**REDWOOD EMPIRE CONFERENCE**

**FOOTBALL 2024**

**BAY**

Preseason Coaches Meeting: **TBA**

First Day of Football Acclimation Period: **July 24th**

First Day of Practice: **August 12th**

First Date schools can play in a scrimmage, provided **August 23rd or 24th**

individuals have had at least ten days of practice.

First date schools can play in a game, provided the team **August 28th**

has had at least 14 days of practice and individuals

have had at least 10 days of practice.

Number of games: 10 games. One (1) scrimmage is permissible prior to the first interscholastic contest (league or non-league) of the season.

Post season/all-league selection meeting: **TBA**

| **FRIDAY, OCTOBER 11**  Maria Carrillo at Analy  Montgomery at Ukiah  St. Vincent at Santa Rosa  **FRIDAY/SATURDAY, OCTOBER 18 OR 19**  Analy at St. Vincent  Ukiah at Santa Rosa  Maria Carrillo at Montgomery  **FRIDAY, OCTOBER 25**  Montgomery at Analy  Santa Rosa at Maria Carrillo  St. Vincent at Ukiah  **FRIDAY/SATURDAY, NOVEMBER 1 OR 2**  Montgomery at St. Vincent  Maria Carrillo at Ukiah  Analy at Santa Rosa  **FRIDAY, NOVEMBER 8**  St. Vincent at Maria Carrillo  Ukiah at Analy  Santa Rosa at Montgomery |
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**NCS/Les Schwab Tires Championships**

Final date for leagues to determine qualifiers: November 9

Final date for games other than NCS Championships: November 9

NCS Entry forms due November 9 by 10:00 PM

At Large meeting: November 10

NCS Championships: November 15-16; 22-23; 29-30

CIF Nor-Cal Regional Games: December 6-7

CIF State Bowl Games: December 13-14

Official ball sponsor: Wilson, NCS Staff Liaison:Bri Niemi, [bniemi@cifncs.org](mailto:bniemi@cifncs.org)