

**NORTH BAY LEAGUE BOARD OF MANAGERS MEETING MINUTES
 TUESDAY, JANUARY 20, 2015**

ATTENDANCE			
Graham Rutherford, Principal	Cardinal Newman	Amie Carter, Principal	Rancho Cotate
Jerry Bonfigli, Athletic Director	Cardinal Newman	Henri Sarlatte, Assistant Principal	Rancho Cotate
Linda Scheele, Principal	Casa Grande	Brad Coscarelli, Principal	Santa Rosa
Stefan Owens, Assistant Principal	Casa Grande	Kathy Hower, Athletic Director	Santa Rosa
Rick O'Brien, Athletic Director	Casa Grande	Gordon Oslund, Principal	Ukiah
Rand Van Dyke, Principal	Maria Carrillo	Ty Yanez, Athletic Director	Ukiah
Mike Mastin, Athletic Director	Maria Carrillo	Chris Vetrano, Vice Principal	Windsor
Laurie Fong, Principal	Montgomery	Jeff Harding, Assistant Principal	Windsor
Chris Giovannini, Athletic Director	Montgomery	Marie Sugiyama	Commissioner
Kimberly Clissold, Assistant Principal	Montgomery	Jan Smith Billing	Assistant Commissioner

I. APPROVAL OF NBL BOARD OF MANAGERS AGENDA

Motion to approve the NBL Board of Manager's agenda as presented.

Motion: Rand Van Dyke, Maria Carrillo
 Second: Linda Scheele, Casa Grande

Motion approved unanimously.

II. APPROVAL OF THE NBL BOARD OF MANAGERS CONSENT AGENDA

Motion to approve the NBL Board of Managers consent agenda, as listed below.

Motion: Rand Van Dyke, Maria Carrillo
 Second: Graham Rutherford, Cardinal Newman
 Approved unanimously

Motion approved unanimously.

1. Minutes for the October 13, 2014 NBL Board of Managers meeting
2. Adoption of the NCS Board of Managers Agenda
3. Adoption of the NCS Board of Managers Consent Agenda
4. Nomination of Rianne Pfalzgraff, Principal, Concord HS, as the Region I Executive Committee representative
5. Proposal to include scrimmages in the ejection policy when accredited officials are used and eject a player or coach.
6. Changing the Values and Ethics Committee Name to Sportsmanship Committee
7. Bylaw 503 H. Concussion Protocol
 With the passage of AB 2127, the CIF must revise the "Return to Play", if a licensed health care provider determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days in duration under the supervision of a licensed health care provider.
8. Bylaw 1901 A & B, as per Ed Code 35179.5 (A) and 35179.5(B) and 3579.5(C) and 35179(C)(2)
 These proposed additions to Bylaw 1901 will bring our CIF Bylaws into compliance with State Education Code. These additions are proposed as immediate implementation.
9. Bylaws 1502 (Baseball) and 2502 (Softball) Batting Helmet Requirements
 This proposal would require that all individuals must wear a protective helmet while coaching the bases. It would be implemented immediately. *Note: NCS has already adopted the same language starting with the 2015 baseball and softball seasons.*
10. Sudden Cardiac Arrest Proposal
 Training and education for coaches, parents and students for the awareness, recognition, and management of sudden cardiac arrest in student athletes.
11. Proposal to add the method of determining boys' all league soccer teams to the NBL Constitution.
12. Proposal to change the start time of boys' golf to 2 PM after daylight saving time begins and to specify in the constitution that the team with the lowest cumulative stroke total in the 8 "mini-tournaments" and the league post-season tournament will be the NBL representative to the NCS Championships (for immediate implementation).
13. Proposal to amend NBL golf rule 6.303 to provide a score to a team who has two players who are unable to complete a match (for immediate implementation).
14. Proposal to clean up some language in the new lacrosse portion of the NBL Constitution

III. APPROVAL OF MINUTES FROM THE PREVIOUS MEETING

Motion to approve the minutes of the October 13, 2014 NBL Board of Managers meeting (previously emailed and posted at www.northbayleague.org)

Motion approved by consent.

IV. PUBLIC COMMENT

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than three (3) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

No member of the public was present at this meeting.

V. NBL CLOSED SESSION

- A. Personnel evaluations

VI. REPORT OF ACTION TAKEN IN CLOSED SESSION

- A. NBL President Laurie Fong will meet with NBL employees regarding personnel evaluations.

VII. NCS BOARD OF MANAGERS AGENDA ITEMS

I. ADOPTION OF NCS BOARD OF MANAGERS AGENDA

Motion to instruct the NBL representatives to the NCS Board of Managers vote to adopt the NCS Board of Managers Agenda.

Motion supported by consent.

II. ADOPTION OF NCS CONSENT AGENDA

Motion to instruct the NBL representatives to the NCS Board of Managers vote to adopt the NCS Board of Managers Consent Agenda.

Motion supported by consent.

V.III. Approval of minutes of the October 20, 2014 NCS Board of Managers meeting

IX.A. Additional language to Sports and General Rulings 300H series

III. APPROVAL OF MINUTES OF THE OCTOBER 20, 2014 BOARD OF MANAGERS MEETING (Previously emailed and posted on NCS website).

V. NCS FINANCIAL ITEMS

A. 2014 - 2015 December Balance Sheet

Available on-line at www.cifncs.org, Board of Mangers Meeting Agenda, attachments A and B

B. Report on Fall Championship Income/Expense

Available on-line at www.cifncs.org, Board of Mangers Meeting Agenda, attachment C

C. Capital Improvements

1. Windows
2. Shades
3. Back Patio

D. PERS Resolution to Tax Defer Member Paid Contributions

Motion to instruct the NBL representatives to the NCS Board of Managers vote to adopt PERS Resolution to Tax Defer Member Paid Contributions – IRC 414(h)(2).

Motion: Rand Van Dyke, Maria Carrillo

Second: Gordon Oslund, Ukiah

Motion supported unanimously

PERS has recently responded to NCS that contributions reported as tax deferred must include a tax deferred resolution on file. Why this has surfaced now is not known, but NCS has always reported employee contributions as tax deferred income, funds credited to individual employee's accounts pursuant to California Government Code section 20691. In research of this topic, staff noticed that the City of Fremont adopted the same resolution in November of 2014.

