

NORTH BAY LEAGUE, CIF
 SWIMMING & DIVING SCHEDULE 2016-2017
 Revision 5 of 1st Year – 1/9/17

Practice Starts: February 7, 2017

Spring Breaks:

**Santa Rosa City, Windsor, Casa Grande,
 & Rancho Cotate** 3/20 - 3/24

Ukiah 4/10 – 4/14

Cardinal Newman 4/14– 4/24

**Note: JC diving Pool will not be available 2/10 and 2/14 and
 for Spring Break 3/20-3/26.**

Thursday, March 2, 2017

Montgomery @ Windsor
 Casa Grande @ Ukiah

Tuesday, March 7, 2017

Maria Carrillo @ Ukiah
 Windsor @ Santa Rosa (Ridgway)
 Montgomery @ Casa Grande

Friday, March 10, 2017

Rancho Cotate @ Cardinal Newman (SRJC)

Tuesday, March 14, 2017

Santa Rosa @ Montgomery (Finley)
 Cardinal Newman @ Windsor
 Ukiah @ Rancho Cotate
 Casa Grande @ Maria Carrillo (Ridgway)

Tuesday, March 28, 2017

Windsor @ Rancho Cotate
 Santa Rosa @ Casa Grande
 Maria Carrillo @ Montgomery (Ridgway)

Thursday, March 30, 2017

Rancho Cotate @ Santa Rosa (Ridgway)

Friday, March 31, 2017

Ukiah @ Cardinal Newman (SRJC)

Tuesday, April 4, 2017

Montgomery @ Ukiah
 Rancho Cotate @ Maria Carrillo (Ridgway)
 Casa Grande @ Windsor

Thursday, April 6, 2017

Ukiah @ Santa Rosa (Ridgway)

Friday, April 7, 2017

Santa Rosa @ Cardinal Newman (SRJC)

Tuesday, April 11, 2017

Rancho Cotate @ Montgomery (Finley)
 Mari Carrillo @ Windsor
 Cardinal Newman @ Casa Grande

Thursday, April 13, 2017

Cardinal Newman @ Maria Carrillo (Ridgway)

Tuesday, April 18, 2017

Santa Rosa @ Maria Carrillo (Ridgway)
 Windsor @ Ukiah
 Casa Grande @ Rancho Cotate

Friday, April 28, 2017

Montgomery @ Cardinal Newman (SRJC)

Diving Invitational – TBD

JV Invitational – April 29, 2017 – TBA

NBL Meet Host – Montgomery

NBL Seeding Meeting - Monday May 1, 2017 @ 7pm

NBL League Meet Friday May 5, 2017 – 500-3:30/4:00: Diving
 11:00-1

Saturday May 6, 2017 – Warm-up 7:30-8:45 Start 9am

Deadline for League Meet Qualifiers – Saturday May 6, 2016

NCS Seeding Meeting Tuesday May 9, 2017

NCS Meet – May 11, 12, 13 2017

Diving Championships Thursday May 11, 2017

Swimming Trials – Friday May 12, 2017

Swimming Finals – Saturday May 13, 2017

Pool Times for Meets:

Cardinal Newman - SRJC – 3/3:30

Finley – 2/2:30

Petaluma – 3/3:30 – Petaluma Swim Center

Rancho Cotate 2:30/3 – H Pool

Ridgway – 2/2:30

Ukiah – 3:30/4:00 - Have Divers – Ukiah High

Windsor – 3:30/4 – Healdsburg High

NOTE: There can be no meets at Finley after April 21, 2017.

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