

**NORTH BAY LEAGUE BOARD OF MANAGERS MEETING MINUTES FOR SEPTEMBER 4, 2014**

**ATTENDANCE**

Graham Rutherford	Cardinal Newman	Kimberly Clissold	Montgomery
Jerry Bonfigli	Cardinal Newman	Amie Carter	Rancho Cotate
Linda Scheele	Casa Grande	Henri Sarlatte	Rancho Cotate
Stephan Owen	Casa Grande	Kathy Hower	Santa Rosa
Rick O'Brien	Casa Grande	Brad Coscarelli	Santa Rosa
Rand Van Dyke	Maria Carrillo	Ty Yanez	Ukiah
Randy Burbank	Maria Carrillo	Marc Elin	Windsor
Jerry Deakins	Maria Carrillo	Jeff Hardie	Windsor
Laurie Fong	Montgomery	Marie Sugiyama	NBL Commissioner
Dean Haskins	Montgomery	Jan Smith Billing	NBL Assistant Commissioner

**I. APPROVAL OF AGENDA**

***Motion to approve the agenda as presented.***

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Ty Yanez, Ukiah athletic director  
Motion approved unanimously

**II. APPROVAL OF THE NBL CONSENT AGENDA**

***Motion to approve the consent agenda, as listed below.***

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Ty Yanez, Ukiah athletic director  
Motion approved unanimously

1. Minutes for the April 22, 2014 meeting (available on line at [www.northbayleague.org](http://www.northbayleague.org))
2. NCS SAC Meeting Consent Agenda
3. CIF Item A: Addition of 8-person football
4. NCS Item V. A: Lacrosse hosting through the finals
5. NCS Item V. B: Adjustment of the attendance criteria for hosting NCS championships series lacrosse games
6. NCS Item V. F: Proposal to amend 23.502H (Swim and Dive)
7. NCS Item V.G: Proposal to change the Division III Wrestling Dual Team Championship to a mandatory 6-team bracket, with up to 4 at-large spots available
8. NCS Item V.H: Proposal to amend NCS Bylaw 28.302H—Wrestling Team Dual Championship will be a one-day, no-elimination, up to 10-team tournament
9. NCS Item V.J.: Proposal to clean up wrestling seeding criteria and procedures
10. Meeting adjournment

**III. APPROVAL OF MINUTES FOR THE PREVIOUS MEETING**

Minutes of the April 22, 2014 NBL Board of Managers meeting (previously emailed and posted at [www.northbayleague.org](http://www.northbayleague.org))

**IV. PUBLIC COMMENT**

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

***No member of the public was present to address the NBL Board of Managers.***

**V. NCS SAC AGENDA ITEMS**

**I. Consent Agenda**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to approve** the SAC Consent Agenda approved unanimously via the NBL Consent Agenda.*

**II. Minutes of the previous SAC meeting**

*Minutes of the previous SAC meeting approved unanimously by Consent.*

#### IV. CIF Items

##### A. Addition of 8-person football

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the addition of 8-person football approved unanimously via the NCS Consent Agenda.*

Proposal to conduct post-season competition in eight-person football. There are currently not enough NCS teams to have a post-season tournament, therefore the NCS would like to band together with other Northern CA Sections to sponsor an eight-team tournament.

**Rationale:** *Grants greater flexibility for sections to conduct post-season championships in certain sports under very specific criteria, providing greater opportunity for qualifying schools.*

**Supported by athletic directors on the Consent Agenda.**

##### B. Penalties for CIF 506

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the Penalties for violation of CIF 506.*

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Ty Yanez, Ukiah athletic director  
Motion approved unanimously

###### First infraction by a team

1. Team will forfeit twice the number of hours or days in which the team is in violation of the rule, with a minimum two hour penalty.
2. The school athletic administration will meet with the involved coach to review the CIF practice guidelines.
3. School must report the infraction according to NCS Bylaw 1103.

###### Second infraction by a team within a two-year period

1. Team will forfeit twice the number of hours or days in which the team is in violation of the rule, with a minimum two hour penalty.
2. Coach is not eligible to coach in the post-season for the first two contests the school participates.
3. School must report the infraction according to NCS Bylaw 1103.

###### Third infraction by a team within a two-year period.

1. Team will forfeit twice the number of hours of days in which the team is in violation of the rule, with a minimum two hour penalty.
2. Head coach is not eligible to participate in post-season competition.
3. School must report the infraction according to NCS Bylaw 1103.

