



NORTH BAY LEAGUE

Joe Ellwood, Commissioner
 jellwood@wscuhd.org; (707) 484-8410
 Dean Haskins, Assistant Commissioner
 dhaskins@srcs.k12.ca.us; (707) 484-0271



PRINCIPALS MEETING AGENDA, TUESDAY, JANUARY 23, 2023, 3 PM UKIAH HIGH SCHOOL

ROLL CALL/ATTENDANCE Present	
Analy - Joe Ellwood Cardinal Newman - R. Sanchez, N. Reynolds Elsie Allen - G. Albavera Maria Carrillo - M. Luke Montgomery - A. Santos Piner - R. Riddle, N. Vasquez Rancho Cotate - H. Sarlatte Santa Rosa - M. Ryan St. Vincent de Paul - T. Greco Ukiah - A. Alvarez Windsor - S. Summers Absent: Healdsburg	
I.	APPROVAL OF THE NBL AGENDA (AGENDA)
Motion to approve the NBL Principals' Agenda.	
Motion Rancho Cotate, 2nd Santa Rosa Unanimous 11-0	
II.	APPROVAL OF THE NBL CONSENT AGENDA
III.	APPROVAL OF MINUTES FOR THE PREVIOUS MEETING (ACTION)
Motion to approve the minutes from the previous principals' meeting, previously emailed and available online at www.northbayleague.org Motion Windsor, 2nd Rancho Cotate Unanimous 11-0	
IV.	PUBLIC COMMENT
Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.	
V.	NORTH BAY LEAGUE AGENDA ITEMS
A.	Proposal to change the swim schedule to a single round robin. (Dean) (R/D/A)
Rationale:	

		<p>a. Honeybee Pool (used by Rancho Cotate) and Finley Pool (used by all SRCS schools) are closed for this spring season. There are ten NBL member schools participating in swim and just six available pools.</p> <p>b. Coaches feel that student-athletes are missing too many afternoon classes when there is a double round-robin schedule in swim.</p> <p>Motion Santa Rosa, 2nd Rancho Cotate Unanimous 11-0</p>
	B.	Proposed Oak and Redwood Division placements for 2024-2025 (girls' tennis, girls' golf, cross country and girls' volleyball) (Joe) (R/D/A)
		Motion to move Analy to Oak and Montgomery to Redwood in Girls' Golf. (NBL ADs 12-0)
		Motion to move Analy to Oak and Piner to Redwood in Cross Country (NBL ADs 12-0)
		Motion to move Ukiah to Oak and Analy to Redwood in Girls' Volleyball (NBL ADs 12-0) Motion Windsor, 2nd Santa Rosa Unanimous 11-0
	C.	Proposal to amend Wrestling Bylaw 15.901 (Dean)(R/D/A)
		<p>Representative to the NCS Seeding Committee Meeting.</p> <p>The varsity coaches of the teams that finish first and second at the NBL Qualifying Tournament will represent the North Bay League at the NCS Seeding Meeting. If the varsity coach of either the first or second place cannot attend the seeding meeting, then the varsity coach of the third place team shall attend the seeding meeting. If only one of the varsity coaches from the first, second or third place team can attend the seeding meeting, then the representative to the management committee shall attend as the second NBL representative. In case of a tie for first place at the NBL qualifying tournament, the varsity coaches of the tied teams will attend the seeding meeting. 3/27/2019</p> <p>Proposal:</p> <p>The NBL Wrestling representative and the coach of the first-place team from the qualifying league tournament will represent the NBL at the NCS Seeding Meeting. If either the NBL representative or the first-place varsity coach cannot attend the seeding meeting or if they are the same person, the coach from the second-place finisher in the league qualifying tournament shall attend the meeting.</p> <p>Motion supported by the wrestling coaches.</p> <p>Supported by NBL ADs: 11-1. Windsor voted no to support their coach's desire. Motion Rancho Cotate, 2nd Santa Rosa Ayes 2 (Analy/Piner) Nays 9 Motion Fails Windsor stated that the best representation for the league should come from the first and second place teams' coaches from the NBL Qualifying Tournament.</p>
	D.	Proposal to approve the new Redwood Empire Football Bylaws. (Joe)(R/D/A)
		Appendix A, page 19 Proposal supported unanimously by NBL ADs Motion Rancho Cotate, 2nd Maria Carrillo Unanimous 11-0
	E.	Proposal to send the following item to the NCS for inclusion on the SAC Agenda. (Joe) (R/D/A)

	<p>League Submitting Proposal: <u>North Bay League</u> Vote from the League Regarding Proposal: _____ Date of Requested Implementation: <u>24-25 School Year</u></p> <p>Description of Proposal: (include bylaw revision, if appropriate) *NCS Bylaw 106 D. A conference may elect, by a majority of schools, to align the sport of football during the scheduled alignment cycle according to the established alignment calendar.</p> <p>*The way this bylaw reads, a football only league can only be re-organized at the conclusion of an alignment cycle.</p> <p>*The NCS Redwood Conference has voted to enact football only leagues beginning in the 24-25 school year.</p> <p>*Per NCS bylaws, leagues divided into competitive divisions are obligated to re-evaluate and re-organize competitive divisions in each sport every two years and submit to the NCS Realignment Committee for final approval.</p> <p>*Rancho Cotate High School is proposing that football only leagues follow the established guidelines already followed in NCS leagues (i.e. EBAL, NBL & TCAL) and be re-evaluated and re-organized (as necessary) every two years by the commissioners of the leagues in the affected conference.</p> <p>Rationale in Support of Proposal: *Creates a uniform policy for the establishment of leagues aligned through the competitive equity process</p> <p>Possible Objections to Proposal: *Schools currently in non-league contracts might be placed in the same league after 2 years and have to find new non-league opponents. Income/Expenses Related to Implementation: N/A</p> <p><i>Motion Windsor, 2nd Montgomery Unanimous 11-0</i></p>
F.	Review of a Piner HS Girls' Basketball student who was ruled to be ineligible. (Joe)
G.	Spring Draw (Joe)
VI.	NCS BOARD OF MANAGERS (Full BOM Agenda 1/26/24)
	II. ADOPTION OF THE AGENDA (ACTION)
	Motion to support the approval of the agenda as presented.
	<i>Motion to support Windsor, 2nd Rancho Cotate Unanimous 11-0</i>
	III. ADOPTION OF THE CONSENT AGENDA (ACTION)
	Motion to support the approval of the consent agenda as presented.