Available on-line at www.cifncs.org, Board of Mangers Meeting Agenda, attachment D

VI. NCS EXECUTIVE COMMITTEE

A. Nomination of Rianne Pfalzgraff, Principal, Concord High School, as the Region I Executive Committee representative

Motion to instruct the NBL representatives to the NCS Board of Managers vote to support the nomination of Rianne Pfalzgraff as the Region I Executive Committee representative.

Motion supported by consent.

The Executive Committee is recommending that Rianne Pfalzgraff, Principal, Concord High School, be elected as the Region I Executive Committee representative, replacing MaryAnn Valles, former principal at Castro Valley High School.

B. Nomination(s) of President-Elect, Female Representative and Representative of Under-Represented Populations

Nominations are being sought for President-Elect, Female Representative and Representative of Under-Represented Populations for the 2015-2017 school years. Amy McNamara, Clerk of Elections, will communicate with all Board of Managers representatives prior to the January meeting seeking individuals interested in the positions. Each position involves membership on the Executive Committee, Board of Managers and possible attendance to the CIF Federated Council. Interested candidates are asked to provide a written statement acknowledging his/her acceptance of the nomination, or verbal if nominated from the floor. Elections will be conducted at the April Board of Managers meeting. Sue Keller will not be able to continue in the position for Female representative. Current Representative of Under-Represented Populations representative Wendell Greer is interested in continuing his service for another two years.

C. Update on progress of the 2014-2015 Targets

Information on the update of targets will be presented at the meeting.

2014-2015 Targets

1. NCS staff, with assistance from the North Coast Section Athletic Directors' Association, will develop fall, winter and spring check lists to assist athletic directors with seasonal responsibilities.
2. NCS staff will develop a one-page academic eligibility review outlining the State of California and CIF guidelines for academic eligibility, potential waivers, application of the probationary period, grade changes, date of determination, summer grades, etc. that can be used by our school administrators to apply academic eligibility consistently and within the stated law and CIF policy.
3. NCS staff will develop a one-page sanction process guide for use by NCS member schools when developing tournament that include out-of-state and/or international teams. The guide would outline NFHS sanction, CIF and NCS Office approval process, requirements for proper sanctioning and mandated timeline for approval.
4. In a continued effort to emphasize sportsmanlike behavior on the part of players, coaches, and/or fans any flagrant instances of unsporting behavior reported to the NCS Commissioner will be referred to the Values & Ethics Committee for review and action. NCS bylaws will be altered to grant authority to the committee to take appropriate action against schools that do not address unsporting behavior of players, coaches and/or fans. Associate Commissioner Karen Smith will become the liaison with the committee, meeting as necessary to address sportsmanship issues.
5. North Coast Section will commit \$50,000 to the development of educational opportunities of athletic directors at member schools. Examples of financial assistance will be registration for professional growth, such as the NCSADA

Workshop, CSADA registration and lodging and per diem (according to NCS financial policies) for athletic directors who attend any NCS conducted workshops. The emphasis on professional growth is support for a difficult position and has a high turnover rate and limited educational opportunities due to commitment of school funds for basic programs.

VII. NCS CLOSED SESSION

As of the printing of this agenda there are no Closed Session items. Under this item, the NCS President will identify any topics that might be discussed in Closed Session, if needed.

VIII. REPORT ON ACTION TAKEN IN CLOSED SESSION

Report on any action taken in Closed Session

IX. NCS SPORTS ADVISORY COMMITTEE

A. Additional language to Sports and General Rulings 300H series

Motion to instruct the NBL representatives to the NCS Board of Managers vote to approve the adjustment of language of Sports and General Rulings 300H.

Motion supported by consent.

The Board of Managers recognizes that individual school administrators retain primary responsibility for the conduct of all interscholastic athletic activities in which NCS member schools participate. Such responsibility includes all interscholastic athletic activities in which NCS member schools participate. Such responsibility includes the behavior of all participants: players, coaches, representative student groups, and spectators.

The Board of Managers recognizes that each league within the Section, through the several league Boards of Managers, should provide leadership in the matter of upgrading the atmosphere in which all interscholastic athletic contests are conducted. The Board of Managers is appreciative and supportive of such leadership and the programs initiated at the league level.

As the coordinating body for all interscholastic athletic activity conducted within the Section, the Board of Managers establishes the following policy concerning sportsmanship at all athletic events among member schools.

- a. Players are expected to conduct themselves in a manner that shall bring credit to themselves, their schools, communities, coaches and families. They shall refrain from all conduct that tends to degrade, bait, intimidate, or otherwise discredit their opponent, officials, or interscholastic athletics.
 - b. Coaches are expected to maintain decorum consistent with the educational values of interscholastic athletics. By personal example, coaches are expected to demonstrate their awareness of these values by showing restraint and composure in the emotional climate of an athletic contest and to insist that players in their charge conduct themselves in a sportsmanlike manner.
 - c. Responsible member school personnel are expected to instruct and supervise the conduct of student spirit leaders, rooting sections, bands, other student groups and coaching personnel in order to achieve an atmosphere consistent with good sportsmanship. School administrators are expected to control or cause to be controlled spectators in such a manner that all athletic contests are conducted in an atmosphere that is consistent with the educational value of interscholastic athletics. *(Board of Managers 5/1/00)*
 - d. NCS leagues and schools should take necessary actions to insure that conduct, which is not in conformance with the above policy, is reviewed by schools and leagues and appropriate actions taken to insure that the ideals of good sportsmanship are fostered by NCS schools and leagues.
 - e. In the case of NCS/Les Schwab Tires Championship competitions, flagrant instances of unsportsmanlike behavior on the part of players, coaches, and/or fans should be reported by the school principal (s) to the Board of Managers through the **Associate Commissioner** Section Commissioner, together with a description of action taken by member schools. The **Associate Commissioner** Section Commissioner will contact offending schools regarding the school's department at NCS events.
 - f. The Commissioner will establish a standing committee to review sportsmanship violations at championship events. ***The Sportsmanship Committee is the standing committee responsible the review sportsmanship violations at championships events.***
- B. Proposal to include scrimmages in the ejection policy when accredited officials are used and eject a player or coach.**
Motion to instruct the NBL representatives to the NCS Board of Managers vote to approve the inclusion of scrimmages in the ejection policy penalties when accredited officials are used and the officials eject a player/coach.
Motion supported by consent.