The school is placed on probation for a period of two years. The parameters of probation are as follows:

1. Any additional team/school violation will subject the school to the following penalties:
  - a. The school will not be allowed to host NCS Championship contests in any sport for a period of one year from the date of the third violation.
  - b. School coaches will not be allowed to coach in the first two contests of any NCS Championship contest or post-season contest the school is involved.
  - c. The school will be fined \$500 and the funds will be placed in the NCS Foundation Game Scholarship Fund.

***Proposed penalties unanimously supported by athletic directors on August 28, 2014.***

##### C. Proposal to require baseball and softball coaches to wear a helmet

*Motion to direct the NBL representatives to the Sports Advisory Committee Meeting **vote to support** the addition of coaches and adult team supervisors to Art. 1.*

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Amie Carter, Rancho Cotate principal  
Motion supported unanimously

ART.1...It is mandatory for on-deck batters, batters, runners, retired runners, **coaches, adult team supervisors,** players/students in the coaches' boxes as well as non-adult **or adult** bat/ball shaggers to wear a batting helmet that meets the NOCSAE standard.

**Rationale:** In review of accidents in the sport of baseball, I have observed that there are a number of injuries to adult personnel during games. I have heard numerous stories from coaches in my area about batted balls hitting coaches in the head. A minor league coach was killed two years ago where it is now my understanding that base coaches must wear headwear. I believe we should take proper steps to protect our adult personnel.

**Athletic directors deferred action on this proposal, preferring that the NBL Board of Managers make the decision.**

## V. NCS ITEMS

- A. **Motion to allow schools in the sport of lacrosse to host through the finals as is done in volleyball, provided the school site meets the hosting criteria.**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the motion to allow schools in the sport of lacrosse to host through the finals as is done in volleyball, provided the school site meets the hosting criteria, approved unanimously via the NBL Consent Agenda.*

### 518H Championship Series Sites (first, second and semifinal rounds)

- a. In the sports of baseball, basketball, football, lacrosse, soccer and softball, NCS member schools host home contests during first, quarterfinal and semifinal rounds provided their facility meets the minimum site criteria.
- b. In the sport of team tennis, NCS member schools host home contests during first and quarterfinal round contests, provided their facility meets the minimum site criteria.
- c. In the sport of volleyball and **lacrosse** NCS member schools will host contests through the championship round. The higher seeded team will host provided their school facility complies with established minimum facility requirements.

### Championship Series Sites (first, quarterfinal and semifinal rounds)

Selection of sites for first, quarterfinal and semifinal round (a quarterfinal round contest only occurs in a tournament that has four rounds) contests shall be determined according to the following priorities and criteria.

(First priority): Conduct the contest at the home site or in the geographical area of the league champion provided the league champion can provide a site that meets the criteria for the respective championship series event. If the league champion is unable to provide a site that meets the criteria, the contest may be hosted by or in the geographical area of the competing school provided its site meets the criteria. If neither school can provide a site that meets the criteria, the NCS staff will arrange for the contest to be conducted at a designated site. The area of the league champion will be given preference if a site that meets the criteria is available. If there is not any available site that meets the criteria, NCS staff will select a site balancing all applicable factors. *This priority will only exist during the first round of competition. (BOM 1/27/12)*

(Second priority): If a league champion is not involved in the contest, the contest will be conducted at the site or in the geographical area of the highest-seeded team provided the highest-seeded team is able to provide a site that meets the criteria for the respective championship series event. If the highest-seeded team is unable to provide a site that meets the criteria, the contest will be conducted at the site or in the geographical area of the other competing school provided its site meets the criteria. If neither school can provide a site that meets the criteria, the NCS staff will arrange for the contest to be conducted at a designated site. The area of the highest-seeded team will be given preference if a site that meets the criteria is available. If there is not any available site that meets the criteria, the NCS staff will select a site balancing all applicable factors. *(October 30, 1998)*

(Third priority): If a seeded team is not involved in the contest, the contest will be conducted at the site or in the geographical area of the team which defeated the higher seeded team provided the team which defeated the higher seeded team is able to provide a site that meets the criteria for the respective championship series event. If the team that defeated the higher seeded team is unable to provide a site that meets the criteria, the contest will be conducted at the site or in the geographical area of the other competing school provided its site meets the criteria. If neither school can provide a site that meets the criteria, the NCS staff will arrange for the contest to be conducted at a neutral site. The area of the team that defeated the higher seeded team will be given preference if a site that meets the criteria is available. If there is not any available site that meets the criteria, the NCS staff will select a site balancing all applicable factors. *(Board of Managers October 30, 1998)*

***Supported unanimously by the NBL Athletic Directors on the Consent Agenda***

- B. **Motion to adjust the attendance criteria for hosting NCS Championship series lacrosse games.**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the motion to adjust the attendance criteria for hosting NCS Championship Series lacrosse games approved via the NBL Consent Agenda.*

