

NBL Cross Country All-League 2012-2013

Boy Runner of the Year

Paul Holden 12 Ukiah

1st Team

Ryan Anderson 11 Maria Carrillo
 Matt Salazar 9 Casa Grande
 Nick Jensen 11 Maria Carrillo
 Cris Nazarek 12 Santa Rosa
 Harrison Luft 12 Maria Carrillo
 Adan Chavez 10 Santa Rosa

2nd Team

Colin Metcalfe 12 Maria Carrillo
 Aden Holmes 11 Santa Rosa
 Zac West 10 Maria Carrillo
 Noah Taxis 12 Ukiah
 Alex Morrison 12 Maria Carrillo
 Dante Hay 11 Maria Carrillo
 Tyler Lewis 11 Windsor

Honorable Mention

Michael Kennedy 12 Santa Rosa
 Zach Price 11 Windsor
 Christian Friday 11 Montgomery
 Beau Brown 11 Ukiah
 Nicholas Rauch 10 Casa Grande
 Toby Alongi 9 Santa Rosa
 Jack Bowlby 12 C. Newman

Girl Runner of the Year

Delaney White 9 Santa Rosa

1st Team

Brynna Thigpen 12 Maria Carrillo
 Hannah Haley 11 Windsor
 Ashley Moffett 12 Casa Grande
 Shaz Breedlove 10 Maria Carrillo
 Victoria Tomaszewski 11 Windsor
 Andrea Natoli 10 Maria Carrillo

2nd Team

Chloe Hall 12 Casa Grande
 Saskaia Van-O-Egberts 9 Casa Grande
 Cecilia Avelar 9 Maria Carrillo
 Andrea Gonzalez 10 Casa Grande
 Shannon Pall 9 Maria Carrillo
 Shawn Cichosz 10 Maria Carrillo
 Erika Ruz 11 Rancho Cotate

Honorable Mention

Kelly Fitzpatrick 11 Maria Carrillo
 Leila Nacouzi 12 Montgomery
 Emily Goldfield 12 Montgomery
 Taylor Linhart 11 Rancho Cotate
 Ileana Moon 9 Casa Grande
 Adria Barich 9 Casa Grande
 Lauren Ray 9 Montgomery