			Retired Medical Premiums ^{4 1}			\$258,288	
			Other--CA CDE Grant			\$171,276	
			Unencumbered cash reserve fund ⁵		\$275,028		
			Available for distribution in Fall, 2023		\$542,634		
			PERS Pension Liability as of 7/31/23			\$1,099,175	
			<ol style="list-style-type: none"> 1. Reserve in the amount of the estimated cash required to fund operations during a period of negative cash flow from 8/1/23 through 12/1/23. 2. Reserve in the amount estimated for building maintenance and upgrades per the approved fiscal budget plus future renovations. 3. A reserve fund for office equipment has been establish to offset cost of replacement equipment. 4. Reserve fund has been established to pay for or at least offset the cost of medical insurance for qualified retired employees for the next five years. 5% increase assumption used. 5. As the January 27, 1995 Board of Managers meeting, the BOM established a fiscal policy by which the unencumbered cash reserve fund shall be capped annually at 10% of the budget approved for the following fiscal year. <p>Notes: Finance Committee and Executive Committee voted to pay down PERS Unfunded Accrued Liability (UAL) and the rest into Stiffel Money Market Accounts at our discretion. BOM Motion to table the decision to use the \$542,634 balance to make a one-time PERS UAL: payment with the remainder being placed in a short-term investment account.</p> <p>Concerns about NCS mortgage rate of 8.714% vs. the PERS UAL rate of 6.3%.</p>				
			VII. EXECUTIVE COMMITTEE				
			A. Executive Committee Membership (Information)				
			Nominations may be taken from the floor for the following positions to be filled for the 2024-2025 Executive Committee: <ul style="list-style-type: none"> • Class A Representative • CSBA Representative • Female Representative 				
			B. Update on the 2023-2024 Targets (Information)				
			Commissioner Cruickshank will review the current status of the targets for the 2023-2024 school year.				
			X. SPORTS ADVISORY COMMITTEE				
			A. Three-year NCS Calendar (CONSENT)				
			Proposal to adopt the next year of the three-year cycle.				
			B. Track & Field NCS 48.405H and 28.600H (CONSENT)				
			Proposal to amend NCS 48.405H Area Entries and 28.600 NCS Meet of Champions				
			Proposed amendment to NCS 48.405H:				

		<p>Entries in the 4x800m relay are based solely on times (entries in this event do NOT qualify through a league championship). Times must be verifiable FAT times run during the current season (times can be taken from league championship if the league holds this event). There will be up to 16 entries at each Class A/Area meet determined as follows:</p> <p><u>REDWOOD EMPIRE</u></p> <p>HDNL (Big 5) 2 MCAL 2 NBL 4</p> <p>Proposed amendment to 28.600H NCS Meet of Champions: Entries in the 4/800m relay will be as follows:</p> <ol style="list-style-type: none"> Class A, 2 automatic qualifiers Redwood Empire, 2 automatic qualifiers Bay Shore, 2 automatic qualifiers Tri-Valley, 2 automatic qualifiers The remaining 8 qualifiers will be determined by the next best marks from all 4 of the qualifying meets (Class A, Redwood Empire, Bay Shore, Tri Valley). <p><i>Rationale:</i> The committee felt it was important to reduce the number of entries at MOC and at area meets. Currently there are 24 entries, and they present safety concerns at the exchanges.</p>
		C. Track & Field NCS 28.1200H (CONSENT)
		Proposal to amend NCS 28.1200 Unified Division Competition
		<p>A "Unified competitor unit" is treated as an individual, not a relay. Alternates and/or substitutions are NOT permitted. One Unified Partner alternate may be added to the Unified Competitor Unit. The alternate must be declared at the League's qualifying championship and cannot be changed throughout the remainder of the post season.</p> <p><i>Rationale: There were several times when the unified athlete would have to drop out of an event because their partner either could not or did not want to participate. The committee felt it was important to allow the addition to an alternate so the unified athlete doesn't get DQ'd for their partner's actions.</i></p>
		D. Diving (CONSENT)
		Proposal to adjust the 2024 NCS Diving date by one day earlier so that there are enough quality deck officials and meet management on site for the NCS Championships.
		E. Proposal to establish four divisional (sub-sectional) qualifying tournaments for the NCS Wrestling Championships. (ACTION)
		<p>League Submitting Proposal: Wrestling Management Committee Vote from the League Regarding Proposal: 10-1-1 Date of Requested Implementation: 2024/25 Season Description of Proposal: (include bylaw revision, if appropriate)</p>

Boys and Girls Wrestling Divisional Qualifier

Four divisional (sub-section) qualifying tournaments to the NCS Wrestling Championship, which would replace League tournaments as the qualifying tournament. These would be all comers events with both boys and girls tournaments held at the same location. Each school will be allowed one representative per weight class to their Divisional tournament. The projected bracket size for all Divisional Tournaments based on current participation is 8 to 24 wrestlers.

Dates: 1.5 Day tournament one week before the NCS (Masters) Championships

February **14/15, 2025**

February **13/14, 2026**

Divisions:

Schools will be classified for competition in the existing NCS Divisions based on school size and geography. See link below.

https://www.cifncs.org/sports/wrestling/23-24_Dual_Team_Wrestling_Divisions.pdf

NCS Divisional Entries:

- Every team in the NCS will be allowed one (1) wrestler per school and per weight into their respective NCS Divisional tournament for both boys and girls.
- Girls' teams that exist in the Oakland section and are part of the NCS, will compete in the Division 2 East Bay subsection.
- These entries will be exclusively decided by each school and submitted to the NCS Divisional tournament director by the league representative on or before Sunday leading up to the weekend of the Divisional tournament.
- Bracket size will vary per the number of entries and member schools in each division.
- A process for submitting entries will be determined by the tournament committee.
- Events for boys and girls will take place at the same venue.