### HOSTING LACROSSE GAMES

- a. League champions will have the first option to host first round games provided the league champion's facility meets the minimum NCS host site criteria. After the first round the first opportunity to host goes to the highest seeded team provided they have an application to host form in and their facility meets the criteria.
  1. The playing field must meet all minimum standards as described in the National Federation rulebook for the respective sport
  2. Minimum seating capacity of 1st round matches: 50 **75** Semifinal matches: 100 **125**
  3. Adequate, safe and lighted parking for spectators within a reasonable distance of the facility
  4. Adequate rest room facilities for spectator
  5. Public address system
  6. Easily accessible telephone in case of emergency
  7. Capable of securing the facility for the purpose of collecting admission

8. Provide the required site personnel
9. Pay the site personnel in accordance with the NCS fee schedule
10. Display NCS sponsorship banners unless the school has an exclusive agreement with a competing sponsor
11. Make the required NCS public address announcements
12. Site costs must be within the costs allowed by NCS for the respective activity. Note: Additional costs shall be the responsibility of the host school
13. Sites must conform to the American Disabilities Act.
14. Staff will be allowed to adjust "sites", when circumstances warrant, for the maximum benefit of the respective tournament

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda.**

**C. Motion to delete Bylaw 18.106H Physical Conditioning Session**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the deletion of Bylaw 106.H approved via the NBL Consent Agenda.*

**~~18.106H Physical Conditioning Session~~**

~~Leagues may authorize a football conditioning practice period that shall start no more than five weekdays prior to the starting date of football practice. The purpose of the physical conditioning practice session is to better prepare football players for the rigors of tackle football. Such a conditioning session shall not be counted or used as a practice day(s). Football conditioning is defined as:~~

~~Football conditioning is defined as:~~

- ~~a) A two-hour team conditioning period each day.~~
- ~~b) The only allowable football equipment shall be: football, football shoes, helmets and blocking bags.~~

~~PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 18.106H are found in Bylaw 102H. (Board of Managers 5/1/06)~~

***Rationale:** This bylaw is in conflict with our 3-year Championship Schedule which designates a starting date for football practice. This has caused confusion for our schools/leagues.*

***NBL Athletic Directors unanimously supported the deletion of this bylaw because football already gets one week longer to practice than all other fall sports.***

**D. Motion to delete Bylaw 18.601 H Exchange of Game Films in Football**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the deletion of NCS Bylaw 18.601H, Exchange of Game Films in Football approved unanimously via the NBL Consent Agenda.*

**~~18.601H Exchange of Game Films~~**

~~It will be mandatory for each participating school that films its games to furnish two game films to its opponent. The opponent may choose the two films that it desires. If either of the competing schools does not film its games, neither school shall be obligated to supply films. It shall be permissible for either coach to secure from other sources, any game film of his opponent that he/she may desire to view for the purpose of preparing for his/her next playoff game. Coaches of competing schools in the two area games must exchange two game films at the pre-playoff orientation meeting prior to the area game or at an earlier date if it is mutually agreeable. Any violations of the mandatory film exchange rule (refusal to cooperate) should be reported at once to the NCS Office. Schools that are in violation shall be subject to disqualification from the playoffs.~~

~~PENALTY FOR VIOLATION: Schools that are in violation shall be subject to disqualification from the playoffs. (Board of Managers 5/1/06)~~

***Rationale:** First, this bylaw has created a great deal of angst among the coaches during the championships. NCS continually has to deal with conflicts between teams that submit tapes at the seeding meeting and other teams that choose to mail tapes or wait to give tapes later in the week creating a possible disadvantage to one team. Exchange of game film should be dealt with the same way the schools deal with exchange of game film during the regular season. During the regular season it is left to each school agreeing or declining to exchange and making those arrangements. NCS will continue to assist schools with sharing opponents contact information. Second, the penalty is quite severe in disqualification from the playoffs. There is no deadline in which the game film is to arrive to the opponent, which creates a situation no penalty for a film arriving after there is no time to use it in preparation for the game.*

***NBL Athletic Directors unanimously supported the deletion of this bylaw because most teams already use the internet (HUDL) to view game films.***

**E. Motion to eliminate the prohibition of pepper as a warm-up drill in the sports of baseball and softball. (Bylaws 15.501H(f) and 22.501H(f))**

*Motion to instruct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the elimination of the prohibition of pepper as a warm-up drill approved unanimously via Consent Agenda.*

Baseball 15.501H

The following rules are applicable to all North Coast Section baseball playoff games.

