrestling) only between the conclusion of the league/conference season and the section/state competition in that sport, for those athletes who have qualified for NCS/Les Schwab Tires or State CIF post season competition.

Exception:

**If both principals approve**, two schools may conduct multi-school practices for members of individual sport teams prior to the conclusion of the league/conference season for one or more of the following reasons:

1. Safety concerns due to lack of equipment (ex. lack of pole vault equipment)
2. **Lack of facilities such as a swimming pool or diving board**
3. Gender equity - lack of competition for a single gender where the sport is of a contact nature. (i.e. wrestling)
4. Coaches hired to coach individual sports at multiple schools/districts.

- N. The swim schedule was developed by Kara Meyer and Dean Haskins. **I would like to pay them a stipend for their work.** I have attached a copy of the schedule that I retyped to match my own format for your perusal. I have also attached an informational sheet for the NBL Swimming and Diving Championships that Kara & Dean distributed to all coaches.

- O. I would like to have a petty cash account to use to pay for stamps, paper, toner, etc. I am thinking of \$50. What do you think?

*ADs approved an amount of \$100.*

- P. The golf coach meeting on Monday, January 7 was attended by all but one coach. The meeting went well; coaches were collegial. There may be a problem in the Redwood Division, however. Piner has already selected a date, which is in conflict with a major FFA event involving five of the Healdsburg players. Coaches of the involved schools were having difficulty with compromise; I suggest that ADs of those schools check in with their boys' golf coaches to see how things are going. In fact, all ADs should nudge their coaches to get their date secured ASAP and to let Jan know.

***Note: I still need course dates from: Analy, Ukiah, El Molino and Rancho Cotate***

- Q. Ejections

If one of your student-athletes is ejected from a contest, please remember that the ejected student-athlete must the contest immediately following the ejection. The ejected player is NOT allowed to be in the playing venue during that ejection, unless your team is away, perhaps at a tournament and it is not possible to have the student away from your direct supervision.

Additionally, if the ejection requires completion of the NFHS Sportsmanship program, be sure to email me a copy of the certificate of completion as soon after the ejection as possible.

- R. Rich Carnation, head coach of Windsor High School has resigned due to his election as a Windsor School Board member. The new varsity wrestling coach is:

Ken Coburn

[Coburn3@comcast.net](mailto:Coburn3@comcast.net)

(925) 980-3872

**UPCOMING MEETINGS**

- January 23—Principal & AD meeting at Ukiah High School, beginning at 3 PM
- February 19—AD meeting at SRCS, 9 AM