307H Ejection Policy

a. Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"). The SAC will determine whether to forward recommendations to the Board of Managers for consideration.

b. School Administration and Coaches' Responsibility

School Administration and coaches are responsible for determining the cause of ejection for any of their coaches and players and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coaches' or player's ejection shall not be the basis for allowing a coach or student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a coach or student who is in violation of the Ejection Policy coach or play in a subsequent contest).

c. Notice

Every player and coach must read and sign a copy of the NCS Ejection Policy rule. The copies will be maintained by each school's administration. Each school's principal must send a statement to the league office prior to the first contest of the season verifying that all players and coaches for the respective season (fall, winter, and spring) have read and signed the NCS Ejection Policy rule. Additionally, each school's principal must verify to the league that any future additions to the roster of either players or coaches will also read and sign the NCS Ejection Policy rule prior to participating in an interscholastic contest.

d. Penalties

1. These rules and minimum penalties are applicable to players and coaches during the time that contest/scrimmage officials have jurisdiction for the contest/scrimmage in accordance with National Federation or sport governing body rules for the respective sport.
 - a. Players. Ejection of player from a contest/scrimmage for unsportsmanlike or dangerous conduct as defined in sport specific NCS Ejection Policy rules summaries. Penalty: The player shall be ineligible for the next contest the school actually participates (non-league, league, invitational tournament, post-season {league, section or state} playoff, etc.). A student who was ejected from his/her team's previous contest/scrimmage for dangerous or unsportsmanlike actions, shall not be allowed to dress in his /her teams uniform, but will remain the responsibility of school personnel. Interpretation: The student will be held out of the school's next contest of the respective sport from which he/she was ejected even if it is the first contest of the next season.
 - b. Coaches. Ejection of coaches, assistant coaches and/or coaching representatives for unsportsmanlike conduct as defined in sport specific NCS Ejection Policy rules summaries. Penalty: The coach, assistant coach and/or coaching representative will immediately remove themselves from their coaching responsibilities in accordance with National Federation or sport governing rules for the respective sport. The coach, assistant coach and/or coaching representative must leave the vicinity of the playing area immediately and is prohibited from any contact, direct or indirect, with the team players and other team personnel during the remainder of the game. If there is no other coaching representative who is certified by the school in accordance to CIF bylaw 506, the game shall be terminated and declared a forfeit. The offending coach's school will be credited with a loss and the opposing school shall be credited with a win. The ejected coach, assistant coach and/or coaching representative will be prohibited from coaching or attending the next interscholastic contest for that team or any other team in the same sport prior to serving the penalty.
 - c. Illegal participation in the next contest (the next contest the school actually participates) by a player or coach, assistant coach and/or coaching representative ejected for unsportsmanlike or dangerous conduct, as defined in sport specific NCS Ejection Policy rules summaries, in a previous contest. Penalty: The contest shall be forfeited and the ineligible player, coach, assistant coach and/or coaching representative shall be ineligible for the next contest. During the contest for which the player is ineligible, the player shall not be allowed to dress in his /her team's uniform, but will remain the responsibility of school personnel. Ejected coaches, assistant coaches and/or coaching representatives are not allowed to attend the school's next contest. If, in the next contest, there is no other coaching representative who is certified by the school in accordance to CIF bylaw 506, the game shall be declared a forfeit. The offending school will be credited with a loss and the opposing school shall be credited with a win.
 - d. Second ejection of a player or coach for unsportsmanlike or dangerous conduct or of a coach for unsportsmanlike conduct as defined in sport specific NCS Ejection Policy rules summaries from a contest during one season. Penalty: The player shall be ineligible for the remainder of the season (includes pre-season, league season and post-season play). The coach, assistant coach and/or coaching representative are employees of the school. The NCS does not have the authority to terminate employment of school employees, which would be the effect of a balance of the season suspension. Therefore, the penalty for a second ejection for a coach, assistant coach and/or coaching representative shall be that the coach, assistant coach and/or coaching representative shall be prohibited from coaching or attending the next two interscholastic contests for that team and shall also be prohibited from coaching or attending any NCS/CIF post-season contests for which the team qualifies.
 - e. When one or more players leave the bench to begin or participate in an altercation. Penalty: The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest the school actually participates (non-league, league, invitational tournament, post-season {league, section or state} playoff, etc.). A student who was ejected from his/her team's previous contest for dangerous or unsportsmanlike actions, shall not be allowed to dress in his/her team's uniform, but will remain the responsibility of school personnel. NOTE: When a student and/or team must forfeit a contest due to violation of the Ejection Policy (NCS 2481A1b), the student and/or team shall be charged with participation in the contest for purposes of the respective sport's maximum number of contests rule.

e. Procedures

1. Each league shall establish a procedure for reporting ejections. Examples would include:
 - a. The officials shall report (orally or in writing) to specified school personnel and/or league commissioner.
 - b. The coach of the ejected player's team shall notify (orally or in writing) the principal of the ejected player's team and/or the league commissioner, or
 - c. The coaches of both teams involved shall notify (orally or in writing) the principal of the ejected player's team and/or league commissioner.

f. Appeals

1. Only appeals related to the factual situation of the player's or coach's ejection will be heard. Such appeals will only be made to penalties related to subsequent penalties after the ejection, they will not have jurisdiction to change the status of the player's or coach's ejection from the game in question. No appeal will be heard related to the official's judgment (other than an incorrect identification). When additional forfeitures are applied because a coach, student athlete, school, etc. do not apply the rule and an ineligible student or coach, assistant coach and/or coaching representative participates.
2. Appeals shall be heard initially through the ejected student's or coach's league, subsequent appeals may be made through the applicable North Coast Section, CIF and State CIF appeals procedure. Note: The Ejection is applied by sport from year to year. Under this policy, a student or coach, assistant coach and/or coaching representative who is ejected for unsportsmanlike or dangerous conduct, as defined in sport specific NCS Ejection Policy rules summaries, from the school's last contest of the year will be held out of the school's next contest of the respective (same) sport from which he/she was ejected even if it is the first contest of the next season. Schools and/or leagues may have policies that are more restrictive.

g. Awards Ceremony

Any student or coach, assistant coach and/or coaching representative that have been ejected for unsportsmanlike or

dangerous conduct from a championship contest will be prohibited from participating in the awards ceremony.

h. Definition of Participation Under the Ejection Policy's Penalty

A student who was ejected from his/her team/s previous contest for dangerous or unsportsmanlike actions, as defined in sport specific NCS Ejection Policy rules summaries, shall not be allowed to dress in his/her team's uniform, but will remain the responsibility of school personnel.