- a. Teams are expected to arrive in uniform. Locker rooms will not be available.
- b. The home team (who bats first and last) during all rounds will be determined by the Seeding Committee using the applicable criteria established by the NCS Board of Managers. The following guidelines will be used to determine the home team. The Higher seed will be designated the home team, regardless of what geographical area the contest is played. (*Board of Managers 4/26/13*)
- c. The home team shall occupy the third base dugout, or as assigned by the site director.
- d. There will be a **MINIMUM OF A 30-MINUTE BREAK BETWEEN GAMES** to allow for infield practice and field preparation.
- e. Each team will be allowed a maximum of ten minutes for infield practice (this will be strictly enforced). The visiting teams will take the infield first.
- f. Participating teams will not be allowed to take batting practice at the game site within two (2) hours of the scheduled game time. ~~Pepper is not allowed.~~ The use of whiffle balls for soft toss is acceptable provided it is allowed by the host facility.

PENALTY FOR VIOLATION: The game shall be forfeited by the offending team. (*Board of Managers 5/1/06*)

Softball 22.501H The following rules are applicable to all North Coast Section softball playoff games.

- a. Teams are expected to arrive in uniform. Locker rooms will not be available.
- b. The home team (who bats last) during all rounds will be determined by the Seeding Committee using the applicable criteria established by the NCS Board of Managers. The following guidelines will be used to determine the home team. The Higher seed will be designated the home team, regardless of what geographical area the contest is played. (*Board of Managers 4/26/13*)
- c. The home team shall occupy the third base dugout or as assigned by the site director. (*Board of Managers 10/30/98*)
- d. There will be a minimum of a 30-minute break between games to allow for infield practice and field preparation.
- e. Each team will be allowed a maximum of ten minutes for infield practice (this will be strictly enforced). The visiting teams will take the infield first.
- f. Participating teams will not be allowed to take batting practice at the game site within two hours of the scheduled game time. ~~Pepper is not allowed.~~ Use of whiffle balls for soft toss is acceptable provided it is allowed by the host facility.

PENALTY FOR VIOLATION: The game shall be forfeited by the offending team.

(*Board of Managers 5/1/06*)

**Supported unanimously by athletic directors on August 28, 2014**

**F. Proposal to amend 23.502H (CONSENT via the Swim/Dive Management Committee)**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the amendment of Bylaw 23.502H approved unanimously via the Consent Agenda.*

“If there are fewer than 32 divers that qualify by achieving the ‘automatic’ score, those that achieve the ‘consideration’ score will be awarded entries until the 32 qualifiers by score is filled. Automatic and consideration scores are based on the previous year’s NCS/Les Schwab Tires Diving Championship meet. To calculate the automatic score, the score or close to it of the 16th ~~finisher~~ **entry score** is selected, unless the person was disqualified, then the next score is selected. The scores used are those ~~achieved~~ **submitted** during the **entry process** of the previous years’ NCS/Les Schwab Tires Diving Championship. The consideration score is calculated on the score achieved by the 55th submitted entrant or close to it.”

For Immediate Implementation

**Rationale:** *There were 50 girls who made the automatic score for diving in 2014, much higher than the expected field of 32, which in turned slowed down the meet considerably. If entry scores are used as the automatic mark, a higher standard*

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda**

**G. Proposal to change the Division III Dual Team Championship to a mandatory 6-team bracket, with up to 4 at-large spots available.**

*Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the change in Division III Dual Team Wrestling Championships approved unanimously via the consent agenda.*

**Rationale:** *For our smaller schools, who sometimes don’t field a complete 14-person team, this tournament can be tough to attend. With the existing 8-team (mandatory) format, the rotation can go all the way out to 4th place in a league. Reducing the bracket to 6 mandatory teams makes it less likely that we will go that far in the rotation, but allowing for 4 at-large spots also gives D III schools the same opportunity to participate as the other three divisions.*

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda**

**H. Motion to amend NCS Bylaw 28.302H (CONSENT via Wrestling Management Committee)**

Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** the motion to amend NCS Bylaw 28.302.

The NCS/Les Schwab Tires Division I East Bay, Division II Redwood Empire, Division II East Bay and Division III Wrestling Team Dual Championships will be a one-day, no-elimination, **up to 10** team tournament.

Berths nine and ten will be selected through an At-large Application process **for Division I East Bay, Division II East Bay and Division II Redwood Empire. Berths seven, eight, nine and ten will be selected through an At-large Application process for Division III.** NCS staff will select no more than two teams for ~~each division DI EB, DII EB and DII RE~~ **and no more than four teams for DIII** based on At-large Applications submitted to the NCS Office no later than the date and time posted in the bulletin.