Seeding:

- Every High School within the NCS will be allowed (1) entry per school and per weight into their prospective NCS Divisional tournament for both boys and girls
- Girls' teams that exist in the Oakland section and are part of the NCS, will compete in the Division 2 East Bay subsection.
- These entries will be exclusively decided by each school and submitted to the NCS Divisional tournament director by the league representative on or before Wednesday at midnight, leading up to the weekend of the Divisional tournament.
- All relevant seeding information MUST be submitted with entries
- Bracket size will vary per the number of entries and member schools in each division.
- The seeding meeting for the Divisional tournaments will take place Thursday evening at 6 pm
- Meeting will be in person or remote and organized by the Divisional tournament director
- All brackets will be seeded through 8 wrestlers

		<ul style="list-style-type: none"> ● Any wrestler considered for a seed or at-large berth, must have their entire body of work entered in the NCS website for review and consideration. Any wrestler not having this information will not be considered for a seed. (Board of Managers 10/2/20) ● All competitors proposed for a seed must be submitted for a seed before the seeding of that weight class begins. All finalization of seeds will be done per weight class by representative voting. ● Guidelines, in no particular order, for all seeded wrestlers <ul style="list-style-type: none"> a. Head-to-head wins (during current season) b. Returning CIF State medalist (place & weight class) c. Returning CIF State qualifier d. Returning NCS medalist (place and weight class) e. Overall Record (all wins and losses) <ul style="list-style-type: none"> i. Tournaments (include size [64/32/24/16] dual) and place/finish ii. Section losses f. Common Opponents g. CIF State Rankings
		<ul style="list-style-type: none"> ● Two representatives per league will be allowed at the Divisional seeding meeting, but will be allowed only one voting representative. Each league will be responsible to decide who their representative(s) will be. ● Events for boys and girls will take place at the same venue. <p>NCS Masters Entries:</p> <ul style="list-style-type: none"> ● Qualifiers from both the Boys and Girls NCS Divisional tournament will be entered into the NCS Master event ● Event for boys and girls will take place at the same venue ● Brackets will consist of 20 wrestlers for both boys' and girls' divisions ● Number of entries per division is statistically supported and will be reviewed in a two- year cycle by the wrestling management committee based on two-year medal counts. Each Division will be allocated their number of entries based on their performance at the NCS Championships. ● Each division will be allotted two automatic qualifiers. ● There will be 2 At-Large entries per weight decided on at the NCS seeding meeting. Only wrestlers that compete in their divisional tournament will be eligible for an At-Large bid. ● Number of remaining qualifiers per division will be found via medal count using the following formula: Number of medals won at the Masters per division (two years)/number of medals available (over two years) = percent of medals. Percent of medals allocated multiplied by/remaining qualifiers to be distributed (10) = number of qualifiers earned. In order to lose a qualifier, a division must show greater than/less than a 0.5 distribution AND another division must be greater than/less than a 0.5 distribution (See attachment for detailed formula) ● Entries per division for inaugural year will be based on the medal count from the preceding two years

- Sample Entries if implemented for the 2023/24 season (see attachment for detailed formula). Boys' & girls': D1-6; De RE – 5; D2 EB – 4; DC - 3
- Any hardship cases must be made at the NCS seeding meeting and voted on by the representatives at the meeting.
- There would be an opportunity for alternate spots at the NCS Championships if a wrestler in a particular weight becomes ill, injured, has a skin infection or does not make weight at weigh ins. In this case the next highest placing wrestler in that weight class from the same division would take their place and it would be up to the alternate from that particular Division to be at weigh-ins and on weight. If the next highest placing wrestler from that division is not present, then the alternate spot will be allocated based on a divisional rotation
- Brackets for the boys' and girls' tournament will be built based on a formula separating the top 4 wrestlers as well as common Divisional separation. All relevant seeding information MUST be provided to the seeding committee by League Representatives by midnight at the conclusion of the divisional tournament. Brackets will be posted no later than the Monday prior to the NCS Championships.

Divisional and Championship Tournament Venues:

Host League for NCS East Bay Championship

In the event that a management committee for each NCS East Bay Championship cannot be secured, the following league rotation will be implemented:

YEAR	DIVISION 1	DIVISION 2
2024-25	BVAL	TCAL
2025-26	DAL	MVAL
2026-27	EBAL	EBAL
2027-28	MVAL	WACC
2028-29	WACC	DAL
2029-30	BVAL	TCAL

Host League for NCS Redwood Empire Division 2 Championship

The NCS Redwood Empire Division 2 Wrestling Championships shall be hosted by participating leagues according to the following rotation:

YEAR	REDWOOD EMPIRE
2024-25	MCAL
2025-26	NBL
2026-27	HDN
2027-28	VVAL
2028-29	MCAL

Host League for NCS Division 3 Championships

The NCS Division 3 Wrestling Championship shall be hosted by participating leagues according to the following rotation:

YEAR	REDWOOD EMPIRE
------	----------------

2024-25	CMC
2025-26	HDN
2026-27	NBL
2027-28	TCAL
2028-29	CMC

- NCS Masters Championship venue will be decided on by NCS management and based on the ability to host a combined boys' and girls' masters' championship

Divisional and Masters Operating Procedures:

- Tournament operating system: Track or Flo Wrestling
- Number of mats needed: Divisional, 4-6; Masters,8-10
- Number of referees for each divisional: 3 officials are needed for every 2 mats. An odd number of mats requires one extra official
- Number of medals for each divisional: medals will be awarded to the top six wrestlers in each weight category.
- Medal rounds and finals: See attached outline of rounds/rules; Modifications will be up to individual tournament directors.

Income/Expenses Related to Implementation:

Expenses:

Expenses for schools

- Entry fee per wrestler for both the Divisional and Masters event will be \$25.
- Travel expenses will depend upon the number of participants per school and the distance said school must travel. Masters tournament size has been modified to offset travel costs per team. Also, Divisional tournaments will allow travel to take place day 1 before tournament start, decreasing the need for lodging.

