**REDWOOD EMPIRE CONFERENCE**

**FOOTBALL 2024**

**BAY**

Preseason Coaches Meeting: **TBA**

 First Day of Football Acclimation Period: **July 24th**

 First Day of Practice: **August 12th**

 First Date schools can play in a scrimmage, provided **August 23rd or 24th**

individuals have had at least ten days of practice.

First date schools can play in a game, provided the team **August 28th**

has had at least 14 days of practice and individuals

have had at least 10 days of practice.

Number of games: 10 games. One (1) scrimmage is permissible prior to the first interscholastic contest (league or non-league) of the season.

Post season/all-league selection meeting: **TBA**

| **FRIDAY, OCTOBER 11**Maria Carrillo at AnalyMontgomery at UkiahSt. Vincent at Santa Rosa**FRIDAY/SATURDAY, OCTOBER 18 OR 19**Analy at St. VincentUkiah at Santa RosaMaria Carrillo at Montgomery**FRIDAY, OCTOBER 25**Montgomery at AnalySanta Rosa at Maria CarrilloSt. Vincent at Ukiah**FRIDAY/SATURDAY, NOVEMBER 1 OR 2**Montgomery at St. VincentMaria Carrillo at UkiahAnaly at Santa Rosa**FRIDAY, NOVEMBER 8**St. Vincent at Maria CarrilloUkiah at AnalySanta Rosa at Montgomery |
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**NCS/Les Schwab Tires Championships**

Final date for leagues to determine qualifiers: November 9

Final date for games other than NCS Championships: November 9

NCS Entry forms due November 9 by 10:00 PM

At Large meeting: November 10

NCS Championships: November 15-16; 22-23; 29-30

CIF Nor-Cal Regional Games: December 6-7

CIF State Bowl Games: December 13-14

Official ball sponsor: Wilson, NCS Staff Liaison:Bri Niemi, bniemi@cifncs.org