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda**

- I. **Proposal to change the final date for competition and deadline for leagues to determine dual team qualifiers to one day earlier.**

Motion to direct the NBL representatives to the NCS Board of Managers **vote to support** the proposal to change the final date for competition and deadline for leagues to determine dual team qualifiers in wrestling to one day earlier.

**Rationale:** Under the existing format, schools only have one day to arrange for the dual team championship, should they be selected. Moving the deadline up one day will give an additional day to arrange for travel accommodations, etc.

<b>Boys' Wrestling</b>	<b>2014 - 2015</b>	<b>2015 - 2016</b>	<b>2016 - 2017</b>
Final date for competition other than league individual qualifying tournament or NCS/Les Schwab Tires and CIF Championships	<del>Feb. 12</del> <b>Feb. 11</b>	<del>Feb. 11</del> <b>Feb. 10</b>	<del>Feb. 9</del> <b>Feb. 8</b>
Deadline for leagues to determine dual team qualifiers	<del>Feb. 12</del> <b>Feb. 11</b>	<del>Feb. 11</del> <b>Feb. 10</b>	<del>Feb. 9</del> <b>Feb. 8</b>
Dual Team Competition (student competition)	Feb. 14	Feb. 13	Feb. 11
Deadline for leagues to determine individual qualifiers	Feb. 21	Feb. 20	Feb. 18
Seeding Meeting	Feb. 22	Feb. 21	Feb. 19
NCS/Les Schwab Tires Championships	Feb/ 27-28	Feb. 26-27	Feb. 24-25
State CIF Championships	March 6-7	March 4-5	March 3-4

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda**

- J. **Proposal to clean up wrestling seeding criteria and procedures**

Motion to amend NCS Bylaws 28.505H and 28.506H (CONSENT via the Wrestling Management Committee).

Motion to direct the NBL representatives to the NCS Sports Advisory Committee Meeting **vote to support** the proposal to clean up wrestling seeding criteria and procedures approved unanimously via NBL Consent Agenda.

**28.505H Seeding**

**Criteria Guidelines, in no particular order, for all seeded wrestlers**

1. Head-to-head wins (during current season)
2. Returning CIF State medalist (place and weight class)
3. Returning CIF State qualifier
4. Returning NCS medalist (place and weight class)
5. Overall record (all wins and losses)
  - a. Tournaments (include size [64/32/24/16/dual] and place/finish)
  - b. Section losses
6. ~~Secret ballot~~ **League rep voting**  
(BOM 10/24/11)

**28.506H Procedures for Seeding**

A committee of two representatives from each league will meet with the tournament director, matchmaker, and Section Commissioner's representative to seed the top wrestlers. The representatives shall be designated to the NCS prior to the seeding meeting. Coaches will not be allowed to ~~speak at the meeting but may~~ attend. A maximum of eight (8) seeded wrestlers, **along with a provisional 9th** will be selected at the NCS Wrestling Seeding meeting. (NCS Board of Managers.)

NOTE: NCS will pay meeting reimbursement for only one representative. (BOM 10/24/11)

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda**

**VI. NCS SAC NEW BUSINESS**

- A. **Proposal to change Sports and General Rulings Item 210 H: Delete "the last NCS/CIF athletic competition (CIF Boys' Golf Championships) and replace that phrase with June 1.**

Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote to support** this proposal to

amend NCS Sports and General Rulings Item 210 H.

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Kimberly Clissold, Montgomery assistant principal  
Unanimous

**210H Summertime School Athletic Activities**

During the period of time from ~~the last NCS/CIF athletic competition (CIF Boys' Golf Championship)~~ **June 1** until the first NCS authorized conditioning or practice date of the next school year, NCS shall have no authority over NCS member school athletic activities concerning:

1. Use of facilities
2. Equipment
3. Assignment of a coach by the school or school district to coach
4. Practices
5. Non-NCS/CIF contests

The authority to manage these items shall rest with the individual school district or private school board. All NCS Eligibility Bylaws related to pre-enrollment contact and undue influence still apply. (See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 209H are found in Bylaw 102H. (Board of Managers 10/21/05)

**Rationale:**

- Having a date that changes yearly makes it difficult for schools to begin their summer activities at the appropriate time. This problem is exacerbated by the wide variety to school year beginning and closing dates.
- At least three schools (and possibly many more) started summer activities too early this year.
- This date has been successfully used in the Sac-San Joaquin Section for a number of years and appears to cut down on confusion.