NCS Expenses

- Officials
- Operating Costs include facilities, custodial staff, meals for volunteers, porta potties, mat tape, etc. Masters tournaments would be less costly due to combining boys' and girls' tournaments. There will be additional costs for Divisionals that will depend of the size of each tournament
- Awards. Current cost of awards for the Masters tournament will not change. Additional cost for Divisional awards will be approximately \$4162.
- Bracket building and Tournament Management. Current cost will not change for the Masters tournament. There will be an additional expense for each divisional tournament that will depend of the size of said tournament.

Income:

- The current Masters tournament includes 868 male and female athletes generating income. The proposal for the new masters would include 560 male and female athletes generating income.
- The new Divisional tournament is proposed to have approximately 1300 male and female athletes generating income.

- Total—current number of involved wrestlers is 868 male and female athletes generating income. The new proposal for divisional tournaments would include approximately 1860 male and female athletes generating income.

Rationale in Support of Proposal:

1. **Equality (Advantages to combined Boys and Girls tournaments)** - Coaches will be able to coach both male and female athletes at the same venue as opposed to having split up their coaching staff and choosing which Masters tournament to attend. Teams will be able to travel together to the same venue reducing the cost of travel. NCS Officials will be condensed to one location at the Masters tournament improving the level of officiating and making it more equitable for female wrestlers. Girls wrestling in particular, will see an increase in visibility to the wrestling community with a combined Divisional and Masters event which will include combined, showcased, finals matches. With the current growth of girls wrestling, adding a Girls Subsection will help create sustainability for the number of entries for a girls Masters tournament. Currently, the size of girls' brackets is unsustainable, possibly even for the upcoming 2023/24 season. Implementation of this proposal will allow for continued growth.
2. **Opportunity and Participation** - The addition of Divisional Tournaments will provide opportunity for more wrestlers to compete in a NCS post season event. Divisionals will also increase the opportunity for more wrestlers to earn an NCS postseason medal. There are currently 112 NCS medalists in wrestling (8 medalists per weight x 14 weight classes). The addition of 4 Divisionals will increase the total number of NCS postseason medalists in wrestling to 448 (6 medalist per weight x 14 weight classes x 4 divisions + 112 Masters medalists). We believe that the added opportunity to compete in a post season event and earn a NCS medal will provide incentive for wrestlers to stick with and invest more time in a demanding and difficult sport. Student-athletes that may have walked away from the sport in the past will continue to compete and improve. These would also provide balance and more competitive opportunities for a greater number of teams. The possibility of more accolades should theoretically raise the level of competition in every team's wrestling room. The Divisional events, increased medal count, and additional team Divisional Championships will increase the visibility of the sport. This should in turn increase participation as more student-athletes feel they can compete and be successful. This would allow the level of wrestling to increase in each league, which would then affect the quality of wrestling at the NCS Masters Tournament. It would also create fuller teams and help teams retain athletes throughout the season.
3. **Accolades** - Adding divisionals would increase the strength of wrestling in the section and would make it more relevant and competitive with the stronger sections in the state. We have a large number of schools that have great programs year in and year out with little chance of success past their league tournaments. Without a full team wrestling past the league tournament and into the postseason, these schools cannot compete against the schools with full lineups that continue to dominate the NCS Masters tournament. A divisional creates more opportunities for teams to win. We need to create more opportunities for athletes to earn accolades. We need to give coaches and

wrestlers a reason to put more time into their sport and create a way to get kids and keep kids out for the team. We need to provide another avenue to build school/team pride and spirit.

4. **Alignment** - The NCS is currently the only major section that does not have a subsection in wrestling. Parity with CIF Sections across the State-The addition of Divisionals will put the NCS post season in line with other sections around California opening up the possibility of more inter-section participation during the season.
5. **Improved Officiating** - This proposal would help to allow for quality officiating at our Divisional Qualifiers. The approximately 22 seasoned officials who now work the Masters will be spread equitably over the 4 Divisional events. The divisionals will each be run on 4- 5 mats that would require 6-8 officials per venue. Currently our officiating crews are stretched thin at League Qualifying events which are traditionally both JV and Varsity boys' and girls' athletes using the same number of mats. The Divisional would-be Varsity only, requiring fewer total referees on that weekend. This will allow for our more experienced crews to officiate the Divisionals, which will help decrease controversial calls and match outcomes that have detrimental consequences during Masters seeding. This will ensure that only our best referees are on the mat during the most important matches leading to the NCS Masters Championship.
6. **Increased Revenue** - There are currently 868 athletes generating revenue for the NCS in the Post Season. Implementing this proposal would bring that number to 1860. It would also reduce the number of Masters tournaments by one, with the combination of the Boys and Girls event. Additionally, this would save the NCS a significant amount of money.

Motion to support Rancho Cotate, 2nd Maria Carrillo Unanimous 11-0

F. Proposal to amend NCS Wrestling bylaw 32.405 H Seeding (ACTION)

**TIMELINE: ORIGINAL PROPOSAL FAILED AT SAC, FALL 2023. (REMOVED FROM PROPOSAL FOR CLARITY PURPOSES).
 AMENDED (IN RED AND STRIKE-THROUGH) AT SAC AND TABLED, FALL 2023.
 DEC., 2023, PASSED 17-16 TO REMOVE "NO PARTICULAR" AS STRUCK-THROUGH IN RED BELOW.**

League Submitting Proposal: ~~Wrestling Management Committee (8-0)~~. This is now an amendment from the SAC floor and, when taken to the Wrestling Management Committee for their input, failed, 0-8.