Note: The Ejection is applied by sport from year to year. Under this policy, a student who is ejected from the school's last contest of the year will be held out of the school's next contest of the respective (same) sport from which he/she was ejected even if it is the first contest (a scrimmage is not a contest) of the next season. Schools and/or leagues may have policies that are more restrictive.

X. ALIGNMENT COMMITTEE

- A. Report by Alignment Committee Representative Richard Graey

XI. ELIGIBILITY COMMITTEE

- A. **NCS Eligibility Data, 2014 – 2015**

Available on-line at www.cifnccs.org, Board of Managers Meeting Agenda, attachment E.

- B. Report on the activities of the Eligibility Committee by Committee Representative Sue Keller

XII. VALUES AND ETHICS COMMITTEE

- A. **Changing the Value and Ethics Committee name to Sportsmanship Committee**

Motion to instruct the NBL representatives to the NCS Board of Managers vote to alter the name of the Value and Ethics Committee to the Sportsmanship Committee.

Motion supported by consent.

- B. **Report/Information regarding the activities of this committee**

XIII. CIF ITEMS

- A. **Bylaw 503 H. Concussion Protocol**

Motion to instruct the NBL representatives to the NCS Board of Managers vote to instruct the NCS delegates to the CIF Federated Council vote to support the revision of CIF 503.H.

Motion supported by consent.

Proposal Summary: With the passage of AB 2127, the CIF must revise the "Return to Play", if a licensed health care provider determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days in duration under the supervision of a licensed health care provider.

Fiscal Impact: None

Background: In 2010 the CIF passed Bylaw 503 (formerly Bylaw 313) that required physicians signed "Return to Play" for any student suspected of having a concussion. This change would further provide that, if a licensed health care provider determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days in duration under the supervision of a licensed health care provider as required by AB 2127 that will be added to the Education Code on January 1, 2015.

Concussion Protocol

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. **If a licensed health care provider, trained in education and management of concussion, determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days, from the time of the diagnosis, in duration under the supervision of a licensed health care provider.** On a year basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition. (Approved May, 2010 Federated Council; Revised May, 2012 Federated Council)

- B. **Bylaw 1901 A & B, as per Ed Code 35179.5 (A) and 35179.5(B) and 3579.5(C) and 35179(C)(2)**

Motion to instruct the NBL representatives to the NCS Board of Managers vote to instruct the NCS delegates to the CIF Federated Council vote to adopt the revisions to CIF Bylaws 1901 and 1902.

Motion supported by consent.

Proposal Summary: With the passage of AB 2127, California Education Code will be revised on January 1, 2015 to state that, **"If a school district, charter school, or private school elects to offer an athletic program, it shall comply with all of the following: (A) A high school or middle school football team shall not conduct more than two full-contact practice per week during the preseason and regular season. (B) The full-contact portion of a practice shall not exceed 90 minutes in any single day."** Further, the additions to the Education Code also stated that, **"A high school or middle school football team shall not hold a full-contact practice during the off season. For purposes of this section, a team camp session shall be deemed to be a practice."** These proposed additions to Bylaw 1901 will bring our CIF Bylaws into compliance with State Education Code. These additions are proposed as immediate implementation.

Background: Bylaw 1901 is a longstanding sport specific rule regarding the required number of days of practice and a prohibition on Sunday practices. These additions would add a further clarification to the amount of permissible "full contact" practice.

NUMBER OF FOOTBALL PRACTICE DAYS; NO SUNDAY PRACTICE

- A. There shall be no football games until the squad has had 14 days of practice before the first game. Each individual student on the team must have had at least 10 days of practice before being allowed to compete in a game. (The opening date of football practice may be determined by each section.) No Sunday practice is permitted. (See Bylaw 504.M for exception).

- B. **Football teams are limited to two days per week of full contact practice, with no more than 90 minutes of full**

contact on each of those days during the season of sport. For purposes of this Bylaw, each team's season of sport is defined as the first day of practice, allowed by the section, until the final contest for the team. All full contact practices are prohibited in the off-season which includes team camps.

Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. For the purposes of this bylaw, refer to the definition of "Live Action" as defined by USA Football.

CIF State Bylaw 1901.B. – Policy Page

State statute mandates that football teams are limited to two days per week of full contact practice, with no more than 90 minutes of full contact on each of those days during the season of sport. For purposes of this CIF Bylaw, each team's season of sport is defined as the first day of practice, as allowed by the Section, until the final contest for the team. All full contact practices are prohibited in the off-season which includes team camps.

Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. Live action is defined by USA Football as a drill run in game-like conditions and is the only time that players are taken to the ground. Thud is a drill run at an assigned speed through the moment of contact with no pre-determined winner. Contact remains above the waist and players stay on their feet. Thud is considered full-contact by the National Federation of State High School Associations (NFHS).

The CIF has developed the following regarding full contact football practices:

Allowable Activities During the Season of Sport:

- A team is allowed two days per week of full contact practice, with no more than 90 minutes of full contact on each of those days. This includes live action and Thud.
- A team may participate in air, bags/blocking sleds and control drills at any time unless the Section has implemented more restrictive rules. A team may continue to dress in full pads for practice when conducting any of these drills defined below:
 - ★ **Air**-Players run unopposed without bags or any opposition.
 - ★ **Bags/Blocking Sleds**-Activity is executed against a bag/blocking sleds, shield or pad to allow for a soft-contact surface, with or without the resistance of a teammate or coaching standing behind the bag.
 - ★ **Control**-Drill is run at assigned speed until the moment of contact with a pre-determined winner. Contact remains above the waist and players stay on their feet.
- For purposes of this Bylaw, the season of sport for each team is defined as the first day of practice, as allowed by the Section, until the final contest for that team.

Allowable Activities During the Off-Season:

- No full contact practice is allowed during the off-season. Please consult Section Bylaws for allowable off-season activities.
- For purposes of this Bylaw, the off-season is defined as the team's last football contest of the season until the first day of practice the following school year as set by the Section.