**Supported unanimously by the NBL Athletic Directors on the Consent Agenda**

**B. Proposal to allow qualifying times/distances in an official league track and field meet to be acceptable for At-Large entry only into the NCS Track and Field Championships.**

Motion to direct the NBL representatives to the NCS Sports Advisory Committee **vote AGAINST supporting** this proposal.

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Linda Scheele, Casa Grande assistant principal  
Motion supported unanimously.

The rationale for **only** allowing qualifying times/distance to be obtained at league championship meets for acceptance into the NCS Track and Field Championships is not in the best interest of the student-athletes. The renowned long jumper, Monte Upshaw, would not have been able to use his longstanding National record as a qualifying jump under our current rule. Swimming allows individuals to qualify in official league meets to enter the NCS Championships...does not make any sense not to provide the same opportunities for our track and field student-athletes. Also, allowing qualifying times/distance in official league meets would alleviate most petitions for students who were not able to participate in the league championship meet for various reasons.

**The NBL Athletic Directors voted AGAINST supporting this proposal at their meeting on August 28.**

**VI. NBL NEW BUSINESS**

**A. Draw for fall, winter, and spring numbers**

FALL	SCHOOL	WINTER	SCHOOL	SPRING	SCHOOL
1	Montgomery	1	Cardinal Newman	1	Windsor
2	Casa Grande	2	Montgomery	2	Cardinal Newman
3	Cardinal Newman	3	Windsor	3	Santa Rosa
4	Rancho Cotate	4	Ukiah	4	Rancho Cotate
5	Santa Rosa	5	Rancho Cotate	5	Ukiah
6	Ukiah	6	Santa Rosa	6	Maria Carrillo
7	Windsor	7	Maria Carrillo	7	Montgomery
8	Maria Carrillo	8	Casa Grande	8	Casa Grande

**B. Amend NBL General Rule 4 (Jan Smith Billing)**

Motion to approve the amendment to NBL General Rule 4 as proposed, **as a first reading item.**

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Amie Carter, Rancho Cotate principal  
Motion unanimously approved.

**Motion to amend NBL General Rule 4:** Each varsity coach or their designee is required to attend a preseason meeting and a post-season/all-league meeting. Failure to attend a meeting will result in a fine that will be levied against the school. Principals and athletic directors will be notified if any of their varsity coaches do not attend a required meeting. ***In the sports of football, soccer, volleyball, basketball, wrestling, baseball, and softball, the coaches are also required to attend a meeting with their respective officials' association. Ukiah coaches who coach a sport that does not use the local officials association are excused from attending an officials' meeting that is not hosted by the officials associations that serve Ukiah.***

*Supported unanimously by NBL Athletic Directors on August 28, 2014*

**C. Motion to include allowable protests in each sport specific NBL bylaw.**

*Rationale: The addition of the NFHS allowable protests in softball, baseball, water polo, and track and field to the NBL Bylaws will help coaches clarify whether or not an item may be protested to the league.*

*Motion to include allowable protests in each sport specific NBL bylaw, **for immediate implementation.***

Motion: Rand Van Dyke, Maria Carrillo principal  
Second: Brad Coscarelli, Santa Rosa principal  
Supported unanimously

**NCS Rule 115 H Protest Procedures**

Schools and leagues may not establish protest procedures unless either the approved playing rules, or adopted and/or modified rules by the California Interscholastic Federation and/or North Coast Section, allow for protests to be filed.

Protests of rules are not allowed in the sports of soccer, football, volleyball, boys' and girls' lacrosse, basketball, badminton, and wrestling. Some protests are identified in softball, baseball, water polo, and track and field.

***Motion supported unanimously by NBL Athletic Directors on August 28, 2014***

**D. Spring Football Practice Violation (Cardinal Newman)**

Motion to approve the penalties and remedies proposed by Cardinal Newman High School for their violation of the Spring Football Practice Rule.

Motion: Brad Coscarelli, Santa Rosa principal  
Second: Kimberly Clissold, Montgomery assistant principal  
Motion supported unanimously

Cardinal Newman regrets and takes full responsibility for violating North Coast Section Spring Practice Guidelines, Rule 206H. Cardinal Newman has reviewed the incident and will take steps to strengthen communication between the Athletic Department and the coaching staff regarding practice dates.

To ensure that Cardinal Newman's violation of spring practice guidelines doesn't occur in the future, they have committed to:

- Meeting with all football coaches to confirm that spring practice is scheduled no earlier than the Monday four weeks prior to Memorial Day and will be completed before spring final exams.
- Referring to the 2014 - 2017 North Coast Section Championship schedule and the NCS Constitution and Bylaws when selecting practice dates.
- Confirming any rumored rule or date changes with the NBL Commissioner or the NCS office.
- Rereading the NCS Constitution and Bylaws before the start of each season of sport; being especially aware of restrictions and dates.