Date of Requested Implementation: Winter 2024

Description of Proposal: (include bylaw revision, if appropriate)

32.405H Seeding BOYS

Any wrestler considered for a seed or at-large berth, must have his entire body of work entered in the NCS website for review and consideration. Any wrestler not having this information will not be considered for a seed. (Board of Managers 10/2/20)

		<p>Guidelines, in no particular order, for all seeded wrestlers</p> <ol style="list-style-type: none"> 1. Head-to-head wins (during current season) 2. Returning CIF State medalist (place and weight class) 3. Returning CIF State qualifier 4. Returning NCS medalist (place and weight class) 5. Overall record (all wins and losses). Tournaments (include size [64/32/24/16/dual] and place/finish. Include Section losses. 6. Common Opponents 7. League-rep voting 8. CIF State Rankings <p>Rationale in Support of Proposal: There needs to be a way to determine a consensus on who to move forward as seeded wrestlers. Previously there was concern with the current language that too much weight was given to "league-rep-voting" the way the language is currently written. THIS WAS THE ORIGINAL RATIONALE FROM MGMT COMMITTEE.</p> <p>Motion to send reps UNOPPOSED Windsor, 2nd Rancho Cotate Unanimous 11-0</p>
		<p>G. Proposal to establish a new NCS playoff structure as described below. (ACTION)</p>
		<p style="text-align: center;">Bay Area Conference Proposal for NCS Play-Offs (attachment K) "CCS Model" (SAC 6-28) (EXC 0-9)</p> <p>Proposal: The proposal put forward today is to have the NCS adopt the CCS model with very few modifications. The CCS model has these advantages:</p> <ol style="list-style-type: none"> 1. It maintains the size-based classifications that protect small schools from large school competition 2. It pulls up 11 schools out of the sized based divisions to play in the Open Division. Last year in BB, the D1, D2, D3 and D4 winners would have been pulled up into Open from both BBB and GBB opening up those Section title opportunities to other size- based schools. 3. It ends the 3-year method of moving smaller schools into larger school classifications. This eliminates the scenario where a school is good for a few years, then graduates key players and then has to wait 3 years to move back down to the original level. This move up method is also what is killing larger but not exceptional athletic schools as the competition keeps getting tougher in the larger divisions. 4. Most importantly, it has been in effect in the CCS for 8 years now and it is WORKING in that Section. Most CCS schools/ADs seem to like this model. We do not seem to like our model. <p>Date of Requested Implementation: 2024-2025 School Year. This gives one calendar year to work out any issues and look at brackets in 23-24 to prep for unintended consequences. We would also then be aligned with the new alignment cycle.</p>

Description of Proposal: (include bylaw revision, if appropriate). Bylaws affected include 510H, 511H and 513H. The Open Division is 8 teams in CCS, but would be 11 teams in NCS since we get more allotted NorCal slots.

NORTH COAST SECTION PLAYOFFS

Sports: Volleyball (VB), Water Polo (WP), Basketball (BSKB), Winter B&G Soccer (Soc), Lacrosse (LAX), Baseball (BSB), Softball (SB). Note we are intentionally omitting Football since it has its own issues and politics. We are using Boys and Girls Basketball as the example sport throughout this proposal. We will need to provide a greater definition on the size of Open Division for non-BB sports which can be done between now and the next SAC meeting in September.

Base Divisions: Traditional NCS enrollment-based divisions. For example, for basketball:
Division 1 – 1950+
Division 2 – 1350-1949
Division 3 – 900-1349
Division 4 – 420-899
Division 5 – 200-419
Division 6 – 199 and less

Petitioning up or down: Per existing NCS guidelines individual schools could petition to move up or down enrollment divisions

Automatic Qualifiers: Per existing NCS guidelines

Qualifying: Per existing NCS guidelines

Hosting: Per existing NCS guidelines

Bracket Development:

Per existing NCS seeding committee guidelines taking into account overall record, league record and place, division record, strength of schedule and head-to-head results. For the purposes of the examples presented with this proposal we exclusively used the MaxPreps rankings for Open selection and Division selection and seeding.

Open Division (maximized to include 11 teams) – The bracket development process begins with selecting the best 11 teams in the Section to play in the Open Division. These teams could be pulled from any of the Base Divisions 1-6. They would be seeded 1-11 and play a traditional bracket to determine a NCS Open Champion. (Note the CCS has recently used a pool play format but with 11 teams a traditional bracket is a better solution). All 11 Open teams would get a NorCal bid which would assure that the NCS's best teams are representing it in the NorCal Tournament.

Divisions 1-6 – The seeding committee would then seed the remaining teams in each Base Division in a bracket with up to 16 teams. The two finalists in each division (1-5) would earn a NorCal bid. Division 6 would continue to receive 4 NorCal bids.

Staggered Brackets in Division Play – The brackets in division play would be staggered with the top seeds getting byes in order to avoid first round blow-outs. See example CCS bracket. This method pits seeds 9 through 16 in the first round, the winners vs seeds 5-8 in the 2nd round, and the winners vs seeds 1 through 4 in the quarters. First week has two rounds and 2nd week has 3 rounds.

NorCal Qualifier Allotment: Per existing guidelines, the NCS has 25 bids to NorCals with 4 being tied to D6. Therefore, we calculate: 25 bids = 4 (D6) + 10 (D1-5 finalists) + 11 (Open).

See attached examples of breakdown of Open and Division Seeding for boys' and girls' basketball using MaxPreps rankings only. Note the NCS has not presented enrollment-based divisions recently so we tried to recreate them using the footnotes in the posted NCS Divisions.

Rationale in Support of Proposal:

The current NCS system is not aging well for a couple reasons including all the best teams are being collected into the top divisions which crowds out the opportunity for larger public schools to succeed. Moreover, many of the best NCS teams are no longer qualifying for NorCals since the upper divisions have become a mosh pit of the best teams with many of them being eliminated in early rounds. The lower divisions are becoming weaker and insignificant like the NIT or CBIT in college basketball. The NCS's great history of Division Championships is being lost at all levels.

The CCS has been using its Open model for 8 years with great results that are well received by its members. The power teams are pulled out of the traditional Base Division brackets. The remaining teams compete for historically significant Division Championships and NorCal bids. With the power teams cleared out the remaining teams consistently have a fighting chance and are rewarded with success when they have good teams that play well. The history of CCS Division Champions since the addition of its Open Division is very diverse with public schools of all sizes regularly capturing Division Championships and earning NorCal bids. The CCS's best teams always represent it in NorCals. The CCS eliminated first round blow-outs with its staggered brackets.

The Open Division is the best version of Competitive Equity because it is based on current success and not past results. So often in the current NCS system teams are moved up based on past success but the reason for that success has graduated and the successor teams are left at a great competitive disadvantage.