Allowable Activities for Team Camps:

- No full contact practice is allowed during the off-season.
- Team camps are considered practice.
- If allowed by the Section, a team may participate in air, bags/blocking sleds-and control drills (see above for definitions of these activities) while attending a team camp. A team may continue to dress in full pads for practice when conducting any of these drills at a team camp. Please consult Section and School District rules regarding the use of school equipment in the off-season.
- For purposes of this Bylaw, the off-season is defined as the team's last football contest of the season until the first day of practice the following school year as set by the Section.

C. **Expansion of State Football Bowl Championships**

Motion to instruct the NBL representatives to the NCS Board of Managers vote to instruct the NCS delegates to the CIF Federated Council vote to NOT SUPPORT the expansion of the State Football Bowl Championships.

Motion: Rand Van Dyke, Maria Carrillo

Second: Gordon Oslund, Ukiah

Motion supported unanimously.

Proposal Summary: The Commissioners Committee is making a recommendation for revisions and to modify the CIF State Football Regional and State Championship Bowl Formats.

Fiscal Impact: It is anticipated that this event would increase the section revenue profit sharing based upon the past two years' experience.

Background: Currently only eighteen (18) of the fifty-one (51) section champions are selected to participate in the CIF Football Bowl Championships. For the past several years the Football Advisory Committee and the Commissioners Committee have been discussing formats that would allow all Section Champions, who choose to participate, the opportunity to play in a Regional Football Bowl Championship.

DRAFT

Proposed Football Regional and State Bowl Game Format Revision

1. This proposal will advance all Section champions, if they choose to participate, to a CIF Regional Championship Bowl Game. If a team from a Section does not wish to participate in the CIF Football Championship Bowl Games, they must notify their Section commissioner by the start of the second week of their Section playoffs.
2. CIF Sections with an "Open Division" will be allowed to replace one or more of their Section champions from

another division with a team that participated in that Section's Open Division. That Section Open Division team may only replace a Section Champion from the division in which they would have been slotted if they had not been selected for the Section's Open Division.

- a. Sections with an Open Division choosing to utilize this provision must have a policy in place (adhering to the above language) which outlines the process the Section will use to replace champions from their Section divisions with non-champions from their Open Division.
3. All teams in the CIF Regional Football Championship Bowl Games will be slotted based on "competitive equity." See the sample mock selection below using the 2013 Section Champions.
 - a. Due to the number of Section divisions, there will be one play-in game in the north. The two teams will be selected from those Section division champions that complete play prior to week #14.
4. There will be two (2) Open Divisions.
 - a. The first will be open to all teams regardless of enrollment that have qualified through their respective section playoffs. The best team for the north and the best team from the south will be selected to participate and will receive byes directly to the CIF State Football Championships Bowl Open Division game.
 - b. The second will be open to all teams with an enrollment of 1,250 students or less that who have qualified through their respective section playoffs. These teams will participate in the CIF Regional Football Bowl Games with the winner advancing to the CIF State Football Championship Bowl Game (1,250 or less).
5. In order to balance the number of teams from the north and the south, Central Section Divisions I, III and V have been slotted in the north and Central Section Divisions II, IV and VI have been slotted in the south. The Central Section teams will be slotted in their respective regions in a manner to ensure that two teams from that Section would not play each other in a CIF State Football Championship Bowl Game.

D. Bylaws 1502 (Baseball) and 2502 (Softball) Batting Helmet Requirements

Motion to instruct the NBL representatives to the NCS Board of Managers vote instruct the NCS delegates to the CIF Federated Council vote to support revisions to CIF Bylaws 1502 and 2502, action to mandate the wearing of a helmet while coaching in the playing area of baseball and softball games.

Motion supported by consent.

Note: NCS has already adopted the same language starting with the 2015 baseball and softball seasons.

Proposal Summary: This proposal would require that all individuals must wear a protective helmet while coaching the bases. It would be implemented immediately.

Fiscal Impact: In most cases less than \$100 per sport.

Background: Professional and NCAA baseball require the use of a protective helmet for all individuals coaching the bases. Each year high school baseball and softball coaches are struck in the head by batted balls that may result in catastrophic injuries. While the NFHS Rule Books are permissive in the use of protective helmets by adult base coaches, it is not a mandate. It is not currently a requirement that NCAA softball coaches wear a protective helmet while coaching the bases.

New Baseball Bylaw 1502: It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

New Softball Bylaw 2502: It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

Note (for both sports): NFHS rules govern use of protective equipment by a player/student.

E. Expansion of Girls' Volleyball Brackets

Proposal for consideration that would expand the CIF Girls' Volleyball Championships starting with the 2016 volleyball season.

Proposal Summary: Expand existing girls' volleyball championships from 8 team to 16 team brackets in Divisions I – V, beginning in the fall of 2016.

Fiscal Impact: First and second round games in girls' regional volleyball have historically shown a profit. It is expected the addition of eight more teams and one more round of games in Divisions I-V will also be profitable.

Background: Girls' volleyball in California is highly competitive and should allow more teams the opportunity to participate. Basketball currently has 16-team brackets. Participation in girls' volleyball has shown steady increases over the past 5+ years.

Rationale: California volleyball is highly competitive and should include more quality teams and more teams should have the opportunity to participate. The precedent of 16-team brackets has been set with basketball. In addition, participation numbers in girls' volleyball have shown a steady increase.

Calendar: In order to expand to a 16-team bracket, the state and section playoff calendar would need to be adjusted. This proposal would require each section move their championship one week earlier (was done with football in 2011).

The state volleyball playoff dates would be as follows:

2016 State Playoffs

State Playoff Seeding Meeting	Sunday	November 12
First round	Wednesday	November 16
Second round	Saturday	November 19
Third round	Tuesday	November 22
<i>Thanksgiving, Thursday, November 24</i>		
Nor Cal/So Cal finals	Saturday	November 26
State Finals	Saturday	December 3

Entries, Seeding Procedures: The volleyball handbook could be amended with the following changes: The CIF State Volleyball Championships will be conducted using ~~eight team~~ **sixteen-team** brackets in both the north and south in ~~each of the six divisions~~ **Division I-V**. Out-brackets will be used if necessary.