The following dates are varsity football no practice dates (total of 9): Thursday, August 21; Saturday, September 6; Monday, September 15; Wednesday, September 17; Friday, September 19; Saturday, September 27; Monday, October 20; Saturday, October 25; and Saturday, November 8.

The following dates are junior varsity no practice dates (total of 8): Thursday, August 21; Monday, September 15; Wednesday, September 17; Friday, September 19; Saturday, September 27; Monday, October 20; Saturday, October 25; and Saturday, November 8.

**E. Casa Grande High School report of a violation of NCS Rule 18.104H, Scrimmages (Casa Grande)**

Motion to accept the remedies proposed by Casa Grande High School.

Motion: Ty Yanez, Ukiah athletic director  
Second: Dean Haskins, athletic director  
Motion supported unanimously



### **18.104H Scrimmages**

No individual student shall participate in an interschool scrimmage before his/her tenth day of practice for that particular school.

NOTE: Scrimmage is defined as practice where the teams alternate in carrying the ball, downs are not counted, no score is kept, and the coaches are on the field directing play.

PENALTY FOR VIOLATION: The penalty for use of an ineligible participant is found in the NCS Student Eligibility Bylaw 218.

Our freshmen football team participated in a 4 team scrimmage on Thursday August 21, 2014 at Petaluma High School. The Casa Grande Athletic Department and Administration have investigated and reviewed the incident and will take immediate steps to review the NCS practice and scrimmage guidelines with all of our coaching staffs. Furthermore, there was absolutely no intent on the part of Casa Grande High School to gain any advantage to the scheduling or participation in this scrimmage. The error in scheduling occurred because of confusion with the bylaw stating that you can not scrimmage before the 10th practice and the note attached to the bylaw stating that the scrimmage was a practice.

In an effort to eliminate any further violations Casa Grande High School commits to:

- Meet with our entire football staff to review the practice and scrimmage guidelines.
- Refer to section 18.103H and 18.104H of the NCS Constitution and Bylaws when creating all schedules.
- Contact the NCS Office if there is any confusion or need for clarification in understanding the rules in the NCS Constitution and Bylaws.
- Educate all coaches that when making the schedule there must be 10 days of practice before the first scrimmage and the scrimmage does not count as a practice.

As stated in NCS Rule 18.104H the penalty for the violation is immediate forfeiture, however, since it was a scrimmage there is no result to forfeit. Casa Grande High School recommends the remedy listed in D 3:

The school shall conduct a self-evaluation of its procedures, recommend appropriate improvements in the procedures, implement the improvements and submit a written report to the school's league and the NCS eligibility committee.

#### **F. Montgomery Badminton Forfeiture**

Motion to approve Montgomery's remedies for violation of this NBL rule.

Motion: Amie Carter, Rancho Cotate principal

Second: Rand Van Dyke, Maria Carrillo principal

Motion supported unanimously

At the 2014, badminton coaches end-of-season meeting, Montgomery High school was accused of "stacking" their line-up in the first match of the season against Casa Grande High School. Montgomery's Head Coach was unfortunately unable to defend her ranked order because the practice challenge ladders from early season were too unclear to use as positive evidence. As unfortunate as this is, Montgomery High is in agreement that the game must be forfeited, and thus will relinquish the shared NBL title they had held with Santa Rosa High School.

Record keeping of "ranked order" and all practice challenge ladders will now be improved to reflect accurate data. Also, at the beginning of the season, when gym space is scarce, the challenge ladder matches need to be time-shortened to allow late comers at least minimal challenges.

Montgomery High School apologizes for any malfeasance and will implement corrections and improvements for next season.

#### **G. Awarding of NBL Sportsmanship pennants**

Girls' Spring Sportsmanship Pennant Winner: Maria Carrillo High School

Boys' Spring Sportsmanship Pennant Winner: Ukiah High School

2013 - 2014 Sportsmanship Winner (total points for boys' and girls' in all sports): Casa Grande High School

CONGRATULATIONS TO ALL!

#### **H. NBL Lacrosse Bylaws**

The proposed lacrosse bylaws were presented as a first reading item. They will be voted on in October, for immediate implementation.

### **VII. NBL OLD BUSINESS**

#### **A. TRACK BYLAW AMENDMENTS**

First reading item. The track bylaw amendments will be voted on in October, for immediate implementation.

#### **B. PROPOSED 2014 - 2015 BUDGET**

Marie presented the budget as a first reading item. The budget will be voted upon at the next meeting in October.