Enrollment size still matters – We have done regression analyses that show enrollment is very significantly correlated to MaxPreps rankings. Also, historical results from the NorCal playoffs show small enrollment schools lose very disproportionately in the NorCal's version of competitive equity. Small schools are in a “lose-lose” situation in that they are either being moved up to play bigger schools or bigger schools are being moved down. This proposal preserves enrollment being a factor which protects smaller enrollment schools from being at a constant disadvantage.

Educational outcomes are vitally important to what we are all trying to accomplish with high school sports. For high school sports to be educational hard work and success needs to be rewarded with Championships and NorCal bids. Losing and falling just short is ok and a valuable part of learning too. The State's version of competitive equity punishes success and rewards failure which hurts educational outcomes. As a result, it is almost universally disliked by coaches and players. Do not confuse benefitting from the system with liking it. This CCS model proposal strikes the right balance with competitive equity in the form of pulling out the power schools via an Open Division and then allowing the rest of schools to compete for traditional and historically significant Division Championships.

Possible Objections to Proposal:

Schools with socio-economic disadvantages are likely to still be left behind. That being said this is the case with all play-off systems including the current one. The solution is to adjust enrollments levels down for schools in lower socio-economic areas, but we have not added that to this proposal. It is a big issue and should be addressed on its own. If it is adopted, this proposal still works well with that adjustment.

Lower Division Relative "Power Teams" could remain even after the top 11 are pulled up to Open. The examples show that Power Teams are being pulled out of all 5 divisions and the CCS history shows this is an infrequent occurrence. But it could happen. No system can guarantee that it can get placement exactly right.

There is a reduction from 4 to 2 in NorCal slots for divisions 4 and 5. This is balanced by the elimination of the block on D4 or D5 teams being allowed to go to Open. Last year, a D4 team in each of Boys and Girls BB would have been pulled up to Open had this new system been in place.

Income/Expenses Related to Implementation:

The same number of teams should qualify so this proposal should not increase expenditures. That being said, it should increase ticket sales. Recently League Championship play-offs with rivalries and tradition are outdrawing the NCS and State play-offs that are losing their historical and competitive significance at the lower levels in particular. This model best retains the significance, history and rivalries of NCS Championships and thus should increase fan interest and attendance.

**NORTH COAST SECTION, CIF Revised 11/1/23
PROPOSAL FOR SPORTS ADVISORY COMMITTEE REVIEW (Attachment L)
(SAC 24-10) (EXC 9-0)**

Changes to the proposal from the previous version are in red/italics:

Evening of the brackets on an as needed basis.

Division numbers to even out divisions as best we could. Addition of 16 team brackets in Water Polo divisions 1 and 2. Removal of the four-year moratorium.

Also included are:

- Divisional breakdowns by sport
- NCS member school enrollment numbers for 2022-2023
- Girls Volleyball brackets using current data by: MaxPreps Rankings, Max Preps Rankings without score differential; RPI using the 40% WP, 40% DWP, 20% OOWP
- NCS MaxPreps Rankings for VB as of Sunday Oct 22, 2023
- MaxPreps Rankings for VB without score differential
- RPI rankings for VB
- Explanation from MaxPreps on Rankings and RPI
- Explanation of the score differential from our MaxPreps liaison

League Submitting Proposal: NCS Staff

Date of Requested Implementation: 2024-2025 School year

Description of Proposal: (include bylaw revision, if appropriate): Bylaws affected include 510H, 511H, 513H

NORTH COAST SECTION PLAYOFFS

SPORTS

Football (FB), Volleyball (VB), Water Polo (WP), Basketball (BSKB), Winter B & G Soccer (Soc), Lacrosse (LAX), Baseball (BSB), Softball (SB)

BASE DIVISIONS

Base Divisions would be determined by enrollment and would only change when a school's enrollment changes.

AUTOMATIC QUALIFIERS

	<u>FB, LAX, WP</u>	<u>VB, BSKB, SOC, BSB, SB</u>
Leagues of 10+	2	1
Leagues of 6-9	1	1
Leagues of 4-5	1	1

QUALIFYING

- A) League Champions
- B) Additional League Automatic Qualifiers
- C) .500 or better overall
- D) .500 or better in league
- E) .500 or better in base division
- F) All teams must still apply through CIFHome

HOSTING

- ▶ League Champions or Higher seed in first round, higher seed after that.

BRACKET DEVELOPEMENT

Brackets are created using MaxPreps rankings.
Seed beginning with Open or DI and continue seeding brackets using MaxPreps NCS rankings.

If a team does not qualify (above) regardless of their rank, they are not seeded in any bracket.

A school cannot be placed in a bracket more than two divisions higher or lower from their base division. (ex. If they are a DI school, they cannot be seeded lower than D3, A D5 school cannot be seeded higher than D3.)

EXCEPTION: Open teams can be selected using MaxPreps Rankings from any division, including football's Open/Division 1 bracket.

The total number of qualifiers could be spread evenly over each bracket when possible and for the good of the tournament. However, exceptions may arise.

Brackets would be set using MaxPreps Rankings, but the seeding committee could move teams within brackets based upon seeding criteria. Head-to-Head, strength of schedule, league finish, etc. could be factored in by the committee.

In the sports of Girls Volleyball and Basketball, Division 6 brackets will contain only those schools which have an enrollment of less than 200. Division 6 schools would not be moved up to a higher division regardless of their MaxPreps ranking.

NCS Staff and the Seeding Committee can adjust the seeding for the good of the tournament.

Football: Brackets/Divisions would remain at 7 with the Open/Division 1 teams being selected from any of the 7 divisions. The 7 Champions would qualify for the CIF Bowl games.

Division 1 - 2300+

Division 2 -1, 755-2,229

Division 3 -1,490-1, 754

Division 4 -1,243-1,489

Division 5 - 810-1,242

Division 6 - 421-809

Division 7 - 420 & below

Girls Volleyball: Would add an Open Bracket with 6 teams that could be chosen from any division. CIF Qualifiers (25): All 6 Open teams, the finalists in Divisions 1-5 plus the highest seeded semifinal losing team in each division will advance. All semifinalists will advance in Division 6.