Northern California Regional

The Central Coast Section (CCS), North Coast Section (NCS), Northern Section (NS), Oakland Section (OS), Sac-Joaquin

Section (SJS), and San Francisco Section (SFS) will participate in the CIF Northern California Regional Tournament. The number of eligible team entries is listed below:

Section	Division I	Division II	Division III	Division IV	Division V
CCS	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>
NCS	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>
SJS	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>
NS	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
OAK	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>
SFS	TBD*	TBD*	TBD*	TBD*	TBD*

***SF and Oakland will have two automatic berths in the tournament. Entries will be placed into their respective enrollment division as determined by the section. Division V enrollment not to exceed 600.**

Sections must have more than 8 teams in a division to receive more than one entry in that division.

Northern California Regional

The San Diego Section (SDS), Los Angeles Section (LAS), Southern Section (SS) and the Central Section (CS) will participate in the CIF Southern California Regional. The number of eligible team entries is listed below:

Section	Division I	Division II	Division III	Division IV	Division V
CS	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>
LAS	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>
SDS	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>
SS	<u>8</u>	<u>8</u>	<u>8</u>	<u>8</u>	<u>8</u>

F. Sudden Cardiac Arrest Proposal

Motion to instruct the NBL representatives to the NCS Board of Managers vote instruct the NCS delegates to the CIF Federated Council vote to mandate coaching education guidelines to include training for sudden cardiac arrest symptoms, which requires revision of CIF 22.B. (9) and 503.J.

Motion supported by consent.

Proposal Summary: Training and education for coaches, parents and students for the awareness, recognition, and management of sudden cardiac arrest in student athletes.

Fiscal Impact: Minimal. All materials are available for free including the on-line education and training class through the Eric Paredes Save A Life Foundation and Simon's Fund.

Background: Sudden Cardiac Arrest (SCA) is the number two cause of death in young people participating in education based athletics. While very rare, about 100 such deaths are reported each year in the United States in young athletes according to the American Heart Association. Tragically, California students have been on that list, including one this past July. This bylaw will alert coaches and parents to this condition and ensure that they are aware of and know how best to react to the condition's warning signs. This spring, state legislatures in Delaware and Connecticut have implemented similar training requirements in their states.

22.B.(9) Ensure that all coaches, paid and unpaid, will have completed a coaching education program that emphasizes the following components:

- a. Development of coaching philosophies consistent with school, school district and school board goals;
- b. Sport psychology: emphasizing communication; reinforcement of young people's efforts; effective delivery of coaching regarding technique and motivation of the student-athlete;
- c. Sport pedagogy: how young athletes learn and how to teach sport skills;
- d. Sport physiology: principals of training; fitness for sport; development of a training program; nutrition for athletes' and the harmful effects associated with the use of steroids and performance-enhancing dietary supplements by adolescents;
- e. Sport management: team management; risk management; and working within the context of an entire school program;
- f. Training: certification in CPR ~~and~~ first aid that includes training in signs and symptoms of concussions **and sudden cardiac arrest.**
- g. Knowledge of, and adherence to, statewide rules and regulations; as well as school regulations including, but not necessarily limited to, eligibility, gender equity and discrimination;
- h. Sound planning and goal setting; AND
- i. A school/district may use a coach that does not meet these standards for one sports season in an emergency. The coach must still hold a CPR and first Aid, **Concussion and Sudden Cardiac Arrest** certification as required under Title V. However, that person may not coach another season of sport without fulfilling this coaching education requirement. Any currently employed coach who has completed and passed a prior version of a coaching education program that meets the above listed criteria, as determined by the local administration, is exempt from this provision. The above certification is transferable between/among CIF member schools. Coaches may need to complete additional local school or school district requirements. **NOTE:** Definition of a coach, paid or unpaid: Any individual that the school/district is required to approve under Title V, California Code of Regulations, Section 5593 and 5594 and/or under California Education Code 35179-35179.7, 49032 and 4125.01-45125.1.

503. ADMINISTRATIVE OVERSIGHT

The principal of each school shall be held responsible for the amateur standing and eligibility of the school's teams and team members under CIF, Section, and league rules.

F. Coaching

Principals are responsible to insure that all coaches of the CIF member school for all individual or team(s) meet the requirements of the California Education Code 49032, 35179.1 and Bylaw 22.B.(9) (Revised February 2009 Federated Council)

H. Concussion Protocol

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition. (Approved May 2010 Federated Council/Revised May 2012 Federated Council)

Q: What is meant by "licensed health care provider?"

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

I. Steroid Prohibition

As a condition of membership, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

J. Sudden Cardiac Arrest Protocol

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition.

Q: What is meant by "licensed health care provider?"

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

XIV. NEW BUSINESS

A. New membership application for Castle Rock High School, Crescent City

Motion to send the NBL representatives to the North Coast Section Board of Managers meeting uninstructed with regard to the membership application for Castle Rock High School, Crescent City, and then vote in the best interests of the NBL.

Motion: Rand Van Dyke, Maria Carrillo

Second: Amie Carter, Rancho Cotate

Motion supported unanimously.

XV. OLD BUSINESS

There is no scheduled NCS old business to be discussed

XVI. PRESENTATION OF CIF DISTINGUISHED SERVICE AWARD

A. Mr. Don Nelson, EBAL Commissioner

B. Mr. Lou Panzella

XVII. GUEST SPEAKER

Cathy Domanski-DeVries, Special Olympics

VIII. NBL NEW BUSINESS

A. PROPOSAL TO AMEND NBL FOOTBALL BYLAW 5.801

Motion to amend football bylaw 5.801 as proposed.

Motion: Rand Van Dyke, Maria Carrillo

Second: Brad Coscarelli, Santa Rosa

Motion approved unanimously.

To determine the winner of the league, two points shall be awarded for a win and one point for a tie. The team with the highest point total at the end of the league schedule shall be declared the winner of the league. A forfeited game shall count as a win.

In case of a tie at the end of the league season, the following criteria will be used, one at a time, and in the order listed:

1. **Head-to-head in league contests versus the teams involved.**

2. **Numbers drawn by the respective member school principals at the first meeting of the year.**

B. PROPOSAL TO AMEND NBL BOYS' SOCCER BYLAW 8.802

Motion to amend boys' soccer bylaw 8.802 as proposed.

