

NORTH BAY ATHLETIC LEAGUE

Volleyball Coaches Meeting Minutes, 8/12/14

In attendance: Anna Waller, Cardinal Newman; Ani Larson, Casa Grande; Ally Sather, Maria Carrillo; Koy Stewart, Montgomery; Alisa Cox, Rancho Cotate; Amber Oden, Santa Rosa; Rich Schwarz, Windsor; Marie Sugiyama, Commissioner. **No representative from Ukiah.**

- A. Schedule for this year.
1. **Game time begin the J.V. games at 5:00 p.m.**
 2. **First date for practice is Monday, August 18, 2014**
 3. **EXCEPT FOR UKIAH AT 4:30 P.M. (Make sure you note this on your schedule.)**
 4. **FROSH GAME TIMES—CONFIRM WITH OPPOSING SCHOOL**
 5. **Reminder that all changes in your schedule needs to go through your Athletic Director or Principal.**
- B. NCS
1. Divisions
 2. NFHS Volleyball Rules Changes. CIF Rule Interpreter: Louis Ventura 951-201-7890 Email: cifstatevbrules@cif.com
 3. **BEGINNING 2016 – NEW UNIFORM RULE – CHECK RULE BOOK.**
 4. **Match flags required this year.**
 5. Rule books available from: www.nfhs.com Phone: 1-800-776-3462; Some schools have ordered rule books for you. Check T & B Sports—they may have them.
 6. **CHECK YOUR CHAMPIONSHIP BULLETIN ONLINE. Website: cifncs.org**
- C. Officiating concerns to discuss with the officials.
1. **Be aware of the fees for late schedules, changes, etc.**
- D. Libero position will be used at the NCS, Nor-Cals and State Championships.
1. A team may use the Libero position even though the opponent does not.
 2. Tracking is mandatory by the home team. State CIF will post a tracking form on their website - www.cifstate.org.
- E. General rules on eligibility and competition - CIF, NCS and NBL reviewed.
1. State CIF transfer rule - defines RECRUITING – Undue Influence
 2. NBL Rules
 3. All Transfer students are INELIGIBLE until their transfer waiver is accepted by the North Coast Section.
 4. **NEW PRACTICE RULE BEGINNING THIS YEAR. After a game, discussing the game with the team is considered practice and IS NOT ALLOWED. Gil Lemmon is asking State CIF about this interpretation.**
- F. NCS Ejection policy for students and COACHES.
1. Coach is responsible to hold out student for the next contest.
- G. Game Administration
1. Home site provides warm-up volleyballs. At least 16 (8 for each team).
 2. **If a team wishes to practice outdoors, they must bring their own balls.**
 3. Music must be played for both teams during warm-ups.
 4. **Warm-up time is 5-10-10.**
 5. **HOME TEAM WILL PROVIDE ALL THE LINESPEOPLE FOR THE MATCHES.**
- H. Sportsmanship ballot. Pursuing Victory with Honor for coaches was distributed and discussed.
- I. **ALL-LEAGUE MEETING: Monday, November 3, 2014 at 7:00 p.m., Montgomery High School, Room 14.**
1. **ALL SCHOOLS NEED TO BE REPRESENTED. IT IS UNFAIR TO YOUR PLAYERS IF YOUR SCHOOL IS NOT REPRESENTED.**
- J. NBL Girls Volleyball Tournament – **AD’S VOTED TO KEEP 4-TEAM PLAY-OFF IN 12/3/14.**
- Tuesday, November 4, 2014
- 1 vs 4 at site of the higher seed
 - 2 vs 3 at the site of the higher seed
- Thursday, November 6, 2014, Championship game
- Winners of the above: at the site of the higher seed.

Gate to North Bay League to pay for expenses. \$7 and \$5 Admission.
No league or school passes will be honored—only NCS and State CIF passes.

Round Robin Winner NCS Automatic Entry.

K. By 313 Concussions

1. **Players suspected of concussions cannot return to the practice, scrimmage or game until they are evaluated by a health care provider trained in education and management of concussions and receives written clearance to return To play from that health care provider (only by medical doctor (MD) or doctor of osteopathy (DO)).**

L. Coaches Ed. Program – AB 346 – Reminder that coaches are responsible to be sure coaches, paid or volunteer, are certified.

M. Dangers of energy drinks combined with colas and sports drinks and Caffeine powder were presented

N. Information on steroids and sexual harassment were distributed and discussed.

O. Protest Procedure-

1. Protest in regard to any situation in a game must be made at the time of the incident to the official or opposing team's coach.
 - a) Protests made on matters involving the judgment of an official WILL NOT BE ACCEPTED under any circumstances.
 - b) The Principal of the protesting school must contact the principal of the school concerned within 24 hours after the contest has been played. (Exception: Eligibility of a player.) A letter of protest must be written explaining the circumstances of the protest to the Principal of the opposing school with a copy to the NBL Commissioner
 - c) The Principal of the school concerned shall make a written report to the protesting school after investigating the situation.