Division 1 - 1910+

Division 2 -1,450-1,899

Division 3 - 900-1,449

Division 4 - 419-899

Division 5 - 200-418

Division 6 - 199 & fewer

Water Polo: ***16 Team brackets*** and a 4 team Open Division. CIF Qualifiers (6): The 4 Open Semifinalists plus Division 1 and Division 2 Champion.

Division 1 -1,751+

Division 2 - 1,750 and below

Basketball: No change to the current structure of a 6 team Open Bracket and 6 divisions except Open Division teams could be chosen from any division. CIF Qualifiers (25): All 6

Open teams, the finalists in Division 1-5 plus the highest seeded semifinal losing team in each division will advance. All semifinalists will advance in Division 6.

Division 1 - 1910+

Division 2 - 1,450-1,899

Division 3 - 900-1,449

Division 4 - 419-899

Division 5 - 200-418

Division 6 - 199 & fewer

Winter Soccer: No change to the current structure of brackets. CIF Qualifiers (10) are the finalists in each division and the 2 highest seeded semifinal losing teams.

Division 1 - 1,950+

Division 2 - 1,500-1,949

Division 3 - 1,000-1,499

Division 4 - 999 and below

Lacrosse: No Change to the current structure. No CIF Regional Tournament.

Division 1 - 1,301+

Division 2 - 1,300 and below

Baseball: No change to current bracket structure. CIF Qualifiers (9): would be the 6 Division Champions and the top 3 highest seeded runners-up from Division 1-5.

Division 1 - 1,900+

Division 2 - 1,410-1,899

Division 3 - 1,000-1,409

Division 4 - 430-999

Division 5 - 200-429

Division 6 - 199 and below

Softball: No change to current bracket structure. CIF Qualifiers (9): would be the 6 Division Champions and the top 3 highest seeded runners-up from Division 1-5.

Division 1 - 1,900+

Division 2 - 1,410-1,899

Division 3 - 1,000-1,409

Division 4 - 430-999

Division 5 - 200-429

Division 6 - 199 and below

Boys' Volleyball: No change to the current structure of 4 divisions. CIF Qualifiers (8): The 2 finalists from each division.

Division 1 - 1,950+

Division 2 - 1,400-1,949

Division 3 - 501-1,399

Division 4 - 500 & fewer

SEEDING CRITERIA

The criteria for seeding brackets in the competitive equity sports listed shall be a balance between:

		<p>Record Overall League/Place Co-Champion League Playoff Finish/Record Non-League Record Strength of Schedule MaxPreps Ranking (MP)</p> <p>Rationale in Support of Proposal: The ongoing discussions with SAC committee and the Ad-Hoc committee in 2021-2022 brought several concerns and ideas to the forefront.</p> <p>Small schools throughout the NCS do not want a system that does not give them the opportunity to compete in section championships. Increasing the number of automatic qualifiers from leagues allows every league to be well represented. Hosting for league champions is very important and would remain the same as done currently. Competitive Championships are important. Real time brackets could potentially make for more competitive brackets instead of brackets based upon past history. CIF qualifiers are important to a majority of our schools.</p> <p>Possible Objections to Proposal: All the reasons in support may also be objections from member schools.</p> <p>Income/Expenses Related to Implementation: Since this model would not affect the number of schools participating in the championships, and since games are potentially more competitive, the financial impact, although unknown, could be positive.</p> <p>LENGTH OF PROPOSAL This structure of this proposal, if approved, cannot be altered during the 2024-2028 alignment cycle.</p> <p><i>Changes in red/italics:</i> <i>Evening of the brackets on an as needed basis.</i> <i>Division numbers to even out divisions as best we could. Addition of 16 team brackets in Water Polo divisions 1 and 2. Removal of the four-year moratorium.</i></p> <p>Motion to OPPOSE CCS Model and Support the NCS Model Motion Santa Rosa, 2nd Windsor Unanimous 11-0</p>
U		
	XI.	ALIGNMENT COMMITTEE
	A.	Appeals in Competitive Equity spring sports (CONSENT)
		Piedmont boys' lacrosse appeal to move from D1 to D2 was unanimously denied.
	B.	NBL Boys' Volleyball League (CONSENT)

			The NBL will begin the sport of Boys' Volleyball in the spring of 2024. This proposal would move Sonoma Valley and American Canyon from the MCAL to the NBL.
	XII.	ELIGIBILITY COMMITTEE REPORT (INFORMATION)	
		A.	Review of NCS Eligibility date though December, 2023
		B.	Report on the Winter Eligibility Meeting
		C.	Eligibility Committee Report
	XIII.	SPORTSMANSHIP COMMITTEE (INFORMATION)	
	xiv.	CIF ITEMS (INFORMATION)	
		A.	Heat Illness Protocol
			The CIF Federated Council will discuss proposed amendments to Bylaw 503.K.(1)—Heat Illness Protocol. The council will discuss proposed amendments to the Bylaw which would require schools to postpone or cancel practices and/or competitions due to extreme heat. The changes to the heat illness protocol are due in part to the new requirements of California State Law AB 1653—Sanchez.
		B.	Air Quality Index
			The CIF Federated Council will discuss the addition of language of Bylaw 503.K.(2) to cancel practices and/or competition due to an air quality of 151 or higher.
		C..	Emergency Action Plan and AED Protocols
			Information regarding amendments to CIF Bylaw 503.L which require schools to review and rehearse their Emergency Action Plans due to the new requirements of California state law (AB 245—McKinnor). Additional amendments related to requirements and location of AED are detailed.
		D.	Boys' Volleyball State Championship
			The CIF Staff is proposing the implementation of a CIF Boys' Volleyball State Championship to begin in the 2024-2025 school year. This proposal follows the approved State Championships Master Schedule timeline for implementation of new events for consideration.
		E.	Traditional Competitive Cheer Regional Championship
			The CIF Staff is proposing replacing the current regional invitational with the implementation of a CIF Traditional Competitive Cheer Championship to begin in the 2024-2025 school year. This proposal follows the approved State Championship Schedule timeline for implementation of new events for consideration. This championship event is proposed as a two-day event (based on registration numbers) held in late January.
		F.	Multi-School Renewal Application
			The CIF Executive committee will discuss a proposal to establish a final application deadline for new and renewal multi-school applications. This proposed Bylaw revision

			would require that all late application be reviewed by the CIF State Office by the last Friday in September to be considered for that school year.
	XVI.	CIF DISTINGUISHED SERVICE AWARD	
		A.	Presentation of the CIF Distinguished Service Award
			<ul style="list-style-type: none"> a. Marcella Dobbs b. Eric Volta