Motion approved by consent.

a. All-league selection format for boys' soccer

i) The all-league meeting will be held on the Monday following the conclusion of the NBL schedule, at a site determined by the coach of the NBL Championship School.

ii) Each team will be awarded first and second all-league selections based on their team's finish in the league championship. First place (4), second place (3), third place (3), fourth place (2), fifth place (2), sixth place (2), seventh place (1), and eighth place (1). There is no honorable mention.

iii) Coach of the Year: Nominations will be taken from the floor. Each coach will vote for one coach. The vote shall be conducted using a secret ballot.

iv) MVP—open nominations, followed by a vote. Cannot vote for a player on your own team. Coaches vote for two to narrow the field, if necessary. If a second vote is necessary, the field will be narrowed and each coach will vote for one student-athlete. The vote will be conducted using a secret ballot.

C. **PROPOSAL TO MOVE THE BOYS' SOCCER TO THE WINTER SEASON OF SPORT**

Motion to amend soccer bylaws 8.102 and 8.103 to move boys' soccer to the winter season of sport.

Motion: Rand Van Dyke, Maria Carrillo

Second: Gordon Oslund, Ukiah

Motion approved unanimously.

8.102 ~~Playing dates during years ending in an even number:~~

~~Boys' soccer matches shall be scheduled on Tuesdays and Thursdays and girls' soccer matches shall be scheduled for Wednesdays and Fridays during the first round of the league season. During the second round of the season, boys' soccer matches shall be scheduled on Wednesdays and Fridays and varsity girls' soccer matches shall be scheduled for Tuesdays and Thursdays.~~

~~Playing dates during years ending in an odd number:~~

~~Girls' soccer matches shall be scheduled on Tuesdays and Thursdays and boys' soccer matches shall be scheduled for Wednesdays and Fridays during the first round of the league season. During the second half of the season, girls' soccer matches shall be scheduled on Wednesdays and Fridays and boys' soccer matches shall be scheduled for Tuesdays and Thursdays.~~

~~North Bay League Board of Managers, January 21, 2014~~

Boys' soccer will be played on Wednesday and Friday during the winter season of sport.

8.103 ~~Boys' and girls' soccer shall be played in the Fall season of sport.~~

Boys' soccer will be played in the winter season of sport and girls' soccer will be played in the fall season of sport.

Why should the NBL boys' soccer teams participate in soccer in the winter season of sport?

1. The only local teams available for non-league competition for the boys will be those in the Sonoma County League. It is not financially feasible for the boys' teams to travel to the HDNL to participate in non-league competition. If the boys' teams play in the winter season of sport, they would be able to schedule preseason contests with the MCAL schools as well as 30 other D1 schools and 31 D2 schools, most of which are located in the East Bay area.
2. The boys' program would be harmed by having to play in the fall because the level of competition would diminish with the elimination of the MCAL. (The level of competition in the remaining leagues is not as high). As evidence, since 1996, an NBL school has won the NCS fall championship 10 times and an MCAL team has won the championship 7 times. No SCL or HDNL team has ever won a fall boys' soccer championship.
3. If the boys' soccer team participates in the winter season of sport and the girls' soccer teams remain in the fall as they desire, there would be more officials available to officiate the contests as there would be fewer games per week.
4. The boys' teams would not have to share the practice facilities with the football teams and the girls' soccer teams. This would actually free up more space for all teams.
5. Although there is currently no CIF State Championship, the official CIF season of sport is in the winter.
6. A waiver to conduct an NCS championship in boys' soccer in the fall would have to be secured from the NCS Commissioner. There is no written guarantee of a waiver at this time.
7. Although some boys might have to choose between three teams during the winter (soccer, basketball or wrestling), they currently have to choose between three now in the fall (soccer, football or cross country).

D. **PROPOSAL TO AMEND NBL RULE 6.802**

Motion to approve the amendments to NBL golf rule 6.802.

Motion approved by consent.

In boys' golf:

- Stroke play will be used during the NBL season. The lowest five scores will count as the team score.
- The team with the lowest cumulative stroke total in the eight league mini-tournament rounds AND the NBL post-season tournament will be declared the NBL Champions **and receive the automatic berth to the North Coast Section Tournament.**
- In case of a tie, all tied teams will be considered NBL co-champions and each shall receive a pennant. The team with the lowest spring season number (drawn by NBL principals) will be the automatic NBL qualifier to the NCS Championships.

~~NBL matches hosted by Casa Grande, Cardinal Newman, Montgomery, and Santa Rosa will begin at 1:00 PM. Matches hosted by Maria Carrillo, Rancho Cotate, Ukiah and Windsor will begin at 2:00 PM.~~

League matches scheduled prior to the start of daylight saving time shall begin at 1:00 PM. League matches schedule during daylight saving time shall begin at 2:00 PM.

Current order of hosting:	Recommended changes to order of hosting:
Casa Grande	Casa Grande
Cardinal Newman	Maria Carrillo
Maria Carrillo	Santa Rosa
Santa Rosa	Windsor
Rancho Cotate	Cardinal Newman
Windsor	Montgomery
Ukiah	Rancho Cotate
Montgomery	Ukiah

E. **PROPOSAL TO AMEND NBL RULE 6.303**

Motion to approve the amendment to NBL golf rule 6.303, effective immediately.

Motion approved by consent.

All team matches will be medal (stroke) play. Five best scores out of six players are to be counted as the team scores. If the score is tied after the five best scores are counted, the tie will be broken by the sixth scores. If there is still a tie, the two six players will play until the tie is broken. **If two players are unable to complete or continue in a match, then that team's stroke total shall be the same as the highest team stroke total of that event.**

F. **PROPOSAL TO ALLOW GOLF COACHES TO COACH DURING MATCHES.**

Motion to allow coaches to coach ONLY during the transition from one hole to another hole.

Motion to table this item until the next meeting.

Motion: Brad Coscarelli, Santa Rosa

Second: Graham Rutherford, Cardinal Newman

Motion to table unanimously.

Rationale:

- Coaching would: aid in level of play, pace of play, assist in the elimination of cheating, assist with rulings (kids often don't know all the rules or misunderstand the rules), assist in monitoring of sportsmanship and ethics.
- Coaching is allowed in college and professional leagues
- Coaching is allowed in the Southern Section
- The CIF Golf Management Committee is considering language to allow coaching in regional and state competition
- USGA rule 33.1 **Note:** The [Committee](#) may, in the conditions of a team competition (Rule [33-1](#)), permit each team to appoint one person who may give [advice](#) (including pointing out a line for putting) to members of that team. The [Committee](#) may establish conditions relating to the appointment and permitted conduct of that person, who must be identified to the [Committee](#) before giving [advice](#).