#### **C. UPDATE ON BATTLE OF THE FANS**

Steve Arrow was introduced by NBL President Laurie Fong as the Battle of the Bands Coordinator.

There is a framework to work from for this program. Steve will pattern the program after a program in Michigan. The goal of the program increase fan sportsmanship at events and increase attendance at sporting events, including that represents a cross section of each school's student population. Steve will need a lot of initial administrative support to get the program

started. Primarily, he needs a liaison from each school to assist with the development of this program. The leadership advisor is recommended. Student leaders will also be a key part of this program. After they are identified, Steve will work with them.

There needs to be a funding source for this program. Part of the funding will be provided by each member school, as each school agreed last spring to donate \$250 to get the program started. Steve will then solicit funding to continue to support this program. We will need about \$5000 to supplement the \$2000 that the schools are donating. The intent is to donate \$1000 to the school that wins the Battle of the Fans. In an ideal situation, one sponsor would be the best. Sponsors would receive publicity at games, on letterhead, on website.

Tentative timeline distributed. Names of potential sponsors were solicited. Schools Plus and Friedman's were suggested. Steve will pattern our website after that in Michigan.

For the competition, schools are required to present a three minute, all inclusive, video. Students will create the video, which will be posted in January to the Battle of the Fans website. A committee will be formed, videos will be judged, and the field will be narrowed to three semi-finalists. Committee members will then go and physically visit a game to watch the fans at those three schools in action. The award will be made at NBL and SCL basketball championships.

One of the key components of the program is for students to learn how to police themselves.

#### **D. CONCUSSION SEMINAR HELD AT SRJC ON AUGUST 24**

Jan presented a summary of a concussion of the seminar held on August 24, with a focus on the impact of concussions academically and emotionally.

Excellent resources available at :

[www.cdc.gov/concussion](http://www.cdc.gov/concussion)

[www.impacttest.com](http://www.impacttest.com)

[www.biausa.org](http://www.biausa.org)

[www.northcoastconcussion.org](http://www.northcoastconcussion.org)

#### **E. UPDATE ON SOCCER SEASON OF SPORT**

Marie presented a summary of the discussion at the latest boys' and girls' soccer coach meeting.

### **INFORMATION ITEMS**

1. The 2014 – 2015 Governance Schedule, Constitution and Bylaws, meeting agendas and minutes, league schedules, and lists of all-league teams are posted on the NBL website,.
2. Voting delegates for Rancho Cotate have not yet been received by the North Coast Section. Please make sure to get these names in as soon as possible.
3. Sit-out dates for the 2014 – 2015 School Year: Fall Sports – Monday, October 6, 2014 for students who transfer and are enrolled prior to Monday, August 18, 2014; Winter Sports – Monday, January 5, 2015 for students who transfer and are enrolled prior to Monday, November 10, 2014; Spring Sports – Monday, April 6, 2015 for students who transfer and are enrolled prior to Monday, February 9, 2015.
4. NCS Ejection Policy notification form due to Marie ASAP.
5. Spring fees bills were distributed at the athletic directors' meeting on August 28 and are now due.
6. Although most school site venues prohibit animals, service animals must be permitted entry. If a visitor says that an animal is a service animal, you are not allowed to challenge or question their declaration. You may only ask two questions. Who is it for? And what is it for?
7. Use of drones to scout or otherwise film athletic events is illegal. A letter was sent out by NCS Officials' Coordinator Harry Schrauth.
8. NBL Date of Determination—Remember: grades cannot be changed following the grading period for purposes of addressing any deficiency in an individual student's scholastic eligibility. In other words, no grade change can be made after the date of determination to affect eligibility, even due to an error on the part of the teacher. This is especially critical when choosing the last date of determination. Be sure to provide Marie with your school's date of determination for 2014 – 2015.
9. Basketball petitioning is now allowed. Teams can petition up, but not down. Go to the NCS website for more details ([www.cifnco.org](http://www.cifnco.org)).
10. The NCS Wrestling Championships will be held at James Logan High School this year.
11. The inaugural CIF State Swimming Championships will be held at Clovis West High School on May 22 and 23, 2015
12. In the 2010 – 2011 season, there were 779 NCS Championship events. This year there will be 941 NCS Championship events. That is an increase of 147 events, with no additional NCS staff.
13. There were 377 total ejections in the NCS last year (65 coaches, 304 student athletes, and 8 fans). Ejections by sport: baseball, 27; basketball, 69; football, 71; lacrosse, 22; soccer, 167; softball, 1; volleyball, 5; water polo, 12; and wrestling, 3. **There were 28 ejections in the North Bay League.**

### **ADJOURNMENT**

Adjustment approved via consent.