**NEXT NBL PRINCIPALS MEETING
MONDAY, MARCH 11, 2024, 3 PM
WINDSOR HIGH SCHOOL**

SPRING SEASON 1/23/24	
1.	Piner
2.	Montgomery
3.	Maria Carrillo
4.	Elsie Allen
5.	Healdsburg
6.	Rancho Cotate
7.	Windsor
8.	Ukiah
9.	St. Vincent de Paul
10.	Santa Rosa
11.	Analy
12.	Cardinal Newman

ATTACHMENT A
PROPOSED REDWOOD EMPIRE FOOTBALL BYLAWS

FOOTBALL

Schedules

Varsity games shall be scheduled for Friday or Saturday. Evening junior varsity contests shall begin at 4:30 PM. There shall be a minimum of one-half hour between the JV and varsity games and the varsity games shall not start before 7:00 PM. Afternoon JV contests shall begin at 11:30 AM. There shall be a minimum of one-half hour between the JV and varsity game and the varsity game shall not start before 2 PM. Alternative times/days are permissible with the consent of the two school Principals or designees involved.

The schedules shall be established using a scheduling matrix by the commissioners. The four leagues will be called (RE 1: Adobe, RE 2: Valley, RE 3: Bay, RE 4 Mountain.) While creating the schedules the commissioners will take into consideration a balance between what is best for the individual schools and the league as a whole. Consideration may be given to historical and or geographic rivalries. This schedule will be in effect for two years, with the home and away contests reversed in the second year. After the second year, numbers will be redrawn, and new schedules developed using a scheduling matrix.

Practice

All CIF and NCS practice rules MUST be followed.

The first day of practice shall be determined by the current NCS Calendar.

Teams are allowed no more than 18 hours of practice time per week and no more than four hours in a single day.

a. Double day practices shall not be held on consecutive days and must include a minimum of three (3) hours rest between practices.

- b. No practice may be held following the conclusion of a contest.
- c. Any competition day counts as three hours toward the allowable weekly and daily practice hours no matter the length of the contest.

CIF Rule 2001:

A. There shall be no football games until the team has had 14 days of practice before the first game. Each individual student on the team must have had at least 10 days of practice before being allowed to compete in a game. (The opening date of football practice will be determined by each Section.) No Sunday practice is permitted (See Bylaw 504.M. for exception).

B. Football teams are limited to two days per week of full contact practice, with **no more than 45 minutes of full contact on each of those days during the season of sport**. For purposes of this Bylaw, each team's season of sport is defined as the first day of practice, as allowed by the Section, until the final contest for the team. All full contact practices are prohibited in the off season which includes team camps. Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. For the purposes of this Bylaw, refer to the definition of "Live Action" as defined by USA Football.

C. Team camps and other off -season activities are allowable with the following equipment only: footballs, bags, blocking sleds and football shoes. (Approved April 2015 Federated Council)

Game Administration

The National Federation Football Rule Book is the governing authority in football, except for those CIF/NCS modifications and/or adoptions.

The home school will be responsible for a three-person chain and box crew for all football games. Adults should be used for varsity games.

The home team shall wear dark jerseys and the visiting team shall wear light jerseys unless other arrangements are made in advance.

Officials

The Redwood Empire Football Conference will use officials from the North Bay Officials Organization.

Timers in football for league games shall be qualified adults who have demonstrated previous competency.

It is mandatory for the home team provide a doctor, paramedic, certified athletic trainer, or EMT (21 years of age or older) who shall be present on the field for all football games from the beginning to the end of the game. No game may start without the presence of one of these medical personnel.

Equipment

A National Federation approved football shall be used.

League & Playoffs

The winner of each league will be the team with the most wins in league play and shall receive the automatic entry into the NCS Championships.

In case of a tie at the end of the league season, tied teams will be declared co-champions and the following criteria will be used, one at a time and in the order listed to determine which team will receive the automatic entry to the North Coast Section Championships:

1. Head-to-head in league contests versus the teams involved in the tie.
2. Tie breaking numbers drawn prior to the beginning of the season.

All ties will be played off, using the regulations outlined in the NFHS rulebook. The winner of the tie-breaker will be declared the winner of the game.

5.804 All-league selection (In Progress)

1. Players are nominated for first team or second team by their own coaches.
2. There shall be no more than 40 members on the first team and 40 members on the second team. Special awards will be nominated and voted upon first. These shall include offensive player of the year, defensive player of the year, specialist of the year, defensive back of the year, lineman of the year. On offense, it is suggested that there be one quarterback, two running backs, four wide receivers, one tight end, and eight linemen. On defense it is suggested that there be five defensive backs, 6 defensive linemen, two inside backers and three outside backers. There shall also be a coach of the year. (Approved August 25, 2016)

Video scouting is allowed at all levels but is limited to the bleacher area. There shall not be access to the press box area or where the participating school are filming.

Visiting teams should not arrive at sites more than one hour prior to the scheduled time of the contest.

"Senior Night" celebrations should be limited to the announcing of names. No individual commentary. Parents/Family may be present for pictures. However, all efforts must be made to limit the duration of the ceremony not to unfairly delay the start of the game.

Teams will exchange their previous two contests with their upcoming opponent by noon the day following their contest (or bye) each week.

A complaint form will be available for situations that cannot be resolved by the two schools involved. The commissioner of the involved league will work with the schools for resolution. If needed, the other commissioners may be included. Each league's (MCAL, NBL, VVL) current president will be part of a conference appeals panel along with the league commissioners to rule on complaints/appeals that cannot be settled by the schools involved or the commissioners.

Any expenses associated with a RE FB league will be covered by that league commissioner's home league.

NCS participation fees will be covered and then billed to school by the teams' home leagues.