G. **PROPOSAL TO AMEND LACROSSE RULE 7.103 AND 7.106**

Motion to approve the amendments to NBL lacrosse rule 7.103 and 7.106.

Motion approved by consent.

7.103 Lacrosse matches will be scheduled for Tuesdays and Fridays. ~~Boys' teams and girls' teams will play at opposite sites on the same day.~~

7.106 This amendment would include two additional all-league players.

H. **USE OF AN INELIGIBLE ATHLETE BY RANCHO COTATE IN A JUNIOR VARSITY SOCCER MATCH ON OCTOBER 29, 2014—RANCHO COTATE VS. UKIAH, WON BY RANCHO COTATE.**

The Rancho Cotate athletic director is working with the coach to insure this breakdown in communication does not happen again. This was a first year coach who did not speak directly with Henri when he sent out eligibility reports. Henri also takes part of responsibility as he assumed the coach read the e-mail as he had spoken with the varsity coach. The coach, assistant coach and AD will have weekly meetings next season to insure better communication.

Motion to accept the remedy proposed by Rancho Cotate.

Motion: Rand Van Dyke, Maria Carrillo

Second: Kimberly Clissold, Montgomery

Motion supported unanimously.

I. **USE OF A RESIDENTIALLY INELIGIBLE ATHLETE BY SANTA ROSA IN A C.I.F. FOOTBALL COMPETITION ON 8/29/14, 9/12/14, 9/19/14, 10/10/14, AND 10/17/14. SANTA ROSA LOST ALL OF THESE CONTESTS.**

Motion to accept the remedy proposed by Santa Rosa.

Motion: Rand Van Dyke, Maria Carrillo

Second: Amie Carter, Rancho Cotate

Motion supported unanimously.

J. **NCS PLAYOFF COSTS**

The NBL will request that this item be placed on the NCS Sports Advisory Committee Agenda.

Notes: There is a need for increasing reimbursement costs for hosting NCS events, at actual cost. Additionally, can school staff be substituted for police and receive any reimbursement from the NCS? If any school has hosted an NCS event AND have received a bill for custodial services, please send the actual cost to Jan.

Concern: We manage most week day games without extra expenses because we rob from cleaning classrooms to do set up and provide custodians for the game. Saturday games are another issue. This coming Saturday we are the host. I need 20 custodial hours (2 staff for six hours each on game day, 1 staff for 8 hours the day after to clean). NCS only reimburses for 2 hours. Since the gate goes entirely to NCS, we end up covering a nearly \$900 bill. In addition, we need pay for a police officer and we need staff for security. This is not an equitable or fair set up.

K. **HOSTING TWO OR MORE NCS EVENTS ON THE SAME DAY**

The NBL will request that this item be placed on the NCS Sports Advisory Committee Agenda.

Concern: This year we hosted football and volleyball on the same day. The games started at the same time. Our fans had to choose which sport to see. This clearly affected the gate. I'd like some flexibility in scheduling. For instance, start volleyball two hours early than the football game (or soccer, in those cases). Can the event start time be staggered when a school is hosting two or more events on the same day?

L. **STUDENT NCS PLAYOFF GAME TICKET PRICES**

The NBL will request that this item be placed on the NCS Sports Advisory Committee Agenda.

Concern: \$6 is too high. I propose a student rate of \$4 with a valid student ID card. This would increase the number of students who can and would attend, and would most likely be revenue neutral.

M. **CURRENT NBL FINANCIAL STATEMENT** (Marie Sugiyama)

IX. **NBL OLD BUSINESS**

A. **Question: If a coach runs a summer football camp through an outside organization, can the athletes wear shoulder pads and helmets? There will be NO tackling. Just skill work.**

Response from NCS Commissioner Gil Lemmon:

"The CIF will not address all questions since each section may establish some guidelines. The CIF is defining what contact is and the email I sent recently to principals and ADs had the attachment for the upcoming BOM and Federated Council meeting. However, NCS will need to determine the date that teams can start using equipment, a date that is **currently outlined in the law as 30 days before the commencement of the regular season, which is defined as the school's first game**. I am assuming that NCS member schools will want to set a specific date, but that will be a recommendation to the BOM from the SAC, and the SAC will receive a recommendation from the football coaches committee I am putting together.

Currently the earliest date for wearing football equipment and having contact as defined by the CIF would be no more than 30 days prior to the zero week game, which I calculate as July 30th. For week one games the date is August 6th (both dates assuming games will be played no earlier in the week than a Thursday). Therefore, any recommendation will not be much different than the current starting date of August 10 for the 2015 season. My current plan is to meet with football coaches prior to the BOM and report to the BOM what their recommendation to the SAC will be. I will also discuss with football coaches camps for the 2015 summer period.

Right now based on the law I would answer as follows:

NCS member schools are allowed to participate in summer camps, but only according to the parameters of State law. Therefore, no camp currently held prior to July 30 can have any contact as defined by the CIF. Up until July 30, NCS member school administrators **may not** allow their equipment* to be used by any person. It should be locked up until it is legal for use.

Schools will be asked to allow students to use equipment to go to camps out-of-state. I believe, and the CIF Office supported my opinion, that allowing students to use school equipment to go to out-of-state camps and participate in contact prior to July 30 is a violation of State law and ultimately a violation of whatever date NCS sets, which can be no earlier than July 30. Practice during the summer is currently allowed, starting June 1, but there can be no contact as described in the CIF guidelines.

I currently have no answer if a coach or school asks if students can wear helmets* during the summer practices and in 7 on 7 games. I need further clarification from the State CIF and Sections.

Therefore, in addition to meeting with selected football coaches, I will ask some additional questions at the Section Commissioner's meeting on January 13:

- What information are other sections sharing with their schools concerning summer camps, summer practices and 7 on 7 games?
- What equipment are other sections allowing within the State law?
- What date is being established by sections as the first date contact can be conducted?

B. **UPDATE ON BATTLE OF THE FANS**

C. **PRESENTATION OF NORTH BAY LEAGUE FALL SPORTSMANSHIP PENNANTS**

Congratulations to Santa Rosa for winning the boys' sportsmanship pennant and to Casa Grande for winning the girls' sportsmanship pennant.

D. **OPEN DISCUSSION**

ADJOURNMENT

Motion to adjourn the meeting. Next meeting: Monday, April 20, 2015, 3:30 PM at Santa Rosa High School